

# PENNSYLVANIA YEAR-ROUND AND SEASONAL EVENTS 2016



KEYSTONE STATE VOLKSSPORT ASSOCIATION

[www.ksva.net](http://www.ksva.net)

2134 Barley Drive

Quakertown, PA 18951

[www.ava.org](http://www.ava.org)



SANCTIONED EVENT

Eligible for credit toward IVV Achievement Awards

## GENERAL INFORMATION

**VOLKSSPORTING** is an adventure in health, recreation, fellowship and fun. Volkssporting literally translates as “sport of the people”. The program consists of organized events designed to appeal to people of all ages. These are noncompetitive events. This is exercise at your own pace.

The volkssporting philosophy recognizes that everyone who participates is a winner and eligible for an award as described in the event brochures.

Most events are walks, but sports such as bicycling, swimming and cross-country skiing are also included. Each event has a pre-marked trail on which to enjoy the company of friends, family and fellow volkssporters.

**IVV/AVA Sanction:** All events are sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV) and are open to the general public. Events count toward acquisition of IVV Event and Distance Awards.

**Registration and Fees:** Almost all events are free. However, those paying the appropriate registration fees and completing the course will receive IVV credit(s) and/or an award, if one is offered for the event. “A” award participants may purchase additional “B” awards. An “A” award is one that is especially made for a specific event. “B” awards are from former events.

**IVV Record Books:** IVV issues awards for participants who complete a milestone number of events (10, 30, 50, etc.) and/or travel total distances of 500, 1000, 1500 km, etc. Credit for these achievements is recorded by stamping event and distance books after completing an event for which the appropriate fees have been paid.

Registration for the IVV/AVA stamp is \$3.00 for each event and gives the participant credit in both books. The stamp for each Year Round Event or Seasonal Event is allowed each day that the event is walked and in the distance books as many times as the event is completed. Trails may be completed twice on the same day for distance credit at no additional charge, with the exception of bike events.

Awards for completing the IVV achievement books consist of a lapel pin, patch and certificate acknowledging completion of each level of accomplishment.

Event and distance books are \$6.00 each. Some clubs have them for sale in their start box. Other clubs include insert cards for your use. A New Walker Packet is available for \$5.00 that includes an event book, a distance book and three coupons that are good for IVV credit.

**Procedures:** At each event start, each participant must register to obtain a start card which must be filled out. This card must be carried, marked at checkpoints and returned at the completion of the trail. All participants must sign the Waiver of Liability.

Consult the event publication for a description of the trail, rating, dates, and times. Participate in the event during daylight hours only. A club may have more than one route available at a location each with a separate sanction number. If you are traveling a long distance, you may wish to call or email to confirm the information.

Please remember the registration point is a business and customers come first. No pets should be taken inside.

**Disclaimer:** The sponsors are not liable for accidents, thefts, and/or material damage. Every effort will be made to make these safe, enjoyable, and memorable events. Children 12 and under must be accompanied at all times by a parent or guardian unless participating with an organized and supervised youth group. ALL PARTICIPANTS MUST SIGN A DISCLAIMER FORM. A RESPONSIBLE ADULT MUST SIGN FOR A MINOR INCLUDING INFANTS.

**Stipulations:** Check each event brochure for information regarding wheelchairs and/or strollers, possible parking fees, and the availability of water and food.

Also check each brochure to determine if pets are allowed. If permitted, owners are responsible for leash and clean-up laws and ordinances.

These events are open regardless of weather conditions. No refunds will be made. If more information is required on a particular event, contact the event coordinator(s) listed in the brochure.

The American Volkssport Association or its subsidiary clubs are not responsible for theft or loss of personal belongings or property.

## ~~~~~ Newest Trail Ratings as of 9/2015 ~~~~~

Part 1 – INCLINE/ELEVATION	Part 2 - TERRAIN
1. Very small hills or very little stair climbing.	A. Almost entirely on pavement.
2. Some moderate hills and stair climbing.	B. A significant part of the route is on well-groomed trails with very few obstacles.
3. Some significant hill or stair climbing.	C. A significant part of the route is on somewhat difficult terrain (rocky/ rooted paths or soft sand).
4. Lots of significant hills or stair climbing.	D. A significant part of the route is on very difficult terrain.
5. Many steep hills.	E. The majority of the route is on very difficult terrain.

## Year Rounds and Seasonals for 2016

80 walks, 2 swims, 2 Snowshoes, and 4 bikes in Pennsylvania. Two walks in Maryland, two walks in Delaware, and two walks in West Virginia. State Park and Forest Events are in Bold

Allentown - Park Walk - Lehigh County  
Altoona - Blair County  
Bethlehem - North - Northampton County  
Bethlehem - South - Lehigh County  
**Black Moshannon State Pk** Philipsburg - Centre Cty  
Bryn Mawr - Montgomery County  
Burnham - Mifflin County  
  
**Caledonia State Park** Fayetteville - Franklin County  
**Caledonia State Pk** Fayetteville Swim—Franklin County  
Camp Hill/Lemoyne - Cumberland County  
Carlisle - Cumberland County  
Chambersburg - Franklin County  
Collegeville - Montgomery County  
**Cowan's Gap State Park** Fort Loudon - Fulton County  
Doylestown - Bucks County  
Ephrata - Lancaster County  
**Erie - Presque Isle State Park** - Erie County  
Fairfield - Strawberry Hill Preserve - Adams County  
  
Gettysburg 1 - Adams County  
Gettysburg 2 - Adams County  
Gettysburg 3 - Adams County  
Gettysburg Bike - Adams County  
Gettysburg Swim - Adams County  
**Gifford Pinchot State Park** Lewisberry - York County  
Hanover - York County  
Harper's Ferry WV  
Harrisburg - Capital - Dauphin County  
Harrisburg - Wildwood Lake - Dauphin County  
Hershey - Bull Frog Valley - Dauphin County  
Hershey - Town - Dauphin County  
**Jennings Env Ed Center** (see Moraine State Park)  
  
Lancaster - Historic - Lancaster County  
Lancaster - West - Lancaster County  
Lebanon - Lebanon County  
Lewistown - Mifflin County (see Burnham)  
Lititz - History - Lancaster County  
Lititz - North - Lancaster County  
**Little Buffalo State Park** Newport - Perry County  
  
Manheim - Lancaster County  
**Maurice K Goddard State Park** Sandy Lake - Mercer Cty  
Mechanicsburg - Cumberland County  
**Michaux State Forest** Fayetteville - Cumberland Cty  
**Michaux State Forest** Fayetteville Snow Shoe

**Michaux State Forest** Biglerville Snow Shoe  
Millersville - Lancaster County  
**Mont Alto State Park** (see Michaux State Forest)  
**Moraine State Park** Prospect - Butler County  
**Morrisville Delaware Canal St Pk** - Bucks County  
**Mount Pisgah State Park** Troy - Bradford County  
New Castle DE - New Castle County  
New Holland - Lancaster County  
**New Hope Delaware Canal St Pk**- Bucks Cty and NJ  
**Nolde Forest State Park** Reading - Berks County  
**Oil Creek State Park** Oil City - Venango County  
  
Philadelphia - Ben Franklin Bridge - Philadelphia Cty  
Philadelphia - East - Philadelphia County  
Philadelphia - Schuylkill Banks - Philadelphia County  
Philadelphia - West - Philadelphia County  
**Pine Grove Furnace State Pk** (see Michaux State Forest)  
**Promised Land State Park** Greentown - Pike County  
Punxsutawney - Jefferson County  
Radnor - Delaware County (see Bryn Mawr)  
  
**Shawnee State Park** Bedford - Bedford County  
Shepherdstown WV  
State College - Centre County  
State College - Arboretum - Centre County  
State College - Boalsburg - Centre County  
**Susquehannock State Park** Drumore - Lancaster County  
Thurmont MD - Catocin Park  
Thurmont MD - Town Walk  
**Tioga State Forest** Ansonia- Tioga & Lycoming Counties  
**Tioga State Forest** Ansonia - Tioga & Lycoming C Bike  
Tunkhannock - Wyoming County  
  
Valley Forge - Creek Walk - Montgomery/Chester  
Valley Forge - Historic - Montgomery/Chester County  
Valley Forge - Bike - Montgomery/Chester County  
**Varden Conserv Area** (see Promised Land) Wayne Cty  
  
Wilmington DE - New Caste County  
York Heritage Trail - Northern Ext. - York County  
York Heritage Trail 1 - York County  
York Heritage Trail 2 - York County  
York Heritage Trail 3 - York County  
York Heritage Trail 4 - York County  
York Heritage Trail 5 - York County  
York Heritage Trail 6 - York County

LIBERTY BELL WANDERERS  
(AVA-238)

## ALLENTOWN

LEHIGH COUNTY

Year Round Walk  
January 1 - December 31, 2016

10K/5K  
Trail Rating 2A  
102338 AT16/Y0196

This trail qualifies for Cities in Song, Honoring Our Flag, Lakes and Reservoirs, Trekking With the Trees, Walking the USA A-Z and You'll Never Walk Alone Special Programs.

### Credit Only Event

**Sponsors:** The Liberty Bell Wanderers

**Trail:** The walk will start at Cedar Creek Park. The walk goes through lovely parks on paved trails, through a rose garden and around a lake. The route also passes through Muhlenberg and Cedar Crest College campuses and unique residential areas.

**Start Point: Comfort Suites Motel,  
3712 Hamilton Blvd,  
Allentown, PA 18103**

You must drive about 1 mile from the Motel to the start of the trail. Reservations: 610-437-9100 (Volsmarchers may request a 20% discount from the regular daily rate.)

**Conditions:** Strollers may have some difficulty, but the trail would be hard for wheelchair users. Dogs would be welcome, but must be leashed and their droppings removed. You should carry water. Restrooms are available at the start point.

**Start/Finish Times:** Dawn to dusk. Walk only in daylight hours.

**Fees:** IVV Credit only is \$3.00. You may walk for Free. All are welcome.

**Contact person:** Please contact the following person at least 10 days in advance if your group

has more than 9 people.

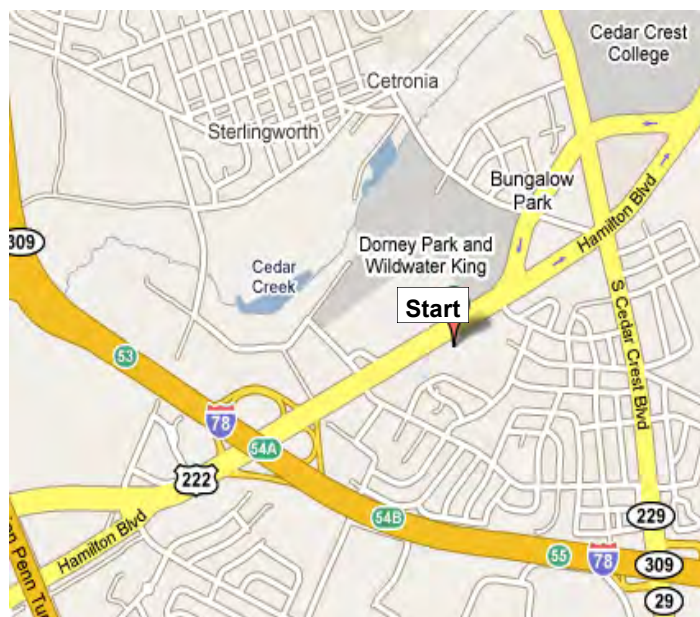
Gayle Hendricks  
484-809-0293  
email: e2feet@gmail.com  
www.libertybellwanderers.net

**Directions: From the East:** On Route 22 take the Route 309 South Exit. Then exit Route 309 at Hamilton (Route 222) Turn left onto Hamilton Blvd. Motel is about 0.3 miles on the Right, next to McDonalds and across from Dorney Park.

**From the South on I-476:** Take the Allentown exit (Turnpike Exit 56). Then take Route 22 East a short distance to Route 309 South. Then exit Route 309 at Hamilton (Route 222) Turn left onto Hamilton Blvd. Motel is about 0.3 miles on the Right, next to McDonalds and across from Dorney Park.

**From the West on I-78:** Take the Hamilton Blvd/Route 222 North Exit toward Allentown. Turn left onto Hamilton Blvd. Motel is about 0.3 miles on the Right, next to McDonalds and across from Dorney Park.

**From the East on I-78:** Take Hamilton Blvd Exit (Route 222 exit) and turn Right onto Hamilton Blvd. Motel is about 0.3 miles on the Right across from Dorney Park.



**Nittany Nomads  
Presents a year round walk in**

**ALTOONA**

BLAIR COUNTY

Jan 2, 2016 to December 31, 2016

10K/5K (6.2/3.1 miles)

Rated 1A 103874 AT16/Y2038

This event qualifies for Bridges, Food for Thought, Honoring Our Flag, National Register of Historic Places, Treasure Hunt, Trekking With Trees, US Post Office, Water Towers, and You'll Never Walk Alone Special Programs.

**START - McDonald's Restaurant  
1500 9th Avenue,  
Altoona PA 16602**

**1-814-943-1521**

Lobby open 6 am to 10 pm Walk only during daylight hours. Parking is available.

**HISTORY**

The Altoona area was originally inhabited by native Americans of the Iroquois Confederacy. The first western settlers arrived in the mid 1700's. A series of stockades were constructed in the region as a defense against Indian raids including Fort Roberdeau.

In 1811, iron making began at the Allegheny Furnace. The owner of the furnace built the Baker Mansion nearby. By 1831, the Main Line of the PA Canal was extended west to nearby Hollidaysburg. The Canal connected to the Allegheny Portage Railroad in 1834, which hoisted boats over the Allegheny Ridge on primitive rail cars.

The PA Railroad was chartered by Pennsylvania in 1846. In 1849, the Railroad began developing the community that became Altoona - as a staging area for the construction of the rail line. By 1850, the railroad had been constructed from Harrisburg west to Altoona. The Allegheny Ridge was a major barrier to the completion of an east-west railroad across Pennsylvania. Through innovative engineering, the Horseshoe Curve was completed in 1854 west of Altoona to provide a westward passage at a grade that was gradual enough for heavy trains. It is now designated a National Historic Landmark. By 1880, Altoona's population had reached almost 20,000.

The original rail yard was centered in the vicinity of the present-day Station Mall. (the start point is in this mall) Other industries included silk, meat-packing and clothing.

Penn State Altoona opened its own doors in 1939 to 119 freshmen and nine faculty members in downtown Altoona. On July 1, 1997 the Penn State Altoona Campus became Penn State Altoona, a four-year baccalaureate degree-granting college of the University.

**TRAIL:** This is an easy walk through downtown Altoona and Penn State Altoona campus. Part of the walk is on a bike route. There are some hills.

**GENERAL INFORMATION:** The trail is suitable for strollers and wheelchair users, but there may be some difficulty. Pets are allowed on leashes. Please clean up after them. Food, water and restrooms are available at the start.

**FEES:** IVV Credit Only - \$3.00. You may walk for free. A trail may be completed twice on the same day at no additional charge.

**DIRECTIONS: From I-99/US Route 220:** Take Exit 33 (17th Street). Turn slight right onto 17th Street. Drive 1.6 miles and turn right onto 9th Avenue. McDonald's is on your left.



**ADDITIONAL INFORMATION:**

Contact Judy Yost  
820 E Crawford Avenue, Altoona PA 16602  
814-942-1457 email her at: [jpyost1@verizon.net](mailto:jpyost1@verizon.net)  
[www.ksva.net](http://www.ksva.net) or [ava.org](http://ava.org)



**Liberty Bell Wanderers  
(AVA - 238)**

Year Round Walk in

# BETHLEHEM

Jan 1 - Dec 31, 2016

NORTHAMPTON and LEHIGH COUNTIES

## North Walk

**Rated 2B 10K and 5K  
102339 AT16/Y0717**

Trail qualifies for Bridges, Cities in Song, Food For Thought, Honoring Our Flag, National Register of Historic Places, Take a Walk City Park, Walking the USA A-Z, and You'll Never Walk Alone Special Programs.

## IVV Credit Only

**Location:** The Liberty Bell Wanderers invite you to walk historic Bethlehem. Founded in 1741 by Moravian immigrants as a closed, religious village, the City has a rich historical and cultural heritage.

**Start/Finish:**

**Hotel Bethlehem  
437 Main Street**

**Bethlehem, PA 18018**

For Hotel Reservations - call 610-625-5000  
Open Dawn to Dusk

**SPECIAL NOTE:** There are several annual events in Bethlehem that will make the city crowded - Bach Festival in May, Musikfest in August, Celtic Festival in September, and the entire month of December.

**Procedures:** When you arrive, ask for the walk box and follow enclosed instructions. Please be patient this is a business. No pre-registration, no refunds. Groups of 10+ may call Point of Contact for assistance.

**Awards:** Fees are \$3.00 for IVV Credit, or walk for free; please plan to pay all fees by check. All are welcome.

**Trail:** Walk city sidewalks through historic Moravian Bethlehem. Walk through the campus of Moravian College, past Revolutionary War markers and sites and Victorian era homes. Walk through the Colonial Industrial Quarter, a center featuring pre-Industrial Revolution crafts, trades and workshops including the 1762 Waterworks, a National Historic Landmark. The walk also features a section of the Lehigh Canal on an island in the Lehigh River.

**Conditions:** Please walk only during daylight hours and not during severe weather conditions. Water and restrooms will be available at the Start and along the route. Food and drinks will be available nearby along Main St. No littering. Pets must be leashed. Lack of curb cuts will make trail unsuitable for wheelchairs and of medium difficulty for strollers.

**Directions:** (See map) **From South:** Take Rt. 309 N to Rt. 378 N into town. As you exit onto Main Street, Hotel is on your left. (See \* below)

**From East:** Go I-78 W To NJ Exit 3 (US Route 22 W). Take US Route 22 about 16 miles to PA Route 378 S. \*\*

\*\*Then take PA Route 378 Exit 3 (Center City), and bear Left onto 3rd Ave; make Left onto Broad St. Make a Right at next light onto Main St. and continue 2 blocks to Hotel on your right. (Parking see \* below)

**From North or South via Turnpike:** Take I-476 to exit 56 (Lehigh Valley) then US Route 22 East to PA Route 378 S. Follow directions \*\* above. (Parking see \* below)

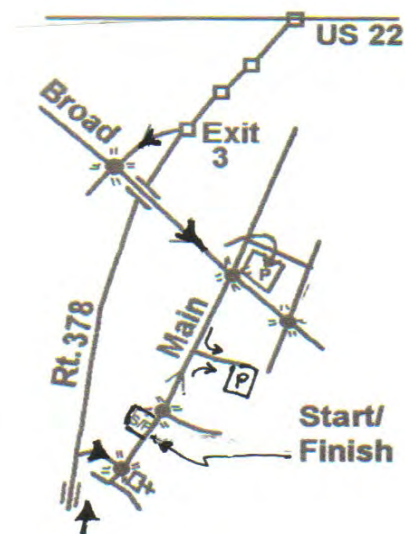
**From West:** Take I-78 East to Exit 51 (US Route 22 E). Follow Route 22 E about 10 miles to PA Route 378 S. Follow directions \*\* above. (Parking see \* below)

\*A parking garage is located on Walnut off of Main (closest to Hotel) and Union and Main. (Note "P" directional signs – Meters are free on Sundays)

**Point of Contact:**

Gayle Hendricks  
484-809-0293  
e2feet@gmail.com

[www.libertybellwanderers.net](http://www.libertybellwanderers.net)



**Liberty Bell Wanderers**  
(AVA - 238)

Year Round Walk in  
**BETHLEHEM**

Jan 1 - Dec 31, 2016

NORTHAMPTON AND LEHIGH COUNTIES

**South Walk**

**Rated 2A 10K and 6K**  
**102345 AT16/Y0667**

Trail qualifies for Amphitheatre's, Bridges, Cities in Song, Fraternal Organization, Honoring Our Flag, Water Fountains, National Register of Historic Places, State Street Sashay, Take a Walk in City Park, US Post Offices, Vice Presidential Walks, Walking the Path of Inventions, Walking the USA A-Z and You'll Never Walk Alone Special Programs.

**IVV Credit Only Event**

**Start/Finish:**

**Comfort Suites - University**  
**120 W Third Street**  
**Bethlehem PA 18015**

For Hotel Reservations - call 610-882-9700  
Open Dawn to Dusk

**SPECIAL NOTE:** There are several annual events in Bethlehem that will make the city crowded - Bach Festival in May, Musikfest in August, Celtic Festival in September, and the entire month of December.

**Procedures:** When you arrive, ask for the walk box and follow enclosed instructions. Please be patient this is a business. No pre-registration, no refunds. Groups of 10+ may call Point of Contact for assistance.

**Fees:** Fees are \$3.00 for IVV Credit, or walk for free; please plan to pay all fees by check. All are welcome.

**Trail:** The walk takes you through Lehigh University, the South Bethlehem Greenway (rail-trail), and through the former Bethlehem Steel property. The redeveloped area includes a casino, hotel, outlet mall, PBS station, arts campus, skating rink, and of course the Steel ruins. A new addition to the walk is the 2,000 foot long trestle which recently opened as a public walkway on the former Bethlehem Steel campus. The trestle was once used as a narrow gauge railroad to carry coke, limestone and iron ore to the blast furnaces. The walk continues into Fountain Hill past the mansions of 19th century Bethlehem movers and shakers.

**Conditions:** Please walk only during daylight hours and not during severe weather conditions. Water and restrooms will be available at the Start and along the route. No littering. Pets must be leashed. Lack of curb cuts will make trail unsuitable for wheelchairs and of medium difficulty for strollers.

**Directions:** (See map) **From South:** Take Rt. 309 N to Rt. 378 N toward Bethlehem. Go about 6 miles and turn right on Broadway, then left on Brodhead Ave (Route 412). Enter parking lot from Brodhead Ave. Walkers are instructed to park in the back of the lot.

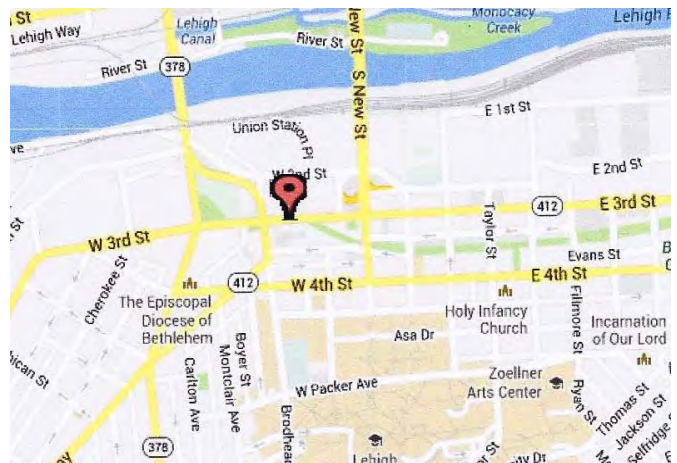
**From East:** Go I-78 W to exit 67 for PA-412/Hellertown/Bethlehem. Turn right on PA-412. Follow highway signs for 4 miles. As you approach the Sands Casino, the road becomes Daly Ave, then 3rd St. Turn left on Brodhead Ave and enter the hotel parking lot. Walkers are instructed to park in the back of the lot.

**From North or South via Turnpike:** Take US-209 S and continue onto PA-33 S. Take the exit for US-22 W toward Bethlehem/Allentown. Exit onto PA-378 S toward Bethlehem. Travel 4 miles until freeway ends: merge to left lane. Slight left turn on 3rd St to bottom of hill. Turn right on Brodhead Ave and a quick left into hotel parking lot. Walkers are instructed to park in the back of the lot.

**From West:** Take US-22 E to PA-378 S toward Bethlehem. Continue with directions from above. Parking lot entrance is on Brodhead Ave. Walkers are instructed to park in the back of the lot.

**Point of Contact:**

Gayle Hendricks  
484-809-0293  
e2feet@gmail.com  
www.libertybellwanderers.net



**Nittany Nomads**  
**Presents a seasonal walk in**  
**Black Moshannon State Park**

**Philipsburg PA**  
CENTER COUNTY

May 28, 2016 to September 5, 2016  
10K (6.2 miles) or 5K (3.1 miles)

Rated 1A 104091 AT16/Y1878



This event qualifies for Boardwalks, Bridges,  
Honoring Our Flag, Lakes and Reservoirs  
Special Programs.

It also qualifies for the KSVa County Program  
and KSVa State Parks and Forests Challenge.

**LOCATION:** Black Moshannon State Park covers 3,394 acres of forests and wetlands that provide recreational opportunities for thousands of visitors. The park conserves unique, natural environments and is in Centre County on PA 504, nine miles east of Philipsburg. More than 43,000 acres of the Moshannon State Forest surround the park and help create a remote and wild setting.

According to local tradition, American Indians called this watershed "Moss-Hanne," meaning "moose stream," thus the origin of the park's name. Appropriately, the "black" in the park name describes the tea-colored waters. The 250-acre Black Moshannon Lake is fed by clear springs and small streams which flow through the bogs that stretch in most directions from its shores. As the clear water flows through sphagnum moss and other wetland plants, it becomes colored by plant tannins. In a sense, the bog vegetation acts like a giant teabag to color the water.

**START/FINISH:**

**Black Moshannon State Park Office**  
4216 Beaver Rd  
Philipsburg PA 16866  
814-342-5960

**HOURS:** Mon-Fri 8 am to 4 pm ;Sat 10am to 4pm;  
Sun noon to 4pm

**Note:** Due to funding constraints, park office

hours may be reduced. Recommend you contact the park office and confirm they are open.

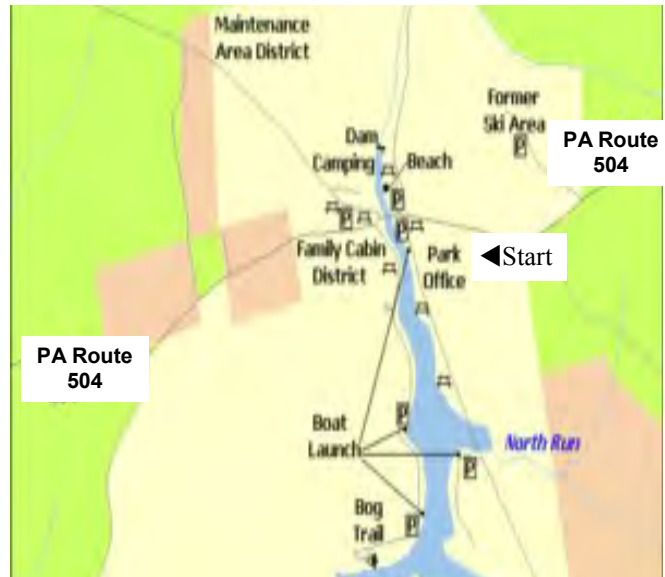
**TRAIL:** The 5K Trail is on hard surfaces and natural surface trails. It is suitable for wheel chairs and strollers and would be rated 1`B. The 10K trails is steeper and has more rocks and roots on the trail.

**AWARD:** "A" award and IVV Credit is \$8.00. The 3"x3" embroidered award patch depicts a wild turkey as shown to the left. IVV credit only is \$3.00. You may walk for free. A trail may be completed twice on the same day at no additional charge.

**GENERAL INFORMATION:** Strollers may have some difficulty; the trail is not recommended for wheelchair users. Pets are allowed on leashes. Water and restrooms are available at the start.

**DIRECTIONS: From State College:** Take PA Route 322 West to Philipsburg. Then PA Route 504 S. After entering Black Moshannon State Park and crossing bridge, turn right on Beaver Rd and go 1/8 mile to the Park Office on left. The start box is on the bookshelf.

**From other places:** take your favorite route to Philipsburg. Then follow the directions above.



**ADDITIONAL INFORMATION:**

Contact Ann Shepherd at 814-237-5960 or email her at: [annopfurnace@yahoo.com](mailto:annopfurnace@yahoo.com)

767 Beaver Bridge Road  
Penna Furnace, PA 16865  
[www.ksva.net](http://www.ksva.net) or [ava.org](http://ava.org)





# LIBERTY BELL WANDERERS (AVA - 238)

## BRYN MAWR

Year Round Walk in MONTGOMERY COUNTY

January 1 - December 31, 2016

Rating 2A 10/5K 103598 AT16/Y0431

This event qualifies for Honoring Our Flag, National Register of Historic Places, Trekking With Trees, Walking the USA A-Z, and You'll Never Walk Alone Special Programs.

### B Award

**Trail:** A walk in the town of Bryn Mawr passing 2 universities and fashionable residential areas. With beautifully maintained older homes typical of what is found along Philadelphia's Main Line. You will drive to the start - driving directions are on the walk directions.

## RADNOR

Year Round Walk in DELAWARE COUNTY

January 1 - December 31, 2016

Rating 1A, 10/6K 103599 AT16/Y0432

This event qualifies for Honoring Our Flag, Lakes and Reservoirs, National Register of Historic Places, Take a Walk in City Park, Trekking with Trees, Walking the USA A-Z, and You'll Never Walk Alone Special Programs.

### B Award

**Trail:** The trail begins on a paved rails-to-trail lined with trees through quiet neighborhoods. It continues thru the downtown area of Wayne passing by an art-deco movie theater, shops, restaurants, and a Tudor-style historic hotel. The trail then goes through older stylish neighborhoods and onto the campus of Eastern University.

**Start Point for both walks: The Radnor Hotel**  
**591 East Lancaster Avenue**  
**St. Davids, PA 19087**  
610-688-5800

**Attention GPS users, please enter the following address: 591 E. Lancaster Avenue, Wayne, PA 19087**

After registering you will drive about 3 miles to the Walk Start Point for Bryn Mawr Trail. The Radnor Trail starts at the hotel.

**Start/Finish Times:** Dawn to Dusk

**Procedures:** At the start point, ask the registration desk for the Walk Box. Read the directions included in the box for registration. Pick up a start card, map, directions, and carry a pencil to record checkpoints.

**Fees:** IVV credit only is \$3.00. B Award and Credit is \$5.00. This event is free to persons who wish to participate without receipt of award or IVV credit. All are welcome.

**Conditions for both trails:** Pets are welcome, but must be leashed at all times. No littering, please. Walk during daylight hours only. This walk will be easy for strollers but medium difficulty for wheelchairs. Restrooms are available at the start point. Please carry water.

**Contact Person:** Pat Graeber (610) 287-3065  
pgraeber17@gmail.com  
[www.libertybellwanderers.net](http://www.libertybellwanderers.net)

**Directions: From Lancaster PA area:** Take Route 30 to Wayne, St. Davids, Radnor area. Turn Left on Radnor-Chester Road. Parking entrance 1 block on left.

**From the West on the PA Turnpike:** Travel East on I-76 to Exit 326 (Valley Forge). Continue East on I-76 (Schuylkill Expressway/Philadelphia) to Exit 331A (Chester, I-476 South). Take I-476 South to Exit 13 (St. Davids/Villanova, Route 30). At the bottom of the Exit, turn left onto Route 30 West. The Radnor Hotel is a quarter mile on the right side.

