

Holiday Walk in Lititz • Saturday, December 3rd

That's right.... as you may have deduced from the title to this article we are back in Lititz for our annual holiday walk. This will be the fourth year in a row that we'll be in what has to be our most popular walking venue ever. If you remember four years ago we started from the Lititz Community Center and the weather was down right ugly and progressively got worse as the day went on. That was also the first year that our Lititz walk was on Sunday and was the second leg of a Thanksgiving holiday weekend. The following two years we started from the Freeze and Frizz and continued to follow the Thanksgiving Hershey event on Sunday. There is one major change this year that lots of folks asked for and that is this year's walk is on a Saturday.

Why Saturday? The reason of course is that Lititz is OPEN on Saturday in all its fun, quirky glory. You will be able to explore all the unique, eclectic stores on Main St along with Sturgis Pretzel and Wilbur Chocolate of course, which is right across the street from our startpoint. In addition the Train Station Welcome Center which is on our patch is open to the public 10 AM to 4 PM on Saturday, so be sure to visit.

Since we have walked so many times in Lititz we thought we had talked about everything that there was to talk about regarding Lititz but we found some interesting historical information about the railroad station which is located beside Wilbur Chocolate across the street from our startpoint at Freeze and Frizz and on our 'A' award patch too!

So sit back and enjoy a short history of the Reading and Columbia Railroad and its station in Lititz. The history of the Reading & Columbia Rail Road started with the Philadelphia & Reading Railroad Company chartered April 4, 1833 by an Act of the Pennsylvania Legislature. This is all part of a complex story that began locally in 1857 with generated interest in a railroad between Reading and Columbia. A group of influential citizens from Lancaster and Berks Counties secured passage of a charter creating the Reading & Columbia Rail Road Company, which was signed by Governor James Pollock on May 19, 1857.

By December, 1860, the survey and location of the R. & C. route was completed. It was decided that Sinking Spring, where a connection could be made with the Lebanon Valley Railroad, would be the starting point, and the line would run by the way of Reinholds, Stevens, Ephrata, Akron, Millway, Rothsville, Lititz, Manheim, Landisville and on to Columbia, a distance of 39.8 miles. Although the major construction was started at the Columbia end of the line, the actual ground breaking for the R. & C. was done on March 28, 1861, at a gap in the South Mountains

about 4 miles south of Sinking Spring.

The first Lititz passenger depot and express station was located on the north side of the tracks along Broad Street, which is the present site of Wilbur Chocolate Company. The depot was dedicated December 26, 1863, with the arrival of the first passenger train. Ceremonies began with a welcome speech by John Beck, Headmaster of the Boys' School. Mr. Beck was answered by a pompous railroad official making a speech about prosperity and the hope for peaceful future. Bishop Edmund A. deSchweinitz of the Lititz Moravian Congregation offered a prayer dedicating the Reading & Columbia Rail Road to a promise of progress for Lititz and the surrounding countryside.

