

The Rover Reporter



The Newsletter of the Susquehanna Rovers Volksmarch Club

October-November-December 2023

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President's Message



Greetings Fellow Rovers,

This will be a busy couple of months coming up. On the 9th the Penn Dutch Pacers have their last traditional walk in Manheim at Mummau Park, followed by our walk in Lebanon a week later on the 16th. You will see what is billed as the oldest transportation tunnel in America. This walk will be at Union Canal Tunnel Park South and will be on grass trails and a rail trail. In October we will have a walk in Lewistown in conjunction with the State College Foliage Festival of Walks, then a couple

weeks later will be the U.S. FreedomWalk Festival in Arlington Virginia.

Here's an update on some of our seasonal walks. Directions have now been uploaded for Fort Hunter, and it is now available on the Online Start Box (OSB), but you can contact Regina if you don't want to use that method. Hummelstown has been sanctioned as a seasonal from October through December. The weather is sketchy at that time of year, so this gives a better chance to do the walk. Registration will be available at Karn's along with the other Hershey walks. You will then drive to Schaivoni Park just west of Hummelstown to do the walk. Starting in April and running through September there will be a seasonal in Milton, PA starting at the state park and going through part of the town. This walk will be available on the OSB. If anyone wants to walk it without using the OSB they can contact me and I will set them up.

Does anyone have any ideas for a holiday party? It would be nice to have one again this year. I had a good time at the last one, and it seems everyone else did too. At least nobody complained to me about them.

As a reminder, next year is another club election year, and I would like to pass the reins on to someone else. A nomination committee will be formed at the October meeting to search for candidates. The October meeting is scheduled to be in the East Shore Library. Starting in November and running through March the meetings will be online, either on Zoom or the meetings app the KSVA uses, as this allows for a longer than 40 minute meeting without shelling out any scratch.

Hope to see you on the trail. - Bill

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Group Walk Schedule

Definition of Group Walk - Several walkers get together to walk a Traditional, Seasonal or Year Round event. They start off together and then walk at their own pace. Maybe they get together to eat along the way or at the end. This type of walk will not be on ava.org list of events. GP is used on our listing for these events.

York White Rose Wanderers (YWRW) are hosting their group walks 2023. They make these walks feel like a traditional event by giving walkers a range of time to start usually 10 am to 1 pm. Contact Art at 717-266-1152 for a complete list for the year or to check if they will be there weather permitting. September 23 - York Rail Trail Walk #6. Railroad Trail Access. 5 E Main St. Railroad PA or New Freedom Train Station, 117 N Main St, New Freedom PA. October 14 - (Brenda Weirich) Memorial Walk, Goodyear Brooks/Huff Tire, 9 S Sunset Dr, Manchester. November 4 - Gettysburg #1 (Deb Choiniere Memorial Walk) #2, or #3, Gettysburg YWCA, 909 Fairfield Rd, Gettysburg. **December 2** - York Heritage Rail Trail #2 South at Brillhart Station, 2400 Brillhart Station Rd, York.

The **Susquehanna Rovers** meet at a certain time to sign up and go at our separate paces and maybe meet for lunch. If you can't meet us, these are year-round events and can be walked anytime during daylight hours. Meet at 9 am for the following events except for Sept. 16.

October 14 - Mifflintown, Juniata County Library, 489 Jefferson St, Mifflintown PA Meet at 9 at rent a small truck to move the big things. pavilion.

November 24 - Hummelstown - Memorial walk for those that have recently passed on this new seasonal event

December 16 - Marietta meet at the Columbia Crossing River Trail Center, 41 Walnut St, Columbia.

Contact Pat 717-379-8945 for information or if weather is bad to see if we are walking.

Please join us. We miss seeing you.

Be sure to use this address when mailing your books.

AVA Headquarters 1008 S. Alamo St San Antonio TX 78210 210-659-2112



Meeting Location

The next two club meetings are being held at the East Shore Library in their conference room downstairs at 6 pm.