**From the East on the PA Turnpike:** Travel West on I-276 to Exit 20 (Philadelphia, Chester). Bear left for I-476 South to Exit 13 (St. Davids/Villanova, Route 30). At the bottom of the exit, turn left onto Route 30 West. The Radnor Hotel is a quarter mile on the right side.

**From I-476 North and South:** Exit I-476 at Exit 13 (St. Davids). Turn Left onto Route 30 (Lancaster Avenue). Hotel is located about 1/2 mile on Right.

**From the East (Philadelphia, City Line Ave.):** Travel West on I-76 to Exit 331A (Chester, I-476 South) LEFT HAND EXIT. Take I-476 South to Exit 13 (St. Davids/Villanova/Route 30). At the bottom of the Exit ramp, turn left onto Route 30 West. The Radnor Hotel is a quarter mile on the right side.

**From the West (King of Prussia):** Travel East on I-76 to Exit 331A (Chester, I-476 South). Take I-476 South to Exit 13 (St. Davids/Villanova/Route 30). At the bottom of the Exit, turn left onto Route 30 West. The Radnor Hotel is a quarter mile on the right side.



# SUSQUEHANNA ROVERS BURNHAM

Year Round Walk in MIFFLIN COUNTY  
January 2 - December 31, 2016

5K/6K/11K (3.1/3.7/6.8 miles) Trail Rating 1A  
103239 AT16/Y1377

## IVV Credit Only Event

This event qualifies for the Animal Safari, Bridges, Food for Thought, Honoring Our Flag, Take a walk in a City Park, Treasure Hunt, Trekking With Trees, United States Post Offices, Walk USA Street by Street, and You'll Never Walk Alone Special Programs.

and

# LEWISTOWN

Year Round Walk in MIFFLIN COUNTY  
January 1 - December 31, 2016

5K/10K (3.1/6.2 miles) Trail Rating 2A  
103227 AT16/Y0857

## IVV Credit Only Event

This event qualifies for Animal Safari, Bridges, Food for Thought, Water Fountain, Honoring Our Flag, National Register of Historic Places, Take a Walk in a City Park, Treasure Hunt, Trekking With Trees, United States Post Offices, Walk USA Street by Street, and You'll Never Walk Alone Special Programs.

**BURNHAM:** The Borough of Burnham is about 63 miles from Harrisburg and close to Lewistown. It is named for a town in England. It is home to the Standard Steel Company (formerly Freedom Forge) which has been making iron and steel products since 1795 and is likely the oldest continuously operating forging company in America. Standard Steel has served the railway industry since its inception. In 1904 the company produced the first solid forged and rolled wheel in the United States. The Kishacoquillas Creek (2nd Loop) is named for Chief Kishacoquillas a Shawnee Chief whose tribe occupied the area in the 1700s.

**TRAIL:** The trail is on paved roads through the Borough of Burnham and surrounding country side. The trail is two loops so you can use the restrooms at the YMCA in the middle of the trail. A portion of the trail goes through Derry Township Community Park with picnic and camping facilities, miniature golf, batting cages, several baseball fields, and the Theatre in the Park.

## LEWISTOWN:

The borough was incorporated in 1795 and was named for William "Bill" Lewis, a Quaker and a member of the legislature, who was responsible for the designation of the borough as the county seat of Mifflin County. During the late 19th century Mifflin County became the crossroads of the Commonwealth. Located near the geographic center of the state, the area became a hub for traffic moving in every direction. Early roads crisscrossed the region, but it was the eventual construction of the Pennsylvania Canal and the

railroads that followed that truly positioned Mifflin County as an economic force in the state. But with the demise of the canal system, Mifflin County eventually lost its place as a major transportation hub. After Tropical Storm Agnes in 1972 businesses didn't rebuild in Lewistown. Lewistown is home to the Pennsylvania State Fire School, which is the only such facility in the state.

After registering at the YMCA in Burnham, you will drive 4.2 miles to Mifflin County Library in Lewistown to start the walk. There is ample parking. Please use the back of the lot. Driving directions will be on the trail instructions.

**TRAIL:** The walk is mostly on sidewalks and paved walkways. The 10K goes to the must see Stone Arch Bridge. The 5K is on a portion of a rail trail. Strollers and wheelchairs will have some difficulty. Pets are welcome. You should carry water. Restrooms are available if the Library is open.

## START/FINISH FOR BOTH EVENTS:

**Juniata Valley YMCA**  
105 1st Ave, Burnham, PA 17009  
717-248-5019 www.jvymca.org

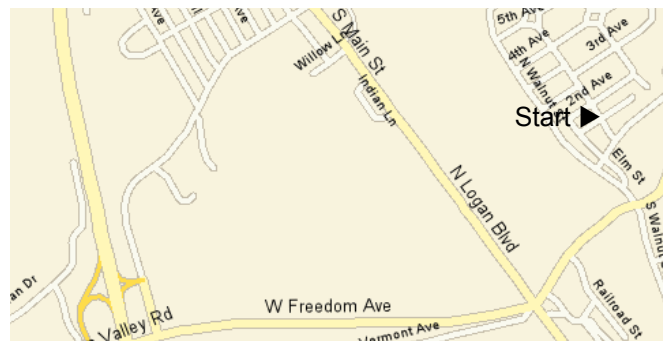
**HOURS:** Monday - Friday 5am -10 pm; Saturday (Fall/Winter 7 am - 5 pm, Summer 7 am-noon); Sunday (Fall/Winter 1 pm - 7 pm, Summer 1 pm - 5 pm). Closed all major holidays. Walk daylight hours only. If in doubt, call.

**FEES:** This event is Free to those who wish to participate without receipt of IVV credit. IVV credit only is \$3.00. Children 12 and under are not charged for IVV Credit.

**GENERAL INFORMATION:** Pets are welcome, but leash and scoop laws are enforced. Restrooms are available at the YMCA at the start and at Burnham, the halfway point. Strollers may have difficulty.

**DIRECTIONS: From East:** On Route 322, take the Burnham/Yeagertown Exit; Turn right at the stop sign to Ferguson Valley Road; \*\*turn left onto Ferguson Valley Road; Follow this road through 2 traffic lights; turn left at the 3rd traffic light; bear right at the Y in the road. At the stop sign go straight into the YMCA parking lot.

**From the West:** On Route 322, take the Burnham/Yeagertown Exit; at the stop sign turn left onto Ferguson Valley Road and then follow the directions from the \*\* above.



## ADDITIONAL INFORMATION:

Call Joyce Krow at 717-527-4798 or email jakrow@centurylink.net or write to: The Susquehanna Rovers Volksmarch Club, 5598 Groninger Valley Rd, Port Royal, PA 17082 Event website: www.avaclubs.org/srv



Cumberland Valley Lead Foot Club

## Caledonia State Park

Fayetteville

Year Round Walk and Seasonal Swim  
In Franklin County

**Walk January 1 - Dec 31, 2016**

5K/10K Trail Rating 2C 102735 AT16/Y1742

**Swim May 28 - September 5, 2016**

300 meters 102733 AT16/Y1741



The walk qualifies for Bridges, Honoring Our Flag, and Trekking with Trees Special Programs. It also qualifies for the KSVa County Program and KSVa State Parks and Forest Challenge.

**LOCATION:** Caledonia State Park was once the site of an iron furnace owned by Thaddeus Stevens, a native of Caledonia County, Vermont. Stevens began operation on the furnace in 1837. The iron furnace was destroyed during the American Civil War in June 1863 by the Confederate cavalry under the command of General Jubal Early. Some historians believe that the furnace was destroyed not just to slow the industrial power of the Union but also because of Stevens' views opposing slavery. The pastures surrounding the furnace were used as field hospitals during the Battle of Gettysburg later in July 1863. The furnace was rebuilt following the war, but was closed by 1902 when the land was sold to the state. Caledonia State Park was opened in 1903.[]

### START POINT:

**Rutter's Store #5**

**6837 Lincoln Way East, Fayetteville PA 17222**  
717-401-0626

**START/FINISH TIMES:** Daily from dawn to dusk.

**TRAIL:** The route consists of two 5K loops within Caledonia State Park. Either loop may be done for 5K credit. Both loops must be done for 10K credit.

**SWIM:** The pool is 75 feet across. A 300 meter swim event requires that you complete 6 1/2 laps. The pool has changing rooms with benches and showers but there are not wall lockers. Most swimmers put their clothes inside a duffle bag or day pack and leave it outside in the pool area. Pool hours are 11 am to 7 pm . Only open

weekends until June 10 when it begins 7 days a week operation. It may be closed weekdays in mid August.

**PROCEDURES:** Register at the start point. Restrooms are available at the start. Water should be carried. Parking lot is available. Insect repellent should be used for the walk.

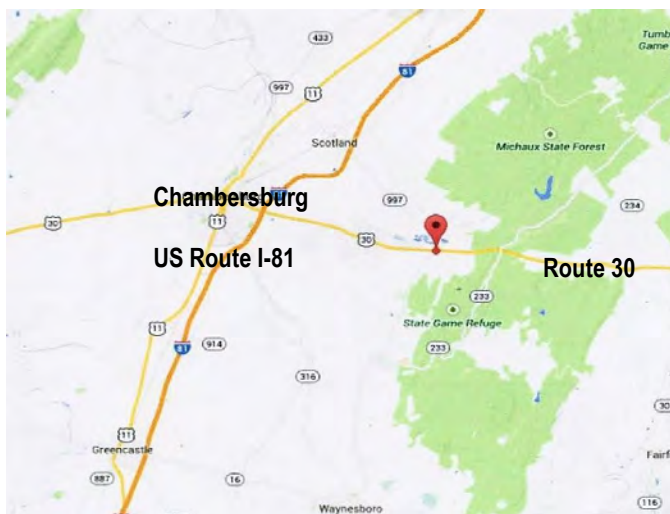
**FEES:** Award is a 3x3 embroidered patch which features Pennsylvania State Flower, the rhododendron. Award and IVV Credit is \$7.00. IVV Credit Only is \$3.00. This event is free to persons who wish to participate without receipt of IVV credit. All are welcome but they must register.

**Fees for the pool:** The daily admission rate for the pool is \$5.00 (enter after 4 pm and fee is \$4); Senior Citizens (62 and over) and children under 42 inches tall is \$4.00. This fee is in addition to the IVV fees.

**CONDITIONS:** For the walk, the use of strollers and wheelchairs is not recommended. Pets are welcome, but must be leashed and cleaned up after. Restrooms are at the start.

**DIRECTIONS:** From I-81 in Chambersburg, take Lincoln Way East/US -30 east towards Gettysburg for 6 miles. Rutter's is on the left at the intersection of US-30 and PA-997 south.

**From square in Gettysburg:** Take Chambersburg St/ US 30 west towards Chambersburg for 17 miles. Rutter's is on the right at the intersection of US-30 and PA-997 south.



### ADDITIONAL INFORMATION:

Lorraine and Tom Jackson  
717-677-6511

thomasjackson@embarqmail.com  
1287 Shippensburg Rd, Biglerville PA 17307  
www/ksva.net or ava.org



## SUSQUEHANNA ROVERS VOLKSMARCH CLUB

### CAMP HILL

Year Round Walk in CUMBERLAND COUNTY

**January 2 to December 31, 2016**  
**11K/5K (6.8/3.1 Miles) Trail Rating 1A**  
**103234 AT16/Y0976**

Eligible for Animal Safari, Bridges, Food for Thought, Honoring Our Flag, State Street Sashay, Take a Walk City Park, Trekking With Trees, US Post Offices, Walk the US Street by Street, Walking the USA A-Z, Water Towers, and You'll Never Walk Alone Special Programs.

**Location:** The name Camp Hill is believed to stem from a split in the congregation of Peace Church, which is located west of the current borough. One faction of the church began meeting outdoors in tents on a hill, therefore the name - Camp Hill. The Church of God now stands on that hill. Prior to the American Civil War, the area was locally known as White Hill (for Robert Whitehill) which served as a stop along the railroad between Harrisburg and Carlisle. During the Civil War, the Battle of Sporting Hill became the northernmost engagement of the Gettysburg campaign which took place in Camp Hill in late June 1863. Camp Hill was incorporated as a borough in 1885.

Originally named Bridgeport in 1883 and then Riverton in 1888, Lemoyne was finally named in honor of a French soldier, Charles LeMoyne who had once explored the Ohio River and later settled near Harrisburg. The town was incorporated in 1905. On the overlook of the Susquehanna River, is the earthworks of Fort Couch from the Civil War. Fort Washington was also there to protect Harrisburg, but homes and roads now cover the spot, but a marble marker at Fort Couch talks about both forts.

**Start Point: Enclosed Front Porch of Pat Eby's Home**  
**19 N. 27th St, Camp Hill, PA 17011**  
717-761-1338 or 379-8945

**Walking Trail:** The trail will go past the PA Bakery, Masonic Temple, the northern point of the Confederate invasion, passing Willow Park in Camp Hill and a Diner in Lemoyne to the heights of Lemoyne at Fort Couch and Fort Washington. The breastworks are still visible at Fort Couch and there is a lovely monument honoring the Civil War soldiers efforts. The trail is mostly hard surfaces with many hills, but only 1 significant hill..

**Start Time:** Dawn

**Finish Time:** Finish before dusk.

**Award:** This is a credit only event. IVV Credit is \$3.00. You may walk for free. Children 12 and under are not charged for IVV credit.

**General Information:** Pets are welcome, but leash

and scoop laws are enforced. There are several restaurants and cafes along the way. If owner is home, the rest room will be available. Otherwise, find a rest room before arriving. If walking during the week, the Camp Hill Boro Offices has a rest room as does the Cornerstone Coffeehouse and the Frederickson Library. Strollers will have some difficulty, but wheelchairs will not be able to do the hill. Water should be carried.

**Procedures:** Pick up start cards, and directions from the Walk Box on the enclosed porch. Complete the registration log and start cards as directed. Porch is always open for walkers.

**Directions:** From I-83, I-81, Route 11 North, or Route 581, take the Camp Hill Exit. Proceed thru several traffic lights staying in the right hand lane. Bear right at Friendly's Restaurant (Market St). Turn left at N 27th St. The house is tan and half way up the hill on the right side.

**From Harrisburg:** If using the Harvey Taylor Bridge, continue and bear left at the 21st St South exit. Turn left at the traffic light at 21st St. Turn right at the next traffic light (Market St). Turn right on N. 27th St. The house is tan and half way up the hill on the right side.

If using Market Street Bridge, go straight up hill under the railroad bridges. Continue on Market Street. Turn right on N 27th St. The house is tan and half way up the hill on the right side in the first block.

**From Routes 11/15 South:** Turn right on 11/15 to leave river. Bear left to take the 21st St South exit. Turn right at Stop Sign and then left at the traffic light (21st St). Turn right at the next traffic light (Market St). Turn right on N 27th St. The house is tan and half way up the hill on the right side.

**Contact person:** Pat Eby 717-379-8945  
19 N. 27th St, Camp Hill, PA 17011  
[www.avaclubs.org/SRVC](http://www.avaclubs.org/SRVC) [patriciaeby@verizon.net](mailto:patriciaeby@verizon.net)



## SUSQUEHANNA ROVERS

# CARLISLE

Year Round Walk in CUMBERLAND COUNTY

January 2 - December 31, 2016

10K/6K (6.2/3.7 miles) Trail Rating 1A  
103235 AT16/Y1598

This trail qualifies for Bridges, Food for Thought, Honoring Our Flag, National Register of Historic Places, Take a Walk City Park, Trekking With Trees, US Post Office, Walk the USA Street by Street, Walking the USA A-Z, and You'll Never Walk Alone Special Programs.



**LOCATION:** Carlisle is the county seat of Cumberland County. It is about 22 miles from Harrisburg, The Borough of Carlisle was originally laid out and settled in 1751 by Scots-Irish immigrants. During its earliest years, Carlisle was situated near major Indian hunting grounds.

The name Carlisle was selected after its namesake, the county seat of Cumberland County in England. In the French and Indian War, Carlisle was the western point at which British Crown regiments bivouacked. As early as the colonial period, Carlisle was a major jumping-off point for travel west to the Ohio Valley and it continues to be a major crossroad. From 1870 to 1918, the U.S. Army operated the Indian Industrial School, which was the period's effort to educate the Native Americans. Today, the old school is home to the U.S. Army War College and trains senior Army officers from the U.S. and allied countries.

President James Buchanan graduated from Dickinson College. Jim Thorpe attended the Carlisle Indian School. There are two Historic Churches from the 1700's - First Presbyterian and St. John's Episcopal Church.

**TRAIL:** The 10K trail includes the historic district, a portion of Dickinson College. The 6K trail includes some of the historic district and all of the special programs except for the US Post Office. The trail is mostly on sidewalks (with curb cuts) and paved paths. The trail is suitable for wheelchairs and strollers. Restrooms are at the start point. Water should be carried.

**START/FINISH:** Comfort Suites  
10 South Hanover Street  
Carlisle, PA 17013

Ask for the Walk Box at the registration desk.

**HOURS:** Dawn to Dusk

**AWARD:** The "B" award is a 4" multicolored patch depicting Molly Pitcher. She was the heroine of the Revolution War. She is buried in Carlisle. It is shown to the left. There are only a few remaining.

**FEES:** This event is Free to those who wish to participate without receipt of award or IVV credit. IVV credit only is \$3.00. Credit and Award is \$4.00. Children 12 are not charged for IVV Credit. All are welcome.

**GENERAL INFORMATION:** Pets are welcome, but leash and scoop laws are enforced. There are many restaurants and cafes along the way. The parking garage is free on Sunday, but charges 50 cents an hour on other days.

**DIRECTIONS: From North or South:** Take I-81 to Exit 47B (old Exit 14) (Route 34 N.). Take exit toward Carlisle (Rt. 34 North) to the 4th traffic light (Pomfret Street). Turn left. There is a parking garage on right. After parking, exit the parking garage out to Hanover Street. Comfort Suites entrance is on your right). Hope to see you on the trail!



### ADDITIONAL INFORMATION:

Call Sandy Smith at 717-737-0026,  
email her at [srsmith527@yahoo.com](mailto:srsmith527@yahoo.com)

or write to:

Sandy Smith  
527 Penn Ayr Rd,  
Camp Hill PA 17011-1056  
[www.avaclubs.org/SRVC](http://www.avaclubs.org/SRVC)



**CUMBERLAND VALLEY LEAD FOOT CLUB**  
Twenty Sixth Annual Year Round Walk

**CHAMBERSBURG**  
FRANKLIN COUNTY

5K (3.1 miles) or 10K (6.2 miles) Trail Rating 1A  
103159 AT16/Y0127  
January 2 - December 30, 2016

This event qualifies for Animal Safari, Bridges, Civil War Battlefields, Fraternal Organizations, Honoring Our Flag, Water Fountains, National Register of Historic Places, Trekking With Trees, US Post Offices, Walk the USA-Street by Street, and You'll Never Walk Alone Special Programs.

**LOCATION:** This is a walk through the historic borough of Chambersburg, a community in South Central Pennsylvania. Chambersburg has distinctive architecture, a lovely college campus, (Wilson College), and a waterfall with historic significance in the center of town.

**TRAIL:** The trail is basically on sidewalks. It is suitable for strollers, and for wheelchairs with slight difficulty. There are sections of uneven brick sidewalks. The trail is through historic Chambersburg and Wilson College Campus. Pets are allowed, but not in the start point.

**START/FINISH:**  
**Olympia Candy Kitchen**  
43 South Main Street,  
Chambersburg, PA 17201  
717-263-3282

**DATES:** January 2nd through December 30, 2015, except Memorial Day, July 4th, Labor Day, Thanksgiving Day, Christmas Eve and Christmas Day. Call the store for hours around the Christmas holidays.

**HOURS:** Mon thru Thursday and Sat - 10 am-5 pm; Friday - 10 am until 6 pm. Sunday - closed.

**PROCEDURES:** WALK DURING DAYLIGHT HOURS ONLY. Finish the walk by dusk. If you wish to start the walk before Olympia Candy Kitchen opens, please register the day before or make arrangements with the Point of Contact.

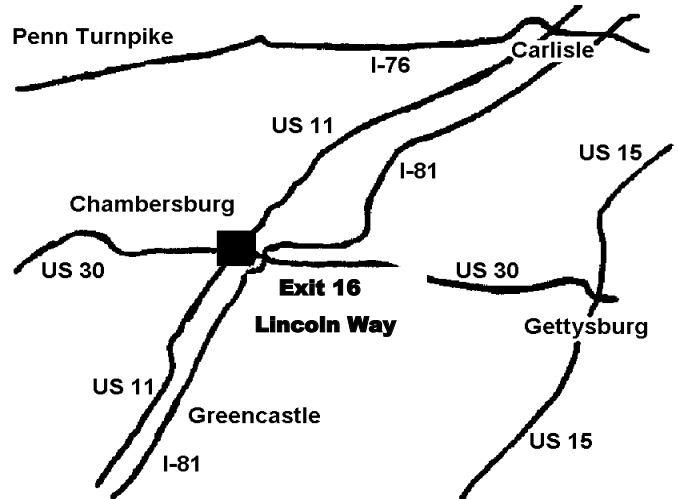
**AWARDS and FEES:** Some awards from prior events are in the walk box. They are available as "B" awards for \$3.50 including IVV credit.

IVV credit is \$3.00. This event is Free to those who wish to participate without receipt of IVV credit, but each person must register. All are welcome.

**GENERAL INFORMATION:** Water and restrooms are available at downtown restaurants and coffee shops near the Start Point, and also at the checkpoint. The Olympia Candy Kitchen has agreed to participate in this year-round event as a public service. Please be patient and allow them to take care of their regular customers first. No restroom at Start Point.

**DIRECTIONS: From I-81:** Take exit 16 (US 30 W, Lincoln Way). US 30 W into downtown Chambersburg. After the intersection at Third Street, get in left lane. Go around/through the Square in the left lane (fountain is in the middle). 1/2 block beyond square, turn left in front of sign for M&T Bank. Park in main lot, then take walkway with green awnings. Candy Kitchen is on the right at end of walkway. Ask clerk for Walk Box.

**From the West:** Take US 30 East. Entering Chambersburg, after US 30 bears right, go through Franklin Street light. Cross bridge, turn left into parking Lot. Take walkway as described above. Ask clerk for Walk Box.



**ADDITIONAL INFORMATION:**  
Frances Humelsine  
fhumel@innernet.net 717-263-8633  
408 Benjamin Dr  
Chambersburg, PA 17201  
www.ksva.net or ava.org



## LIBERTY BELL WANDERERS

# COLLEGEVILLE

Year Round Walk in Montgomery County  
January 1 – December 31, 2016

13K/10K/5K Trail Rating 1A  
102325 AT16Y0618

### Credit Only Event

Trail qualifies for Bridges, Fraternal Organization, Honoring Our Flag, National Register of Historic Places, Take a Walk in City Park, Trekking With Trees, US Post Offices, Walking the USA A-Z, Water Towers and You'll Never Walk Alone Special Programs.

**General Information:** This walk takes you through the campus of Ursinus College passing a number of interesting sculptures on the campus and along the Great Reading Road where Washington and the Continental Army encamped from Sept. 19-22, 1777. See Augustus Lutheran Church which was a Revolutionary War Hospital. The walk also goes along a section of the Perkiomen Trail and through the town of Collegeville.

**Trail:** The trail is mostly on shaded sidewalks and tree lined hard surface trails. It is suitable for strollers but not recommended for wheelchairs. You should carry water. Pets are allowed, but should be leashed and poop bags should be carried.

**Registration Location:** Redners, Marketplace at Collegeville Shopping Center, 201 Second Ave. Collegeville, PA 19426 610-454-9709

**Start Time:** 7:00 AM

**Finish Time:** Must be finished by DUSK.

**Fees:** There is no award for this event. IVV Credit is \$3.00. You may walk for Free. Everyone is welcome.

**Procedures:** Box is located at check out counter near the "Express Shop" sign. Pets must be leashed. (Their droppings must be removed). No littering.

**Restrooms and Water:** There is a restroom at the start point. Recommend you carry water with you.

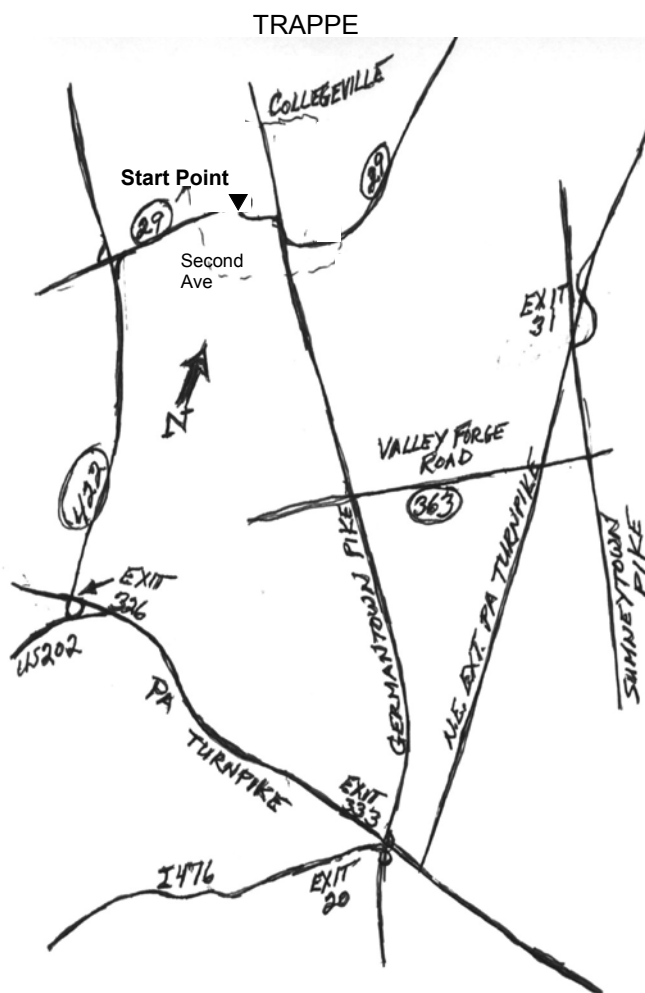
**Contact Person:** Dave Brown  
610-906-6252  
Email: [ocmdbreeze@aol.com](mailto:ocmdbreeze@aol.com)  
[www.libertybellwanderers.net](http://www.libertybellwanderers.net)

**Directions: From the PA Turnpike** - Take the Norristown Interchange, Exit 333 and go to Plymouth Road. Left on Plymouth Road to Germantown Pike. Right (west) on Germantown Pike to Collegeville - about 12 miles. In Collegeville, turn left at Route 29 South (Second Ave). Start point is 0.4 mile on right, in Shopping Center (Look for Wendy's.)

**From the South:** Take I-95 North to I-476 North. Continue to Exit 20 - Germantown Pike West (Just before the toll plaza). Take Germantown Pike West to Collegeville - about 12 miles. In Collegeville, turn left at Route 29 South (Second Ave). Start point is 0.4 mile on right, in the Marketplace at Collegeville Shopping Center (Look for Wendy's.)

**From the North (Allentown):** Take the NE Extension of the PA Turnpike to Exit 44 (Quakertown). Turn Right on Route 663 to Route 29 South. Follow Route 29 South about 17 miles to Main Street in Collegeville. Continue on Route 29 South for 0.4 mile. Start point is on right, in the Marketplace at Collegeville Shopping Center (Look for Wendy's.)

**From Reading and West:** Take US Route 422 East to Route 29 North (Collegeville/Phoenixville Exit). Turn left on Rt. 29 North to Collegeville. After 2.1 miles turn Left at Freeland Dr which is the traffic light past CVS Pharmacy. Start Point is in the Marketplace at Collegeville Shopping Center (Look for Wendy's.)



## Penn Mary Walkers

Presents a Seasonal Walk in FULTON COUNTY

# Cowan's Gap State Park

Fort Loudon PA

April 1 to September 30, 2016

5/10K (3.1/6.2 miles) Trail Rating unknown  
xxxxxx AT16/Yxxxx

Sanctioning was not completed by printing of book.



This event qualifies for the KSPA County Program and KSPA State Parks And Forests Challenge.

**LOCATION:** Cowan's Gap State Park is a 1,085 acre park in the beautiful Allens Valley of Fulton County. A 42 acre lake, large campground, rustic cabins and many hiking trails are prime attractions. Buchanan State Forest surrounds the park, providing additional land for natural beauty in all seasons.

### START POINT:

**Cowan's Gap State Park Office  
635 Aughwick Road  
Fort Loudon PA 17224**

Box will be located outside the office 24/7.

**START/FINISH TIMES:** Walk during day light hours only.

**TRAIL:** The trails have not been established.

**PROCEDURES:** Complete the registration log and start cards as directed.

**GENERAL INFORMATION:** Pets are allowed on leashes. Please clean up after them. There are restrooms at the start of the trail. Parking is

available.

**AWARD:** "A" award and IVV credit is \$7.00. The 3x3 inch embroidered patch depicts a Swallowtail Butterfly. IVV Credit is \$3. This event is free to persons who wish to participate without receipt of IVV credit. The 10K trail can be walked a second time on the same day using the same start card for additional distance credit. All are welcome but they must register.

**DIRECTIONS:** From PA Turnpike: Take exit 189 toward PA Route 75/Willow Hill/Ft Loudon. Turn right onto PA 75 South for about 8 miles, Turn right onto Stumpy Lane for about 1 1/2 mile. Turn right onto State Route 1005 for about 0.4 mile.

From I-81: Take the US Route 30 West exit. At traffic circle, continue straight onto US 30 West for about 13 1/2 miles. Turn right onto P 75 North and continue for about 3.9 miles. Turn left onto Richmond Rd for about 3 miles. Continue on State Route 1008. At Aughwick Road, turn right.



**Additional Information:** Sarah Garcia  
915-471-1134

sarahgrc@yahoo.com

www.ksva.net or ava.org

Please refer to [ava.org](http://ava.org) for details on trail rating and sanction number.





# LIBERTY BELL WANDERERS

## DOYLESTOWN

Year-Round Walk in BUCKS COUNTY

January 2 – December 31, 2016

10K/5K Trail Rating 1A

102310 AT16/Y1187

### Credit Only

This event qualifies for Fraternal Organizations, Honoring Our Flag, National Register of Historic Places, State Street Sashay, Take a Walk in City Park, Trekking with Trees, Vice Presidential Walks, Walking the Path of Inventions, Walking the USA A-Z, Water Towers, and You'll Never Walk Alone Special Programs.

**General Information:** This walk takes you along the tree lined sidewalks of Doylestown, which is the county seat of Bucks County. This county was the home of Pearl S. Buck, author and Nobel and Pulitzer Prize winner. America's famous author, James A. Michener, was raised in Doylestown. The homes along the trail are beautiful examples of the leading architecture covering several centuries. Most of the homes have gorgeous flower gardens.

