

SUSQUEHANNA ROVERS BURNHAM

Year Round Walk in MIFFLIN COUNTY
January 2 - December 31, 2017

5K/6K/11K (3.1/3.7/6.8 miles) Trail Rating 1A
106408 AT17/Y1377

IVV Credit Only Event

This event qualifies for the Animal Safari, Bridges, Food for Thought, Honoring Our Flag, Ice Cream Parlors, Take a walk in a City Park, Treasure Hunt, Trekking With Trees, United States Post Offices, Walk USA Street by Street, Walking the USA A-Z, and You'll Never Walk Alone Special Programs.

and

LEWISTOWN

Year Round Walk in MIFFLIN COUNTY
January 1 - December 31, 2017

5K/10K (3.1/6.2 miles) Trail Rating 2A
106418 AT17/Y0857

IVV Credit Only Event

This event qualifies for Animal Safari, Bridges, Food for Thought, Honoring Our Flag, National Register of Historic Places, Take a Walk in a City Park, Treasure Hunt, Trekking With Trees, Underground Railroad, US Post Offices, Walk USA Street by Street, Walking the USA A-Z, Water Fountains, and You'll Never Walk Alone Special Programs.

BURNHAM: The Borough of Burnham is about 63 miles from Harrisburg and close to Lewistown. It is named for a town in England. It is home to the Standard Steel Company (formerly Freedom Forge) which has been making iron and steel products since 1795 and is likely the oldest continuously operating forging company in America. Standard Steel has served the railway industry since its inception. In 1904 the company produced the first solid forged and rolled wheel in the United States. The Kishacoquillas Creek (2nd Loop) is named for Chief Kishacoquillas a Shawnee Chief whose tribe occupied the area in the 1700s.

TRAIL: The trail is on paved roads through the Borough of Burnham and surrounding country side. The trail is two loops so you can use the restrooms at the YMCA in the middle of the trail. A portion of the trail goes through Derry Township Community Park with picnic and camping facilities, miniature golf, batting cages, several baseball fields, and the Theatre in the Park.

LEWISTOWN:

The borough was incorporated in 1795 and was named for William "Bill" Lewis, a Quaker and a member of the legislature, who was responsible for the designation of the borough as the county seat of Mifflin County. During the late 19th century Mifflin County became the crossroads of the Commonwealth. Located near the geographic center of the state, the area became a hub for traffic moving in every direction. Early roads crisscrossed the region, but it was the eventual construction of the Pennsylvania Canal and the

railroads that followed that truly positioned Mifflin County as an economic force in the state. But with the demise of the canal system, Mifflin County eventually lost its place as a major transportation hub. After Tropical Storm Agnes in 1972 businesses didn't rebuild in Lewistown. Lewistown is home to the Pennsylvania State Fire School, which is the only such facility in the state.

After registering at the YMCA in Burnham, you will drive 4.2 miles to Mifflin County Library in Lewistown to start the walk. There is ample parking. Please use the back of the lot. Driving directions will be on the trail instructions.

TRAIL: The walk is mostly on sidewalks and paved walkways. The 10K goes to the must see Stone Arch Bridge. The 5K is on a portion of a rail trail. Strollers and wheelchairs will have some difficulty. Pets are welcome. You should carry water. Restrooms are available if the Library is open.

START/FINISH FOR BOTH EVENTS:

Juniata Valley YMCA
105 1st Ave, Burnham, PA 17009
717-248-5019 www.jvymca.org

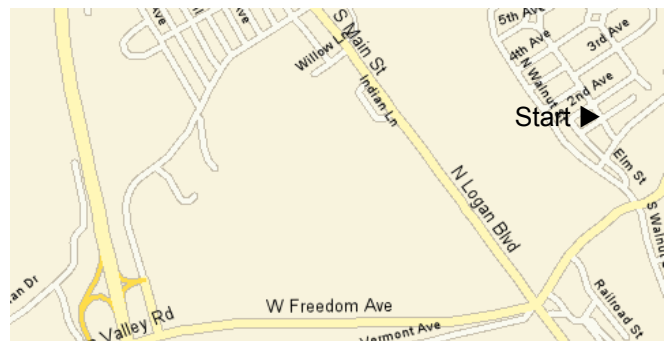
HOURS: Monday - Friday 5am - 10 pm; Saturday (Fall/Winter 7 am - 5 pm, Summer 7 am-noon); Sunday (Fall/Winter 1 pm - 7 pm, Summer 1 pm - 5 pm). Closed all major holidays. Walk daylight hours only. If in doubt, call.

FEES: This event is Free to those who wish to participate without receipt of IVV credit. IVV credit only is \$3.00. Children 12 and under are not charged for IVV Credit.

GENERAL INFORMATION: Pets are welcome, but leash and scoop laws are enforced. Restrooms are available at the YMCA at the start and at Burnham, the halfway point. Strollers may have difficulty.

DIRECTIONS: From East: On Route 322, take the Burnham/Yeagertown Exit; Turn right at the stop sign to Ferguson Valley Road; **turn left onto Ferguson Valley Road; Follow this road through 2 traffic lights; turn left at the 3rd traffic light; bear right at the Y in the road. At the stop sign go straight into the YMCA parking lot.

From the West: On Route 322, take the Burnham/Yeagertown Exit; at the stop sign turn left onto Ferguson Valley Road and then follow the directions from the ** above.



ADDITIONAL INFORMATION:

Call Joyce Krow at 717-527-4798 or email jakrow@centurylink.net or write to: The Susquehanna Rovers Volksmarch Club, 5598 Groninger Valley Rd, Port Royal, PA 17082
Event website: www.avaclubs.org/srv