September 26, 2023

October 31, 2023 During the winter months we will be meeting at 6 pm via Zoom. November 28, 2023

Contact Bill with questions at 717-847-3567

All are invited to attend.



Events

500 Diane Sandnes Ed Sandnes 1300 Cookie Little

Distance

5000K Diane Sandnes **Ed Sandnes**

Garage Cleaning

For many years, we have rented a garage in New September 16 - Union Canal Tunnel Park See Cumberland for all of our walking supplies. We are getting ready to move all of that stuff to Pat Eby's garage in order to save \$750 a year on the rent. We will need to



One of our new members. shown to the left, sweeping, organizing and cleaning it out.

> That is a volunteer! Thank you Lydia Hack.

Anyone interested in helping please let Pat know. 717-379-8945

Group Walk Reports

Harrisburg - July 1

Again we had a small group. Julie Geyer, Betty Jo McCoy and Bill took off at a fast clip on the 10K. Mary Watts and Pat Eby strolled on the 5K.





Mary and Pat also stopped to eat at a crepe shop on 3rd St, as Mary needed coffee and Pat needed to sit.

We all had a great time.

Lewistown Pre Walk - August 12

We cancelled the Mifflin group walk and instead went to Lewistown to try out the directions for the Walk that is being held as part of the Fall Foliage Weekend in October.



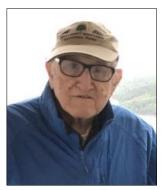
Attending were Mary Watts, Joyce Krow, Bill Rhoat, Roy and Sis Clugston and Pat Eby.

Mary and I did the 5K, the rest did the 10K. The town has wonderful geese placed around the town for your picture taking enjoyment. This one is at the library. There is also a beautiful veteran memorial mural along the first part of the trail.

Please come, even if you can't make the other Fall Foliage events in State College the first weekend in October.



Charlie Baeckert Memorial Walk September 16, 2023



Union Canal Tunnel Park 25th & Union Canal Drive Lebanon PA

Trail 5K or 10K rated 2B. It is on natural surfaces, either grass, wood chips or fine gravel.

Start between 8 am and 1 pm, finish by 4.

Special Program - Rails-to-Trails KSVA - Lebanon County

There will be food at the event. Bring some to share.

Charlie had a walk here many years ago, but the park has expanded since then to 110 acres with a rail trail that runs beside it. Part of the walk will be on the rail trail.

Charlie was an organizing member of the Lebanon Baloney Stompers. He was the president for many, many years. After that club folded, he joined the Rovers and hosted many walks with us. He also drove an hour each way to attend our meetings every month until his health got to bad.

You usually found him walking his dog along the trails, and especially the three legged dog, who always had a great time. His wife Patsy and daughter Barbara were always at checkpoints knitting. Patsy passed away in 2020.

POC - Pat Eby 717-379-8945 for any questions.

Directions: From Harrisburg via PA 422 - Drive thru Annville and Cleona, then turn left at 25th St and proceed * .9 miles through the traffic light and stone tunnel under the railroad tracks, turn left into the parking lot at the intersection of 25th and Union Canal Dr.

From PA Turnpike and PA 72 - Take exit 266 toward PA 72 Lebanon/Lancaster. Turn left to take PA 72 N. Continue 7.6 miles and turn left onto Cumberland St (422W). Turn right on 25th St and continue from * .

Lebanon Year-round Event start point is about a mile away.



2023 Seasonal and Year Round Events

Events listed are year rounds unless stated as seasonal. Since we haven't produced a KSVA booklet since 2019, the following is a list of available walks, bikes and swims for the Susquehanna Rovers events and KSVA events

Susquehanna Rovers

These walks will have a start box.

Altoona - Blair County

Wingate by Wyndham Hotel, 909 Chestnut Ave. Altoona. Walk Dawn to Dusk. 5 or 10K Rating 1A Ask at reservation desk for walk box.

