



The Rover Reporter



The Newsletter of the Susquehanna Rovers Volksmarch Club

January-February 2023

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www.avaclubs.org/SRVC

President's Message

Greetings Fellow Rovers,



Let's get the sad part out of the way. We lost yet another member, Alice Eckhart. She is the one to blame for me becoming a Susquehanna Rover. We were walking the road part of the Orrtanna traditional event many years ago and she asked if I would be interested in helping out at the Hershey Walkfest a couple weeks later. I helped out and joined up there. Since I can't deal with more than three memorial walks in a year, her walk will be held in 2024.

Now for some business. The 2022 holiday banquet was held at the Hoss's in Hummelstown on Wednesday December 14, at 4:30 PM. We chewed the fat and chewed our food and got the December meeting in the books.

Don't show up at the library, there won't be anyone there. At least we won't be there. We will be going back to zoom meetings for January through March. That way we don't have to deal with driving in the dark or the possibility of inclement weather. A decision will be made later as to the location of future meetings.

One of the topics brought up at the meeting was the scarcity of fruitcake this year. Everyone knows I'm an oddball, now its official. My mother and I like fruitcake. I was informed they might have it at the start point of the Hershey walks, Karn's. I went there after the banquet and finally found some. It was a small one, a one pounder. Then I looked at the price and almost had a coronary. I managed to pry the money out of my wallet and put it in the "do it yourself" register. Several moths escaped in the process. I told my mom that it is her Christmas gift and she better enjoy it.

Happy Holidays.

- Bill

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Group Walk Schedule

Definition-Group Walk- a several walkers get together to walk a Traditional, Seasonal or Year Round event. They start off together and then walk at their own pace. Maybe they get together to eat along the way or at the end. This type of walk will not be on ava.org list of events. GP is used on our listing for these events.

The **Penn Dutch Pacers (PDP)** meet occasionally to walk one of their year rounds. Check their website at www.avaclubs.org/pdp/calendar for information.

York White Rose Wanderers (YWRW) are hosting their group walks 2023. They make these walks feel like a traditional event by giving walkers a range of time to start usually 10 to 1 pm. Contact Pam at 717-817-9724 for a complete list for the year or to check if they will be there weather permitting.

Feb 4 - York Rail Trail, Brillhart Station, 2400 Brillhart Station Rd, York.

March 4 - Gettysburg 1,2, or 3, Gettysburg YWCA, 909-Fairfield Rd, Gettysburg.

April 1 - York Rail Trail, Downtown Parking Lot at Rte 30 & Loucks Mill Rd, York.

The **Susquehanna Rovers** meet at a certain time to sign up and go at our separate paces and maybe meet for lunch. If you can't meet us, these are year-round events and can be walked during daylight hours.

January 28 - Chambersburg Ice Fest, Info bottom of page 5. Meet at 9.

February 4 - Carlisle Ice Fest, Comfort Suites, 10 S. Hanover St, Carlisle. Meet at 9:30 in Lobby.

February 18 - Lititz Ice Fest, Lititz Community Recreation Center, 301 W Maple St, Lititz. Meet at 9 in Lobby.

March 11 - Hershey town walk, Karns, 731 Cherry Dr, Hershey. Meet in Café area at 9.

Contact Pat 717-379-8945 for information or if weather is bad to see if we are walking.

Please join us. We miss seeing you.

Be sure to use this address when mailing your books.

AVA Headquarters
1008 S. Alamo St
San Antonio TX 78210
210-659-2112



Meeting Location

The club meetings are now being held via zoom. All are invited to attend. Contact Bill if you want to be included. All are welcome to join.