Doylestown is the only U.S. town having two European style castles, both built in the early 1900's by the artistic genius, Henry C. Mercer. The trail goes past these castles, one now called the Mercer Museum, (displaying Early American furnishings, folk art and implements) and the other, now called Fonthill (his former mansion). The trail also goes past his Moravian Tile Works and the James Michener Art Museum. These may be visited. Some have an entrance fee. The walk will take you past Civil War Monuments, graves and the home of Col. W.W. H. Davis of the 104th Pennsylvania Volunteer Infantry.

**Trail:** The trail is along mostly shaded sidewalks with no significant hills. Suitable for strollers. Use of wheelchairs is not recommended since not all corners have "curb cuts".

**Start Location: Central Bucks YMCA**  
2500 Lower State Road  
(Lower State Road becomes Court St)  
Doylestown, PA 18901  
Parking lot entrance is on Memorial Drive

**Start Time:** Monday - Friday 5:30 am to 10:30 pm  
Saturday 5:30 am to 6 pm; Sunday 8 am to 6 pm.  
**Finish Time:** Must be finished by DUSK.

**Procedures:** Ask for the Walk Box in the Y. Pets must be leashed. (Their droppings must be removed). No littering.

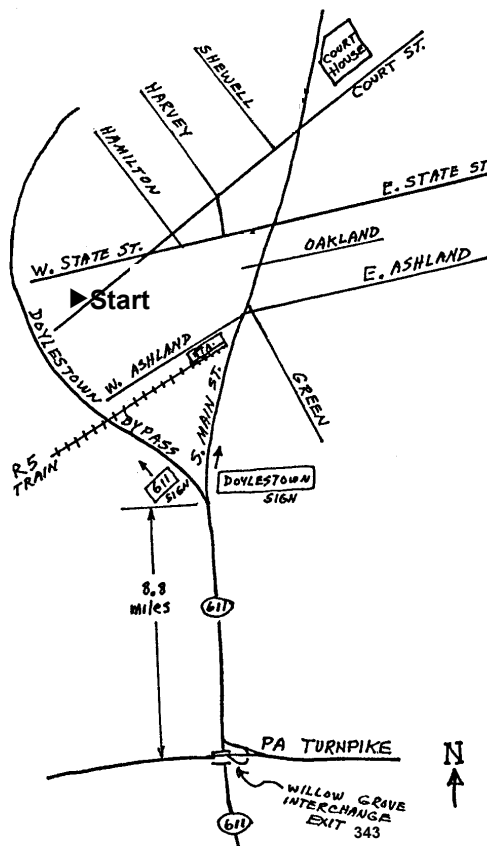
**Award:** There is no award for this event. IVV credit is \$3. You may walk for Free. All are welcome.

**Restrooms and Water:** They are available at the Start Point and along the route.

**Contact Persons:** Larry Wagner 215-442-1337  
Email - lgwagner751@yahoo.com  
[www.libertybellwanderers.net](http://www.libertybellwanderers.net)

**Directions:** From I-276 (PA Turnpike): Take Willow Grove exit 343 and merge onto PA-611 North towards Doylestown. Continue on 611 N for 11 miles to State Street exit. Turn Left on W. State St at the end of the ramp, follow signs for Doylestown for 0.2 miles. Turn Right onto Memorial Drive to YMCA. Parking lot entrance is on Memorial Drive before reaching Lower State Rd/Court St.

**From the South:** Take I-95 North. Just past city of Chester, take Route 476 North. At its northern end, 476 connects directly with I-276 (PA Turnpike). Go EAST on Turnpike and follow directions above.



## PENN DUTCH PACERS

# EPHRATA

### Year Round Walk in LANCASTER COUNTY

January 2 - December 30, 2015

10K/5K (6.2/3.1 miles) Rated 1B  
102427 AT16/Y0174

This event qualifies for Bridges, Food for Thought, Honoring Our Flag, National Register of Historic Places, State Street Sashay, Treasure Hunt, Trekking With Trees, US Post Offices, and Water Towers Special Programs.

**Location:** Ephrata is located in South Central Pennsylvania in the heart of Pennsylvania Dutch Country.

**The Walk:** Nestled amid the rolling hills of agriculturally rich northern Lancaster County, downtown Ephrata is a quaint blend of old and new. Cars, busses, and horse and buggies share a wide Main Street that has been 20th Century "streetscaped" with brick sidewalks, old fashioned lamp posts, and benches for the "tired and weary." Buildings dating back a hundred years and more are filled with rustic shops and cafes. Prepare yourself for an interesting and worthwhile walking experience.

**Start Point: Ephrata - Hampton Inn and Suites,  
Main Street (Route 322) and Spring Garden Street,  
Ephrata, PA 17522  
(717) 733-0661**

Free parking is available at the start.

**Dates and Times:** Event is open daily from dawn to dusk.

**Procedures:** Register on the day you wish to walk at the Start Point. Ask for the Volksmarch Box. Start Cards, maps, and written directions are in the box. The Start Card must be turned in at the finish.

**Award:** This is a CREDIT ONLY event.

**Fees:** IVV Credit Only - \$3.00. You may participate in all events FREE. All are welcome.

**General Information:** Water and restrooms are available at the Start Point. Other refreshments may be available at public establishments along the route. We recommend you carry water. Littering and picking the vegetation along the route is forbidden. Local law requires that all pets are leashed and must be cleaned-

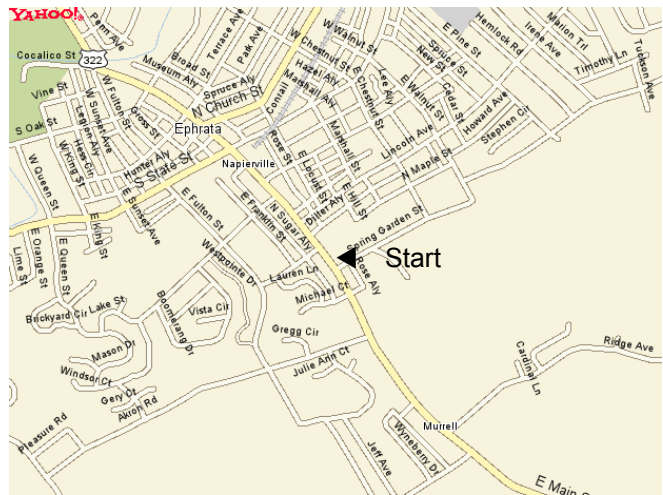
up after. There is a lack of curb cuts so it would be difficult for wheelchairs. Strollers would have a some difficulty.

**Disclaimer:** Neither the sponsor (Penn Dutch Pacers Volksmarch Club, Inc.), the County of Lancaster, nor the Borough of Ephrata are liable for accidents, theft or material damage. Every reasonable effort will be made by the sponsors to make this a safe, enjoyable and memorable event.

**Directions: From Lancaster:** Take Route 222 North 14 miles to Ephrata exit (Route 322). Turn left toward Ephrata, at the top of the hill turn right onto Spring Garden, and then left into the Hampton Inn parking lot.

**From the Northwest:** Follow Route 322 through Hershey to Ephrata. Proceed up the hill and turn left onto Spring Garden and into the Hampton Inn parking lot.

**From the East or PA Turnpike:** Exit at the Denver-Reading Interchange, Take Route 222 South, exit at Ephrata (Route 322). Turn right toward Ephrata, right onto Spring Garden and into the Hampton Inn parking lot.



**Additional Information:** If you have any questions or need more information, call Maria Roshon at 717-330-8751; email [Loggann10@comcast.net](mailto:Loggann10@comcast.net)

Or, write to: Penn Dutch Pacers Volksmarch Club  
P.O. Box 7445, Lancaster, PA 17604-7445  
[www.avaclubs.org/pdp/index.html](http://www.avaclubs.org/pdp/index.html)



# Keystone State Volkssport Association ERIE PRESQUE ISLE STATE PARK

Seasonal Walk in ERIE COUNTY



**April 1 to October 31, 2016**

**5K/10K/12K (3.1/6.2/7.5 Miles) Trail Rating 1B**  
103157 AT16/Y1537

This event qualifies for the Honoring Our Flag and  
Lakes and Reservoirs Special Programs.

This event also qualifies for the KSWA County Program  
and KSWA State Parks and Forest Challenge.

**Location:** Presque Isle State Park is the peninsula that juts out into Lake Erie. It is 5 miles west of the city of Erie. There are summer concerts on the beach.

**Walking Trail:** Presque Isle has many paved and a few natural trails. The 5K has a section that is on a small concrete pavement path. The 10K or 12K has one K that has a sandy path but the rest are on paved paths, grassy paths or road side walking. The park gets lots of snow in winter, so in early April the natural paths may be snow covered or sloshy. Be careful of bikers, the paved trails are multi-use trails. Use insect repellent - state parks have ticks and this one also has sand flies because of the beaches. Last year in early April the Lake was still frozen. If you want to swim, even in summer, the water will be cold.

**Start Point: Glass House Inn**  
**3202 W 26th St (Route 20 W)**  
**Erie PA 16505**  
814-833-7751.

**Start Time:** Dawn

**Finish Time:** Finish by dusk.

**Award:** The "A" Award is a 3X3 inch embroidered patch featuring a Common Loon as shown above. Award and IVV Credit is \$7.00; IVV Credit Only is \$3.00. There is no advanced

registration. You may walk for free. All are welcome.

**General Information:** The registration point does not have rest rooms. You will drive 7 miles to the start of the trail. Driving directions are on the walk directions. There is ample free parking. There are port a pots or rest rooms available at the start of the trail and several are on the trail. Pets are allowed, but please clean up after them and do not take them into any of the buildings. Wheelchairs and strollers users would have problems if they use the sandy trail. Please carry water.

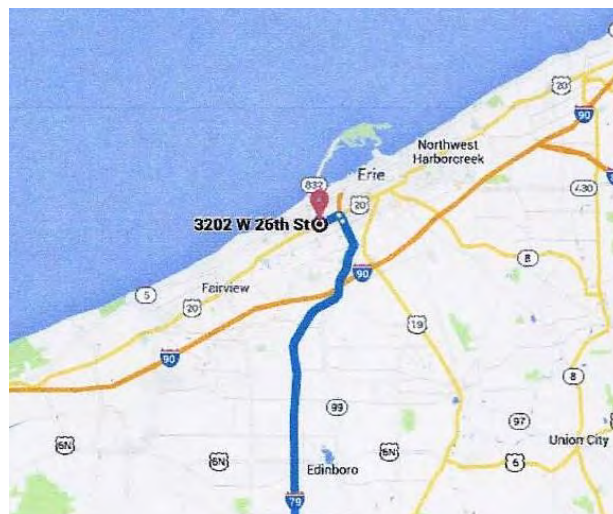
The Glass House Inn is a nice place to stay. A lite continental breakfast is included.

**Procedures:** There is no pre-registration. Register on the day you wish to walk at the Inn. Ask for the "Walk Box" at Registration Desk. Start Cards, maps and written directions are in the Box. Free Start Cards must be turned in at the finish or mailed to the point of contact.

**Directions: From State of New York or West:** On I-90, take Exit 27 for I-79 north. Then follow directions shown below.

**From the South:** Take I-79 North. Take exit 182 to merge onto US-20 W/W 26th St. Start point will be on your right in about a mile. It is a little after intersection for Route 892. If you have gone past Hoss's, you have gone too far.

**Contact person:** Pat Eby 717-379-8945,  
email [patriciaeby@verizon.net](mailto:patriciaeby@verizon.net) [www.KSWA.net](http://www.KSWA.net)



York White Rose Wanderers  
Strawberry Hill Nature Center &  
Preserve

**FAIRFIELD**  
**ADAMS COUNTY**

**“Year Round Walk”**

January 1 - December 31, 2016

10K (6.2 miles) or 5K (3.1 miles) Trail Rating 3D  
103161 AT16/Y1097

**Credit Only Event**

This event qualifies for Boardwalks, Bridges-Spanning the USA, and Food for Thought Special Programs.

**LOCATION:** Strawberry Hill Nature Center and Preserve is a private nonprofit education and conservation institution located in the Blue Ridge Mountains of Pennsylvania. The 609 acre preserve features a variety of habitats to explore, including wet and dry woodlands, three ponds, and two pristine mountain streams. Over ten miles of blazed trails meander through the property and lead to unique rock formations, scenic vistas, and secret glades.

**TRAIL:** The trail is rated 3D and is on country lanes, old logging roads, paths and a short section of the old Fort Chamber Road, now overgrown. All trails are in the woods on natural surfaces and not suitable for wheelchairs or strollers.

**START/FINISH:**

**Strawberry Hill Foundation Nature Center  
and Preserve**

1537 Mount Hope Road, Fairfield, PA 17320.  
Telephone: 717-642-5840. *Start box is located at the pink house across the road from the Nature Center parking lot next to the basement level entrance.*

**HOURS:** Dawn to Dusk **EXCEPT NOV 15 TO DEC 15** –  
Trail will be closed because of hunting season.

**AWARD:** This is an IVV credit only event.

**FEES:** This event is Free to those who wish to participate without receipt of award or IVV credit. IVV credit only is \$3.00. There is no advanced registration.

**GENERAL INFORMATION:** Water and restrooms are available at the Nature Center when it is open. Spot-a-pots are located to the rear of the Nature Center for your use if the Center is closed. Hiking staff and water bottles are suggested. Pets are welcome, but leash and scoop laws are enforced. Insect repellent should be used.

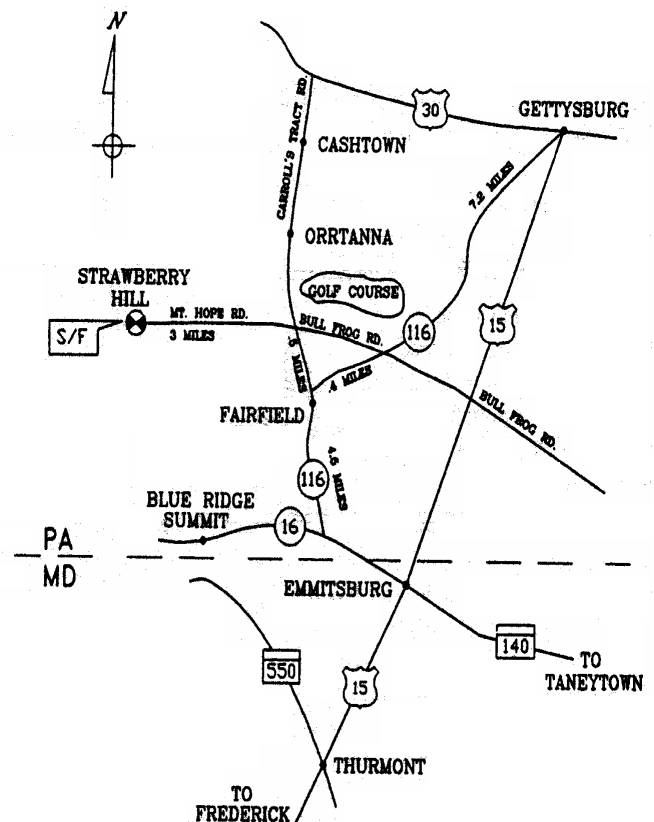
**CONTACT PERSONS:** Dave and Linda Peters, PO Box 270, Fairfield, PA 17320. Tele: 717-642-9829  
Email: dandlpeters@comcast.net

**DIRECTIONS: From the North, East & West:** take your best route to Gettysburg, PA and take PA Route 116 southwest for 7.6 miles. Turn a hard right onto Carroll's Tract Road, just before the post office. Go 0.5 miles to Mt. Hope Road on the left. (Bull Frog Road on the right.) Turn left on Mt. Hope Road, go 3 miles to Strawberry Hill Nature Center on the left.

**From the South:** take your best route to Westminster, MD or Emmitsburg, MD and travel northwest on MD Route 140. When the road crosses the Mason Dixon Line it becomes PA Route 16. Turn right on PA Route 116, towards Fairfield. Go through Fairfield and immediately past the Post Office, bear left on Carroll's Tract Road. Go 1/2 mile to Mt. Hope Road on the left. (Bull Frog Road on the right.) Turn left on Mt. Hope Road, go 3 miles to Strawberry Hill Nature Center on the left.

Website:

<https://sites.google.com/site/yorkwhiterosewanderers>



York White Rose Wanderers  
January 2 to December 31, 2016

## The 3 Walks & Bike at GETTYSBURG

### ADAMS COUNTY

Walk 1	6/10 K	Rated 1B	102980	AT16/Y0050
Walk 2	5/10 K	Rated 1A	102437	AT16/Y0047
Walk 3	5/10/15 K	Rated 1A	102446	AT16/Y0028
Bike	15/26K	Rated 2A	103971	AT16/Y1095
NEW Swim	300 meters	1A	102878	AT16/Y0716

### Walk in the footsteps of history at the site of THE BATTLE OF GETTYSBURG

All three walks and bike are Civil War Battlefields, Honoring Our Flag, National Register of Historic Places, National Parks and You'll Never Walk Alone Special Programs.

All three walks also qualify for Cities in Song, Walk USA-Street by Street. Special Programs

Walk 1 is also a Bridges, and Water Fountain Special Program.

Walk 2 is also a Fraternal Organization, Trekking with Trees, Vice Presidential Walks, and Water Towers Special Program.

Walk 3 is also Amphitheaters, Fraternal Organizations and Vice Presidential Walks Special Program.

**Start Point: YWCA of Gettysburg & Adams County,  
909 Fairfield Road, Gettysburg, PA (717) 334-9171.**

**Start/Finish Times:** The YWCA is open Monday – Friday 4:30 AM to 10:00 PM; Saturday – 8:00 AM to 5:00 PM; Sunday – 10:00 AM to 5:00 PM; During July, Aug, and Sept. call to verify Sunday hours. Closed on all Holidays. Please walk only during daylight hours. Tour Operators please contact the POC.

**Award and Fees:** The award is a 4" patch featuring the Mississippi Monument which is passed on the bike trail. The patch design was not completed at the printing of this booklet. The cost for IVV Credit and the award is \$7.00. The fee for IVV Credit is \$3.00 per event. There is no charge to participate without receiving IVV Credit. All are welcome.

The trails are mostly on paved park roads and city sidewalks. They are suitable for wheelchairs and strollers.

**Walk 1** - This walk starts at the YWCA. The 5K trail passes the newest museum in Gettysburg, the Seminary Ridge Museum, and goes through areas of the battlefield on July 1, 1863 when the Union First Corps under John Reynolds/Abner Doubleday fought Confederates from A.P. Hill's Corps. It also passes the Peace Light. The 10K trail will also include a loop onto the Gettysburg College Campus and into downtown Gettysburg. The trail is mostly on paved park roads and city sidewalks.

**Walk 2** – After registering, you must drive 2 miles from the start point to the start at the parking lot for the National Cemetery. There are two 5K trails. Either trail may be done for 5K credit. Both trails must be done for 10K credit. The 5K Town Trail goes through the Soldiers' National Cemetery and into downtown around the "square". The Battlefield Trail goes past the Highwater Mark area (where Pickett's Charge was stopped), past the PA Monument, and to the Visitors Center. There are no restrooms at the parking lot, however, the 5K Town Trail will pass restrooms in the National Cemetery within 1K of starting.

**Walk 3** – After registering, you must drive 3 miles to the Longstreet Memorial/Amphitheater. There is a jiffy-john in the parking lot. The 5K Confederate Battle Line Trail (Day 2) is an out and back on the portion of the Confederate Battle Line for the troops who participated in Peach Orchard, Wheat Field, and Little Roundtop. The 5K Confederate Battle Line Trail (Day 3) is an out and back on the portion of the Confederate Battle Line for the

participated in "Pickett's Charge". Both 5K trails must be done for 10K credit.

The 15K Trail starts from the YWCA and goes on the Confederate line on Seminary Ridge, past the Peach Orchard and Wheat Field, on the Union Line on Cemetery Ridge, through the National Cemetery, site of Lincoln's Address, and the South and West areas of Gettysburg. The trails are on paved park roads, road shoulders, and city sidewalks. The trails are suitable for wheelchairs and Strollers.

**Bike Trail:** This trail starts at the YWCA. You will be riding with vehicular traffic. Helmets must be worn. The 26K route is a figure 8 on paved roads around and through the Battlefield and Gettysburg. This route covers most of the major parts of the battlefield and bicycling is an excellent way to tour the battlefield. The K route is only half of the figure 8 and is only thru parts of the battlefield for the first day of battle and the Spangler Spring/Culps Hill/East Cemetery Hill parts of the battlefield from the second day.

**Swim:** There is a link to the "Pool Schedule" at [www.ywcagettsburg.org](http://www.ywcagettsburg.org). Look for the "Lap Swim Schedule". Generally, it is Monday –Friday from 6 am to 9 pm; Sat from 8 am to 4:30 pm; Sunday from 10: am to 4:30 pm. Check the schedule as the pool closes occasionally for maintenance, swim meets, classes, swim team practice, etc. The swim will be 6 laps the length of the pool. The YWCA does not provide towels or locks for the wall lockers.

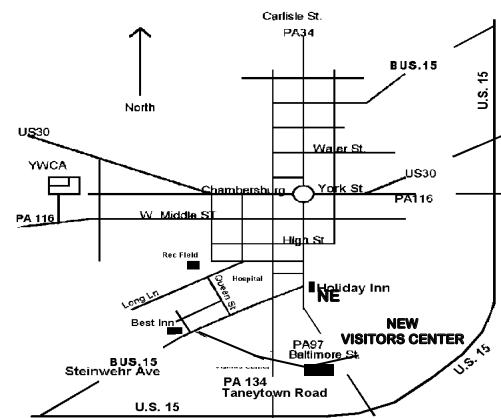
**Conditions:** Because of the hills, wheelchairs would be very difficult and strollers might have some problems. Pets are allowed, but not in the cemetery. Restrooms are available at the start point and Visitor's Center if open. **Pets are not allowed in the cemetery.**

#### Contact Person:

Tom Jackson, 717-677-6511  
1287 Shippensburg Rd, Biglerville PA 17307  
Email [thomasjackson@embarqmail.com](mailto:thomasjackson@embarqmail.com)

**Directions:** Take your favorite road to the square in Gettysburg, PA. (US 15 and Business US 15, US 30, PA 116, PA 34, or PA 97)

From the square go south on Baltimore Street (Business US 15 south, PA 116 west) 1 block to Middle Street. Turn right (PA 116 west) and drive 7/10 mile passing traffic signals at Washington Street, Franklin Street, West Street, and Confederate Avenue/Seminary Ridge. The YWCA driveway and sign is about 1/10 mile past Confederate Avenue on the right.



For more information on any YWRW events,  
reach us on our web site:  
<https://sites.google.com/site/yorkwhiterosewanderers>



York White Rose Wanderers  
AVA - 236

## Gifford Pinchot State Park

Year Round Walk in Lewisberry, YORK COUNTY

January 1 to December 31, 2016

103130 AT16/Y0702 12K/7K/5K Rated - 2C



This qualifies as for Bridges, Lakes and Reservoirs, Trekking with Trees and You'll Never Walk Alone Special Programs. It qualifies for the KSWA County Program and State Park and Forest Challenge.

**Start Point:** Closed at the printing of this booklet. Check [ava.org](http://ava.org) or Point of contact for new start point.

**Start/Finish Times:** Daily 8 am to late afternoon. Start box is accessible 24/7. The walk box is located outside on the porch at the far left end as you face the building. After registering, drive 3.4 miles to begin the walk. Conewago Day Use Area Park Gate is unlocked at 8 am and locked at dusk. After registering, you will drive 3.4 miles to begin the walk.

**Award:** Award and credit are available for \$7.00. It is a 3" fully embroidered patch featuring a Great Blue Heron. IVV Credit only is \$3.00. If the award or credit is not desired, the walk is free. All are welcome.

**Trail Description:** The trails are rated 2C and not suitable for strollers and wheelchairs or anyone who has trouble walking on uneven, rocky, possibly muddy trails with exposed roots. Wear sturdy shoes. Hiking stick is helpful. Restrooms adjacent to parking area. Walk either the 5K or 7K or combine them both for 12K.

Dogs are welcome but must be on a leash at all times. Owners are responsible for cleanup. They are not allowed in any buildings. Littering is prohibited. There is plenty of parking. Water should be carried and insect repellent used. Park has

facilities for picnicking, bicycling, swimming, boating. Gifford Pinchot State Park, a 2,338-acre full service park, is in northern York County along PA 177 between the towns of Rossville and Lewisberry. The park consists of reverting farm fields and wooded hillsides with the 340-acre Pinchot Lake serving as a prime attraction. The park is named after former Pennsylvania Governor Gifford Pinchot. Pinchot was governor from 1923-1927 and 1931-1935. The park was dedicated in 1961 by Governor David L. Lawrence.



### Additional Information:

Sue Peck 717-432-2195  
speck980@ptd.net

For information on any YWRW events, reach us on our web site:  
<https://sites.google.com/site/yorkwhiterosewanderers>



# York White Rose Wanderers

AVA - 236

## HANOVER

Year Round Walk in YORK COUNTY

January 2 to December 31, 2016

103129 AT16/Y0660 5/10K Rated - 1A

This qualifies as for Civil War Battlefields, Fraternal Organizations, Honoring Our Flag, National Register of Historic Places, Trekking with Trees (Arboretum), Water Towers, You'll Never Walk Alone, Water Fountains, US Post Office (short trail only), Walk in a City Park (Wirt Park), Walk USA Street by Street Special Programs.

Hanover, named for Hannover, Germany, and long famous for shoes, harness race horses and snack foods, is also today a shopping Mecca for parts of Pennsylvania, Maryland and West Virginia.

But it is the history and architecture which is the focus of our walk. Join us as we walk back through time viewing some of Hanover's beautiful old churches and homes, including the "twin" mansions of the Sheppard and Myers families, one of which appears in the movie *Girl Interrupted*. Our walk will pass sites from the "Battle of Hanover". That encounter between Union and Confederate forces on June 30, 1863, was the first battle north of the Mason-Dixon Line. When it ended, 300 men had been killed, wounded or captured. It deprived Lee of his cavalry at a critical time, enabling the Union troops to seize and hold commanding positions at Gettysburg. If not for the events at Hanover, the battle at Gettysburg may very well have had a different outcome.

So come join us on our walk through history, snack on our famous chips and pretzels and if there is time, shop till you drop.

**Start Point:** Yesteryear Antique Center  
441 Pine St, Hanover PA 17331  
717-637-1612

**Start/Finish Times:** Daily 10 am to 6 pm. Please remember, this is a business. Customers come first. Dogs not allowed in building. Closed most holidays.

**Award:** This event is free to those who wish to participate without receipt of IVV Credit. IVV Credit only is \$3.00. All are welcome.

**Trail Description:** The trail is rated a 1A and features the sites of the Civil War Battle of Hanover and is on sidewalks and alleyways throughout the Borough. The trail is suitable for wheelchairs, strollers or wagons.

Dogs are welcome but must be on a leash at all times. Owners are responsible for cleanup. They are not allowed in any buildings. Littering is prohibited. We highly recommend the Yesteryear Café at start point. There is plenty of parking. Water should be carried.

**Directions: From York:** Take Route 30 W to Route 94 at Cross Keys. Take Route 94 S to the Hanover Square. Turn right on Route 194 S (Frederick St). Go 1/10 mile to Route 116 W (High St). Turn right and go 4/10 mile to Pine St. Turn left on Pine and continue to Stop Sign. Start will be on the right.

**From Carlisle:** Take Route 94 South to the Hanover Square. Turn right on Route 194 S (Frederick St). Go 1/10 mile to Route 116 W (High St). Turn right and go 4/10 mile to Pine St. Turn left on Pine and continue to Stop Sign. Start will be on the right.

**From Harrisburg:** Take US Route 15 S. to Route 94 South (York Springs exit) to the Hanover Square. Turn right on Route 194 S (Frederick St). Go 1/10 mile to Route 116 W (High St). Turn right and go 4/10 mile to Pine St. Turn left on Pine and continue to Stop Sign. Start will be on the right.

**From Baltimore:** Take MD Route 30 into PA where it becomes PA Route 94. Go 6.8 miles to Downtown - Hanover Square. Turn left on Route 194 S (Frederick St). Go 1/10 mile to Route 116 W (High St). Turn right and go 4/10 mile to Pine St. Turn left on Pine and continue to Stop Sign. Start will be on the right.

**From Frederick:** Take US Route 15 N to Route 116/ Hanover Street Exit. Take Route 116 E for 10 miles. Turn right onto 3rd St (still Route 116E), for 1.2 miles. Turn right onto Pine St and continue to Stop Sign. Start will be on your



### Additional Information:

Jim Myers, 1621 Oakwood Drive, Hanover PA 17331  
717-633-7268  
ywrw@hotmail.com

For information on any YWRW events, reach us on our web site:  
<https://sites.google.com/site/yorkwhiterosewanderers>



Keystone State Volkssport Assn.

## Harper's Ferry WV

Seasonal Walk

March 15 to December 30, 2016

5K (3.1 miles) 10K (6.2 miles) or 15K (9.3 miles)  
Trail Rating 2B

103158 AT16/Y1933

This event qualifies for Border Crossings (10K/15K only), Civil War Battlefields, Fraternal Organizations, Honoring Our Flag, National Parks, National Register of Historic Places, US Post Offices, Walking the USA A-Z, and You'll Never Walk Alone Special Programs.

**LOCATION:** - visited by George Washington on his very first surveying expedition at the age of 17. - was cited by Thomas Jefferson, after a visit, as such a beautiful spot that it was worth a trip across the Atlantic. - was the starting place of the Lewis and Clarke expedition. - was the site of the first crossing of the Potomac by a railroad, on the first structural steel bridge in the world. - was the industrial town where using interchangeable parts in a manufacturing process was first invented and proven practical. - was the site of the John Brown raid which precipitated the Civil War. - was the first command of Stonewall Jackson, who raised and trained his famed Brigade here. - was the site of three Civil War battles, the major one involving over 30,000 troops on both sides which resulted in the largest surrender of US troops until Bataan in WWII. - was a bastion of elevating African Americans, with the first real academic college (Storer College) to educate freed slaves in all aspects of higher learning, rather than sewing and other trades.

**START POINT:**

**Appalachian Trail Conservancy Visitor Center  
799 Washington St  
Harper's Ferry  
304-535-6331**

Open 9 am to 5 pm daily except closed for major holidays. Restroom is available at start. Limited parking.

**START/FINISH TIMES:** Please walk daylight hours only.

**TRAIL:** This is a self guided mapped event starting at the ATC. A portion of the walk is along the Appalachian Trail and the C&O Canal and in Harper's Ferry National Park. Walk is on dirt paths, sidewalks and has a lot of hills and includes stairs.