Judy Yost jpjost820@gmail.com 814-932-3334

Carlisle - Cumberland County

Comfort Suites, 10 South Hanover St. Carlisle Dawn to Dusk. 6 or 10K Rating 1A Ask at reservation desk for walk box.

Pat Eby 717-379-8945 patriciaeby@verizon.net

Columbia and Marietta - Lancaster County

Northwest Lancaster County River Trail - Bike and Walk Marietta Walk - 5 or 10K Rating 1A

Columbia Crossing River Trail Center, 41 Walnut St.

Columbia Open 10 am to 5 pm Wed - Sun

Walk 5 or 10K Rating 1A; Bike up to 35K Rating 2A Ask at desk for the walk box.

Sharon Miller 717-805-9540 millersd@ptd.net

Harrisburg - Dauphin County

Capital and Wildwood Park

Quality Inn –Riverfront, 525 S Front St. Harrisburg Dawn to dusk. 5 or 10K Capital Trail Rating 1A

Wildwood Trail Rating 3C; 5K trail is easier can be a 1A. Ask at reservation desk for the walk box.

Sharon Miller 717-805-9540 millersd@ptd.net

Hershey - Dauphin County

Bullfrog Valley Trail (5 or 10K) and Town (5 or 10K) Both are rated 1A

Karns Food, 731 Cherry Dr. Hershey

Ask at the Service Counter for the walk box.

Dawn to dusk.

Trish Bowra 717-982-7077 trishbowra@gmail.com

Lebanon - Lebanon County

Lebanon Valley Family YMCA, 201 N 7th St. Lebanon Hours vary - call 717-273-2691

5 or 10K Rating 1A

Ask at the service counter on the right for the walk box. Pat Eby 717-379-8945 patriciaeby@verizon.net

Mechanicsburg - Cumberland County

Rutter's #29, 714 W Main St. Mechanicsburg Dawn to Dusk 5 or 10K Rating 1A

Walk box is on window sill in café area.

Pat Eby 717-379-8945 patriciaeby@verizon.net

Mifflintown - Juniata County

Juniata County Library, 498 Jefferson St, Mifflintown, PA 17059

Walk box is in the library under a table.

Joyce Krow 717-527-4798 jakrow@centurylink.net

State College - Centre County Arboretum, Boalsburg, Town and Campus

Super 8 Motel, 1663 S Atherton St. State College Dawn to dusk Arboretum Trail Rated 1A, Boalsburg Trail Rated 2B, Town & Campus Trail Rated 2A

All have 5 or 10K trails.

Ask at reservation desk for walk box.

Pat Eby 717-379-8945 patriciaeby@verizon.net

We plan on having two seasonals this year but they have not been sanctioned yet. Fort Hunter and one in Sullivan County at Eagles Mere. They will be available through September, buy only with an online start box.

KSVA

Appalachian Trail - Walking across PA - Many options are available. Online start box only.

Marcy Lucas 717-979-3960

Lucas mj@hotmail.com

Contact person for other events - Tom Jackson 717-677-6511 thomasjackson@embargmail.com

Biglerville - Michaux State Forest - Piney Ridge Rd Jan 1 to March 31 **Snowshoe** 5K to 10K Rated 1C 1287 Shippensburg Rd, Biglerville PA 17307

Fayetteville - Michaux State Forest "Smoke Zimmerman" Jan 1 to March 31 **Snowshoe** 5K to 10K Rated 1C Rutter's, 6837 Lincoln Way East, Fayetteville PA 17222

Fayetteville - Pine Grove Furnace State Park - walk and swim

Rutter's, 6837 Lincoln Way East, Fayetteville PA 17222 5K, 10K or 14K Rated 3C

Harper's Ferry WV - Online or physical start point ATC Visitor Center, 799 Washington St. 5K, 10K, 15K or 20K Rated 3C

Waterville - Bike Pine Creek Rail Trail - 10K to 240K. Online start box only.

ONE STEP AT A TIME IS GOOD WALKING

Two New Seasonals

for your enjoyment!