Meeting Time

Join us at 6:00 pm
On the last Tuesday of the month.
Jan 31, 2023
Feb 28, 2023
Mar 28, 2023



Events	Distance
450	5500K
Bob Lykens	Bob Lykens
3700	25,000K
Ellie Kuntz	Tom Jackson

Online Start Boxes

When you look at the club's events on my.ava.org you will find that they are shown as OSB/PSB. PSB stands for physical start box and OBS stands for the online start box. Our events will have both options. I am working with the point of contact for the events to set up the directions for the OSB option. Please be patient as we work on them. You will need to use the physical start box option until the directions are done and then you will have both options to use to do our events.

Thank you, Marcy Lucas

Mark Your Calendars May 13, 2023

We will be holding a memorial walk for Louise Clouser. It will be held in one of her favorite places, Little Buffalo State Park.

The 5K will be rated 2B and the 10 will be rated 2C.

Please plan to attend to remember our long time member, who helped form the Susquehanna Rovers. More information will be in the next newsletter.

Group Walk Reports

Bull Frog Valley Trail in Hershey
November 26th



When we arrived at the Bull Frog Valley Pond parking lot, we were greeted by a noisy group of ducks. After realizing that we didn't have any food, they sadly turned away. It was a beautiful day for a walk. The trail signs said it was closed but many people and their puppies were enjoying it. (I think it is only closed during the week when they are working on the stream.) But anyway, we were a very small group but we enjoyed ourselves. Judy Packheiser (on the right) walked with Bill Rhoat (on the left) and myself. Judy and I did the 5K and Bill continued on to finish the 10. Thanks for joining us Judy.



Olympiad in Texas and the Texas Trail Roundup

The Olympiad is a world wide event getting hundreds of walkers. The IML is also international events. They are being held before tornado season, so it should be a great time for everyone to make a trip down to Texas. There are walks of several lengths included everyday, a marathon held both on Feb 22nd and 25th, swim and bike events, ceremonies, and a Parade of Flags.

What great events. Wish I could go. Bill is going. These types of events make you realize that volksmarching is truly global. You are a part of something huge. You meet and become friends with other walkers.

Go to www.ava.org and scroll down a bit for more information. There is plenty to see and do in San Antonio.

Another of our dear friends have passed away. So many memories.



Alice Eckardt passed away on September 14th. She was a great motivation to many. Several folks mentioned over the years that they wanted to grow up to be like her, but never did. She was a kind soul that looked out for everyone. She planned many of our walks and was our person to get volunteers for

our walks. She called many of our members over the years and enjoyed talking to all of them.

Her family held a beautiful celebration of life for her in her daughter's front yard. There were many fun stories told.

If you knew her, you knew she was quite a character. She would take off for 6 weeks in her van to camp in National Parks, volksmarch in other interesting places and maybe visit her relatives. When you traveled with her, you knew that she needed her coffee in the morning and then a short nap after walking before doing something else. She had volksmarched in all 50 states and walked in many countries. She had to take a walk everyday. She said that there would come a time when she would be happy to sit, but it wasn't until the past few years.

She is missed.

Speaking of missed volksmarchers, I talked with Mel Feathers at the Gettysburg events in November. His father and brother were in college at Shippensburg with Louise Clouser. He shared a photo from her high school year book. I can only tell that it is her by the twinkle in her eyes.



2023 Seasonal and Year Round Events

Events listed are year rounds unless stated as seasonal. Since we haven't produced a KSVa booklet since 2019, the following is a list of available walks, bikes and swims for the Susquehanna Rovers events and KSVa events

Susquehanna Rovers

These walks will have a start box but will also have an online start box for your convenience.

Altoona - Blair County

Wingate by Wyndham Hotel, 909 Chestnut Ave. Altoona. Walk Dawn to Dusk. 5 or 10K Rating 1A Ask at reservation desk for walk box.

Judy Yost jpjost820@gmail.com 814-932-3334

Carlisle - Cumberland County

Comfort Suites, 10 South Hanover St. Carlisle Dawn to Dusk. 6 or 10K Rating 1A Ask at reservation desk for walk box.