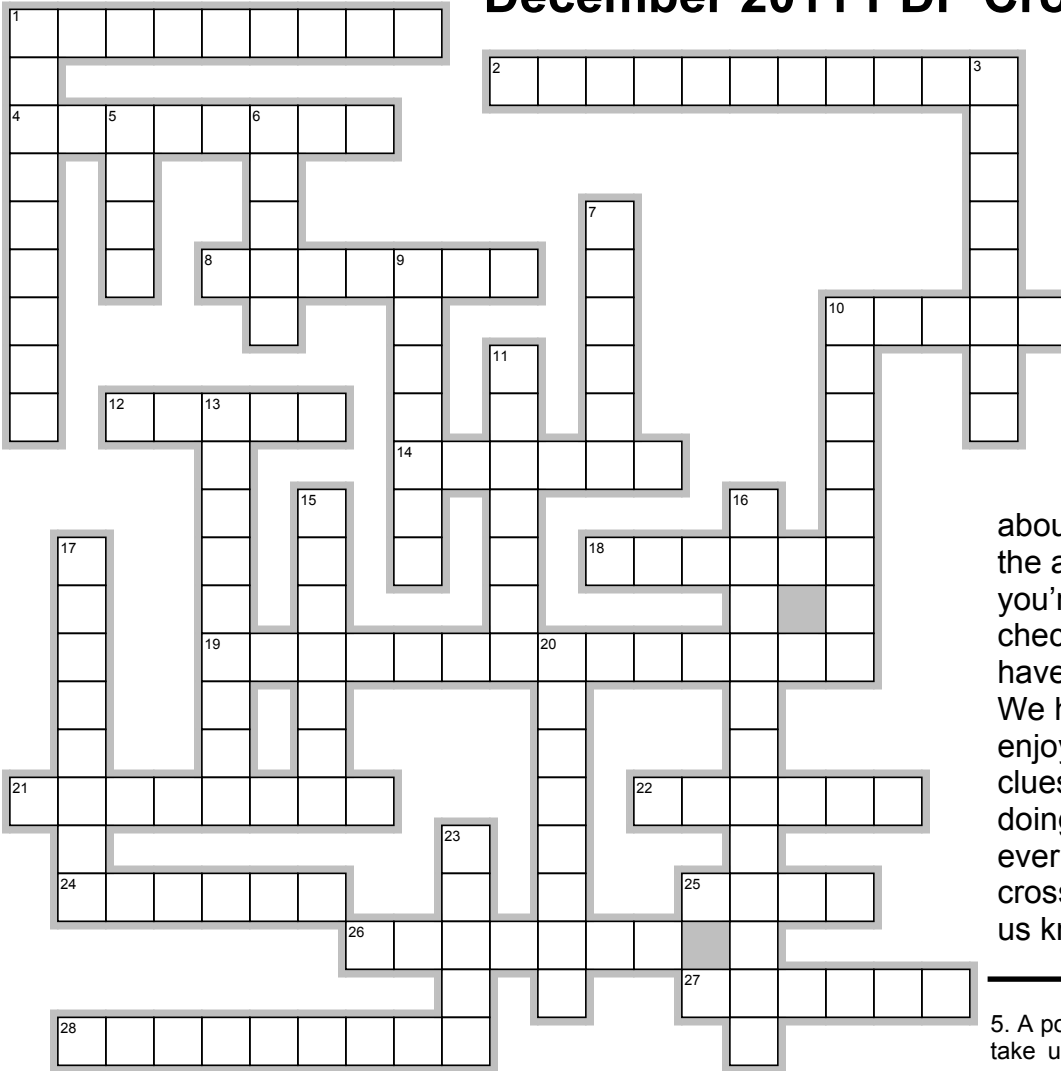


Following the completion of the railroad between Columbia and Sinking Spring a special train carrying officials and invited guests made the first trip from Columbia to Reading on March 15, 1864. A morning train from Reading and an afternoon train from Columbia inaugurated the first regular passenger train schedule between Columbia and Reading on April 1, 1864. On March 8, 1884, the Lititz Moravian Congregation leased a parcel of land two hundred feet by thirty feet, situated on the northwest corner of the Lititz Springs Park grounds, to the Reading & Columbia Rail Road Company for a term of 999 years. A passenger depot in "Victorian Gothic" architecture designed by Frank Furness of Philadelphia was erected. (Bricks used in the construction of the depot were manufactured in Lititz.) At the same time two bridges were built across the Lititz Creek, one to enter the depot and park grounds and the other to obliterate the ford on Broad Street.

On Monday, December 1, 1884, the new red brick depot and express station was opened to the public. Six passenger trains a day would stop at Lititz during their route to Reading or Columbia. Extra revenue was earned by the subsidized mail and railway express items that the trains carried. D. E. Light was the ticket agent and operator and J. T. Zell was the freight agent. Heavy industry arrived in Lititz by 1899, the same year street cars ran for the first time to the R. & C. Depot. Also, because of the depot, the annual Fourth of July celebrations in the Park attracted more and more people.

In 1919 it was decided to renovate the 1884 depot by adding a freight house and moving the platform to the east side of the depot. This was never done, however, because of needed space for freight operations, a freight house and office was built in 1921 along S. Water Street, by the Hershey & Lehman Company of Lititz. By now, the Philadelphia & Reading Company, which

December 2011 PDP Crossword Puzzle



This month's puzzle gathered its clues from not only the front page article on our Lititz walk which features our patch of the replica of the Lititz passenger station but also gathers clue from a number of the articles within this edition of the newsletter.

So if you're in doubt about an answer either re-read the article which applies or if you're really stumped you can check the answers that we have included on page 10. We hope that you continue to enjoy and are educated by the clues and the answers while doing this newsletter. If you ever have feedback on the crossword puzzle, please let us know. Enjoy!!