Fort Hunter

This event is open now until September 30, then again next year from April 1 until September 30.

It is an online start box, or contact Regina Zapotosky at 717-545-4982, rmzapoto@gmail.com

The walk starts at Fort Hunter Park - West Pavilion, 5300 North Front St, Harrisburg PA. It is rated 1A with a 5K or 10K trail. It is on grass paths, paved walkways, and gravel trails. It uses the Capital Area Greenbelt connection between Fort Hunter Park and Wildwood Park. The trail also goes around the Fort Hunter Park.

Hummelstown

This walk will start October 1 until December 31. It is a memorial walk to remember several of our walkers that have passed away in the past few years.



Rich Bergstrasser

Donna Leaver

Jovce Hoover



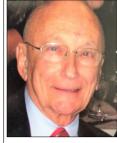
Pat Lacasse



Ray Rudacille



Ron Nelson



Leroy Copenhaver



Unfortunately, we may not have the names of all that have passed away. If you know of anyone, please let us know.

If you are wondering why we have not included Louise Clouser, Charlie Baeckert or Alice Eckardt in the list for this walk, it is because we did or will have a special memorial walk for them. Alice's will be held next year. These three were leaders in the club.

Hummelstown is rated a 1B with a 5K and 10K trail. The trail is on natural and paved surfaces starting at Schaivoni Park. The directions to the walk are on the trail directions which can be picked up at Karns Foods, 731 Cherry Drive. Hershey. The log book and directions are in the box with the Hershey town and Bull Frog Valley trails. The box is at the Customer Servicer Desk.

We will be doing a group walk for this event on November 24th, the day after Thanksgiving. We will meet at Karns at 9. Please come. After walking, we will then go somewhere to eat, chat, and remember our friends.

We appreciate all of our members and nonmembers that have attended or volunteered at our events. Without them and you, we would not still be a club.

Thought for the Season

We shall never know all the good that a simple smile can do. - Mother Teresa.



Foliage Festival of Walks

Centre, Mifflin, & Huntingdon Counties

Five Volkswalks Thursday, Friday, Saturday, Sunday October 5-8, 2023

Thursday only Start Location: Victory Park, S. Juniata St, Lewistown, PA 17044

Registration on Thursday between 9 am -1 pm only for Lewistown and the Treasures of the Seven Mountains events. Payments and stamping of IVV books must be done at the Super 8 starting on Friday.

DIRECTIONS TO: Victory Park, S Juniata St, Lewistown, PA 17044.

***From Harrisburg take Rte. 22/322. Take the "West Business 22

Lewistown" Exit. Follow Business 22 for about 3 miles. Cross the railroad tracks and then turn Left into Victory Park. ***From State College take Rte. 322 to Lewistown. Take the "East Charles St" Exit. On Charles Street, go through 2 traffic lights and then bear Right on to Business 22. Cross the railroad tracks and then turn left into Victory Park.

Start Location: Super 8 State College, 1663 S Atherton St, State College, PA 16801

Registration on Friday between 9 am – 5 pm, Saturday between 8 am – 4 pm, and Sunday between 8 am – 1 pm. Participants must finish by 4 pm on Sunday.

Town & Gown Walk 5K & 10K Trails, Rated 1A

(Centre County) – New route for 2023. After registering at the Super 8, participants must drive about 3.3 miles to the start at Sunset Park. The walk goes from the Park, through a residential area, and around the Penn State Campus and downtown. The walk passes the All-Sports Museum, The Creamery, the PSU Veteran's Monument, and the Nittany Lion Shrine.

