



The Rover Reporter



The Newsletter of the Susquehanna Rovers Volksmarch Club

July-August-September 2023

2023 Executive Officers

President
 Bill Rhoat
 717-847-3567
 rhtpr@aol.com

Vice Presidents
 Lester Miller
 717-938-3488
 millersd@ptd.net
 Marcy Lucas
 lucas_mj@hotmail.com

Secretary
 Regina Zapotosky
 717-545-4982
 rmzapoto@gmail.com

Treasurer
 Gloria Grabenstein
 717-652-1607

Executive Committee Members

After Action
 Pat Eby
 717-379-8945

Map Maker
 Lester Miller
 717-938-3488

Membership
 Mary Watts
 717-234-7765
 3848 Green St
 Harrisburg PA 17110

Newsletter
 Pat Eby 717-379-8945
 patriciaeby@verizon.net

Publicity Manager
-Vacant

Sales Manager
 Amy Trommer
 717-991-5232

Trailmasters
 Lester Miller
 717-938-3488
 Bill Rhoat
 717-817-9724

Volunteer Coordinator
-Vacant

Webmaster
 Regina Zapotosky
 717-545-4982

www.avaclubs.org/SRVC

President's Message



Greetings Fellow Rovers,

The AVA recently held their biennial meeting. As there was no convention this year due to the Olympiad in February, it was an online meeting. There seemed to be some technology issues, as it took a while for the attendees to get their credentials. I received my credentials in an email in late May, and if everyone gets as much email as I do it would be easy to have it buried in the inbox, or the dreaded SPAM folder. The main topics covered included a call to go to Kingston, Ontario May 24-26, 2024 for the Canadian Convention, and the upcoming 2025 AVA convention. Talking about the 2025 convention, no one stepped -up to host, so they are considering holding it on a cruise ship. I can't come up with a nautical pun that won't get me thrown in the brig, so I will go full steam ahead.

Now for more local upcoming events. The Fall Foliage walks will be held October 5-8. The Susquehanna Rovers (that's us) will be hosting a walk in Lewistown on the 5th, with an additional four walks available. There will be an event similar to the "Pearls of Penn's Valley" from two years ago, but will feature communities in the seven mountains area instead.

It will be a busy October, as the Freedom Walk Festival will be held in Arlington, Virginia on October 20-22.

Next year, there will be a new seasonal event in Milton, PA. I will be the point of contact, and the walk will be hosted on the online start box with the option for email registration. It has been several years since there was an event in Northumberland county, and this will help those who need the county for their county books.

I'm sure everyone would rather go walking than read me ramble on so I will finish here after asking if anyone has any ideas for where we can go on a group walk.

See you on the trail. - Bill

Inside this issue:

Meetings, AVA New Address, Group Walk Schedule, Awards	Page 2
Group Walk Reports, Charlie Baeckert Memorial Walk	Page 3
Rovers Year Rounds, KSVA Seasonal and Year Rounds	Page 4
Louise Clouser's Event	Page 5
Foliage Festival of Walks	Page 6
Schedule of Events	Page 7

Group Walk Schedule

Definition- Group Walk- Several walkers get together to walk a Traditional, Seasonal or Year Round event. They start off together and then walk at their own pace. Maybe they get together to eat along the way or at the end. This type of walk will not be on ava.org list of events. GP is used on our listing for these events.

The **Penn Dutch Pacers** (PDP) meet occasionally to walk one of their year rounds. Check their website at www.avaclubs.org/pdp/calendar for information.

York White Rose Wanderers (YWRW) are hosting their group walks 2023. They make these walks feel like a traditional event by giving walkers a range of time to start usually 10 am to 1 pm. Contact Art at 717-266-1152 for a complete list for the year or to check if they will be there weather permitting. **July 8** - York Rail Trail Walk #3 or #4, Hanover Junction Station, 2433 Seven Valleys Rd, Seven Valleys PA. **August 5** - York Rail Trail Walk - Northern Extension, John Rudy County Park, 400 Mundis Race Rd, York PA. **September 9** - York Rail Trail Walk #6, Railroad Trail Access, 5 E Main St, Railroad PA or New Freedom Train Station, 117 N Main St, New Freedom PA.