Across

1. The Ideal Cocoa & Chocolate Company later became Wilbur _____.
2. Our Enola Low Grade Rail Trail walk in 2012 will start in what town?
4. The Lititz _____ Congregation leased land to the railroad for a railroad station.
8. The PDP Annual Meeting takes place in Isaac's Restaurant on the _____ Pike.
10. The building on our Lititz patch is a _____ station.
12. There is a new Special Walking program that is called Rainbows and it has to do with a _____ in the name of places and locations.
14. Our startpoint for our Lancaster Holiday walk is _____ Restaurant.
18. One current start location in Lititz is _____ & Frizz.
19. The Reading & Columbia Railroad at the Berks County end started in _____.
21. This new Special Walking program is looking for family-owned _____.

22. Our startpoint in Lititz at the Freeze & Frizz is directly across the street from _____ Chocolate.
24. The bricks for the train station were made in _____.
25. This is a new Special Walking program starting where if you walk in any town in the world for one block on a street, boulevard, place, court, etc with the word _____ in the name it qualifies.
26. The month in which the PDP Annual Meeting is held.
27. Another of the Special Walking programs deals with classic eating locations that were prefabbed and ship to the site. They are called _____.
28. On May 8, 1999 there was a dedication for the replica of the Lititz _____ Depot and Express Station.

Down

1. One of our previous start locations in Lititz was the Lititz _____ Center.
3. One of the important things that takes place at the PDP January Dinner meeting is the _____ of Officers.

5. A portion of the walk in Cornwall will take us along the Lebanon Valley _____ trail.
6. The 1863 depot building was demolished for the building of _____ Cocoa & Chocolate Company.
7. The style of the Lititz train station is "Victorian _____".
9. Initial regular passenger train service on the Reading & Columbia Railroad consisted of the morning and an _____ train.
10. One of the Special Walking programs for 2012 deals with Classic _____ that are more than 50 years old.
11. The railroad station in Lititz was part of the _____ & Columbia Railroad.
13. One of the two counties that the Reading & Columbia Railroad connected was Berks the other was _____.
15. Cornwall is known as the restored 1800's location of an iron _____.
16. The Reading & Columbia Railroad was chartered by the _____ Assembly.
17. We will be having one walk in the Lebanon County borough of _____ in 2012.
20. The day of the week that the Lititz walk is being held this year is _____.
23. Martin Greider Park is in _____ Township.

President's Message

This being my last communication to you as PDP President I



would like to take this opportunity to thank everyone who has volunteered in any capacity to further the goals of the Penn Dutch Pacers. These individual acts of volunteerism are what have allowed the Penn Dutch Pacers to continue to offer to the public exceptional walking experiences in a wide variety of venues in and around Lancaster County.

I am proud of the fact that when most clubs present walks at venues that they have walked before (sometimes repeatedly), PDP continues to embrace new and exciting walking opportunities at new venues. I am proud that PDP continues to offer full amenities for our walks which include two day weekend events, 'A' awards, manned checkpoints and food when most clubs have gone to one day events, no awards, no manned checkpoints and no food (and people wonder why there is a decline).

I am proud to be associated with people who know what needs to be done and simply do it. It has been a privilege serving as your President. It's now someone else's turn to serve. Please seriously consider a stint as a Penn Dutch Pacer officer. Get more information in the article on the January meeting and the Nominating Committee article. At the same time that I see a strong core of people working really hard on the local level to make PDP sponsored events the best they can be it saddens me to see our great sport in decline with no apparent way out. It frustrates me to see our national leadership do nothing to help stop the decline and expecting

a different result while continuing to do the same things they have always done. I am not a pessimist when it comes to Volksmarching and the AVA but a realist. I'm sure someone has figured out the breakeven point where participation no longer pays the bills and the AVA fails financially. If AVA leadership can not grasp this one point and cannot find a way first to halt participation decline and then to increase it by introducing and immersing new people in our sport, all of us from the AVA on down will cease to exist. To date myself along with lots of other people see this happening but don't have an answer if our leadership refuses to lead.

I am gratified to leave office while having in place all our walks for 2012 so that my successor can ease into the position of president without the undue stress of having to figure out walks for their first year. It is with great joy that I offer the entire Penn Dutch Pacer Family a joyous holiday greeting. May you spend it with family and friends and may it be much more than you expect. Happy Holidays! - Phil

NEW MEMBERS WELCOME TO THE CLUB

**Sandra Emerick
Carolyn Garber**

RENEWED FOOTPRINTS KEEP ON WALKING THE TRAILS

2012

Ralph & Claire Greenawalt

2013

Barbara Kauffman

2014

**Elaine & Charles Bornstein
Roy & Joan Simmers**

CLUB MEMBERS ACHIEVEMENT AWARDS

**There were no Penn Dutch
Pacers listed in the
October/November 2011 issue of
*The American Wanderer.***

Records as of 11/4/2011

**Pete Byrne
Membership**

PDP Annual Dinner Meeting • PLAN TO ATTEND

As the Penn Dutch Pacers have been doing for the past few years, we will again meet for our annual dinner meeting in the meeting room of Isaac's Restaurant on Manheim Pike on our regular third Thursday meeting night in January, Thursday, January 19th.