Special Programs: Par-for-the-Course, Clocks, Veterans

State College-Tudek Park 5K & 10K Trails, Rated 2B (Centre) — New route for 2023. After registering at the Super 8, participants must drive about 4 miles to the start at Tudek Park. The walk goes past the Snetsinger Butterfly Garden, through the Park to a residential area, and then into the Penn State Golf Course. It then continues to the PSU West Campus and back to Tudek Park. Special Programs: Par-for-the-Course, Clocks

Treasures of the Seven Mountains 5K to 21K Trails, Rated 2C (Centre, Mifflin, and Huntingdon Counties)—After registering, participants must drive to the walks in the Seven Mountains Area which is south and southeast of State College. Walks are at Reedsville (4K), Milroy (4K), Seven Mountains Wine Cellars (2K), Colyer Lake (4K), Musser Gap (3K), Pine Grove Mills (4K), Whipple Dam State Park (SP) (4K), Greenwood Furnace SP (2K, 3K, 5K), Alan Seeger Natural Area (3K), and Penn-Roosevelt SP (2K). There is no expectation that anyone will do all ten walks. Participants can do the walks they choose and take IVV event credit for each day they walk and distance credit for the distance walked. The AVA insurance policy does not cover participants while they are driving between towns. Walks are on sidewalks, road shoulders, and hiking trails.

None of the walks are suitable for wheelchairs or strollers.

Special Programs: Par-for-the-Course, Town Halls, Veterans

Stone Valley Recreation Area 5K & 10K Trails, Rated 2C - (Centre County)— After registering at the Super 8, you must drive 17 miles to the start. The route starts at the Park Office and goes around Lake Perez. The walk passes facilities used by the Forestry, Civil Engineering, and Environmental Science before visiting the Shaver's Creek Environmental Center. Special Programs: None

Lewistown 5K & 10K Trails, Rated 1A - (Mifflin County) - The walk goes along the Juniata River before going through downtown Lewistown. As you walk along the recently extended S.H. Rothermel Walking Trail you will have views of the Juniata River and the surrounding mountains. Entering town, you will walk by some of the historic buildings listed on Lewistown's Self-Guided Tour of Historic Buildings. You will also see some of the fiberglass geese statues painted and designed by local artists and sponsored by local businesses. If you walk on Thursday or Saturday, you will pass by the Lewistown Farmer's Market where you can find local produce and food.

Special Programs: Clocks, Par-for-the-Course, Town Halls, Veterans

AWARD: The "A" Award is a 1" hat pin which features a sign with fall leaves. We have one hundred pins; there will not be a reorder.

REGISTRATION and FEES: This event is free to those who wish to participate without IVV credit. IVV credit is \$3.00. IVV credit with "A" Award is \$7.00. There is no pre-registration. There will be no refunds.

DIRECTIONS TO: Super 8 Motel, 1663 S. Atherton St. State College, PA 16801

- From I-80: Take Exit 161, Route 26 South to Bus Rt. 322, two miles east, on left.
- **From Pittsburgh**: Route 22 East to I-99 North to Route 322 East on Business Route 322.
- From Harrisburg: Route 322 West to Business Route 322. Turn right at the Branch Road. (in back of IHOP).

Join us for a "Pizza Party" on Friday, October 6 at 6 pm in the Super 8 Motel Meeting Room. Pizza, sides, soda and water will be provided. The cost will be \$6 per person and space is limited to 85.

Join us for a "Meet & Greet" on Saturday, October 7, at 6 pm in the Super 8 Motel Meeting Room. Sandwiches, sides, soda and water will be provided. The cost will be \$12 per person and space is limited to 85.

You are welcome to bring your own alcoholic beverages to these events. Make a reservation by sending a check, payable to "YWRW" to Bill Lore, 425 Quaker Dr, York, PA 17402.

FOR MORE INFORMATION: Tom Jackson, cell (717) 309-6088, or thomasjackson@embargmail.com

Three nearby year-rounds start box is at Super 8.

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2023 ATLANTIC REGION CALENDAR of EVENTS

From ava.org as of 9-4-2023

Be sure to check with the ava website or contact number before traveling a great distance to an event.