Sandy Smith 717-265-4264 srsmith527@yahoo.com
Sandy will be moving out of state during the summer, so then Pat Eby 717-379-8945 will be the contact person.

Columbia and Marietta - Lancaster County

Northwest Lancaster County River Trail - Bike and Walk Marietta Walk - 5 or 10K Rating 1A

Columbia Crossing River Trail Center, 41 Walnut St.

Columbia Open 10 am to 5 pm Wed - Sun

Walk 5 or 10K Rating 1A; Bike up to 35K Rating 2A

Ask at desk for the walk box.

Sharon Miller 717-805-9540 millersd@ptd.net

Harrisburg - Dauphin County

Capital and Wildwood Park

Quality Inn - Riverfront, 525 S Front St. Harrisburg Dawn to dusk. 5 or 10K Capital Trail Rating 1A

Wildwood Trail Rating 3C; 5K trail is easier can be a 1A.

Ask at reservation desk for the walk box.

Sharon Miller 717-805-9540 millersd@ptd.net

Hershey - Dauphin County

Bullfrog Valley Trail (5 or 10K) and Town (5 or 10K) Both are rated 1A

Karns Food, 731 Cherry Dr. Hershey

Ask at the Service Counter for the walk box.

Dawn to dusk.

Trish Bowra 717-982-7077 trishbowra@gmail.com

Lebanon - Lebanon County

Lebanon Valley Family YMCA, 201 N 7th St. Lebanon

Hours vary - call 717-273-2691

5 or 10K Rating 1A

Ask at the service counter on the right for the walk box.

Pat Eby 717-379-8945 patriciaeby@verizon.net

Mechanicsburg - Cumberland County

Rutter's #29, 714 W Main St. Mechanicsburg Dawn to Dusk 5 or 10K Rating 1A

Walk box is on window sill in café area.

Pat Eby 717-379-8945 patriciaeby@verizon.net

Mifflintown - Juniata County

Juniata County Library, 498 Jefferson St, Mifflintown, PA 17059

Walk box is in the library under a table.

Joyce Krow 717-527-4798 jakrow@centurylink.net

State College - Arboretum, Boalsburg, Town and Campus Centre County

Super 8 Motel, 1663 S Atherton St. State College Dawn to dusk Arboretum Trail Rated 1A, Boalsburg Trail Rated 2B, Town & Campus Trail Rated 2A

All have 5 or 10K trails.

Arboretum - Start and park in new area. Info on the trail directions.

Ask at reservation desk for walk box.

Pat Eby 717-379-8945 patriciaeby@verizon.net

We plan on having two seasonals this year but they have not been sanctioned yet. Fort Hunter and one in Sullivan County.

KSVa

Appalachian Trail - Walking across PA - Many options are available. Online start box only.

Marcy Lucas 717-979-3960

Lucas_mj@hotmail.com

Contact person for other events - Tom Jackson 717-677-6511 thomasjackson@embarqmail.com

Biglerville - Michaux State Forest - Piney Ridge Rd

Jan 1 to March 31 **Snowshoe** 5K to 10K Rated 1C
1287 Shippensburg Rd, Biglerville PA 17307

Fayetteville - Michaux State Forest "Smoke Zimmerman"

Jan 1 to March 31 **Snowshoe** 5K to 10K Rated 1C
Rutter's, 6837 Lincoln Way East, Fayetteville PA 17222

Fayetteville - Pine Grove Furnace State Park - walk

Rutter's, 6837 Lincoln Way East, Fayetteville PA 17222
5K, 10K or 14K Rated 3C

Harper's Ferry WV - Online or physical start point

ATC Visitor Center, 799 Washington St.

5K, 10K, 15K or 20K Rated 3C

Waterville - Bike Pine Creek Rail Trail - 10K to 240K.

Online start box only.

ONE STEP AT A
TIME IS GOOD
WALKING

Past Events

Holiday Party Dec-14



Mary Watts, Rover, and Regina Zapotosky eagerly waiting for their meals.