As has been the practice in the past please arrive at Isaac's and asked to be seated in the meeting room for the Penn Dutch Pacer meeting. Arrive early enough to order, enjoy and pay for your own dinner so that you can be done eating by our meeting time of 7:00 PM

So that we know how many to have Isaac's set up for and also so we would know who to contact if we need to cancel for bad weather, please do one of the following. Either go to the website and choose the bottom most menu selection Sign up for January Meeting and input the requested information or call Phil Allamong at 717-

786-7118 and indicate if you are coming and how many.

Besides being a time where we get together to enjoy a meal we are also, in even numbered years, required by our by-laws to hold elections for officers. Since 2012 qualifies as an even numbered year this first Penn Dutch Pacer meeting of 2012 will not only be an enjoyable evening together but will also be critical to the future of the Penn Dutch Pacers. The reason of course will be the election of officers.

It goes without saying without people stepping forward to fill our elected positions, specifically President, 1st & 2nd Vice President, the Penn Dutch Pacers will cease to exist.

We look forward to good participation at the meeting from all members possible. Hope to see you all at our January meeting. Don't forget to sign up. Thanks!!

East Lampeter Township Walk Followup

E Lampeter Walk	Award & Credit	Credit Only	Non Participating	TOTALS
5K	0	7	2	9
10K	24	77	16	117
Totals	24	84	18	126

Our walk in East Lampeter Township was another winner. It had a great startpoint, a varied trail that included a stroll through East Lampeter Community Park, a walk along a country road, a meander through the relatively new East Lampeter Township facility, a saunter through an apartment/condo complex and the piece de resistance (or not) an amble along what has to be arguably the busiest stretch of roadway in Lancaster County which fortunately had a sidewalk. And of course we can't forget the natural trail that we traversed through the Amish Farm and House property.

Although rain was forecast for both days of our event we escaped unscathed by the rain, but the forecast undoubtedly kept our numbers down. You can see the official results in the accompanying chart. As always we have lots of people who gave hours of their time to make this event possible.

You are probably tired of reading here about the people, the volunteers, the people who make our walks possible, the people that choose to use their time and talents to

make PDP the quality events that they are. But the truth is that without these dedicated people no one would have any walk to enjoy whether they be weekend events or YRE and seasonal walks.

If you want to continue to see great weekend events like our East Lampeter walk then YOU, yes YOU need to decide to give some of your time to make things

happen for PDP. One of the thoughts that has been tossed around is that we should make volunteering at an event or on a committee mandatory for all members. Before you say oh no you can't do that, think about the fact that we have about 160 paid members. A lot of those are family members which means we have a lot more than 160 people. We typically have 4 events a years. Divide our membership by 4 and you have 40 people (and remember there are actually many more individuals than 160) and if everyone volunteered just ONE two hour shift at a walk once a year we'd have more than enough help at our events. Do YOU volunteer once at a PDP event? If you don't, you should.

As we've mentioned at least a zillion times in this publication it isn't just the days of the events that we need help. There are a myriad of details that go into planning an event and we need help with all of them. We most certainly appreciate

members showing up for our walks, after all that is why PDP exists. But if PDP is to continue to exist we need members to help with all phases of walk planning and implementation, a lot of

which goes on months if not a year or more in advance.

Please help us to continue to produce quality walks. Don't wait to be asked. Come forward, attend a meeting to find out what you can do today. Thanks to everyone who contributes in any way to the success of the the Penn Dutch Pacers. We couldn't do it without you.



Dates Remember

Saturday Only, Dec. 3rd -

Lititz Holiday Walk starting at Freeze & Frizz between 8 and 1 PM

REMEMBER THERE IS NO PDP MEETING IN DECEMBER.

Thursday, Jan. 19th -

Election of Officers

Annual Dinner Meeting @ Isaac's Restaurant, Manheim Pk, Lancaster • Dinner on your own prior to the meeting at 7:00 PM

Thursday, Feb. 16th -

Regular monthly meeting of the Penn Dutch Pacers in the Diagnostic Imaging Center - Patient & Family Education Conference Room ••1st Floor Lancaster Health Campus -- 7:00 PM

October Walk/Picnic/Meeting

We had a gorgeous Fall day for our special October gathering which also included our October meeting.