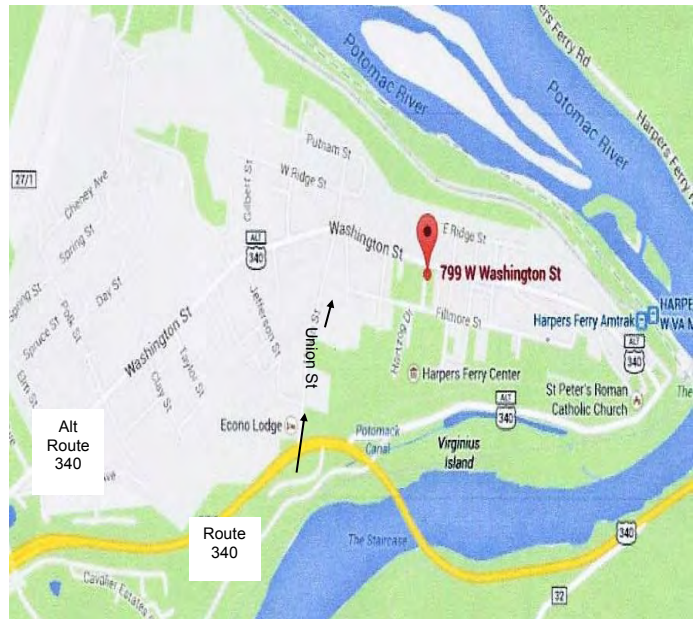
**PROCEDURES:** Ask for the walk box at the check-in desk. Take the box away from the counter to complete

registration. Follow registration directions in the binder in the walk box. Return the walk box to the check-in desk and thank them for hosting the box. Water should be carried.

**FEES:** IVV credit only is \$3.00. A trail can be completed twice on the same day at no additional charge card. This event is free to persons who wish to participate without receipt of IVV credit. All are welcome, but all participants must register.

**CONDITIONS:** Wheelchairs will not be able to do the steps, so are not recommended. Stroller can be used in town, but would have major difficulties on steps and dirt path part of the walk. Pets are welcome, but need to be kept on leashes and you must follow clean-up laws. They are not allowed in buildings.

**DIRECTIONS:** Take favorite route to Route 340 and turn onto Union St into Harper's Ferry. Turn right on Washington St to start point on the right. Parking on street or in parking lot behind ATC Visitor Center.



**Additional Information:** Jane Snurr  
717-697-3654 janey0726@aol.com  
920 Charles Street  
Mechanicsburg PA 17055-3742  
www.ksva.net





## SUSQUEHANNA ROVERS VOLKSMARCH CLUB

# HARRISBURG

Two Year Round Walks in DAUPHIN COUNTY

January 1 to December 31, 2016

### Historic Harrisburg - Walk #1; Trail Rating 1A

5K/10K (3.1/6.2 Miles) 103236 AT16/Y0745

Historic Harrisburg Trail qualifies for State Capital, City in Song, Bridges, Food for Thought, Honoring Our Flag, Water Fountains, National Register of Historic Places, State Street Sashay, Take a Walk in City Park, Walking the USA A-Z, and You'll Never Walk Alone Special Programs.

### Wildwood Lake - Walk #2; Trail Rating 3C

5K/10K (3.1/6.2 Miles) 103242 AT016/Y1041

This trail qualifies for Boardwalks, Bridges, Honoring Our Flag, Lakes and Reservoirs, and You'll Never Walk Alone and Walking the USA A-Z Special Programs.



**Start Point:** Comfort Inn Riverfront,  
525 S. Front Street, Harrisburg, PA 17104  
(717) 233-1611.

**Start Time:** Any time after dawn until 3 hours before dusk.

**Finish Time:** Finish by dusk.

**Walk #1:** The HISTORIC HARRISBURG WALK follows a portion of the Capital Area Greenbelt. It passes houses dating from the 1700's to the present and the John Harris Home. Also, along the trail is the Capitol Complex and the State Museum (closed on Mondays) where the world's largest framed painting is hanging-Rothermel's Battle of Gettysburg and a diner. It proceeds across the Susquehanna River to City Island. There are some steps which can be by-passed. Wheelchair users are cautioned that some sidewalks lack curb cuts.

**Walk #2:** The Wildwood Lake walk is around peaceful Wildwood Lake Sanctuary north of Harrisburg. The trail is on boardwalks, natural and paved surfaces. Strollers may have some difficulty on the 10K if it is rainy. Wheelchairs will not be able to do the 10K. There may be times when the boardwalks are closed because of ice. Call the Nature Center at 717-221-0292 for this information. The Nature Center does not have to be open to walk this trail. The start point for this trail is about 3 miles from the Inn. Driving directions are included on the trail directions.

**Procedures:** Dogs are allowed, but they are NOT permitted in the Inn, or any of the buildings along the trail.

Dogs MUST be leashed at all times, and you must be prepared to pick up after your dog. Ask at the registration desk for the Rovers Volksmarch Box. Water and restrooms are available at the Start Point. There are several places along Walk #1 where drinks, food and restrooms are available. The Harrisburg Hospital Restaurant, Seven Bridges, has quite a view from the top floor of the hospital. On Walk #2, there are restrooms at the Nature Center when it is open and there are port-a-pots along the trail. Please carry water.

**Awards:** For both walks, a 3" "A" award is available. \$6.00 for "A" award and IVV credit. IVV credit alone is \$3.00. You may walk for Free. Children 12 are not charged for IVV Credit.

**Contact person:** Alice Eckardt 717-599-5033. If you write, please send a self-addressed stamped envelope to:

Susquehanna Rovers VM Club,  
1234 Roberts Valley Road, Harrisburg, PA 17110  
Email: walkingalice@aol.com  
www.avaclubs.org/SRVC



**Directions: From South** - Take Routes US 11, US 15, to PA 581 East, then I-83 North. Follow signs to Harrisburg.

\*Exit at Second Street, Exit 43 (Capitol/2nd St. Exit). After the traffic light at Paxton Street, go straight on Second Street for 2 short blocks, turning left at the traffic light on Washington Street. Go one block to Front Street. Turn left onto Front Street, moving to the right lane. Comfort Inn Riverfront will be on your right at the light.

**From North** - Take Routes US 11, US 15, to I-81 North. Take Exit 66, Front St. South. Continue South on Front St. to traffic light at Paxton St and turn right into Inn.

**From West or East** - Take Routes US 22, US 322 to I-83 South. Then follow the additional directions above (\*). Or take the **PA Turnpike** - Take Harrisburg East Exit, then follow I-283. Following the signs to Harrisburg will have you merge onto I-83 South. Exit following



## SUSQUEHANNA ROVERS VOLKSMARCH CLUB

# HERSHEY

Two Year Round Walks in DAUPHIN COUNTY

January 2 to December 30, 2016

### Town Trail

10K (6.2 Miles) or 6K (3.7 Miles) Trail Rating 1A  
**103238 AT16/Y1868**

This trail qualifies for Animal Safari, Bridges, Food for Thought, Honoring Our Flag, National Register of Historic Places, Trekking with Trees, Walking the USA S-Z, and You'll Never Walk Alone Special Programs.

### Bullfrog Valley Trail

10K (6.2 Miles) or 6K (3.7 Miles) Trail Rating 1A  
**103228 AT16/Y2057**

This trail qualifies for Animal Safari, Honoring Our Flag, National Register of Historic Places, Take a Walk in City Park, Walking the USA A-Z, You'll Never Walk Alone Special Programs.

**Location:** Hershey, "the Sweetest Place on Earth", is home to the Hershey chocolate factory and is located in Dauphin County. The YR town walk takes you by Derry Church and into town near, but not through, Hersheypark (amusement park), Hershey's Chocolate World, the Hershey Museum, Zoo America and the Tanger Outlets of Hershey. Be aware that during the summer months there may be considerable traffic congestion. The park is open every day during June, July and August. In May and September it is only open on the weekends and for special events, such as Hershey Park in the Dark. Christmas Candylane is open November and December. Please check online for hours, special events and fees. [www.hersheypa.com](http://www.hersheypa.com)

**Start Point: Hershey Recreation Center,  
605 Cocoa Avenue  
(Route 743 between Routes 422 and 322),  
Hershey, PA. 717-533-7138**

**Town Trail:** This trail leaves from the Recreation Center and goes through town to the park and back. The trail is on mostly paved walkways. The trail is suitable for wheelchairs and strollers.

**Bullfrog Valley Trail:** You will drive 3 miles to the start of the trail. The trail is on natural and paved surfaces. It goes past the Penn State Hershey Medical Center. It is suitable for strollers and wheelchairs.

**Start Time:** Monday thru Friday 5:30 am to 8 pm. Saturday 6:30 am to 6 pm; Sunday 9 am to 6 pm. From Memorial Day to Labor Day hours differ - Sat and Sun 12:30 pm to 8 pm. Call 717-533-7138 for current hours. They are closed all major holidays, but please call to ensure they are open if you come to walk near the holidays. The registration box is in the Rec. Center. If you wish to walk before the Rec Center opens, please call or email the Point of Contact.

**Finish Time:** Finish by dusk.

**Award:** This is a credit only event. IVV Credit is

\$3.00. You may walk for free. Children under 12 will not be charged for IVV Credit. There will be Hershey Walkfest patches from previous events for sale at \$1.00 each. All are welcome to walk.

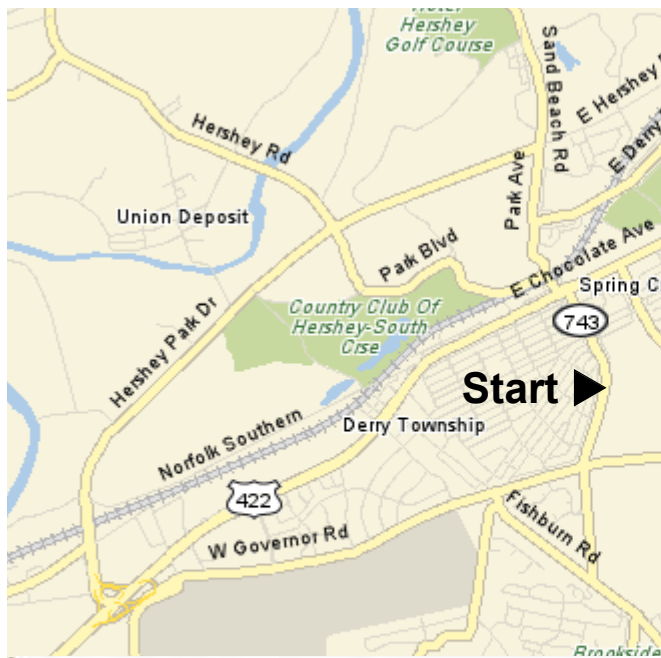
**General Information:** Water and rest rooms available at the registration point. For the Town Trail, there is a rest room outside of the park gates. Pets are allowed on the walk, however they are not allowed in Hersheypark or Chocolate World. Check Hersheypark's website for information on a doggy kennel near the park. Always remember to clean up after them. They are not allowed in the Rec. Center.

**Directions: From I-83 and Route 22 -** Take Route 39 South or Route 743 South to Route 422, then south on Cocoa Avenue. The Rec. Center is clearly marked. There is a large playground near the street.

**From Harrisburg and West -** Take US 322/422 East to Hershey. If you continue on US 422, turn right on Cocoa Avenue. If you choose to take US 322, then turn left on Cocoa Ave. The Rec. Center is clearly marked. There is a large playground near the street.

**From Lebanon and Reading -** Take US 422 West to Hershey and then turn left on Cocoa Avenue. The Rec. Center is clearly marked. There is a large playground near the street.

**Contact person:** Trish Bowra,  
730 Glenn Drive, Harrisburg, PA 17111-4274;  
phone 717-982-7077.  
Email: [tkbowra@yahoo.com](mailto:tkbowra@yahoo.com)  
[www.avaclubs.org/SRVC](http://www.avaclubs.org/SRVC)



## PENN DUTCH PACERS

### LANCASTER

Two Year Round Walks in LANCASTER COUNTY  
January 2 - December 30, 2016

**Lancaster West Walk** 10K (6.2 miles)  
Rated 1A 102358 AT16/Y1117

West Walk qualifies for the Alternate Capitals, Honoring Our Flag, National Register of Historic Places, Trekking With Trees, Walk the USA-Street by Street, and You'll Never Walk Alone Special Program.

**Historic Downtown Walk** 10K/6K (6.2/3.7 miles)  
Rated 1A 102357 AT16/Y0178

Historic Walk qualifies for Alternate Capitals, Food For Thought, Fraternal Organizations, Honoring Our Flag, National Register of Historic Places, Take a Walk in a City Park, Trekking With Trees, Walk the USA-Street by Street and You'll Never Walk Alone Special Programs

**Location:** Lancaster, PA is located in South Central Pennsylvania in the heart of Pennsylvania Dutch Country.

#### Trails:

**Lancaster West Walk** - Includes Wheatland (home of President James Buchanan), the Conestoga House, the campus of Franklin & Marshall College and residential areas to the west of Lancaster City. It is on paved streets and sidewalks, suitable for strollers and wheelchairs.

**Historic Downtown Walk** - Visit Lancaster City on city sidewalks, passing schools, churches, hospitals, new baseball stadium, several city parks, and the historic downtown area, including the County Courthouse, and Farmers Market. Also suitable for strollers and wheelchairs with medium difficulty. You will likely see some Amish enroute.

**Registration Point: 1st Floor, Volunteer Center, Lancaster Regional Medical Center (formerly St. Joseph Hospital), 250 College Ave. (corner of College & W. Walnut St), Lancaster, PA 17603. 717-291-8211.**

Volunteer Center is locked on weekends, so see the front receptionist to request security to unlock the center for access to the start box.

**Starting Dates and Times:** Daily - dawn; finish by dusk.

**Award and Fees:** These are CREDIT ONLY events, but there is a 4" full-color Event Patch, which may be purchased by all participants for \$4.00. IVV Credit Only - \$3.00. You may participate in all events FREE. All are welcome.

**Procedures:** There is no pre-registration. Register on the day you wish to walk at the Registration Point. **Ask for the Volksmarch Box.** Start Cards, maps, and written directions are in the Box. The Start Card must be turned in at the finish. If you wish to start before 8:00 A.M., register before 5:00 P.M. the day before. IVV Event and Distance Books may be purchased.

**Disclaimer:** Neither the sponsor (Penn Dutch Pacers Volksmarch Club, Inc.) nor the City or County of Lancaster, nor Lancaster Regional Medical Center are liable for accidents, theft or material damage. Every reasonable effort will be made by the sponsors to make this a safe, enjoyable and memorable event.

**General Information:** Water and restrooms are available at the Start Point. Other refreshments may be available at public establishments along the route. We recommend that you carry water. Littering and picking vegetation along the route is forbidden. Local law requires that all pets are leashed and must be cleaned-up after.

**Directions: From Baltimore and South:** I-83 North to Exit 9 (York). Take US-30 East to the Harrisburg Pike Exit. Turn **right** at the top of the ramp \*\*and proceed into Lancaster on Harrisburg Avenue. At the 9th traffic light after US-30, turn **right** onto College Avenue, passing Franklin & Marshall College, to the second traffic signal. The block-long Medical Center is on your right.

**From Harrisburg and North:** PA-283 East to US-30 just west of Lancaster. Follow US-30 West to the Harrisburg Pike Exit, turn **left** at the top of the ramp and follow the above instructions. \*\*

**From Philadelphia & the Northeast:** PA Turnpike West to Exit 286 (Reading/Lancaster). Take US-222 South to US-30 just north of Lancaster. Follow US-30 West to the Harrisburg Pike Exit, turn **left** at the top of the ramp and follow the above instructions. \*\*

**From the Southeast:** Take US-30 West around Lancaster to the Harrisburg Pike Exit, turn **left** at the top of the ramp and follow the above instructions. \*\*



#### ADDITIONAL INFORMATION:

Donna Bashaw 717-293-0221  
Or email [walkerbashaw@gmail.com](mailto:walkerbashaw@gmail.com)

Or, write to  
Penn Dutch Pacers Volksmarch Club, Inc,  
PO Box 7445, Lancaster, PA 17604-7445  
[www.avaclubs.org/pdp/index.html](http://www.avaclubs.org/pdp/index.html)



Susquehanna Rovers Volksmarch Club

# LEBANON

Year Round Walk in LEBANON COUNTY

January 2 - December 30, 2016  
10K (6.2 miles) or 5K (3.1 miles)  
Trail Rating 1A

This event is eligible for Bridges, Food for Thought, Honoring Our Flag, National Register of Historic Places, Points of Reference, Trekking with Trees, United States Post Offices, Walking the USA A-Z Special Programs.

103232 AT16/Y1709

**General Information:** The walk will take you through various residential areas of the city of Lebanon and also through the downtown business district. You will pass a renovated train station, churches, parks and a Farmer's Market (open Thursdays, Fridays and Saturdays).

**Trail:** The trail goes through residential areas and the downtown business district. You will pass a renovated train station, churches and parks. The walk is suitable for strollers, but may be difficult for wheelchairs as not all streets have curb cuts at this time. Pets are welcome, but not allowed in any buildings. They must be leashed and cleaned-up after.

**Start Point: Lebanon Valley Family YMCA**  
201 N. 7th Street  
Lebanon, PA 17042

**Start Time:** Mon - Thur 4:30 am-9:30 pm; Fri 4:30 am-9 pm; Sat 6 am-6 pm; most Sun 8 am-5 pm. They are closed on all major holidays including New Year's Day, Easter, Memorial Day, Labor Day, Thanksgiving and Christmas. Call the point of contact for closings and Sunday hours as they do change seasonally. If he is not available, contact the YMCA at 717-273-2691. Walk only during daylight hours.

**Finish Time:** Do not walk after dusk. Must be finished by the close of business.

**Procedure:** At start point, ask for Volksmarch Box at counter. Please remember that the clerk will be with you as soon as possible. Customers come first.

**Award:** IVV credit is \$3.00. You may walk for free. Children 12 and under are not charged for IVV Credit..

**Contact Person:**  
Charles A. Baeckert, Jr. (717) 272-0655  
421 Weidman St, Lebanon, PA 17046.  
Email him at: baeckwalk@verizon.net  
www.avaclubs.org/SRVC

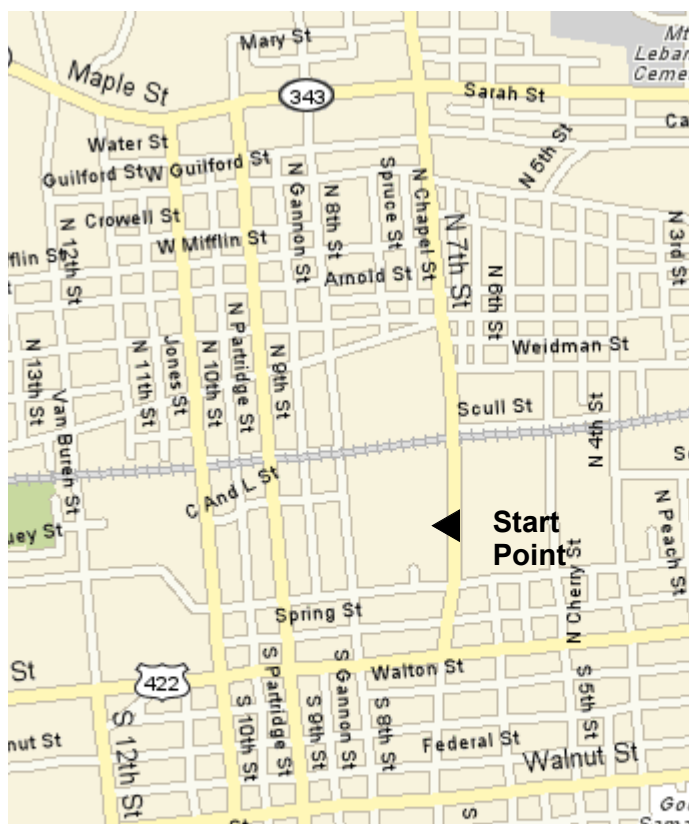
**Directions: From East and West:** Take the PA Turnpike to Exit 266; go North on PA Route 72 into Lebanon \*\* to Willow Street. Turn right. Turn left on 7th and go 1/2 block to the YMCA.

**From I-81:** Take exit for Lebanon (Route 72); then go South on Route 72 to Willow Street. Turn left. Turn left on 7th for 1/2 block to the YMCA

**From Delaware:** North on PA Route 41 to US Route 30; west on Route 30 around Lancaster; when Route 30 exits to the right, go straight on Route 283. Take first exit on Route 283, which is Route 72; turn right (North) at end of exit ramp; take Route 72 North to Lebanon and follow above directions \*\*

**From East on Route 422:** When you enter Lebanon, Route 422 is Cumberland Street. Follow to 7th Street, and turn right and go 2 blocks to the YMCA.

**From Hershey and Harrisburg:** Take Route 422 East to 12 ST in Lebanon, turn left. At Willow St, turn right and follow it as it goes to 7th St. Turn left and YMCA is on the left.



## PENN DUTCH PACERS

# LITITZ

## LANCASTER COUNTY

January 2 - December 30, 2016

### 2 YEAR ROUND VOLKSMARCHES

**History Walk** 10/5K (6.2/3.1 miles) Rated 1B  
102359 AT16/Y1283

This walk qualifies for Amphitheaters, Water Fountains, Fraternal Organization, Honoring Our Flag, National Register of Historic Places, UA Post Office, and Trekking With Trees Special Programs.

**North Walk** 10/6 K (6.2/3.1 miles) Rated 1B  
102360 AT16/Y0123

This walk qualifies for Amphitheaters Water Fountains, Fraternal Organization, Honoring Our Flag, National Register of Historic Places, US Post Office, and Trekking With Trees Special Programs.

**Location:** Lititz is located in South Central Pennsylvania in the heart of Pennsylvania Dutch Country.

**The Walks:** Stroll the quiet, shaded streets of this historic Moravian Community.

The **History Walk** takes you on a tour of historic downtown Lititz, past the Moravian Church and the cemetery where General Sutter is buried. Past Linden Hall, the first all girls boarding school, Sturgis Pretzel Factory and Wilbur Chocolate Factory. You travel through residential communities and Lititz Springs Park on paved paths, sidewalks and roads.

The **North Walk** features residential areas of Lititz, historic Main Street, and follows the Warwick Township Linear Park Trail. This is on paved paths and sidewalks.

A treat at any time of the year, Lititz outshines itself during the Holiday Season as festive sidewalks and streets are lit by the beloved Moravian Stars. The trail is suitable for strollers, but difficult for wheelchairs.

**Start Point: The Lititz Community Recreation Center, 301 W. Maple Street, Lititz, PA**

(717) 626-5096. Parking is available at Rec Center.

**Dates and Times:** Events are open daily, January 2 – December 30, except Easter, Memorial Day, July 4th, Labor Day, Thanksgiving, Christmas Day, and New Year's Day. The Lititz Community Center is open:

Mon. thru Sat. 6 AM – 5PM; Sunday noon 8 AM– 5 PM. Rec Center is closed n Eater, Thanksgiving, Christmas Day and New Year's Day. Center hours on Memorial Day, July 4th and Labor Day are 7 am to noon.

**Procedures:** Register on the day you wish to walk at the Start Point. Ask for the Volksmarch Box. Start Cards, maps, and written directions are in the box. The Start Card must be turned in at the finish. If you wish to start before the Community Center is open, you may register the day before. If you are walking close to a holiday, please call the Rec Center for their hours.

**Fees:** IVV Credit Only - \$3.00. You may participate in all events FREE. All are welcome.

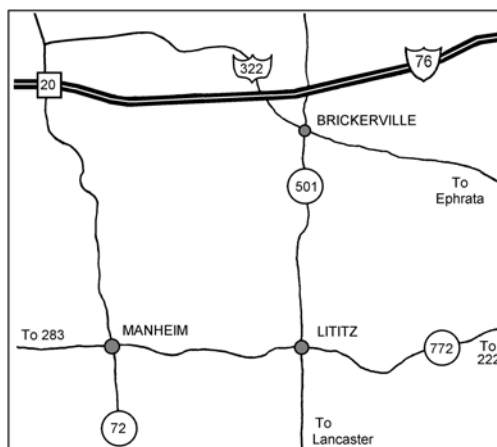
**General Information:** Water and restrooms are available at the Start Point. Other refreshments may be available at public establishments along the route. We recommend you carry water. Littering and picking the vegetation along the route is forbidden. Local law requires that all pets are leashed and must be cleaned-up after. Stroller users would have medium difficulty and wheelchair users would have a very difficult time using these trails.

**Disclaimer:** Neither the sponsor (Penn Dutch Pacers Volksmarch Club, Inc.), the County of Lancaster, nor the Borough of Lititz are liable for accidents, theft or material damage. Every reasonable effort will be made by the sponsors to make this a safe, enjoyable and memorable event.

**Directions: From South and West:** (York, Baltimore): US-30 East from York to Lancaster. Exit at Lititz Pike, PA-501 North. Proceed north on PA-501 for 6 miles. Enter Lititz on South Broad St. and proceed to Orange St, PA Route 772. Turn **left** on Orange and go 3 blocks. \*\* Just past Warwick High School, turn **right** on School Drive. Proceed past the Stadium, turn **right**, then **left** into The Lititz Community Center driveway.

**From the East:** (Philadelphia): US-30 West to Lancaster to the Lititz Pike Exit, PA Route 501 North. Follow the directions above. \*\*

**From PA Turnpike:** Take Exit 266 (Lebanon/Lancaster) Turn **left** and go north on PA Route 72 a short distance to US 322. Go east on US-322 to PA-501 at Brickerville. Turn **right** at the traffic light and go south on PA-501 for 6 miles. Enter Lititz on North Broad Street and proceed past the square to Orange Street, PA Route 772. Turn **right** on Orange and follow the above instructions. \*\*



**Additional Information:** If you have any questions or need more information, call Barry Weatherholtz at 717-625-3533; email [blwholtz@gmail.com](mailto:blwholtz@gmail.com) Or, write to: Penn Dutch Pacers Volksmarch Club P.O. Box 7445, Lancaster, PA 17604-7445 [www.avaclubs.org/pdp/index.html](http://www.avaclubs.org/pdp/index.html)



# SUSQUEHANNA ROVERS LITTLE BUFFALO STATE PARK

In NEWPORT, PA

Year Round Walk in PERRY COUNTY  
January 2 - December 31, 2016  
10K (6.2 miles) or 5K (3.1 miles) Trail Rating 1A

103233 AT16/Y0110



This walk qualifies for Animal Safari, Bridges, Lakes and Reservoirs, Points of Reference, National Register of Historic Places, and Walking USA A-Z Special Programs.

This walk qualifies for the KSPA County and the KSPA State Park and Forest Challenge.

**LOCATION:** Little Buffalo State Park's name is derived from the Little Buffalo Creek which flows through the area. Besides having extensive picnic areas and a lake for fishing, this park is steeped in history. It is on the National Register of Historic Places and includes a covered bridge, restored operating gristmill, an old farmhouse built on the site of a colonial-era tavern and a narrow-gauge railroad trace that features an original railcar. It is about 27 miles from Harrisburg.

**TRAIL:** The scenic trail passes through the woods, grassy areas, by Shoaff's Grist Mill, Clay's Covered Bridge, and by the lake. This trail misses the views, but the tranquility can still be enjoyed. The 5K trail has some natural surfaces.

**START/FINISH: Sharar's Grocery,**  
**19 S. 2nd Street, Newport, PA 17074.**  
Grocery has a *great* Deli.

**Hours:** Monday - Saturday, 8:00 A.M. - 10:00 P.M.  
Sunday, 9:00 A.M. - 9:00 P.M. Closed Christmas. Park opens at 8:00 A.M. and closes at dusk.

**FEES:** IVV credit only is \$3.00. "A" award is 3x3 inches embroidered patch featuring a buffalo available at \$7 including credit. "B" awards can be purchased separately at \$ .25 each. There is no advanced registration. Children 12 and under are not charged for IVV Credit. You may walk for free. All are welcome.

**PROCEDURES:** Pick up start cards and map with directions at Sharar's and drive approximately 3 miles to the park. The trail begins in the East Area Parking Lot near the covered bridge. The Deli has great bargains! Strollers and wheelchairs will have some difficulty. Pets are welcome, but there are leash laws.

**GENERAL INFORMATION:** Two restrooms are open year-round at the park. The restroom at the East Area Parking Lot is open from 8:00 A.M. to sunset. There is a porta pot behind the restroom in the West End Parking Lot during the off-season. You may wish to carry your own water supply. Insect repellent should be used. Recreational facilities include boating, fishing, swimming, picnicking, ice skating, ice fishing, and cross-country skiing. During the summer season, there is a food concession at the pool.

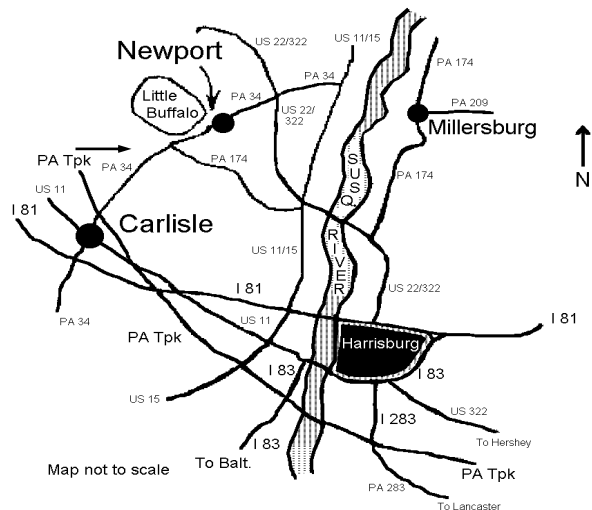
Points of interest in the park include Clay's Covered Bridge, Shoaff's Grist Mill, Rudoph's Cemetery and Blue Ball Tavern (museum and library).

**SPECIAL EVENTS:** Cider Squeeze - 3rd weekend in October. Lighted Holiday Trail, December 17-23.

**DIRECTIONS: From U.S. 322:** Take Newport/Rt. 34 Exit. At end of ramp turn left and follow Route 34 S into Newport. Turn left in the Square (2nd St). Sharar's Grocery is on the left at 19 S. 2nd St.  
**From the South:** Take PA. Rt. 34 North from Mt. Holly Springs or Carlisle through New Bloomfield to Newport Square (2nd St). Turn right and park. Sharar's Grocery is on the left corner of Square.

**\*\*Registration is in the Grocery Store.**

After registering, you will drive about three miles to the walk start point at the park. Driving directions to the park are on the trail directions.



**ADDITIONAL INFORMATION:** Call Cookie Little (717) 567-6815, Email - [thistle4@embarqmail.com](mailto:thistle4@embarqmail.com) or The Susquehanna Rovers Volksmarch Club, 2 Cramer Dr, Newport, PA 17074-8720.  
[www.avaclubs.org/SRVC](http://www.avaclubs.org/SRVC)



## PENN DUTCH PACERS

# MANHEIM

### Year Round Walk in LANCASTER COUNTY

January 2 - December 30, 2016

10/5K (6.2/3.1 miles) Rated 1A  
102428 AT16/Y1929

This event qualifies for Animal Safari, Bridges, Food for Thought, Honoring Our Flag, National Register of Historic Places, Points of Reference, Trekking With Trees, US Post Offices, Walk the USA-Street by Street, Water Towers, You'll Never Walk Alone and Fraternal Organization Special Programs.