Bill still smiling after our vote to reelect him as President for 2 more years.



Marcy Lucas was dreaming of being back in Maine. She spent a couple of months there after she retired in September.



Above are Rose and Bob Prough, content after their meals.
Below are Sharon and Lester Miller.



Pat Eby was taking pictures.

Dillsburg Year Round Dec-3



Some people celebrate all kinds of holidays. If you don't know about Happy Festivus, for the rest of us, you haven't watched Seinfeld. It is a holiday to spout off your grievances.

Speaking of grievances - we have not been able to find the big banner with Rover on it or a wheel that measures distances. If you have ever put on a walk, please check your garages or basements to see if either of these is there. We would love to get them back. I think the banner was taken home to launder after a Hershey Walkfest event. Thank you.

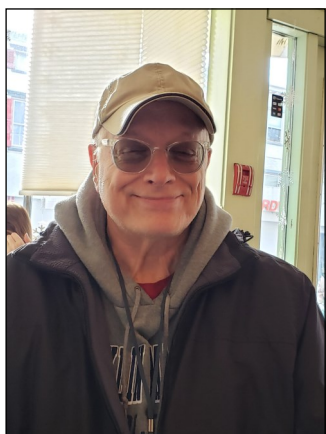
Mechanicsburg Year Round Dec-17



Julie Geyer and Betty Jo McCoy are ready to go.



Bill Rhoat, Lorraine and Tom Jackson are ready to leave. Marcy Lucas is leaving with me to do the 5K.



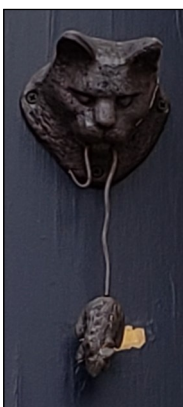
Bill Lore was a late comer but caught up to us at Chef de Crepe. We passed a stylish lady dressed for Christmas on the walk. Nice holiday decorations. Good time, good friends and good weather. Also good food.

Julie and Betty Jo are members of the York White Rose Wanderers and Susquehanna Rovers. Lorraine, Tom and Bill Lore are also YRWR members. Thanks to the York club for most of our walkers at this group walk.

New Years Walk in Harrisburg Jan-2



So many happy walkers. From left to right back row- Grant Bollen, Martha McGraw, Suzann Scheimer, Ron Haas, Sheri Brendlinger, Bill Lore, Lydia Hack. Front row, Julie Geyer, Marcy Lucas, Lorraine Jackson, and Bill Rhoat. Pat Eby takes the pictures.



I thought this was a neat door knocker-a cat with a mouse by the tail on a home on South Front St.

We quickly separated, the faster ones and the slower ones. The slower five of us stopped along the way to have a crepe at Au Bon Lieu on 3rd Street, the rest weren't hungry.

I hope that everyone enjoyed the murals along the trail. You do have to walk in some of the back alleys to see them, but they are beautiful.

We also hope to see you on our next group walk in **Chambersburg, January 28th** for their Ice Fest. We will start at Trinity Episcopal Church in their Social Hall which is behind the church building. Their address is 58 S 2nd St, Chambersburg, PA 17201 for their all you can eat pancake breakfast. The breakfast runs from 8 to 11.

We will meet at 9. I will have the walk directions, log sheet and copies of the stamp. The trail is a 5k or 10K.

Driving Directions (Note GPS will probably have you go on Main St which is closed due to the Ice Fest): From I-81, take Lincoln Hwy/US-30W into Chambersburg. After it becomes one-way, be in the left lane. Cross S 3rd St. Turn left onto Harrison Ave and look for a parking space. Turn right onto Burkhardt Ave and Trinity Episcopal is on the left.

Tom Jackson will lead a guided walk on Friday the 27th in Chambersburg. Email me if you want that information as he starts at a CVS parking lot.