The **Susquehanna Rovers** meet at a certain time to sign up and go at our separate paces and maybe meet for lunch. If you can't meet us, these are year-round events and can be walked anytime during daylight hours.

July 1 - Harrisburg city walk, Quality Inn Riverfront, 525 South Front St, Harrisburg. Meet at 9 in Lobby.

August 12 - Prewalk for Lewistown. Meet at 9 at park directions on page 6.

September 16 - Union Canal Tunnel Park See page 3.

October 14 - Mifflintown, Juniata County Library, 489 Jefferson St, Mifflintown PA Meet at 9 at pavilion.

Contact Pat 717-379-8945 for information or if weather is bad to see if we are walking.

Please join us. We miss seeing you.

Be sure to use this address when mailing your books.

AVA Headquarters
1008 S. Alamo St
San Antonio TX 78210
210-659-2112



Meeting Location

The club meetings are now being held at the East Shore Library in their conference room downstairs. All are invited to attend. Contact Bill with questions 717-847-3567

Meeting Time

Join us at 6:00 pm
June 27, 2023
July 25, 2023
August 29, 2023
September 26, 2023



Events

Distance

125	1,000K
Nancy McRoberts	Nancy McRoberts
Rex McRoberts	Rex McRoberts
200	39,000K
Grant Bollen	Ellie Kuntz
600	
Tim Krow	
700	
Joyce Krow	

Another Rover Member Has Passed.



Pat Lacasse passed away August 18, 2022 and was born April 19 1944. She and her husband Norm were very involved in the Capital Area Greenbelt. She often helped with the Hershey Walkfest.

Thought for the Day

We shall never know all the good that a simple smile can do.
Mother Teresa.



Group Walk Reports

April 15 - Hershey town walk. Not a big group, but some of Hershey was beautiful, such as this Flowering Cherry. Hope you get this via email.



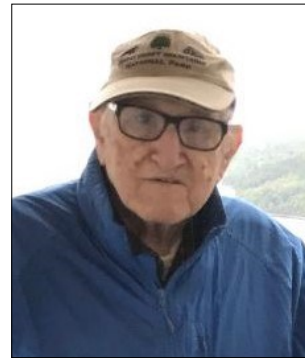
Julie Geyer which is a regular at our group walks brought a friend. Bill came too and Lois Bucher came after the picture was taken. She and Bill walked together. I went by myself as my back wasn't feeling great and I couldn't go far.



June 10 - Lebanon was an interesting town to get to if you came from the Harrisburg area. First there was a backup of traffic as PennDOT was working on an intersection on Route 322. Delay. Next, Annville was having a street festival with several blocks barricaded. More delay. Julie Geyer and Betty Jo had a more interesting time as someone gently bumped into them in the traffic jam. They were ok and just some dirt on their bumper. Bill also came. Too bad you can't see his goofy smile.



Charlie Baeckert Memorial Walk September 16, 2023



Union Canal Tunnel Park
25th & Union Canal Drive
Lebanon PA

Trail 5K or 10K rated 2B. It is on natural surfaces, either grass, wood chips or fine gravel.
Start between 8 am and 1 pm, finish by 4.
Special Program - Rails-to-Trails
KSVa - Lebanon County

Charlie had a walk here many years ago, but the park has expanded since then to 110 acres with a rail trail that runs beside it. Part of the walk will be on the rail trail.

Charlie was an organizing member of the Lebanon Baloney Stompers. He was the president for many, many years. After that club folded, he joined the Rovers and hosted many walks with us. He also drove an hour each way to attend our meetings. You usually found him walking his dog along the trails, and especially the three legged dog, who always had a great time. His wife Patsy and daughter Barbara were always at checkpoints knitting. Patsy passed away several years ago.

POC - Pat Eby 717-379-8945 for any questions.

Directions: From Harrisburg via PA 422 - Drive thru Annville and Cleona, then turn left at 25th St and proceed *.9 miles through the traffic light and stone tunnel under the railroad tracks, turn left into the parking lot at the intersection of 25th and Union Canal Dr.
From PA Turnpike and PA 72 - Take exit 266 toward PA 72 Lebanon/Lancaster. Turn left to take PA 72 N. Continue 7.6 miles and turn left onto Cumberland St (422W). Turn right on 25th St and continue from *.