**Location:** Manheim is located in South Central Pennsylvania in the heart of Pennsylvania Dutch Country. Founded in 1762, the town belongs to a select list of PA towns that antedate the Revolutionary War. The land was given to William Penn's faithful secretary, James Logan, by Penn's widow and sons. It was later purchased from Logan's granddaughter, Mary Morris, by Henry William Stiegel and his two business partners.

The plan of the town of Manheim provided for a wide open space in the center of town which is now known as Market Square. On this square, Stiegel erected an imposing mansion and office building and on another corner constructed a manufacturing plant where he ran a glassmaking operation. Far-sighted man that he was, he had schools built and hired a schoolmaster to educate the children of his workers. As an accomplished musician, he supported a band in Manheim and directed the choir of Trinity Lutheran Church in Lancaster. He was deeply concerned with affairs of the church so he gave the town Lutherans a plot of ground on which to build a church for 5 shillings and the rent of one red rose per year. That rent is still paid every year by Zion Lutheran Church to a descendant of Mr. Stiegel.

He tended to live above the means of his neighbors, and therefore they called him "Baron Von Stiegel". Although the glass from his factory was exceptional, during the troubled years preceding the Revolutionary War, his finances were reversed and he could not overcome those problems. He had complete financial failure, even necessitating a brief incarceration in debtor's prison.

However, the spirit of progress was surely not lacking in the minds of the leading citizens of Manheim, for in 1838, with a population of only 365, the town was incorporated as a borough.

**The Walk:** The walking trail starts in Manheim about 1 1/2 miles north of the Registration Point. (Driving instructions are in box.) It is on sidewalks and paved surfaces. You will be walking through school grounds, a covered bridge, past old churches and cemeteries, by a restored railroad station, the wide open Center Square area, and many lazy, quiet, serene streets.

One will revel in the uniqueness of this historic Lancaster County community.

**Start Point: Lancaster Inn & Suites**  
(Formerly Country Inn & Suites);  
**1475 Lancaster Road (Route 72),**  
**Manheim, Pa 17545**

The Inn is about 1 mile south of the Borough of Manheim. On Route 72. 717-665-5440 Please no pets in the INN.

**Dates and Times:** Events are open daily from dawn to dusk.

**Procedures:** Register on the day you wish to walk at the Start Point. Ask for the Volksmarch Box. Start Cards, maps, and written directions are in the box. The Start Card must be turned in at the finish.

**Award:** This is a CREDIT ONLY event.

**Fees:** IVV Credit Only - \$3.00. You may participate in this event FREE. All are welcome.

**General Information:** Water and restrooms are available at the Start Point. Other refreshments may be available at public establishments along the route. We recommend you carry water. Littering and picking the vegetation along the route is forbidden. Local law requires that all pets are leashed and must be cleaned-up after. There is a lack of curb cuts so it would be difficult for wheelchairs. Strollers would have a some difficulty.

**Disclaimer:** Neither the sponsor (Penn Dutch Pacers Volksmarch Club, Inc.), the County of Lancaster, nor the Borough of Manheim are liable for accidents, theft or material damage. Every reasonable effort will be made by the sponsors to make this a safe, enjoyable and memorable event.

**Directions: From any direction:** Follow Route 72 to Registration Point at the Lancaster Inn and Suites which is about 1 mile south of Manheim.



**Additional Information:** If you have any questions or need more information, call Marv Albert at

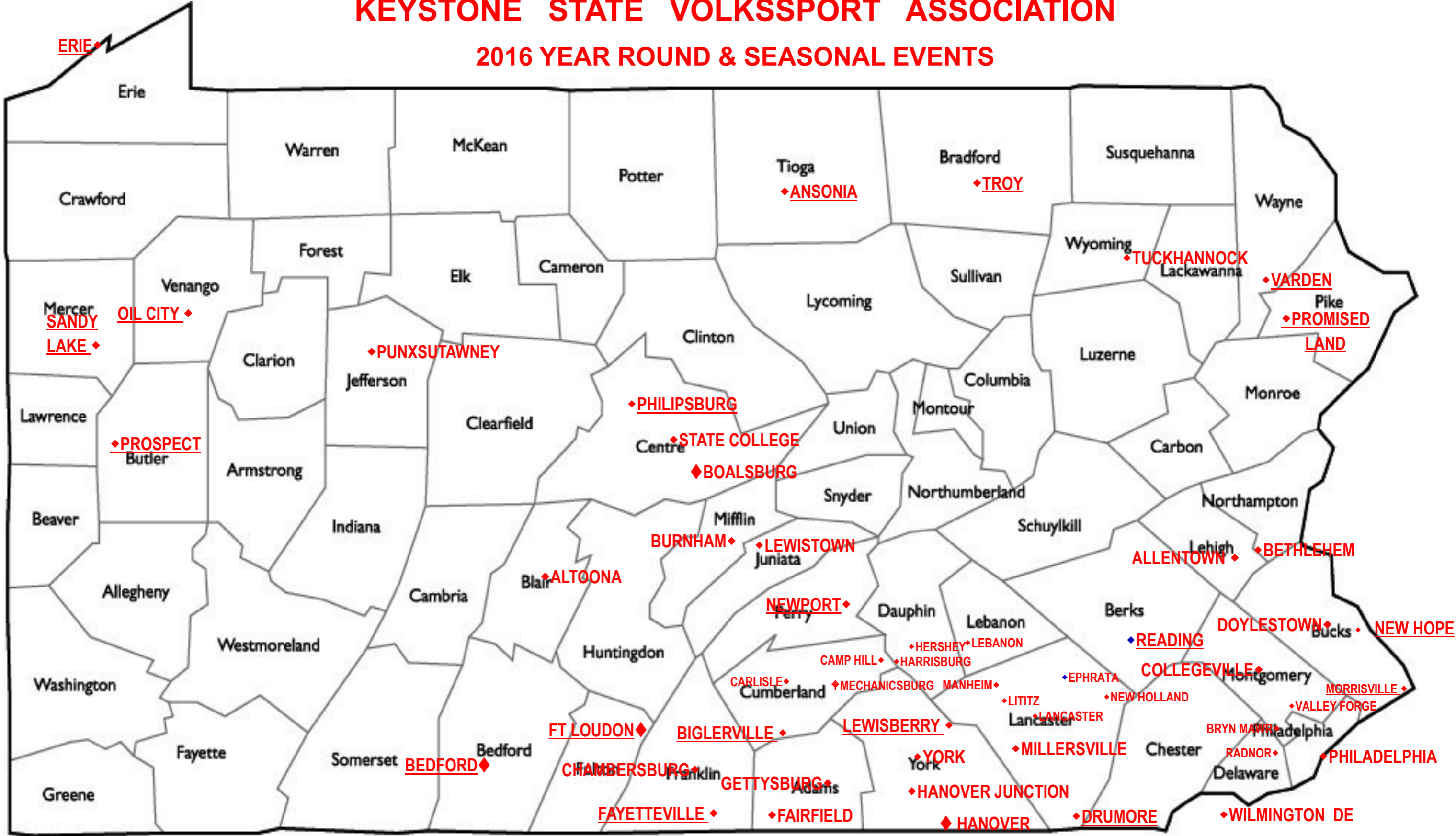
717-653-8989 or email [midnightmarv@aol.com](mailto:midnightmarv@aol.com)

Or write to: Penn Dutch Pacers Volksmarch Club  
P.O. Box 7445, Lancaster, PA 17604-7445  
[www.penndutchpacers.org](http://www.penndutchpacers.org)



# KEYSTONE STATE VOLKSSPORT ASSOCIATION

## 2016 YEAR ROUND & SEASONAL EVENTS



**Pennsylvania County Challenge**

**SHEPHERDSTOWN WV ♦**  
**HARPER'S FERRY WV ♦**

**♦ THURMONT MD**

**♦ NEW CASTLE DE**

Collect the Pennsylvania Counties - purchase a book for \$8.00 at a traditional event or from the point of contact, Sharon Miller, 390 Old Quaker Road, Etters, PA 17319. Then start walking. There are year round or seasonal events in 31 counties this year. After participating in an event in all of the counties, you will receive a beautiful patch proclaiming your accomplishment! There is no time limit on this challenge. Underlined names on map indicate State Parks or Forests.

Be part of the Ksva State Park and Forest Challenge.

Download your booklet at the [www.ksva.net](http://www.ksva.net)

Start collecting!



Nittany Nomads

## Maurice K. Goddard State Park

Seasonal Walk in Sandy Lake, MERCER COUNTY

April 1 to November 15, 2016

5/10K (3.1/6.2 miles) Trail Rating 2B  
103850 AT16/Y1196



This event qualifies for Bridges, Lakes and Reservoirs and You'll Never Walk Alone Special Program. This event also qualifies for the KSVa County Program and KSVa State Parks And Forests Challenge.

### HISTORY:

Maurice Goddard State Park is a 2,856-acre park located in Sandy Lake, PA. It features natural beauty, wildlife, waterways and public recreational facilities. Lake Wilhelm shares its shorelines with Maurice K. Goddard State Park. The dam, constructed in 1971, creates a 1,860-acre lake providing a resource for people and wildlife. Many species of fish and amphibians make Lake Wilhelm their home. A variety of outdoor activities are available in and around the Park vicinity.

Maurice K. Goddard State Park is named after Maurice K. Goddard. He was a graduate of the University of Maine and the University of California at Berkeley. After reaching the rank of Lieutenant Colonel during World War II, Goddard worked at Mont Alto Forestry School and later at Penn State Main Campus before he was appointed Secretary of the Pennsylvania Bureau of Forests and Waters, a forerunner of the Pennsylvania Department of Conservation and Natural Resources. Upon taking his position with the state, Goddard set about completing his goal of having a state park within 25 miles of every resident of Pennsylvania. When Goddard retired in 1979, after 24 years of working for the state parks, he had helped to add 45 state parks and over 130,000 acres of state park land to the Pennsylvania State Park system.

### START POINT:

**Grantham's Landing Restaurant**  
1738 Georgetown Road  
Sandy Lake, PA 16145  
724-376-3244

**START/FINISH TIMES:** Daily from 7:00 am to 6:00 pm. Walk in daylight hours only.

**TRAIL:** Walk is partly on a multi-use trail in the park, and along country roads. Restrooms are available at the beginning of the trail and several places around the park.

**PROCEDURES:** Pick up start cards and directions at Grantham's Landing Restaurant. Complete the registration log and start cards as directed. You will drive a short distance to start the walk.

**GENERAL INFORMATION:** The trail is not suited for strollers and wheelchair users. Pets are allowed on leashes. Please clean up after them.

**AWARD:** "A" award and IVV credit is \$7.00. The 3x3 inch embroidered patch depicts a Walleye Fish. IVV Credit is \$3. This event is free to persons who wish to participate without receipt of IVV credit. The 10K trail can be walked a second time on the same day using the same start card for additional distance credit. All are welcome but they must register.

**CONDITIONS:** The use of strollers and wheelchairs is not recommended. Pets are welcome. Plenty of free parking. Insect repellent should be used.

### DIRECTIONS:

**From the North and South:** From I-79, take Exit 130. Take Route 358W and follow signs for Maurice K. Goddard State Park. Pass the park office on the right and continue to a T intersection. Turn right. Starting point is 3.8 miles ahead on right.

**From the West or East:** Take I-80 to I-79 North. Follow above directions.



**Additional Information:** Linda Trimpey 724-482-5034  
ldtrimpey@zoominternet.net

547 Meridian Road  
Renfrew, PA 16053  
www.ksva.net or ava.org



SUSQUEHANNA ROVERS VOLKSMARCH CLUB

MECHANICSBURG

Year Round Walk in CUMBERLAND COUNTY

January 1 to December 31, 2016
10K/5K (6.2/3.1 Miles) Trail Rating 1A
103835 AT16/Y1416

Eligible for Food for Thought, Honoring Our Flag, National Register of Historic Places, Points of Reference, Take a Walk City Park, Treasure Hunt, Trekking With Trees, Walk the US Street by Street, and You'll Never Walk Alone Special Programs.

Location: Mechanicsburg was settled in 1806 and incorporated as a borough on April 12, 1828. It was named after a settlement of mechanics that made and repaired wagons.

It is a history lover's dream with many historic "Tower" homes. It has many old Pennsylvania Railroad sites including: The Stationmaster's House built in 1863, the Passenger Station erected in 1866 and the Freight Station built circa 1870. The Frankenberger Tavern and Union Church, both built in the early 1800s, are excellent examples of early Pennsylvania architecture and lifestyle. It was also occupied by Confederate forces for two days.

The downtown area of Mechanicsburg is lined with a collection of mom-and-pop restaurants and shops. It is the home of Jubilee Day, the largest and longest-running one-day street fair on the East Coast. It is estimated as many as 60,000 people attend Jubilee Day annually. It is usually the 3rd Thursday in June.

Start Point: Rutter's Farm Store #29
714 West Main St, Mechanicsburg PA 17055
Box is located in the seating area of the store.

Walking Trail: The trail consists of sidewalks and a path through the town park. There may not be curb cuts at all crosswalks. You will walk past many "Tower" homes and many tasty restaurants.

Start Time: Dawn
Finish Time: Finish before dusk.

Award: This is a credit only event. IVV Credit is \$3.00. You may walk for free. Children 12 and under are not charged for IVV credit.

General Information: Pets are welcome, but leash and scoop laws are enforced. Restrooms are

available at the start. Strollers will have some difficulty, and wheelchairs will have difficulty because not all sidewalks have curb cuts. Water should be carried.

Procedures: Pick up start cards, and directions from the Walk Box in the seating area of Rutter's. Complete the registration log and start cards as directed.

Directions: From Route 641: Follow east or west to traffic light at Simpson Street. Turn into Rutter's Farm Store parking lot. Please park at far side of building.

From I-81: Take Route 114 East (exit 57) exit and travel toward Mechanicsburg. At Main Street (Route 641) turn right to traffic light at Simpson Street. Turn right into Rutter's Farm Store parking lot. Please park at far side of building.

From US Route 15: Take Route 114 North exit and travel toward Mechanicsburg. At Main Street (Route 641) turn left to traffic light at Simpson Street. Turn right into Rutter's Farm Store parking lot. Please park at far side of building.

Contact person: Pat Eby 717-379-8945
19 N. 27th St, Camp Hill, PA 17011
www.avaclubs.org/SRVC
patriciaeby@verizon.net



# Keystone State Volkssport Assn.

## All Three Year Round Walks January 1 - Dec 31, 2016

All walks qualify for the KSVa State Parks and Forest Challenge.

### Michaux State Forest

#### Cumberland County Walk

5K/10K/15K Trail Rating 2D  
103709 AT16/Y1389

This event qualifies for Bridges and You'll Never Walk Alone Special Program.

#### Cumberland County Snow Shoe January 1 to March 31, 2016

5K/10K Trail Rating 1C  
103744 AT16/Y1419

This event qualifies for You'll Never Walk Alone Special Program



### Mont Alto State Park

Franklin County

5K/10K Trail Rating 2D  
102322 AT16/Y1447

This event qualifies for Bridges, Food for Thought, Honoring Our Flag, and National Register of Historic Places Special Programs.



### Pine Grove Furnace State Park

Cumberland County

5K/11K Trail Rating 1B  
102921 AT16/Y1380

This event qualifies for Bridges, Honoring Our Flag, Lakes and Reservoirs, National Register of Historic Places and Trekking With Trees, and You'll Never Walk Alone Special Programs.



**START POINT: Rutter's Store #5**  
**6834 Lincoln Way East, Fayetteville PA 17222**  
717-401-0626

**START/FINISH TIMES:** Daily dawn to dusk. Box is in eating area.

**TRAILS: Michaux:** After registering, you must drive 11 miles to the park. **Walk Trail:** The 10K route consists of a loop starting from the Big Flats Parking Area within the forest. The trail is on dirt roads and a portion of the Appalachian Trail (AT). The 5K route, rated 2C starts at the AT trailhead and consists of a loop using an easy section of the AT and dirt/gravel roads. The 10K and 5K routes intersect at the AT trailhead and both may be done for a 15K. Neither trail is safe to use when there is snow on the ground. **Snowshoe Trail:** After registering, you must drive 4 miles to the "Smoke" Zimmerman XC Ski Trail. The trail consists of 4 loops; 3 are rated easy and 1 is rated More Difficult by the State Forest. Loops can be combined to do whatever route and distance you desire.

**Mont Alto:** After registering, you must drive 6 miles to the park. This is the oldest and one of the smallest PA State Parks. The trail starts at the park and goes on trails in neighboring Michaux State Forest and on sidewalks and roads on the campus

of Penn State Mont Alto (where many of the PA's Park Rangers and State Foresters were educated). There are 2 5K loops. The loop going thru Penn State Mont Alto is rated 2C. These trails are not safe to use when there is snow on the ground. **Pine Grove Furnace:** After registering you must drive 16 miles to the park. The 5K trail is a loop through the park's historical area and past Fuller Lake. Much of the route is on the Appalachian Trail (AT) and passes the AT Museum (the only museum in the world dedicated to hiking) and the General Store (where AT Thru Hikers celebrate reaching the mid-point with the ice cream challenge). The 11K trail consists of the 5K trail plus an additional 6K loop around Laurel Lake. Wheelchairs and strollers will have some difficulty.

**PROCEDURES:** Register at the start point. Driving directions will be included on the trail directions. Restrooms are available at the start. Water should be carried. Parking lot is available. Insect repellent should be used for the walk. Recommend that you buy a lunch at Rutter's to eat at the park.

**FEES:** Award is a 3x3 embroidered patch which features Michaux - Luna Moth; Mont Alto - Groundhog; and Pine Grove Furnace - Water Lily in bloom. Award and IVV Credit is \$7.00. IVV Credit Only is \$3.00. This event is free to persons who wish to participate without receipt of IVV credit. All are welcome but they must register.

**CONDITIONS:** For the walk, the use of strollers and wheelchairs is not recommended except for one of the trails at Pine Grove Furnace. Pets are welcome, but must be leashed and cleaned up after. Restrooms are at the start. Should carry a walking stick and wear hiking boots.

**DIRECTIONS: From I-81 in Chambersburg,** take Lincoln Way East/US 30 east towards Gettysburg for 6 miles. Rutter's is on the left at the intersection of US-30 and PA-997 south.

**From Square in Gettysburg:** Take Chambersburg St/US 30 west towards Chambersburg for 17 miles. Rutter's is on the right at the intersection of US-30 and PA-997 South.



#### ADDITIONAL INFORMATION:

Tom Jackson  
717-677-6511  
thomasjackson@embarqmail.com  
1287 Shippensburg Rd, Biglerville PA 17307  
www.ksva.net



Keystone State Volkssport Assn.

Seasonal Snow Shoe

January 1 - March 31, 2016

## Michaux State Forest Piney Ridge Road

Adams and Cumberland County Snow Shoe

5K/10K Trail Rating 1C

103722 AT16/Y1418



This event qualifies for Trekking with Trees and You'll Never Walk Alone Special Program.

It also qualifies for the Ksva State Parks and Forest Challenge.

**START POINT:** Private Residence  
1287 Shippensburg Rd,  
Biglerville PA 17307.

**START/FINISH TIMES:** Daily dawn to dusk. Box is on front porch.

**TRAIL:** Park in the driveway and then walk about 1/4 mile to Piney Ridge Road. The dirt road is closed to vehicular traffic in the winter. The road is used by snowmobiles which make a nice track for snowshoeing.

**PROCEDURES:** Restrooms are available at the start if someone is home. There are also pit toilets about 3 miles away at the Big Flats Parking Area. Directions will be provided. Call first if you are not sure of snow conditions. Call both the house phone 717-677-6511 or cell 717-309-6088. Water should be carried. .

**FEES:** Award is a 3x3 embroidered patch which features a Luna Moth. Award and IVV Credit is \$7.00.

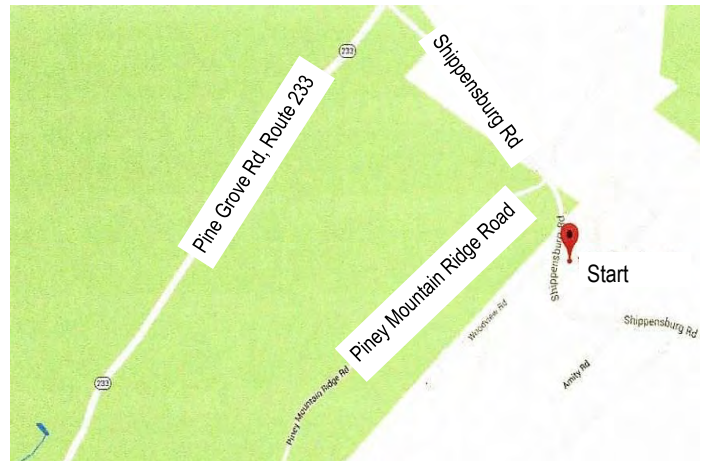
IVV Credit Only is \$3.00. This event is free to persons who wish to participate without receipt of IVV credit. All are welcome but they must register.

### **DIRECTIONS: From US-30/Lincoln Way East:**

Turn left just past Caledonia State park on PA Route 233/Pine Grove Rd. At the first four-way intersection, turn right on Shippensburg Rd towards Arendtsville. Go over the crest of the hill, past Loop Rd, and the residence is a log home on the left. It is across the street from the row of mail boxes at Woodview Rd.

### **From I-83 between Carlisle and Shippensburg:**

take the Newville exit and turn left on PA Route 233. At Pine Grove Furnace State Park, Route 233 makes a right hand turn. At the first four-way intersection, turn left on Shippensburg Rd towards Arendtsville. Go over the crest of the hill, past Loop Rd, and the residence is a log home on the left. It is across the street from the row of mail boxes at Woodview Rd.



### **ADDITIONAL INFORMATION:**

Tom Jackson  
717-677-6511

thomasjackson@embarqmail.com  
1287 Shippensburg Rd, Biglerville PA 17307  
www.ksva.net



# PENN DUTCH PACERS MILLERSVILLE

Year Round Walk in Lancaster County

January 2 - December 30, 2016

10/5K (6.2/3.1 miles)  
Rated 1A 102362 AT16/Y1882

This event qualifies for Bridges, Trekking With Trees,  
and Water Towers Special Programs.

**Location:** Millersville, PA is a college town located in South Central Pennsylvania in the heart of Pennsylvania Dutch Country.

**Trail:** The trail takes you through some scenic housing areas and past the historic buildings of Millersville University, one of the first Pennsylvania Normal Schools, established in 1859 and now one of the fourteen universities of the State System of Higher Education. Also featured are the Crossgates Housing Development and Golf Course, the revamped Penn Manor High School, and the park at Millersville.

**Registration Point: George Street Café,  
304 N. George St, Millersville, PA 17551**  
[www.georgestreetcafe.com](http://www.georgestreetcafe.com) 717-872-0800.  
Open Monday thru Friday - 7 am to 6 pm;  
Saturday - 8 am to 2 pm; Closed Sunday

**Starting Times:** Daily dawn to dusk.

**Award and Fees:** This is a CREDIT ONLY event. IVV Credit is - \$3.00. You may participate in all events FREE. All are welcome.

**Procedures:** There is no pre-registration. Register on the day you wish to walk at the Registration Point. **Ask for the Volksmarch Box.** Start Cards, maps, and written directions are in the Box. The Start Card must be turned in at the finish. IVV Event and Distance Books may be purchased.

**Disclaimer:** Neither the sponsor (Penn Dutch Pacers Volksmarch Club, Inc.) or the City of Millersville are liable for accidents, theft or material damage. Every reasonable effort will be made by the sponsors to make this a safe, enjoyable and memorable event.

**General Information:** Water and restrooms are available at the Start Point. The Student Union Building at the University has food and water available and Herr's Village Market (on the route) has all kinds of eats available. Local law requires that all pets are leashed and must be cleaned-up after. Strollers would have some difficulty, but wheelchairs would have a lot of difficulty on the trail.

**Directions: From Baltimore and York:** I-83 North to York Exit for US 30. Take US 30 East from York toward Lancaster to the Millersville Exit, PA 741. At the top of the

ramp, turn right and proceed 4 miles east on PA 741 to Millersville.

**In Millersville:** turn right on PA 999 (Mennonite Church Intersection). Follow PA 999 (Manor St.) to the intersection of PA 999 and George Street. Turn left on George St. and follow George St. to the intersection with Cottage Avenue (traffic light at this intersection) Café is located on left (E) side.

**From Harrisburg and North:** Take PA 283 South to PA 741. Turn right and go 5 1/2 miles east on PA 741 to Millersville and follow the directions "IN Millersville".

**From the East & the Northeast:** Take PA Turnpike West to the Reading/Lancaster Exit. Take US 222 South to US 30 just north of Lancaster. Go west on US 30 around Lancaster to the Millersville Exit, PA 741. At the top of the ramp, turn left and proceed 4 miles east on PA 741 to Millersville and follow the directions "IN Millersville".

**From Philadelphia:** Take US 30 west around Lancaster to the Millersville Exit, PA 741. At the top of the ramp, turn left and proceed 4 miles east on PA 741 to Millersville and follow the directions "IN Millersville".

## ADDITIONAL INFORMATION:

Kitty Glass - 717-872-7743

Email: [kittyglass@yahoo.com](mailto:kittyglass@yahoo.com)

Or, write to

Penn Dutch Pacers Volksmarch Club, Inc,  
PO Box 7445, Lancaster, PA 17604-7445 or  
[www.avaclubs.org/pdp/index.html](http://www.avaclubs.org/pdp/index.html)



## Nittany Nomads

Presents two seasonal walks in Butler County  
April 15, 2016 to October 31, 2016

### Moraine State Park

Portersville



5/10K (3.1/6.2 miles)  
Rated 3C 103754  
AT16/Y0114

### Jennings Environmental Education Center

Slippery Rock



5/10K (3.1/6.2 miles)  
Rated 3C 103755  
AT16/Y0113

Moraine qualifies for Bridges, Honoring Our Flag and Lakes and Reservoirs Special Programs.

Both events qualify for the KSPA County Program and KSPA State Parks and Forests Challenge.

**Start/Finnish:** Fairground Market  
1138 New Castle Road  
Prospect, PA 16052  
724-865-9523

Across from the Butler County Fairgrounds

**Hours:** Daily from 6:00 am to 11:00 pm. Walk in daylight hours only. Closed most holidays.

**Moraine:** Moraine State Park is located 3 miles east of Interstate 79 in Western Pennsylvania. Moraine State Park is named for the glacial moraines that cover its land. The moraines were formed at the conclusion of the last glacial period, a time when glaciers covered much of North America. A tongue of the glacier reached into Pennsylvania and, as the ice receded, left deposits of gravel, sand and clay. These created a landscape of gently rolling hills. The area was previously pitted with strip mines, gas and oil wells. It opened as a state park in 1970. Enclosed within the park is 3,225 acre Lake Arthur, a "restored" glacial lake from 10,000 years earlier.

**Trail:** After registering, you will drive about 5 miles to the walk start point. The trail is mostly wooded, with stretches of pine forest, some hills, and lake-side routing. Some parts of the trail have exposed roots. Walking stick and hiking shoes are recommended.

**Jennings Environmental Education Center:** Prairies are extremely rare in Pennsylvania. They are usually found further to the west in Ohio, Indiana and across the Midwest to the Rocky Mountains. The prairie at Jennings is the only protected prairie ecosystem in Pennsylvania. It provides a habitat for plants that are unique to prairie and the endangered massasauga rattlesnake. Jennings was the first state park established to protect an endangered plant, the blazing star. Jennings offers numerous programs to the public throughout the year, many of which are free. The annual Celebrate the Bloom festival occurs when the blazing star is in peak bloom.

**Trail:** The majority of the walk is on trails within the park. Some parts of the trail are rocky. Walking stick and hiking shoes are recommended.

**General Information:** The trail is not suited for strollers and wheelchair users. Pets are allowed on leashes. Please clean up after them. Although the facilities are open year-round, due to decreased park staffing and hours over the none summer hours, some might not be available. Plenty of free parking.

**Fees:** "A" award and IVV Credit is \$7.00. Moraine: The 3"x3" award patch depicts an osprey as shown to the left. Jennings: The 3x3" award patch depicts a massasauga rattlesnake as shown to the left. IVV credit only is \$3.00. You may walk for free. A trail may be completed twice on the same day at no additional charge.

**Procedures:** Pick up start cards, map and directions at the Fairground Market. Complete the registration log and start cards as directed. Upon completion of trails, return the start cards to the registration packet at the market. You will have to drive to the trail. Insect repellent should be used.

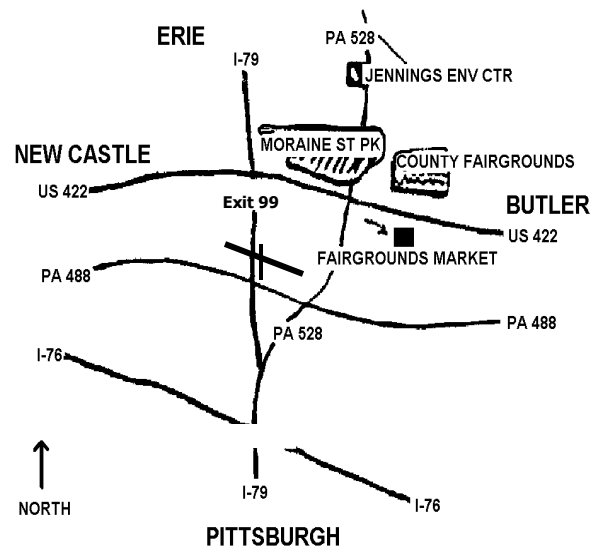
### Directions:

**From North or South:** Take I-79 to Exit 99 (Butler/New Castle). Take Route 422 East for about 6.5 miles. Start is on the right.

**From the West: Take Route 422 and follow** the above directions.

**From the East:** Follow Route 422 West. Pass the Lyndora/Butler exit and continue about 5 miles to the start is on the left.

You will drive 4.7 miles from Fairground Market to start the Moraine Trail or 8.3 miles to Jennings Trail.



### Additional Information:

Contact Linda Trimpey 724-482-5034 or email her at: [ldtrimpey@zoominternet.net](mailto:ldtrimpey@zoominternet.net).

The Trimpeys  
547 Meridian Road  
Renfrew, PA 16053  
[www.ksva.net](http://www.ksva.net) or [ava.org](http://ava.org)



# LIBERTY BELL WANDERERS

## MORRISVILLE

Year Round Walk in Bucks County PA  
and Trenton NJ

January 1 - December 31, 2016

Rating 1B, 10/5K  
102344 AT16/Y0622



A Award Event

This event qualifies for Border Crossings, Bridges, Honoring Our Flag, Water Fountains, National Register of Historic Places, State Capital (New Jersey), State Street Sashay, Take a Walk in City Park, Trekking With Trees, Walk the USA-Street by Street, Walking Americas Ports of Call, Walking the USA A-Z, and You'll Never Walk Alone Special Programs.

It also qualifies for KSVa Pa State Parks and Forest Challenge Program.