2023 ATLANTIC REGION CALENDAR of EVENTS

From ava.org as of 12-7-2022

Be sure to check with the [ava](http://ava.org) website or contact number before traveling a great distance to an event.

January 2023

1	W	Smithfield VA	Gator Volksmarsch Club	757-576-0966
1	2W	Savage MD	Freestate Happy Wanderers	410-437-2164
2	GP	Harrisburg PA	Susquehanna Rovers	717-379-8945
2	W	Princeton NJ	Princeton Area Walkers	609-658-7724
7	GP	Hanover PA	York White Rose Wanderers	717-817-9724
28	GP	Chambersburg PA (Ice Fest)	Susquehanna Rovers	717-379-8945
31	M	Zoom (6:00 pm)	Susquehanna Rovers	717-847-3567

February

4	GP	Carlisle PA (Ice Fest)	Susquehanna Rovers	717-379-8945
4	GP	Brillhart Station Rail Trail	York White Rose Wanderers	717-817-9724
18	GP	Lititz PA (Ice Fest)	Susquehanna Rovers	717-379-8945
28	M	Zoom (6:00 pm)	Susquehanna Rovers	717-847-3567

March

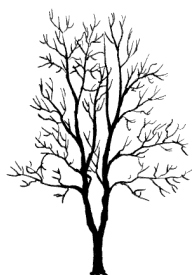
4	GP	Gettysburg PA	York White Rose Wanderers	717-817-9724
25	W	St Mary's City MD	Freestate Happy Wanderers	301-919-0465
28	M	Zoom (6:00 pm)	Susquehanna Rovers	717-847-3567

April

1	GP	York Rail Trail	York White Rose Wanderers	717-817-9724
1	W	Fulton MD	Columbia Volksmarsch Club	410-290-6510
8	W	Richmond VA (Bryan Park)	Lee Lepus Volksverband	804-909-4127
15	W	Rockville MD	Seneca Valley Sugarloafers	240-753-0119
28	M	Harrisburg PA (6:00 pm)	Susquehanna Rovers	717-847-3567
29	W	Laurel MD	Freestate Happy Wanderers	301-523-6098

May

6	GP	Dillsburg PA	York White Rose Wanderers	717-817-9724
13	W	Louise Clouser Memorial walk at Little Buffalo State Park. More info in next newsletter.		



(M is Meeting; G is a Guided Walk; NW is a Night Walk; GP a Group Walk; TGW is a Traveling Guided Walk, W is a Walk, S is a Swim, B is a Bike)
PA events are in bold; Susquehanna Rovers are bold and italicized



Take your dogs Volksmarching -

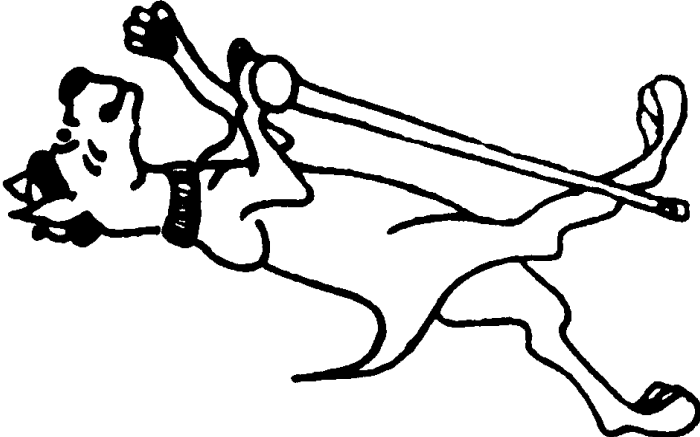
They need exercise too! We even have books for them. They like to be with you.



Susquehanna Rovers Volksmarch Club
797A Academy Heights Avenue
Ephrata PA 17522-6915

Dated Materials

**The Rover
Reporter**



Jan & Feb 2023