Lebanon Year-round Event start point is about a mile away.

2023 Seasonal and Year Round Events

Events listed are year rounds unless stated as seasonal. Since we haven't produced a KSVA booklet since 2019, the following is a list of available walks, bikes and swims for the Susquehanna Rovers events and KSVA events

Susquehanna Rovers

These walks will have a start box.

Altoona - Blair County

Wingate by Wyndham Hotel, 909 Chestnut Ave. Altoona. Walk Dawn to Dusk. 5 or 10K Rating 1A Ask at reservation desk for walk box.

Judy Yost jpost820@gmail.com 814-932-3334

Carlisle - Cumberland County

Comfort Suites, 10 South Hanover St. Carlisle Dawn to Dusk. 6 or 10K Rating 1A Ask at reservation desk for walk box.

Pat Eby 717-379-8945 patriciaeby@verizon.net

Columbia and Marietta - Lancaster County

Northwest Lancaster County River Trail - Bike and Walk Marietta Walk - 5 or 10K Rating 1A

Columbia Crossing River Trail Center, 41 Walnut St.

Columbia Open 10 am to 5 pm Wed - Sun

Walk 5 or 10K Rating 1A; Bike up to 35K Rating 2A

Ask at desk for the walk box.

Sharon Miller 717-805-9540 millersd@ptd.net

Harrisburg - Dauphin County

Capital and Wildwood Park

Quality Inn -Riverfront, 525 S Front St. Harrisburg Dawn to dusk. 5 or 10K Capital Trail Rating 1A

Wildwood Trail Rating 3C; 5K trail is easier can be a 1A.

Ask at reservation desk for the walk box.

Sharon Miller 717-805-9540 millersd@ptd.net

Hershey - Dauphin County

Bullfrog Valley Trail (5 or 10K) and Town (5 or 10K) Both are rated 1A

Karns Food, 731 Cherry Dr. Hershey

Ask at the Service Counter for the walk box.

Dawn to dusk.

Trish Bowra 717-982-7077 trishbowra@gmail.com

Lebanon - Lebanon County

Lebanon Valley Family YMCA, 201 N 7th St. Lebanon

Hours vary - call 717-273-2691

5 or 10K Rating 1A

Ask at the service counter on the right for the walk box.

Pat Eby 717-379-8945 patriciaeby@verizon.net

Mechanicsburg - Cumberland County

Rutter's #29, 714 W Main St. Mechanicsburg Dawn to Dusk 5 or 10K Rating 1A

Walk box is on window sill in café area.

Pat Eby 717-379-8945 patriciaeby@verizon.net

Mifflintown - Juniata County

Juniata County Library, 498 Jefferson St, Mifflintown, PA 17059

Walk box is in the library under a table.

Joyce Krow 717-527-4798 jakrow@centurylink.net

State College - Centre County Arboretum, Boalsburg, Town and Campus

Super 8 Motel, 1663 S Atherton St. State College Dawn to dusk Arboretum Trail Rated 1A, Boalsburg Trail Rated 2B, Town & Campus Trail Rated 2A

All have 5 or 10K trails.

Ask at reservation desk for walk box.

Pat Eby 717-379-8945 patriciaeby@verizon.net

We plan on having two seasonals this year but they have not been sanctioned yet. Fort Hunter and one in Sullivan County at Eagles Mere. They will be available through September, buy only with an online start box.

KSVA

Appalachian Trail - Walking across PA - Many options are available. Online start box only.

Marcy Lucas 717-979-3960

Lucas_mj@hotmail.com

Contact person for other events - Tom Jackson 717-677-6511 thomasjackson@embarqmail.com

Biglerville - Michaux State Forest - Piney Ridge Rd

Jan 1 to March 31 **Snowshoe** 5K to 10K Rated 1C

1287 Shippensburg Rd, Biglerville PA 17307

Fayetteville - Michaux State Forest "Smoke Zimmerman"

Jan 1 to March 31 **Snowshoe** 5K to 10K Rated 1C

Rutter's, 6837 Lincoln Way East, Fayetteville PA 17222

Fayetteville - Pine Grove Furnace State Park - walk and swim

Rutter's, 6837 Lincoln Way East, Fayetteville PA 17222

5K, 10K or 14K Rated 3C

Harper's Ferry WV - Online or physical start point

ATC Visitor Center, 799 Washington St.