**Location:** Morrisville PA is a quaint little borough of approximately two square miles. With one of the lowest crime rates in PA, you can feel safe in Morrisville. It was named for Robert Morris, financier of the American Revolution. It is located at the falls of the Delaware River across from Trenton. Historically, the town has strong ties to both Trenton and Philadelphia

**Trail:** Trail starts in Morrisville then goes across the Delaware River into the government complex of Trenton, the capital of New Jersey. On the Pennsylvania side, the trail goes through the business district and quiet, scenic residential areas. Summerseat, which served as George Washington's headquarters is also on the walk and a section along the towpath of the Delaware Canal State Park.

**Start Point:** **Comfort Inn**  
**7 South Pennsylvania Avenue**  
**Morrisville, PA 19067**  
215-428-2600

**Start/Finish Times:** Dawn to Dusk

**Procedures:** At the start point, ask the registration desk for the Walk Box. Read the directions included in the

box for registration. Pick up a start card, map, directions, and carry a pencil to record checkpoints.

**Award:** The award, a 3X3 embroidered patch of a mallard duck, and IVV credit is \$7.00. IVV Credit only is \$3.00. This event is free to persons who wish to participate without receipt of award or IVV credit. All are welcome.

**Conditions:** Pets are welcome, but must be leashed at all times. No littering, please. Walk during daylight hours only. This walk will be medium difficulty for wheelchairs and strollers. Water should be carried. Restrooms are available at the start.

**Contact Person:** Alma Dallas 215-750-7807  
Email: [pahodallas@gmail.com](mailto:pahodallas@gmail.com)  
[www.libertybellwanderers.net](http://www.libertybellwanderers.net)

**Directions: From NJ:** Take Route 1 South to Delaware River toll bridge. After passing toll booth take first exit (less than 1 mile from toll booth), Pennsylvania Avenue toward Morrisville. Right on Pennsylvania Avenue 1 block to Comfort Inn on the left.

**From PA and South:** Take Route 1 North toward Trenton. Ignore left hand off ramp to Morrisville and continue on Route 1 for about 1 mile to Pennsylvania Avenue (Last exit in PA). Turn Left onto Pennsylvania Avenue and continue 1 block to Comfort Inn.

**From I-95:** Take I - 95 N to EXIT 46 (Route 1). Take Route 1 North to Exit onto Pennsylvania Ave,

**From PA TURNPIKE /276 Take** Exit 351 to Route 1 North for 12 miles to Exit onto Pennsylvania Ave.

### Hotel Latitude/Longitude

Latitude: 40.206367 Longitude: -74.776016

Use these coordinates to locate this hotel when using a GPS device or web map.



Keystone State Volksmarch Association

## Mount Pisgah State Park

A seasonal walk Troy, Bradford County

April 15 to September 30, 2016

5K/7K/10K Rated 2C 102966 AT16/Y1875



This event qualifies for Boardwalks, Bridges, Lakes and Reservoirs, and You'll Never Walk Alone Special Programs.

It also qualifies for the KSWA County Program and the KSWA State Parks and Forest Challenge.

**LOCATION:** Mount Pisgah State Park is in the scenic Endless Mountains region of Pennsylvania's Northern Tier. Midway between Troy and Towanda in Bradford County close to Route 6, the 1,302-acre park is along Mill Creek, at the base of Mt. Pisgah, elevation 2,260 feet. The park is only two miles north of US Route 6, the major route through the northern tier. Secondary roads passing through the villages of East Troy and West Burlington travel over rolling farmland to the park.

A dam on Mill Creek forms Stephen Foster Lake, named after the famous composer and onetime local resident. The 75-acre lake provides fishing, boating and skating.

**START/FINISH:** Dandy Mini Mart  
590 Elmira St  
Troy PA 16947  
570-297-2030

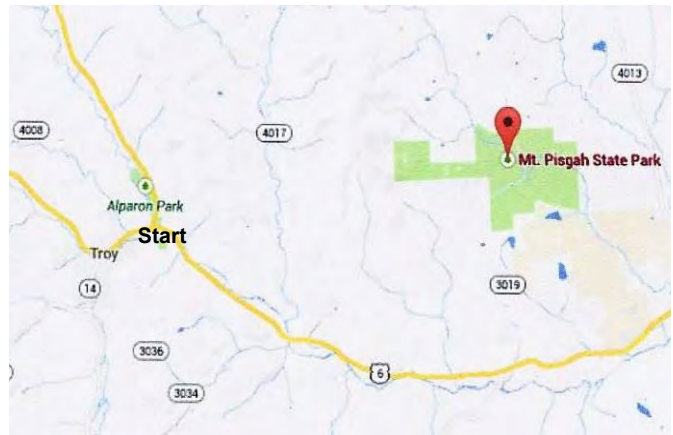
**HOURS:** Please walk in daylight hours only. The box is located near the restrooms.

**TRAIL:** After registering you must drive about 8 miles to Mount Pisgah State Park. The route starts from the parking lot on the right of the swimming pool complex. The 5K route consists of a loop around Stephen Foster Lake. The 7K route also includes an additional loop on the Mill Stream Trail. The 10K route includes a second additional loop on the Steam Hollow Trail, Maple Ridge Trail, Goshawk Trail, and a short section of the Oh! Susanna Trail. The trail is on natural surfaces.

**AWARD And FEES:** The 3X3 embroidered patch shown to the left features a Kingfisher. It is the same award as for Tioga State Forest. This award and IVV Credit is \$7.00. IVV Credit Only - \$3.00. You may walk for free. Everyone is welcome.

**GENERAL INFORMATION:** Wheelchairs and strollers will not be able to use this trail. Pets are welcome. Leash laws must be observed. You must clean up after your pets. You should carry water and use insect repellent. There are rest rooms at the beginning of the trail and at two other locations.

**DIRECTIONS:** Troy is on US-6 (Elmira St) between Mansfield and Towanda. The Dandy Mini Mart is on the east side of Troy, across from Tops Market. Look for the Gulf gas signs.



### ADDITIONAL INFORMATION:

Tom Jackson 717-677-6511  
thomasjackson@embarqmail.com  
1287 Shippensburg Rd, Biglerville PA 17307  
www.ksva.net





# Liberty Bell Wanderers (AVA-238)

January 2 - December 31, 2016

## New Castle DE

A year round walk in New Castle County

10K/5K Trail Rated 1A

102322 AT16/Y0912

This event qualifies for Alternate Capitals, Fraternal Organization, Honoring Our Flag, National Register of Historic Places, Points of Reference, Ports of Call, Take a Walk in City Park, US Post Offices, Walk the USA Street by Street, Walking the USA A-Z, Water Towers, and You'll Never Walk Alone Special Program.

**LOCATION:** New Castle was originally settled by the Dutch West India Company in 1651, under the leadership of Peter Stuyvesant. The Dutch originally named the settlement Fort Casimir, but this was changed to Fort Trinity following its seizure by the colony of New Sweden in 1654. The Dutch conquered the entire colony of New Sweden the following year and rechristened the fort Nieuw-Amstel ("New Amstel"). As the settlement grew, Dutch authorities laid out a grid of streets and established the town common (The "Green"), which continue to this day.

In 1664, the English seized the entire New Netherland colony in the Second Anglo-Dutch War and changed the name of the town to "New Castle." The Dutch regained the town in 1673 during the Third Anglo-Dutch War but it was returned to Great Britain the next year under the Treaty of Westminster. In 1680, New Castle was conveyed to William Penn by the Duke of York and was Penn's landing place when he first set foot on American soil on October 27, 1682. The spire on top of the Court House, Delaware's Colonial capitol and first state house, was used as the center of the Twelve-Mile Circle forming the northern boundary of Delaware. Delaware formally broke from Pennsylvania in 1704.

New Castle remained the county seat until after the Civil War, when that status was transferred to Wilmington. Three signers of the Declaration of Independence were from New Castle — Thomas McKean, George Read, and George Ross.

**START POINT: A Pizza History**  
625 Delaware St  
New Castle DE 19720  
302-322-2662

**START/FINISH TIMES:** Monday-Saturday 6 am to 10 pm; Sunday 6 am to 6 pm. (Owner occasionally closes earlier than posted closing times.) Closed Christmas.

**TRAIL:** Trail goes through the historical section of New Castle, along a paved greenway, and a paved trail along the Delaware River. There are several older uneven brick sidewalks.

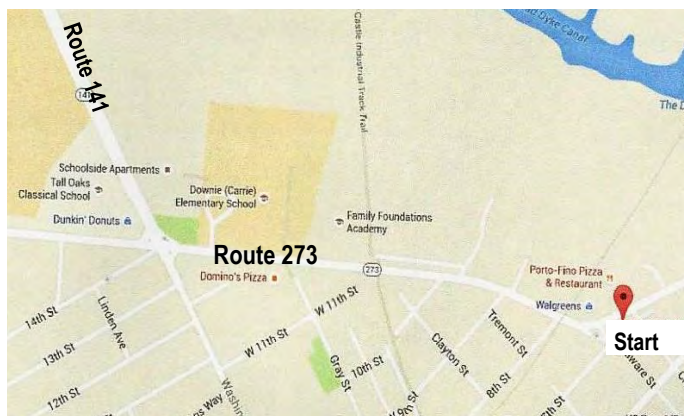
**PROCEDURES:** Restrooms are available at the start. Water should be carried. Parking lot is available. Strollers and wheelchairs will have some difficulty with uneven, misaligned brick sidewalks. Pets are allowed but not in the start point.

**FEES:** IVV Credit Only is \$3.00. This event is free to persons who wish to participate without receipt of IVV credit. All are welcome but they must register.

### DIRECTIONS:

**From NJ and I-295:** Exit for US-13 South to Route 141 (Basin) to New Castle. Left on DE 273 (Delaware St). Cross Railroad Tracks, left at traffic island, start point on right.

**From North and South on I-95:** Take Route 141 (Basin) exit to New Castle. Left on DE 273 (Delaware St). Cross Railroad Tracks, left at traffic island, start point on right.



### ADDITIONAL INFORMATION:

Ron Nelson  
717-806-7343  
Rnel699@aol.com  
www.libertybellwanderers.net



## PENN DUTCH PACERS

# NEW HOLLAND

Year Round Walk in LANCASTER COUNTY

January 2 - December 30, 2016  
11K/6K (6.8/3.7 miles)

Rated 1A 102361 AT16/Y1372

This trail qualifies for Fraternal Organizations, Honoring Our Flag, National Register of Historic Places, Trekking With Trees, and US Post Office, Water Towers Special Programs.

**Location:** New Holland, PA is a small rural community surrounded by many Amish and Plain Sect farms. It can trace its roots to 1728 with the first two churches established in 1730 and 1732. It is located in South Central Pennsylvania in the heart of Pennsylvania Dutch Country.

**Trail:** The trail starts west through various residential and commercial areas that include the vast Case-New Holland manufacturing complex, showing many of its farm machinery products. The walk circles and returns east meandering through the facilities of the Garden Spot Village (the local retirement home.)

### Registration Point:

**Country Squire Motor Inn**  
**504 East Main Street (PA Route 23)**  
**New Holland, PA.**

Parking is available at the Motor Inn.

**Starting Dates and Times:** The Inn is opened daily. It is recommended that you only walk during daylight hours.

**Award and Fees:** This is a CREDIT ONLY event. IVV Credit is - \$3.00. You may participate in all events FREE. All are welcome.

**Procedures:** There is no pre-registration. Register on the day you wish to walk at the Registration Point. **Ask for the Volksmarch Box.** Start Cards, maps, and written directions are in the Box. The Start Card must be turned in at the finish. IVV Event and Distance Books may be purchased.

**Disclaimer:** Neither the sponsor (Penn Dutch Pacers Volksmarch Club, Inc.) or the City of New Holland are liable for accidents, theft or material damage. Every reasonable effort will be made by

the sponsors to make this a safe, enjoyable and memorable event.

**General Information:** Water and restrooms are available at the Start Point. Local law requires that all pets are leashed and must be cleaned-up after. Stroller users would have some difficulty and wheelchair users would have a very difficult time using this trail.

**Directions: From the Lancaster:** Take PA Route 23 east about 12 miles from Route 30 at Lancaster. The Country Squire Motor Inn is on the eastern side of town.

**From Northwest:** Take US Route 322 East to Blue Ball. Turn right onto PA Route 23. The Country Squire Motor Inn is on the eastern side of town.

**From the East or Turnpike:** Take PA Route 23 west from the Morgantown exit of the PA Turnpike to New Holland. The Country Squire Motor Inn is on the eastern side of town.



### ADDITIONAL INFORMATION:

Barry Weatherholtz - 717-652-3533

Email: blwholtz@gmail.com

Or, write to

Penn Dutch Pacers Volksmarch Club, Inc,  
PO Box 7445, Lancaster, PA 17604-7445

[www.avaclubs.org/pdp/index.html](http://www.avaclubs.org/pdp/index.html)



## LIBERTY BELL WANDERERS

# NEW HOPE

Year-Round Walk in **BUCKS COUNTY**  
January 1 – December 31, 2016

Trail Rating 1B    10K or 5K    102324    AT16/Y0532



### A Award Event

This event qualifies for Border Crossings, Bridges, Honoring Our Flag, National Register of Historic Places, Points of Reference, Take a Walk in City Park, Trekking With Trees, Vice Presidential Walks, Walking the USA A-Z, and You'll Never Walk Alone Special Programs.

It also qualifies for the KSWA PA State Parks and Forests Challenge Program..

**General Information:** Walk through the quaint and historical towns of New Hope PA and Lambertville NJ with Victorian style homes, antique shops, boutiques and restaurants; pass the station of a steam locomotive sightseeing train. Also includes a section of towpath in both towns along the Delaware Canal. Some attractions are not open in the winter months.

**Trail:** Much of the trail is on paved sidewalks, while the tow paths are dirt covered. Due to uneven towpaths and several steps, wheel-chairs are not recommended. Large wheel strollers are OK.

**Registration Location: Rodeway Inn**  
6426 Lower York Rd, (Route 202)  
New Hope, PA 18938

The Inn has 152 rooms, a restaurant and lounge. For reservations call: 215-862-5221. **The start point is a 1.1 mile drive from the Inn; directions are in the box.** Free parking at the Start Point. Please park at the outer edge of the parking lot, as close to Bridge Street as possible.

**Start Time:** Dawn. Must be finished by DUSK.

**Fees:** The award, a 3X3 embroidered patch of a mallard duck, and IVV credit is \$7.00. IVV Credit only is \$3.00. You may walk for Free.

**Procedures:** Ask for the Walk Box in the Inn. Pets must be leashed. (Their droppings must be removed). No littering.

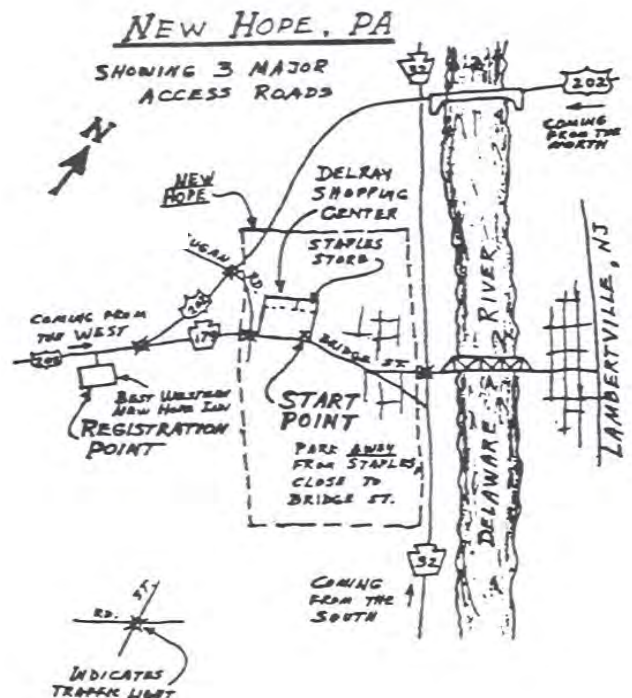
**Restrooms and Water:** They are available at the Registration Point. Another restroom will be available on the trail.

**Contact Person:** Al Kilburn  
215-354-1723  
alkilburn0802@gmail.com  
[www.libertybellwanderers.net](http://www.libertybellwanderers.net)

**Directions to the Registration Point: From East or West** - Take the PA Turnpike to the Willow Grove Interchange Exit 343 (old Exit #27). Exit onto Route 611 North. Go 9.3 miles. Turn right onto Route 202 North. Go 9 miles to the Rodeway Inn on the right.

**From the North:** Follow Route 202 South through Somerville, NJ. After crossing the Delaware River (toll bridge), go 1.8 miles and the Inn will be on your left.

**From the South:** Take I-95 North through Chester and Philadelphia to Exit 51 (Old Exit 31 - New Hope). Turn left onto Turnersville Road. Go 5 miles to where it tee's into Route 32 and turn left. Go North on Route 32 for 4 miles to New Hope. At the truss bridge over the Delaware, turn left onto Route 179 (Bridge Street), then left on Lower York Rd. Go 1 mile to the Inn on the left.



## LIBERTY BELL WANDERERS

# Nolde Forest State Park

Year Round Walk in Reading, BERKS COUNTY

January 2 - December 31, 2016

Rating 3C 10K/6K  
102309 AT16/Y0623



A Award Event

This event qualifies for Boardwalks, Bridges, Treasure Hunt, Trekking with Trees, Walking the USA A-Z, Water Towers, and You'll Never Walk Alone Special Programs.

It also qualifies for the KSPA County Program and KSPA State Parks and Forests Challenge.

**HISTORY:** When hosiery baron Jacob Nolde acquired this area in the early 1900's, a single white pine tree grew amid meadow vegetation. Inspired by this tree, the German-born Nolde hired an Austrian forester to create a coniferous forest. As the forest grew, it formed a luxury forest. In 1926, a son of Jacob, initiated work on the Tudor-style mansion, which overlooked the sawmill pond and the lights of Reading. The Commonwealth of PA bought the property in the late 1960's. The first environmental education center to be operated by the Bureau of State Parks was opened in the early 1970's. The Nolde Forest Environmental Center is open weekdays from 8 am to 4 pm. Visitors are welcome to tour the grounds and mansion. Be aware that in order to maintain the deer population in the park, there will be archery hunting in designated areas from Sept 19-Nov 25 during the weekdays. Any questions, call the park office 610-796-3699.

**TRAIL** - Is on natural surfaces ranging from unpaved roads with gradual inclines to narrow, steeper inclines with loose rocks and tree roots. Hiking shoes, insect repellent and walking sticks recommended. During the winter months, the trails are open for snowshoeing and cross country skiing provided there is adequate snow cover.

**START POINT: Redner's Market**  
**300 Kenhorst Plaza, Reading PA 19607**  
610-775-3155

**START/FINISH TIMES:** Dawn to Dusk - closed Christmas Day.

**PROCEDURES:** At the start point, the registration box is located at the Customer Service. After registering, you will have to drive to the Sawmill Parking Lot to start the trail.

**AWARD:** The award is a 3X3 embroidered patch depicting the Black Capped Chickadee and IVV Credit is \$7.00. IVV Credit only is \$3.00. This event is free to persons who wish to participate without receipt of award or IVV credit. All are welcome.

**CONDITIONS:** Pets are welcome, but must be leashed at all times. No littering, please. This walk does not support the use of wheelchairs and strollers. You should carry water and use insect repellent. At the Start there are flush toilets. Restrooms along the trail, however, are pit toilets. Suggest you bring hand sanitizer and toilet paper with you.

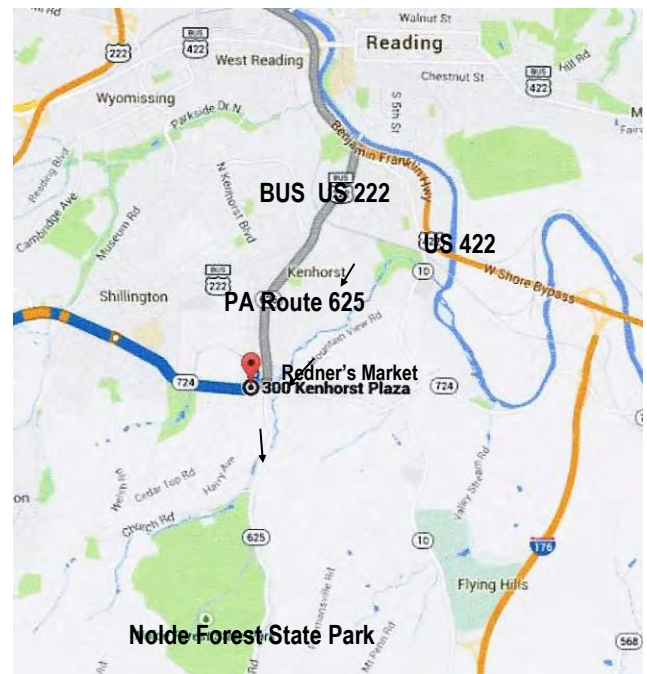
### CONTACT PERSONS:

Steve and Joanne Strunk 610-496-6723

Email: [slshomestead@comcast.net](mailto:slshomestead@comcast.net)

[www.libertybellwanderers.net](http://www.libertybellwanderers.net)

**DIRECTIONS:** From US Route 422 in Reading, take exit for BUS US-222 South/Lancaster Ave. Continue on Lancaster Ave for 0.5 miles to a slight left on PA 625 South at Dunkin Donuts. Turn right on PA 724 East. Redner's is in Kenhorst Plaza. The box is located at Customer Service.



## Nittany Nomads

Present a seasonal walk in Oil City,  
VENANGO COUNTY

# Oil Creek State Park

April 15, 2016 to October 31, 2016



10K/5K (6.2/3.1 miles)

Rated 3C 103740 AT16/Y1191

This event qualifies for the KSPA County Program and  
KSPA State Parks and Forest Challenge.

**History:** The history of Oil Creek State Park is tied to the rise and fall of the oil industry in northwestern Pennsylvania. What is now a wild second growth forest with several cold water fishery creeks flowing through it was once the site of the vast oil industry that changed the landscape and water quality of the Oil Creek Valley.

Oil was known to exist here, but there was no practical way to extract it. In the late 1850s Seneca Oil Company (formerly the Pennsylvania Rock Oil Company) sent its manager, Colonel Edwin Drake, to start drilling on a piece of leased land just south of Titusville, near what is now Oil Creek State Park. Drake hired a salt well driller, William A. Smith, in the summer of 1859. After many difficulties, they finally drilled a commercially successful well on August 27, 1859.

The Oil Creek and Titusville Railroad, a diesel tourist excursion train, runs through the park from Oil City to Titusville, with stops throughout the park.

**Start/Finish: Plumer Country Store**  
1303 State Route 227  
Oil City, PA 16301  
814-677-2093

**Hours:** Weekdays 7:00 AM-7:00 PM. Saturday 8:00 AM-5:00 PM. Sunday 10:00 AM-3:00 PM. Closed most holidays.

**Trail:** The majority of the walk is on trails within the park. Some parts of the trail are rocky. Walking stick and hiking shoes are recommended. Carry water and use insect repellent.

**General Information:** The trail is not suited for strollers and wheelchair users. Pets are allowed on leashes. Please clean up after them.

**Fees:** "A" award and IVV Credit is \$8.00. The 3"x3" embroidered award patch depicts a Brook Trout as shown to the left. IVV credit only is \$3.00. You may walk for free. A trail may be completed twice on the same day at no additional charge.

**Procedures:** Pick up start cards and directions at the Plumer Country Store. Complete the registration log and start cards as directed.

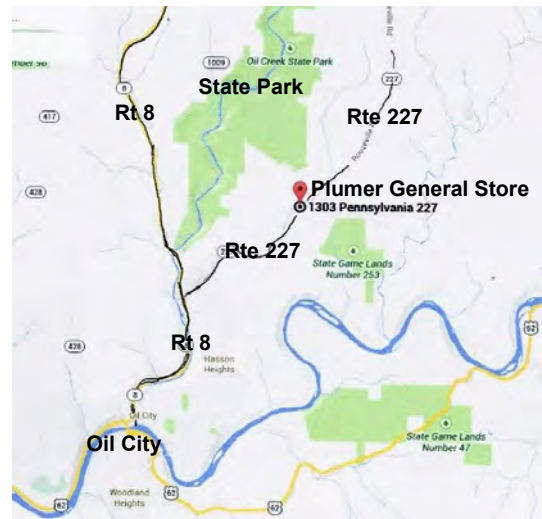
**Directions: From the North:** Take Rt. 8 South. Turn left onto State Park Road. Follow the signs for the Park Office. Pass the Park Office on the left and continue about 3 miles to a STOP sign. Turn right and go about .2 mile. Plumer Country Store is on the right.

**From the South:** Take Rt. 8 North through Franklin and Oil City. Continue on Rt. 8 to junction with State Route 227 East and turn right. Drive approximately 3.4 miles to the Start at Plumer Country Store on the left.

**From the West:** Take I-80 to Exit 29 Franklin/Barkeyville. Take Rt. 8 North and follow above directions.

**From the East:** Take I-80 to Rt. 322 W to Rt. 8 North. Follow above directions.

After signing up for the walk you will drive approximately 3 miles to the beginning of the trail.



### ADDITIONAL INFORMATION:

Linda Trimpey at 724-482-5034  
or email her at: [ldtrimpey@zoominternet.net](mailto:ldtrimpey@zoominternet.net)  
547 Meridian Road  
Renfrew, PA 16053  
[www.ksva.net](http://www.ksva.net) or [ava.org](http://ava.org)



# LIBERTY BELL WANDERERS

## PHILADELPHIA

3 Year Round Walks in PHILADELPHIA COUNTY  
January 1 - December 31, 2016

### West Walk - Historic/Cultural

Rating 1A 11K 102343 AT16/Y0482

### East Walk - Historic/Waterfront

Rating 1A 11/5K 102342 AT16/Y1278

### Ben Franklin Bridge Walk

Rating 2A 11K 102323 AT16/Y0621

All trails qualify for Alternative Capitals, Cities in Song, Food for Thought, Honoring Our Flag, National Register of Historic Places, Take a Walk in City Park, Walk USA A-Z, Walk USA Street by Street, Path of Inventors, and You'll Never Walk Alone Special Programs.

The **East Trail** also qualifies for the Bridges, Points of Reference, National Parks, US Post Offices, Vice Present, Ports of Call, Trekking With Trees Special Programs.

The **West Trail** also qualifies for Fraternal Organizations, Water Fountains, National Parks, US Post Offices, Vice Presidential Walks, and Trekking with Trees Special Programs.

The **Bridge Trail** also qualifies for Animal Safari, Border Crossings, Bridges, Ports of Call and Water Towers Special Programs.

### All Trails are "B" Award Events

**West Trail** - This walk will pass the grave of Benjamin Franklin, Liberty Bell, Independence Hall (where the Declaration of Independence was signed), City Hall various museums including the famous Art Museum and the steps which the movie "Rocky" made famous. Run up the steps if you can (this is not part of the walk!). It also goes through the original open-space parks that were planned by William Penn in 1682.

**East Trail** - This walk goes through historical/waterfront Philadelphia. See where the Declaration of Independence was signed by patriots of a very new government. You will pass by the house where Thomas Jefferson wrote the Declaration of Independence as well as Independence Hall, the Liberty Bell, Betsy Ross House, the Delaware River waterfront, and the Italian Marketplace.

**Bridge Trail:** The walk begins in the historic district of Philadelphia and goes across the Ben Franklin Bridge into Camden, NJ. Walk through the Rutgers campus and along the scenic waterfront to the Battleship New Jersey then return to Philadelphia. Walker and then return to Philadelphia. No strollers or wheelchairs on this trail.

**Trails:** Easy walks on pavement. No significant hills. Can be walked with a child in a stroller. On the East Walk, the steps at the waterfront have an alternate ramp. Wheelchairs would have some difficulty.



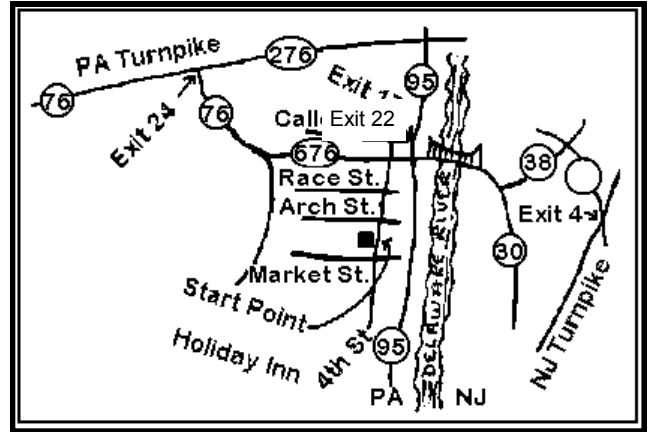
**Start Point: Wyndham Philadelphia  
Historic District Hotel  
4th and Arch Streets, Philadelphia, PA 19106.  
(215) 923-8660.**

**Start/Finish Times:** Dawn to Dusk

**Procedures:** At the start point, ask the registration desk for the Walk Box. Read the directions included in the box for registration. Pick up a start card, map, directions, and carry a pencil to record checkpoints.

**Award:** "B" Award and credit is \$5.00. IVV credit only is \$3.00. This event is free to persons who wish to participate without receipt of award or IVV credit. All are welcome.

**Conditions:** Pets are welcome, but must be leashed at all times. No littering, please. Walk during daylight hours only. Water should be carried. Restrooms are at the start point.



**Contact Person:** Patricia Crisfulla  
215-334-5825  
Email: [pmcrisfulla@hotmail.com](mailto:pmcrisfulla@hotmail.com)  
[www.libertybellwanderers.net](http://www.libertybellwanderers.net)

**Directions: From PA Turnpike** - Take Exit 326-(Valley Forge) to Route 76 East. Take 76 East to Route 676 East Exit. Take Route 676 to 8th St. (Independence Mall) Exit. Off ramp to right, go to first traffic light (Race Street). Take a Left and go four blocks to 4th Street. Take a Right and go 1-1/2 blocks to Hotel entrance on right.

**From New Jersey Turnpike** - Take Exit 4 to Route 73 North to Route 38 West. Follow Route 38 West to Route 30 West to the Benjamin Franklin Bridge. Cross bridge, (this is a toll bridge coming into Philadelphia) take first right hand turn and follow around the sharp "U" turn down to 4th Street. Take a Right on 4th Street and go 2-1/2 blocks to Hotel entrance on the right.

**From Route 95 Southbound or Northbound** - Take Exit 22 and follow signs for Historical Area/Independence Mall. At bottom of ramp, take a right onto Callowhill Street, take a Left onto 4th, and Hotel is four blocks ahead on the right.

**Please note:** Hotel is located near the US Mint and Independence Hall. Parking garage is on the left side of the building, but **there is a fee to park**. Free parking is available on **some** streets, but on Sunday only.

# LIBERTY BELL WANDERERS

## PHILADELPHIA

### Schuylkill Banks

Year Round Walk in PHILADELPHIA COUNTY

January 1 - December 31, 2016

Rating 1A 10/5K  
102326 AT16/Y2082

This event qualifies for Alternative Capitals, Animal Safari, Boardwalks, Bridges, Cities in Song, Fraternal Organization, Honoring Our Flag, Water Fountains, National Register of Historic Places, Points of Reference, Take a Walk in City Park, Trekking With Trees, US Post Offices, Ports of Call, Walking Path of Inventions, Walking the USA A-Z, and You'll Never Walk Alone Special Programs.