Comton	h - "		0 0		
Septer 18 20 21 23 26 30 30	W W TGW W M	Lebanon, PA (Park) Greenbelt MD Bryn Mawr PA Brandywine MD State Park Harrisburg PA (6pm) Frederick MD Octoberfest Fort Belvoir VA Octoberfest	Susquehanna Rovers Great Greenbelt Volksmarchers Liberty Bell Wanderers Annapolis Amblers Susquehanna Rovers Seneca Valley Sugarloafers N. Virginia Volksmarchers	717-379-8945 301-431-6668 610-287-3065 301-645-3195 717-847-3567 301-828-5257 703-303-5543	
October					
5 5-8 7 7 8 14 15 19 20-22 21 24 26 28 31	W 4W W W TGW GP W W TGW	Lewistown PA State College PA Elkridge MD Chesapeake VA K Eberhart Greenbelt MD Mifflintown PA Powhatan State Park VA Fredericksburg VA Telford PA Arlington VA Festival Kentlands MD Halloween Moorestown NJ Easton PA Rehoboth Beach DE Harrisburg PA (6 pm)	Susquehanna Rovers Keystone State Volkssport Assn Columbia Volksmarch Club Gator Volksmarsch Club Great Greenbelt Volksmarch Susquehanna Rovers Lee Lupus Volksverband Fredericksburg Walking Club Liberty Bell Wanderers US Freedom Walk Festival Club Seneca Valley Sugarloafers Princeton Area Walkers Liberty Bell Wanderers First State Webfooters Susquehanna Rovers	717-979-3960 717-309-6088 410-290-6510 757-576-0966 301-431-6668 717-379-8945 443-803-3456 540-841-1855 215-767-5079 703-209-0174 301-520-6507 609-658-7724 215-767-5079 302-233-6615 717-847-3567	
Noven 4 9 24 28 30	nber W TGW <i>GW</i> M TGW	Patuxent Research Refuge MD Harleysville PA Hummelstown PA Memorial Harrisburg PA (6pm) Zoom Yardley PA	Great Greenbelt Volksmarch Liberty Bell Wanderers Susquehanna Rovers Susquehanna Rovers Liberty Bell Wanderers	301-431-6668 215-767-5079 717-847-3567 717-847-3567 215-767-5076	
December					
2-3 8-10 9 16 16 31 31	2W 2WS W GW W 2W	Alexandria VA Holiday Walks Williamsburg VA Holiday Fest Annapolis MD Boat Parade <i>Marietta PA</i> Fredericksburg VA Holiday Savage MD New Year's Eve Smithfield VA New Year's Eve	N Virginia Volksmarchers Peninsula Pathfinders Annapolis Amblers Susquehanna Rovers Fredericksburg Walking Club Freestate Happy Wanderers Gator Volksmarsch Club	571-243-2573 757-869-6116 301-509-6748 717-379-8945 540-809-6227 410-437-2164 757-427-0081	
January 2024					
1 1 1 2	GW 2W W TGW	Harrisburg PA New Year's Day Savage MD New Year's Day Smithfield VA New Year's Day Princeton NJ	y Susquehanna Rovers Freestate Happy Wanderers Gator Volksmarsch Club Princeton Area Walkers	717-379-8945 410-437-2164 757-427-0081 609-658-7727	

(M is Meeting; G is a Guided Walk; NW is a Night Walk; GP is a Group Walk; TGW is a Traveling Guided Walk, W is a Walk, S is a Swim, B is a Bike)

PA events are in bold; Susquehanna Rovers are bold and italicized

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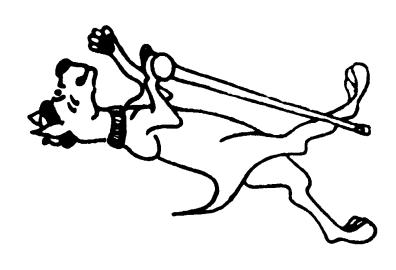
Take your dogs Volksmarching -

They need exercise too! We even have books for them. Don't forget water for both you and your pet.

Susquehanna Rovers Volksmarch Club 797A Academy Heights Avenue Ephrata PA 17522-6915

Dated Materials





October-November-December 2023