5K, 10K, 15K or 20K Rated 3C

Waterville - Bike Pine Creek Rail Trail - 10K to 240K.

Online start box only.

ONE STEP AT A
TIME IS GOOD
WALKING

Louise Clouser Memorial Walk Wrap-Up May 13, 2023



I think Louise would have been proud of us. We had 39 walkers show up on a drizzly Saturday at Little Buffalo State Park. We had lots of food and some fun memories about Louise. We even had some of her famous pickles, but we didn't eat them. Dave Brown brought his jar from Collegeville that he had gotten at a silent auction. I brought a jar from long ago that I had won at a Holiday Party. There was a question as to why they were different colors, but the answer was simple. One jar was clear glass and the other was blue glass. Rover presided over the event.



Bill and Judy Packheiser looked like they were having fun.



Dave Brown brought the pickles.



Karson and dad, Joel Hair also walked. Joel was a founding member of the club.



Donna Fox was the 20th walker so she received a former German award plate that someone had earned at an event in Germany. Larry Fox was with her.



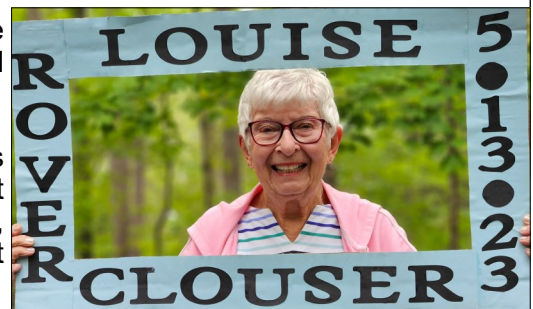
Several of Louise's family joined us. Donna and Vicki and below is Frank and Linda. Special thanks for Vicki's help.

Frank and Linda brought a yummy strawberry cake.



Jackie Love had a good time too.

Many thanks to those that came, visited, and brought food.



Foliage Festival of Walks

Centre, Mifflin, & Huntingdon Counties

Five Volkswalks
Thursday, Friday, Saturday, Sunday
October 5-8, 2023

Thursday only Start Location: Victory Park, S. Juniata St, Lewistown, PA 17044

Registration on Thursday between 9 am – 1 pm only for Lewistown and the Treasures of the Seven Mountains events. Payments and stamping of IVV books must be done at the Super 8 starting on Friday.

DIRECTIONS TO: Victory Park, S Juniata St, Lewistown, PA 17044.

***From Harrisburg take Rte. 22/322. Take the "West Business 22 Lewistown" Exit. Follow Business 22 for about 3 miles. Cross the railroad tracks and then turn Left into Victory Park. ***From State College take Rte. 322 to Lewistown. Take the "East Charles St" Exit. On Charles Street, go through 2 traffic lights and then bear Right on to Business 22. Cross the railroad tracks and then turn left into Victory Park.

Start Location: Super 8 State College, 1663 S Atherton St, State College, PA 16801

Registration on Friday between 9 am – 5 pm, Saturday between 8 am – 4 pm, and Sunday between 8 am – 1 pm. Participants must finish by 4 pm on Sunday.

AVA Event # AT23/124218 5K & 10K Trails, Rated 1A Town & Gown Walk (Centre County) – New route for 2023. After registering at the Super 8, participants must drive about 3.3 miles to the start at Sunset Park. The walk goes from the Park, through a residential area, and around the Penn State Campus and downtown. The walk passes the All-Sports Museum, The Creamery, the PSU Veteran's Monument, and the Nittany Lion Shrine.