#### Credit Only Event

**Trail** - Walk is completely on paved surfaces through residential areas, along pedestrian walkways and college parks. Highlights include Penn Park, Penn Museum of Archeology and Anthropology, the Philadelphia Art Museum, the Water Works, and a greenway trail along the banks of the Schuylkill River. Enjoy the beautiful views of the Philadelphia skyline throughout the route.

**Start Point:** **Cosi Café**  
**Main Concourse of 30th St Station**  
**2955 Market Street, Philadelphia PA 19104**  
215-222-0758

**Start/Finish Times:** Dawn to Dusk

There is **no** free parking in the area. Parking is available in lots on JFK Blvd on West side of terminal. Senior citizens can ride SEPTA for \$1.00 by showing their Medicare card when purchasing a ticket.

**Procedures:** At the start point, ask for the Walk Box. Read the directions included in the box for registration. Pick up a start card, map, directions, and carry a pencil to record checkpoints.

**Award:** IVV credit only is \$3.00. This event is free to persons who wish to participate without receipt of award or IVV credit. All are welcome.

**Conditions:** Pets are welcome, but must be leashed at all times. No littering, please. Walk during daylight hours only. Restrooms and water are available at the Start Point. Strollers and wheelchairs will have little difficulty.

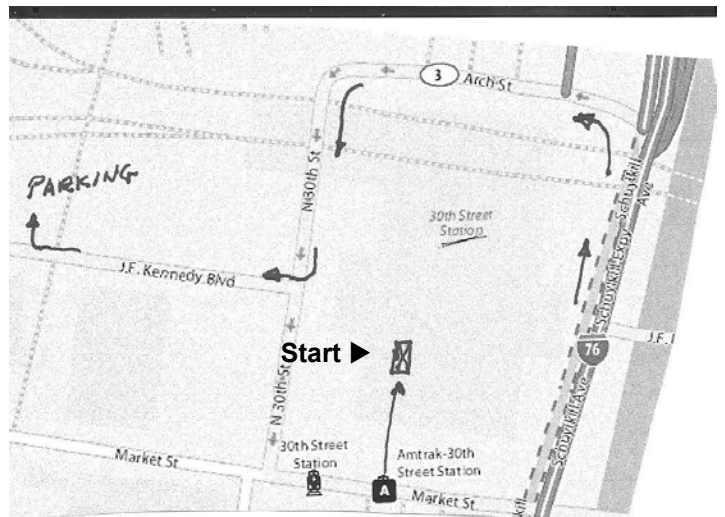
**Contact Person:** Linda Blythe  
215-387-3370  
Email: [linblythe@msn.com](mailto:linblythe@msn.com)  
[www.libertybellwanderers.net](http://www.libertybellwanderers.net)

**Directions by car: From Camden NJ area:** Cross Ben Franklin Bridge to I-676. Follow signs to I-76E – International Airport. Take Exit 345 (30th St/Market St). Turn Right on Arch St and circle station to JFK Blvd. Turn right on JFK to available parking lots. Pay fee and walk to 30th Street Station.

**From PA Turnpike:** Take I-76 exit (exit 328) to Exit 345. (30th St/Market St). Turn Right on Arch St and circle station to JFK Blvd. Turn right on JFK to available parking lots. Pay fee and walk to 30th Street Station.

**From Delaware and South:** Take I-95 N to PA Route 291 E (Exit 13) to I-76W/ Valley Forge. Take I-76 W to Exit 345. Circle terminal counterclockwise to JFK Blvd. Turn right on JFK to available parking lots. Pay fee and walk to 30th Street Station.

**By Train:** 30th Street Station services Amtrak ([www.amtrak.com](http://www.amtrak.com)) (800-872-7245) from across the country, and SEPTA Regional Rail ([www.septa.org](http://www.septa.org)) (215-580-7800) from points in Southeastern PA. When arriving by Amtrak, proceed to Cosi Café in the Main Concourse. When arriving by SEPTA, follow the signs to the Amtrak terminal by taking the ramp on the left which leads to the Main Concourse.



## York White Rose Wanderers

Presents two seasonal walks  
May 1, 2016 to September 30, 2016

### Promised Land State Park

Pike County

### Varden Conservation Area

Wayne County



5/10K (3.1/6.2 miles)  
Rated 2C 102883  
AT16/Y0438

5/10K (3.1/6.2 miles)  
Rated 2B 102882  
AT16/Y0437

Both events qualify for the KSVA County Program and KSVA State Parks and Forests Challenge. Promised Land also qualifies for Honoring Our Flag and Lakes and Reservoirs Special Programs.

### START/FINISH for both parks:

**Promised Land State Park Headquarters**  
100 Lower Lake Rd, Greentown PA 18426  
570-676-3428

Start box is in lobby of park headquarters, through the first set of double doors.

**HOURS:** Daily from 8:00 am to dusk. Walk in daylight hours only.

**Promised Land State Park:** This park is about 3,000 acres surrounded by 12,464 acres of PA's Delaware State Forest. It was the fourth PA State Park and the facilities opened in 1905. The park has been designated an important Bird Area by the National Audubon Society. Bald eagles have nested in the park for several years.

**Varden Conservation Area:** It is one of ten PA State Parks without the words "State Park" in its name. It is over 400 acres of diverse habitats such as coniferous and deciduous forests, farm fields, wetlands, and ponds. After registering at Promised Land State park, you will have to drive about 25 miles to Varden. Driving directions are in the start box. There is a Comfort Inn off I-84, Exit 17 (Newfoundland/Hamlin) which is the exit for Varden Conservation Area.

**BOTH TRAILS:** Trails are on natural surfaces, through the woods on snowmobile trails and along paved highways. The trails lead through areas rich in historic and scenic interest. From mid-June until mid-July, the mountain laurel and rhododendron are in bloom.

Be aware that some trails are within hunting areas, so pay extra attention during hunting season. The trails are marked with a vertical blue blaze. At each trail intersection, a sign will designate the trail name, trail uses, distances, and directions.

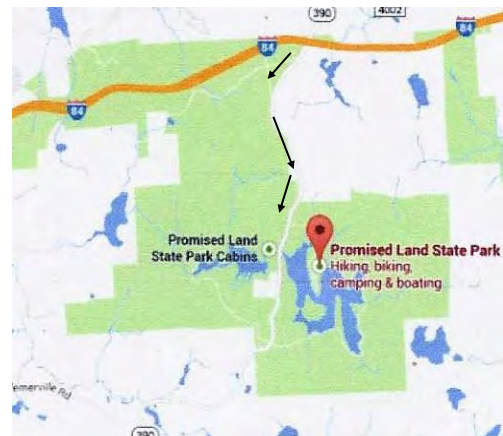
**GENERAL INFORMATION:** These trails are not suited for strollers and wheelchair users. Pets are allowed on leashes. Please clean up after them. Please use insect repellent and carry water.

**FEES:** "A" award and IVV Credit is \$7.00. The award is a 3X3 embroidered patch as shown to the left featuring a black bear cub and mountain laurel. IVV credit only is \$3.00. You may walk for free. A trail may be completed twice on the same day at no additional charge.

**PROCEDURES:** Pick up start cards, map and directions at the Park Headquarters. Complete the registration log and start cards as directed.

**DIRECTIONS:** Take your favorite route to I-84, which goes between Scranton and the New Jersey border. Take Exit 26 off of I-84 (Route 390 S) Travel a few miles, following signs to Promised Land State Park Headquarters, on the right.

If you are walking in Varden Conservation Area, after registering, you will have to drive about 25 miles to start your walk. Driving instructions are in the start box.



### ADDITIONAL INFORMATION:

Contact Brenda Weirich  
717-266-5400

nbweirich@verizon.net or ywrw@hotmail.com  
6541 Old Carlisle Rd, Dover PA 17315

For information on other YWRW events, visit our website:  
[sites.google.com/site/yorkwhiterosewanderers](http://sites.google.com/site/yorkwhiterosewanderers)





## SUSQUEHANNA ROVERS VOLKSMARCH CLUB

# Punxsutawney

Seasonal Walk in Jefferson County

May 7 to October 30, 2016

5K, 10K, 15K (3.1m, 6.2m, 9.3m)  
Trail Rating 1A, 2B, 2B

104365 AT16/Y1993

### Special Programs:

KSVA County Program and Walking the USA. For a complete list, please review the event details on the AVA web site [www.ava.org](http://www.ava.org).



**LOCATION:** The Delaware Indians originally settled in this area. The name derived from their legend about the death of an evil Indian Sorcerer, whose remains turned into searing sandflies or ponksads after his body burned to purify the area. The Indians then named the area "Ponksaduteney", or as we know it today Punxsutawney.

As the town thrived, mining the high-grade soft coal in the surrounding region supplied railroads and factories with an energy source. Factories built in the area included glassworks, foundries, ironworks, and machine shops. Farmland surrounding the town grew the organic resources for flour, feed, and silk mills.

Punxsutawney is one of the most famous small towns in America thanks to a furry little critter named Punxsutawney Phil. Celebrating traditions brought over from Europe; in 1887, the town established the Ground Hog club to celebrate Candlemas. This club's mascot has become the town's most famous resident. This charming prognosticator wakes up early from his burrow on Groundhog Day, February 2 to forecast the weather annually to his admiring fans, who wait with anticipation for his prediction at Gobbler's Knob.

The walk will start out near Phil's Burrow and depending on which distance you choose, you will make the trek up to Gobbler's Knob.

After you enjoy your walk through the weather capital of the world, take your time to visit the Weather Discovery Center at 201 North Finley Street and the Historical Society at 401 West Mahoning Street.

**TRAIL:** The 5K option will be on uneven sidewalks through town. The 10K trail will be through town with a moderate hill up to Gobbler's Knob. The 15K trail will follow parts of the Mahoning Shadow rail trail with a paved surface and crushed limestone surface. Some surfaces on the longer trails are oil & chipped roads, and crushed limestone.

**FEES:** This event is free to those who wish to participate without receipt of award or IVV credit. IVV Credit only is \$3.00. Children 12 or under are not charged for IVV Credit. All walkers, even free, must register and return their start cards to the Point of Contact.

**GENERAL INFORMATION:** Pets are allowed on leashes, but must be cleaned up after according to borough code. Restrooms will be available at the start point in the lobby of the Civic Center. Parts of the trail may be difficult for strollers and wheelchairs. Water should be carried.

**START/FINISH:** Mahoning East Civic Center  
The Police Dispatch Foyer  
301 East Mahoning Street  
Punxsutawney PA 15767

**HOURS:** The foyer is open 24 hours  
Walk during daylight hours only

**DIRECTIONS: From I-80 West:** Take Exit 78 Brookville, go South on State Route 36 about 20 miles to Punxsutawney, Route 36 will turn into Mahoning Street, the Civic Center will be on the right with parking off Hampton Avenue.

**From I-80 East:** Take Exit 101. Turn right at end of ramp to take State Route 255 towards DuBois. In DuBois, pick up Route 219/119 South (East Brady St.) Follow it through downtown DuBois and continue to stay on Route 119 South to Punxsutawney. (Route 219 branches off to the left.) Follow Route 119 for about 18 miles into downtown Punxsutawney. Parking off Hampton Avenue

**From the PA Turnpike:** Get off the Turnpike at Bedford, Exit 146. Pick up State Route 99/220 North towards Altoona. In Altoona, Exit onto Route 22 West towards Indiana/Cresson. Exit at the Cresson exit, turn right, go to stoplight and turn right onto Route 53. Follow it to the intersection of Route 36 in Asheville. Take Route 36 North for about 60 miles into downtown Punxsutawney. Parking off Hampton Avenue



### POINT OF CONTACT:

Marcy Lucas  
870 Bucks Valley Rd  
Newport PA 17074  
Cell: 717-979-3960  
[lucas\\_mj@hotmail.com](mailto:lucas_mj@hotmail.com)

[www.avaclubs.org/SRVC](http://www.avaclubs.org/SRVC)

**Kickoff Event:** Will be held May 7, 2016. Meet at the start point at 9:00 AM. Come join us for a group walk!



## Penn Mary Walkers

Presents a Seasonal Walk in BEDFORD COUNTY

# Shawnee State Park

Bedford PA

April 1 to September 30, 2016

5/10K (3.1/6.2 miles) Trail Rating 1B  
104041 AT16/Y1440



This event qualifies for Bridges, and Lakes and Reservoirs Special Program.

This event also qualifies for the KSVa County Program and KSVa State Parks And Forests Challenge.

**LOCATION:** Shawnee State Park contains 3983 acres of PA Scenic Ridge and Valley Province just 10 miles west of Bedford along US 30. It has recreational facilities that blend into the natural environment. The focal point of the park is the 451 acre Shawnee Lake.

### START POINT:

**Jean Bonnet Tavern  
6048 Lincoln Highway  
Bedford PA 15522**

Meals are served at the tavern from 11 am to 9 pm.

**START/FINISH TIMES:** Walk during day light hours only. The Start Box is on the porch of the gift shop. After registering at the tavern, you must drive 6.5 miles to Shawnee State Park, 132 State Park Rd, Shellsburg PA. Driving directions to park will be in box.

**TRAIL:** The 5K route uses the paved Lake Shore

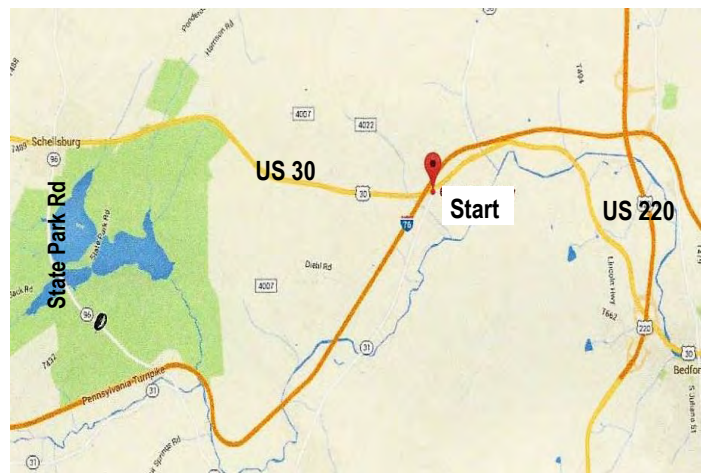
Trail. The 10K adds additional hiking trails off of the Lake Shore Trail.

**PROCEDURES:** Complete the registration log and start cards as directed You will drive a short distance to start the walk.

**GENERAL INFORMATION:** The 5K trail is suited for strollers and wheelchair users. Pets are allowed on leashes. Please clean up after them. There are restrooms at the start of the trail. Parking is available.

**AWARD:** "A" award and IVV credit is \$7.00. The 3x3 inch embroidered patch depicts a Swallowtail Butterfly. IVV Credit is \$3. This event is free to persons who wish to participate without receipt of IVV credit. The 10K trail can be walked a second time on the same day using the same start card for additional distance credit. All are welcome but they must register.

**DIRECTIONS:** From PA Turnpike, take Exit 146/ Bedford Interchange. Turn Left on US-220 Business towards Bedford/Altoona/Johnstown. Turn Left to take US-220 South towards Bedford. Turn Left onto the Lincoln Highway/ US 30. go about 2.6 miles and tavern will be on the left.



**Additional Information:** Sarah Garcia  
915-471-1134  
sarahgrc@yahoo.com  
www.ksva.net or ava.org



**Keystone State Volksmarch Association  
Presents a year round walk in  
SHEPHERDSTOWN WV**

January 1 to December 31, 2016  
11K (6.8 miles) or 6K (3.7 miles)

Rated 2B 103156 AT16/Y1305

This event qualifies for *Border Crossings, Civil War Battlefields, Food for Thought, Fraternal Organization, Honoring Our Flag, National Parks, National Register of Historic Places, Trekking With Trees, US Post Offices, and You'll Never Walk Alone* Special Programs.

## Credit Only

### Shepherdstown WV

This walk is mainly on paved sidewalks and some city streets in the oldest town in West Virginia. The 6K walk is rated 1A. The 11K trail crosses the Potomac River into Maryland. It also uses a steep, natural surface, blue-blazed trail, which is an offshoot of the C&O Canal Tow Path, to climb from the river up to Ferry Hill Plantation, part of the C&O Canal Historic Park. and visits the entrance to Ferry Hill Plantation (open to visitors Memorial Day through September). There is one short section of road walking after the route visits Ferry Hill Plantation and returns to WV. Lee's Army of Northern VA crossed the Potomac River at Shepherdstown to return to (West) VA after the battle of Antietam. Federal artillery was placed on the bluff at Ferry Hill during the battle.

The walk covers parts of Shepherd College including the newly constructed Center for the creative Arts. It includes all of the historic downtown district with its collection of beautifully maintained homes and shops. A very short section of both routes in Elmwood Cemetery is on natural surface. This is truly a unique small town. There are a variety of food establishments and shops for browsing.

Shepherdstown walkers may also want to consider the 10K Out and Back Option from Lock 38 for YRE AT16/Y748, C & O Canal -Noland's Ferry to Big Slackwater, sponsored by the Maryland Volkssport Association. It is just across the Potomac River from Shepherdstown. Shepherdstown walkers actually cross the route while on the bridge over the Potomac.

It takes less than 2 hours to drive to this beautiful town from Harrisburg and the scenery on the way is worth the trip.

**START/FINISH: Clarion Hotel  
233 Lowe Drive, Shepherdstown, WV**

There is plenty of parking at the hotel.

**HOURS:** Please walk in daylight hours only.

**TRAIL:** Mostly on paved sidewalks and some city streets. 11K trail includes a short but steep switch back trail from the C&O Canal towpath to Ferry Hill Plantation and a brief section of road walking..

**FEES:** IVV Credit Only - \$3.00. A trail may be completed twice on the same day at no additional charge. You may walk for free. All are welcome.

**GENERAL INFORMATION:** The 11K trail is not recommended for strollers or wheelchairs. Strollers will have some difficulty

with curbs and uneven sidewalks, on the 6K trail and it is not recommended for wheelchair users. Pets are allowed on leashes, but not in buildings including the start point, Ferry Hill Plantation or inside Elmwood Cemetery. You must clean up after your pets. Water and restrooms are available at the start. You should carry water.

**PROCEDURES:** Pick up start cards, and directions at the registration desk. Complete the registration log and start cards as directed.

#### DIRECTIONS:

**From Winchester VA** - take I-81 towards Martinsburg WV. Take the WV45/Winchester Ave exit #2; turn right onto WV45. Follow WV45 east all the way into Shepherdstown where it becomes German Street. Turn South onto Route 480/Duke Street and drive less than a mile to Lowe Drive. Turn Right. Start box is at the registration desk.

**From DC:** North to Frederick MD. From Frederick take Rout 340 West past Harpers Ferry to Route 230. Take Route 230 North to Shepherdstown. Route 230 becomes German Street in Shepherdstown. Turn West on German Street and then South/left on Route 480/Duke Street and drive less than a mile to Lowe Drive. Turn right. Start box is at the registration desk.

**From Hagerstown MD:** Take Route 65 to Sharpsburg and then Route 34 West to Shepherdstown. MD Route 34 becomes WV Route 480. Follow Route 480/Duke Street to Lowe Drive. Turn Right. Start box is at the registration desk.

**From Harrisburg PA:** take I-81 towards Martinsburg WV. Take the WV45/Winchester Ave exit #12; turn left onto WV45. Follow WV45 east all the way into Shepherdstown where it becomes German Street. Turn South onto Route 480/Duke Street and drive less than a mile to Lowe Drive. Turn Right. Start box is at the registration desk.



#### ADDITIONAL INFORMATION:

Contact Jane Snurr at 717-697-3654

Email: [janey0726@aol.com](mailto:janey0726@aol.com)

920 Charles Street

Mechanicsburg PA 17055-3742

[www.ksva.net](http://www.ksva.net)



# The NITTANY NOMADS

## Three Year-Round Walks

January 2 - December 31, 2016

## STATE COLLEGE

CENTRE COUNTY

### Walk 1: State College Trail 104109 AT16/Y0744 10K (6.2 Miles) or 5K (3.1 Miles) Trail Rating: 2A

This event qualifies for Animal Safari, Food for Thought, Fraternal Organizations, Honoring Our Flag, National Register of Historic Places, Points of Reference, Take a Walk in a City Park, Treasure Hunt, Trekking With Trees, US Post Offices, Walk the USA-Street by Street, Walking the Path of Inventions, and Water Towers Special Programs.

### Walk 2: Boalsburg Trail 104113 AT16/Y1197 10K (6.2 Miles) or 5K (3.1 Miles) Trail Rating: 2B

This event qualifies for Honoring Our Flag, National Register of Historic Places, Trekking With Trees, US Post Offices, Vice Presidential Walks, Water Towers and You'll Never Walk Alone Special Programs.

### Walk 3: Arboretum Walk 104112 AT16/Y2005 10K (6.2 Miles) or 5K (3.1 Miles) Trail Rating: 1A

This event qualifies for Food for Thought, Honoring Our Flag, Water Fountains, Take a Walk in a City Park, Trekking With Trees, US Post Offices, Walking the Path of Inventions, and Water Tower Special Programs.

## B Award

**Start Point:** Super 8 Motel  
1663 South Atherton Street  
State College, PA 16801.

**Start Time:** After sunrise.

**Finish Time:** Before dusk.

### General Information:

**State College Trail:** State College is nestled in the shadow of Mt. Nittany. It is home to Penn State University, which educates 40,000 students at just this location each year. The State College Trail passes the famous Creamery with its ice cream made right next-door. This 10K walk is entirely on paved walkways with gently rolling hills. It is suitable for strollers and wheelchairs and goes through State College neighborhoods and the commercial area of the town. If you are walking this trail, please note that many campus sites are closed on major holidays and breaks.

**Boalsburg Trail:** Boalsburg is known as the birthplace of Memorial Day. Graves in Boalsburg were decorated as early as 1864, and today villagers celebrate their place in history by hosting a commemorative festival each Memorial Day. The village boasts three museums: Boalsburg Heritage Museum; Pennsylvania Military Museum & 28th Division Shrine; and Boal Mansion and Christopher Columbus Chapel. (All have entrance fees.) This trails on paved walkways or bike paths or sidewalks, with some roadside walking. It will be difficult for strollers and wheelchairs. The route leads through neighborhoods and past shops and museums. The bike paths are closed after heavy snows.

**Arboretum Trail:** Walkers pick up directions, then drive a short distance to the start of the trail. Walk goes through Penn State Arboretum; several sports landmarks including Beaver Stadium. Penn State Sports Museum, and Medlar Field Baseball Stadium; through campus and the historic College

Heights neighborhood. Strollers and wheelchairs should not have problems. Bike paths are closed after heavy snows. Call ahead, if in doubt. Restrooms at the start point. Water should be carried. Trail is 2 5K loops.

**Procedures:** At the start point, ask the registration person for the Volksmarch Box, known as "Walk Box". Read the directions included in the box for registration. Pick up a start card, map, directions, and carry a pencil to record checkpoints.

**Award:** This is a "B" event. Awards from previous events are available for \$4 (credit and award). IVV credit only is \$3. Checks are preferred. You may walk for free. All are welcome.

**Contact persons:** Vicky Droll 814-234-1368

Email: vdroll@verizon.net www.ksva.net or ava.org

**Special Events in area:** Note: Traffic in and around the area will be heavy for special events, such as home football games and graduation. It will also be difficult to get accommodations at area motels. For a list of those events, send SASE to Vicky Droll, 734 McKee St, State College, PA 16803 or go to www.gopsusports.com.

### Directions: From I-80:

Take Exit 161 (Old Exit 24), Route 26 South to Business Rt. 322, two miles east, on left.\*

**From Pittsburgh:** Rt. 22 East to Rt. 220 North to Rt. 322 East on Business Rt. 322.\*

**From Harrisburg:** Rt. Rt. 322 West to Business Rt. 322. Turn right at 6th light.\*

\*Entrance to the Super 8 Motel, 1663 S. Atherton Street, is to the left. There is plenty of parking behind the motel.

The motel offers Volksmarchers a special room rate (1-4 persons in a room), which includes a deluxe continental breakfast. Special rate is available **except** for special event dates. Reservations: 24 hours a day

**1-800-635-1177**

and say "I'm a Volksmarcher".



# PENN DUTCH PACERS Susquehannock State Park

Seasonal Walk in Drumore, Lancaster County

April 1 - October 31, 2016

Walk 5K/10K (3.1/ 6.2 miles)  
102261 AT16/Y1284 Rated 3C



This event qualifies for the KSWA County Program and the KSWA State Parks and Forests Challenge. This qualifies for Honoring Our Flag Special Program

**Location:** The 224 acre State Park is on a wooded plateau overlooking the Susquehanna River in southern Lancaster County. Among the park's primary attractions are the river overlooks, which afford panoramic views of the lower reaches of the Susquehanna River. The view from Hawk Point includes Mt. Johnson Island, the world's first bald eagle sanctuary. Wisslers Run Overlook gives an excellent view of the original rocky nature of the Susquehanna River's natural riverbed. The 380 foot high cliffs that overlook the river make these views possible. In addition to hiking trails, the park offers picnicking with tables and grills, softball diamonds, and cross country skiing. The ball field and Hawk Point pavilions, upper and lower restrooms, Hawk Point overlook and the park office are fully ADA accessible.

**Trail:** A 10K trail and shorter trail are available. The 10K trail is rated 3C and is NOT suitable for strollers and wheelchairs or anyone that has trouble walking on uneven, hilly, and rocky terrain with abrupt elevation changes. Walking alone or without someone knowing where you are is not advisable. Because of the terrain this walk will take you considerably longer than you would expect. Please plan accordingly. Hiking boots and a walking stick are highly recommended. It is not advisable to walk when there is snow or ice on the ground and it may not be safe in the rain especially in the Fall. Cell service along the river is inconsistent and should not be counted on should you need assistance. Two separate 5K trails are available. Walk either one or walk both for the 10K.

**Start/Finish:** Susquehannock State Park  
Information Kiosk at Park Office  
1880 Park Rd, Drumore, PA 17518

**Starting Times:** 8 am to dusk

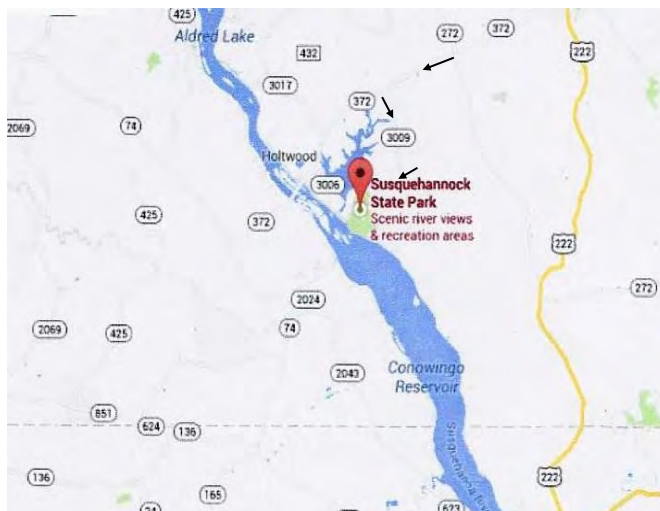
**Award:** The award is a 3X3 inch embroidered patch showing petroglyphs. The award and IVV Credit is \$7.00. IVV Credit Only - \$3.00. You may participate in this event for FREE. All are welcome.

**Procedures:** There is no pre-registration. Register on the day you wish to walk at the Park. Start Cards, maps and written directions are in the box. Card and fees must be mailed to the club. IVV Event and Distance books may be purchased.

**General Information:** Water and restrooms are available at the Park Office. Littering and picking the vegetation along the route is forbidden. No pets allowed in building. Water should be carried. Insect repellent should be used.

**Disclaimer:** Neither the sponsor (Penn Dutch Pacers Volksmarch Club, Inc.) nor the Pennsylvania Department of Conservation and Natural Resources are liable for accidents, theft or material damage. Every reasonable effort will be made to make this a safe, enjoyable, and memorable event.

**Directions: From Lancaster area I-283:** Take Route 272 from Buck South to Route 372 West 2.4 mile to left on Susquehannock Rd (State Route 3009). Turn left on Susquehannock Rd. Bear right at Drumore Friends Meeting House and Cemetery. This is Park Road. Follow signs to Park Office. Box is under the kiosk at the Park Office.



## ADDITIONAL INFORMATION:

Call Pete Byrne at 717-203-1725 or email  
plhbyrne@verizon.net

Or, write the

Penn Dutch Pacers Volksmarch Club, Inc.,  
P.O. Box 7445, Lancaster Pa. 17604-7445  
www.penndutchpacers.org



## York White Rose Wanderers

# Thurmont MD

2 Year Round Walks in FREDERICK COUNTY

January 1 - December 31, 2016

### Town Walk—new trail

5K/10K (3.1/6.2 miles) Trail Rating 1A  
403162 AT16/Y0051

This trail qualifies for Animal Safari, Bridges, Food for Thought, Honoring Our Flag, and Water Towers Special Programs

### Catoctin Park

5K/10K (3.1/6.2 miles) Trail Rating 3C  
102981 AT16/Y0049

This trail qualifies for Animal Safari, Boardwalks, Bridges, Honoring Our Flag, National Park Challenge, and You'll Never Walk Alone Special Programs

**LOCATION:** Thurmont is located at the base of the beautiful Catoctin Mountains in Frederick MD. Easily accessible via US Route 15 and is a pleasant scenic drive from points north and south. It is only 50 miles from Baltimore, Washington DC and Harrisburg PA. On the second weekend of October, Thurmont hosts one of the largest juried arts and crafts shows on the East Coast with about 300 artists.

**TOWN TRAIL:** It is on sidewalks and road shoulders around business and residential streets. New trail this year. Strollers and wheelchairs would have some difficulty.

**Catoctin Trail:** After registering, you must drive about 3 miles to the Park Office for Catoctin Mountain Park (National Park Service). The trail is through the woods in the park. There is no fee for this park. It visits Cunningham Falls which has a 78 ft drop and is the highest waterfall in Maryland. It also visits overlooks at Hog Rock and Thurmont Vista. Strollers and wheelchairs would not be able to maneuver this trail.

Catoctin's diverse cultural resources provide several vignettes of our nation's history in one small location. Native Americans quarried rhyolite for the production of lithic tools. A charcoal and iron industry is still visible today, along with smaller industries including farms, sawmills, and an old moonshine still. The totality of resources found in Catoctin Mountain Park reflects much of the early fabric of our country.

### START/FINISH:

7-11 Convenience Store at Mountain Plaza  
140 Frederick St, Thurmont MD 21788

The Start Box is located to the left of the door, near ATM, on the windowsill.