Special Programs: Par-for-the-Course, Clocks, Veterans

AVA Event # AT23/124299 5K & 10K Trails, Rated 2B State College-Tudek Park (Centre) – New route for 2023. After registering at the Super 8, participants must drive about 4 miles to the start at Tudek Park. The walk goes past the Snetsinger Butterfly Garden, through the Park to a residential area, and then into the Penn State Golf Course. It then continues to the PSU West Campus and back to Tudek Park. *Special Programs: Par-for-the-Course, Clocks*

AVA Event # AT23/124298 5K to 21K Trails, Rated 2C Treasures of the Seven Mountains (Centre, Mifflin, and Huntingdon Counties)– After registering, participants must drive to the walks in the Seven Mountains Area which is south and southeast of State College. Walks are at Reedsville (4K), Milroy (4K), Seven Mountains Wine Cellars (2K), Colyer Lake (4K), Musser Gap (3K), Pine Grove Mills (4K), Whipple Dam State Park (SP) (4K), Greenwood Furnace SP (2K, 3K, 5K), Alan Seeger Natural Area (3K), and Penn-Roosevelt SP (2K). There is no expectation that anyone will do all ten walks. Participants can do the walks they choose and take IVV event credit for each day they walk and distance credit for the distance walked. The AVA insurance policy does not cover participants while they are driving between towns. Walks

are on sidewalks, road shoulders, and hiking trails. None of the walks are suitable for wheelchairs or strollers.

Special Programs: Par-for-the-Course, Town Halls, Veterans

AVA Event # AT23/124217 5K & 10K Trails, Rated 2C - Stone Valley Recreation Area (Centre County)– After registering at the Super 8, you must drive 17 miles to the start. The route starts at the Park Office and goes around Lake Perez. The walk passes facilities used by the Forestry, Civil Engineering, and Environmental Science before visiting the Shaver's Creek Environmental Center. *Special Programs: None*

AVA Event # AT23/124349 5K & 10K Trails, Rated 1A - Lewistown (Mifflin County) - The walk goes along the Juniata River before going through downtown Lewistown. As you walk along the recently extended S.H. Rothermel Walking Trail you will have views of the Juniata River and the surrounding mountains. Entering town, you will walk by some of the historic buildings listed on Lewistown's Self-Guided Tour of Historic Buildings. You will also see some of the fiberglass geese statues painted and designed by local artists and sponsored by local businesses. If you walk on Thursday or Saturday, you will pass by the Lewistown Farmer's Market where you can find local produce and food.

Special Programs: Clocks, Par-for-the-Course, Town Halls, Veterans

AWARD: The "A" Award is a 1" hat pin which features a sign with fall leaves. We have one hundred pins; there will not be a reorder.

REGISTRATION and FEES: This event is free to those who wish to participate without IVV credit. IVV credit is \$3.00. IVV credit with "A" Award is \$7.00. There is no pre-registration. There will be no refunds.

DIRECTIONS TO: Super 8 Motel, 1663 S. Atherton St. State College, PA 16801

- **From I-80:** Take Exit 161, Route 26 South to Bus Rt. 322, two miles east, on left.

- **From Pittsburgh:** Route 22 East to I-99 North to Route 322 East on Business Route 322.

- **From Harrisburg:** Route 322 West to Business Route 322. Turn right at the Branch Road. (in back of IHOP).

Join us for a "Pizza Party" on Friday, October 6 at 6 pm in the Super 8 Motel Meeting Room. Pizza, sides, soda and water will be provided. The cost will be \$6 per person and space is limited to 85.

Join us for a "Meet & Greet" on Saturday, October 7, at 6 pm in the Super 8 Motel Meeting Room. Sandwiches, sides, soda and water will be provided. The cost will be \$12 per person and space is limited to 85.

You are welcome to bring your own alcoholic beverages to these events. Make a reservation by sending a check, payable to "YWRW" to Bill Lore, 425 Quaker Dr, York, PA 17402.

FOR MORE INFORMATION: Tom Jackson, cell (717) 309-6088, or thomasjackson@embarqmail.com

Three nearby year-rounds start box is at Super 8.

2023 ATLANTIC REGION CALENDAR of EVENTS

From ava.org as of 6-18-2023

Be sure to check with the [ava](http://ava.org) website or contact number before traveling a great distance to an event.