**HOURS:** Walk only during daylight hours.

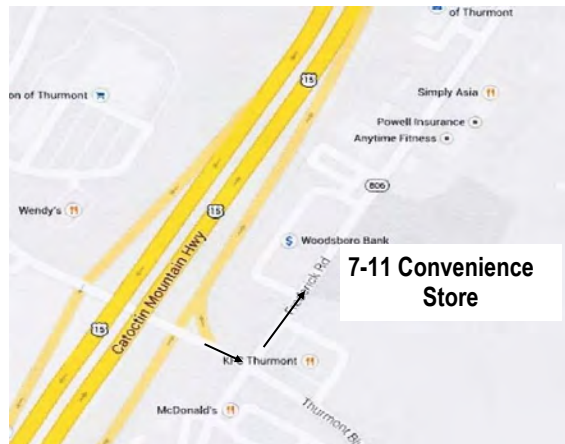
**AWARD/FEES:** This event is Free to those who wish to participate without receipt of award or IVV credit. IVV Credit only is \$3.00. All are welcome.

**PROCEDURES:** Restrooms are available at the start. Water should be carried.

**CONDITIONS:** Restrooms are at the start point.. Pets are welcome but not in the start point. You must clean up their waste.

**DIRECTIONS: From the South:** North on US Route 15 to MD Route 806. Turn right at stop sign, left at traffic light on Frederick St. Take immediate right into parking light at 7-11 Convenience Store across street from Mountain Gate Family Restaurant.

**From North:** South on US Route 15 to MD Route 806. Turn left at stop sign, left at traffic light on Frederick St. Take immediate right into parking light at 7-11 Convenience Store across street from Mountain Gate Family Restaurant.



### ADDITIONAL INFORMATION:

Dave and Linda Peters

717-642-9829

dandlpeters@comcast.net

For information on any YWRW events, reach us on our web site:

<https://sites.google.com/site/yorkwhiterosewanderers>



## Keystone State Volksmarch Association

### Tioga State Forest

A seasonal walk and bike in Ansonia.

Tioga and Lycoming Counties

April 15 to September 30, 2016

#### Walk

5K/10K/12K Rated 1B 102967 AT16/Y1805

It qualifies for the KSVa County Program—Tioga.

#### Bike

13K to 204K Rated 1B 103708 AT16/1803

It qualifies for the KSVa County Program—Tioga and Lycoming.



These events also qualify for Bridges, Trekking with Trees Special Program and the KSVa State Parks and Forest Challenge.

**START/FINISH: Darling Run Trailhead**  
at mile marker 9, PA Route 362,  
1.2 miles south from the intersection with US-6  
at Ansonia PA

For those who wish to bike the southern end of the trail and not go to Darling Run, mail-in registration is available by contacting the Point of Contact.

**HOURS:** Please walk in daylight hours only. The box is underneath the bench in front of the small building (Former train station) across the trail.

**WALK TRAIL:** This is an out and back walk on the Pine Creek Rail Trail through the Pine Creek George Natural Area. The trail has a fine gravel surface. The northern portion of the Pine Creek Rail Trail is within the Tioga State Forest. Just after the 10K turn around, there is a trail with waterfalls (well worth going to).

**BIKE TRAIL:** This event is on the Pine Creek Rail Trail which is considered one of the best trails to bicycle in the state; the entire 63.4 miles of the trail from Wellsboro Junction south to Jersey Shore is sanctioned as this bike event. If you want to do an out and back bike ride on the entire length of the trail, it is possible to do a 204K ride. Shorter lengths are listed in the box.

All bike participants must wear bike helmets. The trail has a fine gravel surface. We recommend you use a bicycle with wider tires. (i. e. hybrid bike rather than a road bike.)

**AWARD And FEES:** The 3X3 embroidered patch shown above features a Kingfisher. This award and IVV Credit is \$7.00. IVV Credit Only - \$3.00. You may walk or bike for free. Everyone is welcome.

**GENERAL INFORMATION:** Strollers and Wheelchairs will have little difficulty. Pets are welcome. Leash laws must be observed. You must clean up after your pets. Restrooms are available at the start. You should carry water and use insect repellent.

**PROCEDURES:** Pick up start cards, and directions from the registration box which is underneath the bench in front of the small building (former train station) across the trail. Complete the registration log and start cards as directed.

#### DIRECTIONS:

**From Mansfield:** Take US-6 to Wellsboro. Turn left onto Main St/PA Route 660. Go about 4 miles and veer right onto PA Route 362. Pass the Grand Canyon State Airport. The Darling Run Trail Head will be on the left about 1 1/2 miles past the airport.

**From Williamsport:** Take US Route 15 north to Mansfield, then follow directions above.

**From the West on Route 6:** a few miles after Gaines PA, take Route 362 south for about 1.2 miles to Darling Run Trailhead. If you pass the Grand Canyon State Airport, you have gone too far.



#### ADDITIONAL INFORMATION:

Tom Jackson 717-677-6511  
thomasjackson@embarqmail.com  
1287 Shippensburg Rd, Biglerville PA 17307  
www.ksva.net



## SUSQUEHANNA ROVERS

# Tunkhannock

Seasonal Walk in

### WYOMING COUNTY

April 1 - December 31, 2016

6K (3.7 miles) or 10K (6.2 miles) Trail Rating 1B  
103224 AT16/Y1378  
**IVV Credit Only Event**

Eligible for the Honoring Our Flag, Trekking with Trees, United States Post Office, Walking the US - Street by Street, and Walking the USA A-Z Special Programs.

**LOCATION:** Tunkhannock, organized in 1841, is the county seat of Wyoming County, which is 31 miles northwest of Wilkes-Barre and about 150 miles from Harrisburg. In the past, lumbering was carried on extensively. The chief industry was tanning and there were spool and tub factories, furnaces and machine shops, stave mills, and witch hazel distilleries.

Today, many residents are employed by the Proctor and Gamble plant nearby. As of the 2000 census, the borough population was 1,911. English translations of the Native American word Tunkhannock vary, including "meeting of the waters," "small stream," "wilderness stream," and "full of timber."

### START/FINISH:

**Hampton Inn Tunkhannock**  
209 East Tioga St  
Tunkhannock, PA  
570-996-5866

**HOURS:** Dawn to dusk.

**TRAIL:** A nice walk through Wyoming County's county seat. Old homes, a beautiful court house and a new rail/trail. Trail is doable for strollers but would be hard for wheelchairs.

**FEES:** This event is Free to those who wish to participate without receipt of IVV credit. IVV credit only is \$3.00. Children 12 and under are not charged for IVV Credit.

**GENERAL INFORMATION:** Dogs are allowed, but they are NOT permitted in the start point, or any of the buildings along the trail. Dogs MUST be leashed at all times, and you must be prepared to pick up after your dog. Restrooms are available at the start point.

**DIRECTIONS: From I-81:** Take I-81 to Exit 170B (Route 309 North) toward Dallas. Follow to PA 29 North to Tunkhannock. Turn Right on East Tioga St. Hotel will be on the left. Tunkhannock is about 135 miles north east of Harrisburg. It will take about 2.5 hours to travel there.

**From the Scranton:** Go North on US 11. Take ramp onto US 6 West for 8.5 miles. Hotel will be on right.

**From I-80:** Follow to I-80 to I-81 and follow directions above.



### ADDITIONAL INFORMATION:

Call Sharon or Lester Miller at 717-805-9540 or email them at millersd@ptd.net or write to:

The Susquehanna Rovers Volksmarch Club,  
390 Old Quaker Rd  
Etters, PA 17319-9668

Event website: [www.ava.org/clubs/srv](http://www.ava.org/clubs/srv)



Eligible for credit toward  
IVV Achievement Awards



LIBERTY BELL WANDERERS (AVA-238)

## Valley Forge National Historical Park

Two Year Round Walks and a Bike in  
MONTGOMERY AND CHESTER COUNTIES

January 2 to December 31, 2016

**Historic Year Round Walk 11K/8K**

**Trail Rating 2A 102340 AT16/Y0288**

This trail qualifies for Cities in Song, Honoring Our Flag, National Parks, National Register of Historic Places, and You'll Never Walk Alone Special Programs

**Creek Year Round Walk 10K/5K**

**Trail Rating 2B 102341 AT16/Y1559**

This trail qualifies for Cities in Song, Fraternal Organization, Honoring Our Flag, National Parks, National Register of Historic Places, Trekking With Trees, Walking the USA A-Z, and You'll Never Walk Alone Special Programs.

**Schuylkill River Trail—Bike 66K**

**Trail Rating 1A 102308 AT16/Y2081**

This trail qualifies for Bridges, National Parks and Take a Walk in City Park Special Programs.

### IVV Credit Only Events

**About Valley Forge Park:** Valley Forge is perhaps the best known place name associated with the American Revolution. To truly enjoy the park, it is important that you understand the significance of the events associated with the winter encampment of 1777-78. The National Park Service provides various programs, tours, and other interpretive activities to help you grasp more fully the dramatic story Valley Forge has to tell. Park Rangers make every effort to accommodate all visitors in these presentations. It is the goal of the National Park Service to make the park accessible to all visitors.

The recommended first stop is the park's Welcome Center. A 15 minute film shown every 30 minutes in the auditorium provides an introduction to life during the encampment. The George C. Neumann Collection, an extensive collection of firearms, swords, and accessories, is the focal point of the exhibit area. Information on restaurants, attractions, and overnight accommodations in the greater Valley Forge area is available at the PA Travel Desk in the Welcome Center. The building also contains a bookstore with a wide range of publications. Restrooms are available. Water should be carried.

**Sponsors:** The Liberty Bell Wanderers, the Valley Forge National Historical Park, and the Valley Forge Park Interpretive Association.

**Trails:** The Historic Walk is mostly on blacktop multi-

trails in rolling countryside in the most historical section of the park. It passes most major memorials, log huts and Washington's Headquarters. The trail is suited for wheeled conveyances. Since the trail is a multi-use trail, please watch out for joggers and bicyclists. Strollers would be ok, but wheelchairs would have some difficulty.

The **Creek Walk** starts at Washington's Headquarters then follows a gravel path along Valley Creek to a covered bridge built in 1865. Walk along a wooded trail leading to the Washington Memorial Chapel, and partially along a paved multi-use trail. It also passes some state monuments and a tree originally planted by George Washington. The use of strollers would be hard and wheelchairs are not recommended.

**Bike Trail** Bike an out and back paved trail along the historic and scenic Schuylkill River from Valley Forge to the Philadelphia Art Museum. Distance to Philadelphia is 33K (this distance also includes Philadelphia County). Shorter distances can be found on the map in the box. You may start the bike from the Welcome Center Parking Lot or drive to the trail head (limited parking) and start from there. Directions to trail head are also found in the box.

#### Start Point:

**Valley Forge National Historical Park Welcome Center  
Park Ranger Information Desk  
1400 North Outer Line Drive  
Valley Forge, PA 19406**

**Start Time:** Start anytime after 9:00 AM. (Participants who desire to start the trail before the scheduled start time may pick up a registration card the day before the walk.) Welcome Center is closed on New Year's Day and Christmas Day.

**Finish Time:** Welcome Center closes at 4:00 PM.

**Fees:** IVV Credit only is \$3.00. You may walk for Free. All are welcome.

**Conditions:** Restrooms are at the start point. Water should be carried.

**Contact person for Historic and Creek Walks:** Please contact the following person at least 10 days in advance if your group has more than 9 people.

Sandy Beckius 610-489-8769 sbeckius@gmail.com

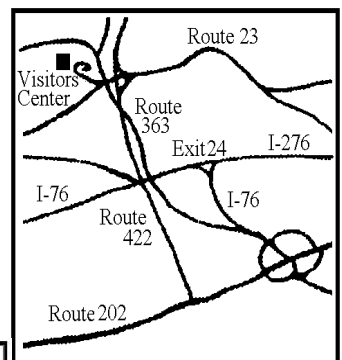
#### Contact person for bike:

Dave Brown 610-906-6252 ocmbreeze@aol.com

[www.libertybellwanderers.net](http://www.libertybellwanderers.net)

**Directions: From the South** - Take I-95 North to I-476 North to I-76 West. Continue to US 202 South (Exit 328) (\*), exit 422 West, stay in right lane and exit Route 23 West; cross intersection (Route 23) into park. Short distance to Welcome Center. Please park in Visitors Parking Lot.

**From PA Turnpike:** Exit Turnpike at Valley Forge Interchange Exit 326. After toll booth, stay in right lane a short distance to US 202 South, exit 422 West, stay in right lane and exit Route 23 West; cross intersection (Route 23) into park. Short distance to Welcome Center. Please park in Visitors Parking Lot.



# Liberty Bell Wanderers (AVA-238)

January 15 - December 15, 2016

## Wilmington DE

A year round walk in New Castle County

11K/7K Trail Rated 2B

102311 AT16/Y1579

This event qualifies for Bridges, Cities in Song, Fraternal Organization, Honoring Our Flag, Take a Walk in City Park, Trekking with Trees, Vice Presidential Walks, Walking the Path of Inventions, Walking the USA A-Z, Water Towers, and You'll Never Walk Alone Special Program.

**LOCATION:** Wilmington is the largest city in the state of Delaware, and is located at the confluence of the Christina River and Brandywine Creek, near where the Christina flows into the Delaware River. It is the county seat of New Castle County since just after the Civil War and one of the major cities in the Delaware Valley metropolitan area. Wilmington was named by Proprietor Thomas Penn after his friend Spencer Compton, Earl of Wilmington, who was prime minister in the reign of George II of Great Britain.

**START POINT:** Molly's Ice Cream Shop  
Shipyards  
928 S. Justison St  
Wilmington DE 19801.

**START/FINISH TIMES:** Monday-Thursday 10 am to 6 pm; Friday-Saturday 1- am to 9 pm; Sunday noon to 8 pm. Limited Sunday hours during winter months.

**TRAIL:** Trail passes beside the renovated shoreline of the Christina River, explores historic downtown Wilmington, and rambles along both sides of the Brandywine Creek in Brandywine State Park. The shorter trail includes both the Christina River and downtown Wilmington segments of the longer walk.

**PROCEDURES:** Restrooms are available at the start. Water should be carried. Parking lot is available. Strollers and wheelchairs will have some difficulty. Pets are allowed but not in the start point.

**FEES:** IVV Credit Only is \$3.00. This event is free to persons who wish to participate without receipt of IVV credit. All are welcome but they must register.

**SPECIAL EVENTS:** There are many festivals that happen in Wilmington on an annual basis. In the Middle of June there is the DuPont Clifford Brown Jazz Festival - the largest multi day free outdoor

music festival on the East Coast. The end of June brings the Ice Cream Festival. The last full weekend in July is the PA Guild Fine Craft Fair. September brings the Brandywine Festival of the Arts and in November is the Delaware Antiques Show produced by Winterthur Museum.

### DIRECTIONS:

**From New Jersey:** Take I-295 to I-95N/ Wilmington. Continue with directions from points south.

**From Points South:** Take I-95 N to Exit 6 (SR 4/ Martin Luther King Blvd/Maryland Ave) Right at the end of the ramp onto Maryland Ave, right on Martin Luther King Jr Blvd and then take the first right on Justison St \*\*Drive straight ahead on Justison to its end at the Shipyards Shops. Note: Closest parking to the start point is the large lot just past the Iron Hill Brewery Restaurant lot on the left.

**From the North via I-95:** Drive south on I-95 to Exit 6 (SR 4/Martin Luther King Blvd) Drive straight ahead (you will be on Jackson St) for 3 blocks to the traffic light at Martin Luther King Jr Blvd.. Turn left onto MLK Blvd. Right on Justison St. \*\*



### ADDITIONAL INFORMATION:

Ron Nelson  
717-806-7343  
Rnel699@aol.com  
www.libertybellwanderers.net



# York White Rose Wanderers

Present

## An Opportunity to Walk and Bike The Entire Length of the York Heritage Rail Trail

Six Year Round Walk Events  
January 1 to December 31, 2016

Two Year Round Bike Events  
January 1 to December 31, 2016  
YORK COUNTY

### B Awards

All events qualify for You'll Never Walk Alone and National Register of Historic Places Special Programs. The rest of the Special Programs are listed with the event.

#### All walks and bikes rated 1B

**Award:** There are B awards for the walks. IVV Credit only is \$3.00. There are 6 Rail Trail Year Round Walks and 2 Year Round Bikes available.

**Start Point:** Perrydell Farm Store  
90 Indian Rock Dam Rd  
York, PA  
717-741-3485.

**Start/Finish Times:** The store is open Monday—Saturday 7 AM to 9 PM; Sunday from noon to 6 PM. It is closed Christmas and Easter. They have abbreviated hours for all other major holidays. Call ahead for hours. The start box is under the bench on the front porch of the farm store and accessible at all times. The York County Heritage Rail Trail is patrolled and maintained by York County Parks 717-840-7440 and is open year-round dawn until dusk. Please walk only during daylight hours. Trail surface is packed gravel.

#### Walks:

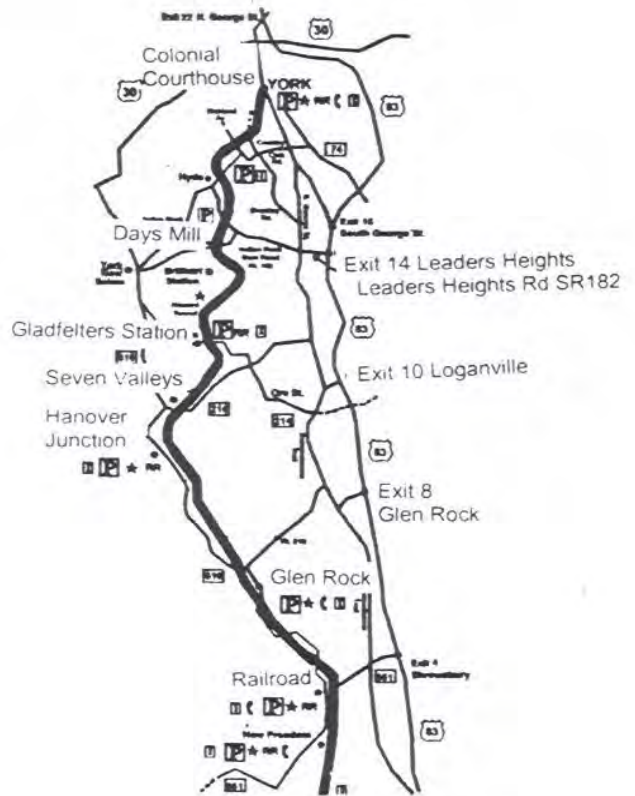
- 102891 AT16/Y1771** 5K/13K Brillhart Station north to York's Colonial Courthouse. Also qualifies for Alternate Capitals. (Drive 3 miles to start)
- 102890 AT16/Y1774** 6K/11K Brillhart Station south to Glatfelter Station. (Drive 3 miles to start)
- 102889 AT16/Y1770** 5K/10K Hanover Junction to Glatfelter Station. Also qualifies for Civil War Battlefields (Drive 10 miles to start)
- 102888 AT16/Y1772** 5K/14K Hanover Junction south to Glen Rock. Also qualifies for Civil War Battlefields (Drive 10 miles to start)
- 102887 AT16/Y0016** 5K/10K Glen Rock south to Railroad. (Drive 14 miles to start)
- 102886 AT16/Y1769** 5K/10K Railroad to Mason-Dixon Line or 5K Railroad south to New Freedom. (Drive 18 miles to start)

#### Bikes:

- 102885 AT16/Y1768** 13/34K Hanover Junction north to York's Colonial Courthouse. Also qualifies for Civil War Battlefields and Alternative Capitals. (Drive 10 miles to start)
- 102884 AT16/Y1773** 14/34K Hanover Junction south to Mason-Dixon Line. Also qualifies for Civil War Battlefields. (Drive 10 miles to start)

**Conditions:** Strollers and wheelchairs are welcome, but trails are gravel so wheelchairs may have some difficulty. Pets are welcome, but need to be kept on leashes and you must follow clean-up laws. Parking is available. Water should be carried.

**Directions:** From North or South take I-83 to Exit 14, the Leaders Heights exit. Left off exit ramp if coming from South, Right if coming from North onto Leaders Heights Rd, SR 182 west. At the second light, S. George St, the road name changes to Indian Rock Dam Road. Perrydell Farm Store is a half mile on left. You will register here and drive to all start points.



**Restrooms:** Portable facilities are available in all of the parking lots, except Glen Rock (there is a restroom at the Library). Hanover Junction and New Freedom now have permanent facilities.

**Additional Information:** Sandy and Dan Leese, 612 Green Valley Rd, York, PA 17403  
Email: [dleese42499@hotmail.com](mailto:dleese42499@hotmail.com)

For information on any YWRW events, reach us on our web site:  
<https://sites.google.com/site/yorkwhiterosewanderers>



**York White Rose Wanderers**  
Year Round Walk

# York

York Heritage Rail Trail - Northern Extension

YORK COUNTY

January 1 – December 31, 2016

14K/6K Trail Rating 1A  
103144 AT16/Y0926

### Credit Only Event

Trail qualifies for Bridges, Honoring Our Flag, and You'll Never Walk Alone Special Programs.

**General Information:** This part of the Heritage Rail trail starts in John Rudy County Park and follows the Codorus Creek to a parking lot off of Route 30.

This trail connects John Rudy Park in East Manchester Township to Loucks Mill Rd parking lot off of Route 30.

The last phase will connect the Loucks Mill Road parking lot to the original Rail Trail terminus at Pershing and Philadelphia Streets in downtown York city. This phase may be finished in the next two years allowing you to walk the entire length of the Rail trail to the Mason Dixon Line at the Maryland border.

### Start Point:

**York County Parks Administrative Headquarters  
John Rudy County Park  
400 Mundis Race Road  
York PA 17406**

**Start Time:** Open daily from 8:00 am to dusk, walking in daylight hours only. Start Box will be under bench outside the entrance to the Administrative Headquarters and will be accessible at all times. After you register, you will drive a very short distance to the entrance of John Rudy County Park. Directions will be in the box.

**Finish Time:** Must be finished by DUSK.

**Trail:** Surface is flat with gravel.

**Fees:** There is no award for this event. IVV Credit is \$3.00. You may walk for Free. All are welcome.

**Conditions:** Strollers and wheelchairs are welcome, but trails are gravel so wheelchairs may have some difficulty. Pets must be leashed. (Their droppings must be removed). No littering.

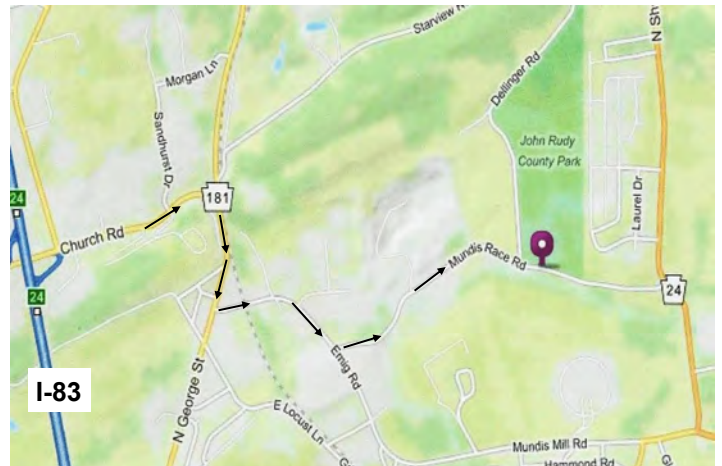
**Restrooms and Water:** There are restrooms at the start and water should be carried. Portable facilities are available at the ball fields.

**Contact Persons:** Brenda Weirich  
717-891-1945

Email: nbweirich@verizon.net  
www.sites.google.com/site/yorkwhiterosewanderers

### Directions: From the South or North:

Take PA I-83 to Exit 24, Emigsville. Travel east on Church Road (Route 238) about .7 mile to junction with Route 181. Turn right on Route 181 and go .4 mile to light at Emig Road. Turn left onto Emig Road and go .5 mile before turning left on Mundis Race Road. Travel about 1 mile to Park Administrative Headquarters, which is a brownstone farm house on left before the second park sign to John Rudy County Park.



York White Rose Wanderers

## YORK

### Shoehouse Walk

Year Round Walk in YORK COUNTY

January 1 to December 31, 2016

10K (6.2 miles) or 5K (3.1 miles) Trail Rating 1A  
102892 AT16/Y0756

This event qualifies for Alternate Capitals, Amphitheatres, Bridges, Honoring Our Flag, Walking the Path of Inventions, and You'll Never Walk Alone Special Programs.

**LOCATION:** The main feature of this walk is the Haines Shoe House. Built in 1948, this was "Colonel" Mahion N. Haines' most outlandish advertising gimmick. Known as the "Shoe Wizard of York", Haines was one of York County's most colorful and illustrious citizens. Haines built a shoe sales empire in central Pennsylvania and northern Maryland that at its height included more than 40 stores.

The Shoe House is a boot shaped wood frame structure covered with wire lath and coated with a cement stucco. It measures 48 foot long, 17 foot wide and 25 foot high. The interior consists of five different levels and contains three bedrooms, two baths, a kitchen and living room.

In the first year, elderly couples were invited to stay for a weekend and live like "kings and queens" at Haines' expense. They had a maid, cook, chauffeur and automobile at their disposal and the couple was outfitted from head to toe in new clothing donated by local stores.

In 1850 honeymooning couples from any town with a Haines shoe store were invited to stay at the Shoe House.

Shoe House Hours: Summer - June, July and August - Wednesday through Sunday 11 am to 4 pm. Fall - September and October - Saturday and Sunday 11 am to 4 pm. Winter and Spring - November through May - hours are by appointment. Discounted cost for Volksmarchers for the tour of the house is \$4; tour of the house and dish of ice cream is \$5.50. (717-840-8339)

#### START POINT:

**York Hampton Inn**  
1550 Mount Zion Road, York, PA 17402  
717-840-1500.

**START/FINISH TIMES:** Please walk daylight hours only. After registering, 5K walkers must drive about 2 miles to start their walk.

**TRAIL:** This walk is through residential areas and business areas in east York. The main attraction on the

walk is the Haines Shoe House which is a registered Historic Landmark of York County. It is in the process of being listed on the National Register of Historic Places.

**PROCEDURES:** At the start point, ask the registration desk for the Volksmarch Box. Restrooms are available at the start. Water should be carried.

**AWARD:** IVV credit only is \$3.00. This event is free to persons who wish to participate without receipt of award or IVV credit. All are welcome.

**CONDITIONS:** Strollers and wheelchairs are welcome, Pets are welcome, but need to be kept on leashes and you must follow clean-up laws. There is parking at the hotel.

**DIRECTIONS: From I-83:** (Southbound take exit 21) or (Northbound take exit 21A) Route 30 East to Mt Zion Road Exit. Left onto Mt Zion Road. 5/10 mile to hotel, which is on the left,

**From Lancaster:** Route 30 W to Mt Zion Road, Route 24 Exit, turn right at light. Hotel is on the left 3/10 mile.



**Additional Information:** Deb and Keith Choiniere  
717-840-1129 or Email: ywrw@hotmail.com

For information on any YWRW events, reach us on our web site:

<https://sites.google.com/site/yorkwhiterosewanderers>



# 2016 KSVa 20/10 AWARD

## Challenge Description

The Keystone State Volkssport Association is sponsoring this special challenge to encourage participation in our member club AVA sponsored Volkssport events.

Pennsylvania residents who complete twenty (20) Volkssport events in the Commonwealth in 2015 will receive the award (a 1 1/2" hat pin – Philadelphia Phillies Red and Blue). Children, age 12 and under, and non-residents must complete ten (10) Volkssport events.

Cost is \$4 if the completed record book is turned into the POC at any KSVa meeting or at York White Rose Wanderers event. Checks should be made payable to the "KSVa".

Cost is \$5 if the completed record book is mailed to the POC. Record books must be submitted by the KSVa Meeting in Jan/Feb 2015.

POC is Marcy Lucas 717-979-3960

870 Bucks Valley Rd, Newport PA 17074  
lucas\_mj@hotmail.com

This book meets the standards accepted by the AVA, and it was reviewed and approved by the Executive Director.

This page is designed for you to tear out of your Year Round Booklet and fold into a 20/10 Program Booklet. Additional copies can be obtained electronically at [www.KSVa.net](http://www.KSVa.net).

# 2016 KSVa 20/10 AWARD

A Special Challenge of the  
Keystone State Volkssport Association



Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_



This is not an AVA National Special Program.

Twenty events required for Pennsylvania Residents.

			20
			19
			18
			17
			16
			15
			14
			13
			12
			11
SPONSORING CLUB	LOCATION	DATE	

Ten events required for Non-Pennsylvanians and Children.

			10
			9
			8
			7
			6
			5
			4
			3
			2
			1
SPONSORING CLUB	LOCATION	DATE	

# VOLKSSPORT LEADERSHIP ROSTER

## AMERICAN VOLKSSPORT ASSOCIATION

President:	Dennis A Michele	Fairview, NC	president@ava.org
Vice President:	Holly L Pelking	San Jose, CA	vicepres@ava.org
Secretary:	Sam Korff	Clatskanie OR	secretary@ava.org
Treasurer:	Lawrence Lehman	Branson MO	treasurer@ava.org
AT Regional Dir:	Thomas Jackson	(717) 677-6511	at_rd@ava.org

## KEYSTONE STATE VOLKSSPORT ASSOCIATION

President:	Joan Lampart	(215) 529-5686	jmlampart@verizon.net
Vice President:	Marcy Lucas	(717) 979-3960	lucas_mj@hotmail.com
Secretary:	Carol Tagala	(215) 576-0617	carol.tagala@aol.com
Treasurer:	Pat Eby	(717) 379-8945	patriciaeby@verizon.net

## PENNSYLVANIA CLUB ROSTER

### CUMBERLAND VALLEY LEAD FOOT CLUB

242 Village Square, Chambersburg, PA 17201  
Anne Gale (717) 261-2448  
awgale2@juno.com

### PENN-DUTCH PACERS VOLKSMARCH CLUB

PO Box 7445, Lancaster, PA 17604-7445  
Pete Byrne plhbyrne@verizon.net  
(717) 393-6700 www.penndutchpacers.org

### LIBERTY BELL WANDERERS

533 Winthrop Rd, Collegeville, PA 19426  
Dave Brown (610) 906-6252  
ocmdbreeze@aol.com  
www.libertybellwanderers.net

### SUSQUEHANNA ROVERS

1820 Brentwood Dr, Middletown, PA 17057  
Susan Wheeler (717) 614-7540  
sjwzoe01@comcast.net  
www.avaclubs.com/SRVC

### NITTANY NOMADS

642 Wayland Place, State College, PA 16803  
Beverly Molnar (814) 234-0750  
bgs3@psu.edu

### YORK WHITE ROSE WANDERERS

6541 Old Carlisle Rd, Dover, PA 17315  
Pam Copenhaver (717) 817-9724  
indigo1704@aol.com  
<https://sites.google.com/site/yorkwhiterosewanderers>

[www.ksva.net](http://www.ksva.net)

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Keystone State Volkssport Association  
2134 Barley Drive  
Quakertown, PA 18951