June				
27	M	Harrisburg PA (6 pm)	Susquehanna Rovers	717-847-3567
July				
1	GP	Harrisburg PA	Susquehanna Rovers	717-379-8945
8	GP	Hanover Junction PA Rail Trail	York White Rose Wanderers	717-266-1152
19	NW	Greenbelt MD	Great Greenbelt Volksmarch	301-431-6668
25	M	Harrisburg PA (6 pm)	Susquehanna Rovers	717-847-3567
August				
12	GP	Lewistown PA Prewalk	Susquehanna Rovers	717-979-3960
12	W	Columbia MD	Columbia Volksmarch Club	410-290-6510
16	NW	Greenbelt MD	Great Greenbelt Volksmarch	301-431-6668
19	W	Hagerstown MD	Antietam Pathfinders Volksmarch	240-675-1028
29	M	Harrisburg PA (6 pm)	Susquehanna Rovers	717-847-3567
September				
9	W	Manheim	Penn Dutch Pacers	717-626-6103
16	W	Lebanon (C Baeckert)	Susquehanna Rovers	717-379-8945
20	NW	Greenbelt MD	Great Greenbelt Volksmarch	301-431-6668
23	W	Brandywine MD	Annapolis Amblers	301-645-3195
26	M	Harrisburg PA (6 pm)	Susquehanna Rovers	717-847-3567
30	W	Frederick MD	Seneca Valley Sugarloafers	301-385-0054
30	W	Fort Belvoir VA	Northern Virginia Volksmarchers	703-303-5543
October				
5	W	Lewistown PA	Susquehanna Rovers	717-979-3960
6-8	4W	State College PA	Keystone State Volkssport Assn	717-309-6088
7	W	Columbia MD	Columbia Volksmarch Club	410-290-6510
8	TGW	Greenbelt MD	Great Greenbelt Volksmarch	301-431-6668
14	GP	Mifflintown PA	Susquehanna Rovers	717-379-8945
14	W	Powhatan State Park VA	Lee Lupus Volksverband	443-803-3456
20-22	S3W	Arlington VA	US Freedom Walk Festival Club	703-209-0174
21	W	Kentlands MD	Seneca Valley Sugarloafers	301-520-6507
28	WBS	Rehoboth Beach DE	First State Webfooters	302-233-6615
31	M	Harrisburg PA (6 pm)	Susquehanna Rovers	717-847-3567

(M is Meeting; G is a Guided Walk; NW is a Night Walk; GP a Group Walk; TGW is a Traveling Guided Walk, W is a Walk, S is a Swim, B is a Bike)

PA events are in bold; *Susquehanna Rovers* are bold and italicized

Another Picture from the AVA Convention

Bill is on the far left and two away from him is Jim Myers of the YWRW shown with a lot of Asian walkers. ?



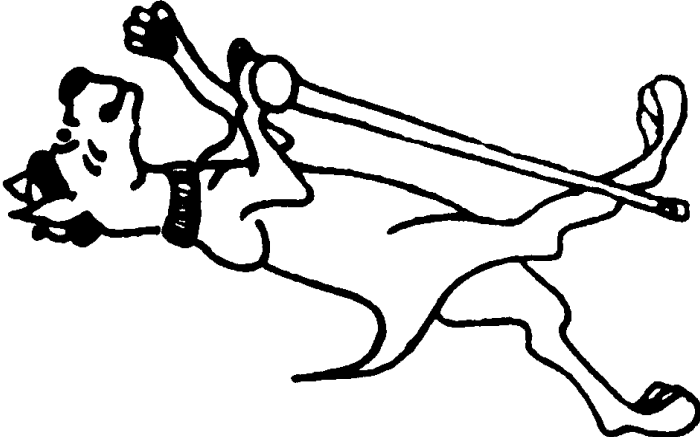
Take your dogs Volksmarching -

They need exercise too! We even have books for them. Don't forget water for both you and your pet.

Susquehanna Rovers Volksmarch Club
797A Academy Heights Avenue
Ephrata PA 17522-6915

Dated Materials

**The Rover
Reporter**



July - August - September 2023