For many year we have had our picnic meeting in July, but as you will remember this year July was hot to say the least. So the July meeting was canceled and it was decided that we still wanted to have a picnic so why not have it in October and do as we were going to do in July, i.e. have a walk followed by a potluck picnic lunch followed by a meeting.

So on Sunday, October 16th a small group of intrepid members came together at 9 am in Huffnagle Park in Quarryville for our group walk of our future (sometime in 2012 TBD) walk which includes the newly opened and usable Enola Low Grade Trail that spans Southern Lancaster County the whole way from the river to Atglen. Since the trail covers nearly 30 miles we will be doing the trail in small sections at a time. Currently there are two breeches in the trail one at Route 222 north of Quarryville where they removed the over pass and the Marticville Trestle which is not currently safe to traverse. Hopefully as the years go forward the trestle will be repaired and there will be a safe way to cross Route 222.

As usually happens with pre-walks some chose to walk the short walk and some chose the long one. The walk started at Huffnagle Park and proceeded east over the railroad bridge and onto the rail trail. If you were to

Another Tater Tour Trip Experience

By Kitty Glass

This was a short four day trip but it included two challenging walks for the forty walkers on the trip (including my daughter who is not a regular volksmarcher.) The jaunt into the Finger Lakes region of New York began from Baltimore – the departing area for most of the Tater Tours in the eastern part of the country. The weather cooperated and each day showed us “October’s bright blue weather.” First stop – Corning Museum of Glass, Corning, NY. No walk here except walking through the museum and seeing the displays of glass creations – almost too much for the eye to absorb. Next door was the Rockwell Museum of Western Art which has many realistic paintings of western life.

Second stop – Watkins Glen State Park, NY. This has to be one of the most beautiful yet challenging volkswalks I have done. The walk took us through the village of Watkins Glen (following the Grand Prix Driver’s Walk of Fame) and then into the park where there are over 800 steps through the Glen. Not only were the steps treacherous but with the full force of the waters of the falls, one had to watch out for showers from above! The views were spectacular – with the fall colors of the season and the sun shining on the falls, it made the climb well worth the sore thighs that everyone experienced. This is definitely a walk I would recommend for the hearty.

The next stop did not include a Volkswalk but Taughannock Falls State Park, NY includes the beautiful Taughannock Falls. A three quarter mile walk back to the Falls goes through the woods and along some shale like formations which make for some great picture taking.

Third stop – Buttermilk Falls State Park, near Ithaca, NY. Watkins Glen was difficult but I think this tops Watkins Glen. Buttermilk State Park features several large waterfalls – spectacular views. However the trail goes along a gorge which includes many, many steps which were not mentioned in the description of the walk. The steps went up and up. It did not help that our thighs and shins were stiff from the Watkins Glen Walk. It was well worth the huffing and puffing everyone did because the lake at the top of the falls was peaceful and gave no indication of the powerful falls that the lake creates. Definitely one of the most challenging walks I have done.

Fourth stop – Ithaca, NY. Although this walk included more hills and steps, it was a piece of cake compared to the two falls walks. The trail took us through a variety of natural areas and into the Cornell University campus. The campus itself has some waterfalls and gorges and old university buildings. College and university walks are always pleasant and walking through one of the oldest universities in the country was a good way to enjoy the serenity of the area. Fifth stop – State College, Pa. Always a favorite the walk through Penn State University is a good walk to take during the fall season. The walk took us by Beaver Stadium, one of the largest college football stadiums in the country and also included the creamery where one can get “Peachy Paterno” (named after Joe Paterno) ice cream. The walk did not include any hills or steps so it was a good walk to end our four day trip.

The fall colors - red, orange, yellow, green - evidenced throughout the whole trip were just about at their peak. Another Tater Tour trip to add to my favorite volkswalk experiences.



Standing in front of Taughannock Falls, near Watkins Glen, New York - on a Tater Tour trip October 8 - Kitty Glass and her daughter, Kathy Craddock (from Cuyahoga Falls, Ohio)

New Special Event Programs starting January 1, 2012

Starting January 1st there are some great new Special Walking Programs coming on line that will give all of us some wonderful opportunities to explore the subjects of this wide variety of exciting new programs.

BAKERIES

Runs January 1, 2012 through December 31, 2014. Walk 20 AVA sanctioned Volkswalks that pass a family-owned bakery to earn the Bakery patch. Any sanctioned AVA event that includes a family-owned bakery and whose walk route goes by the bakery will qualify for the Bakeries program. Chains such as Krispy Kreme or Panera Bread, for example, do not qualify nor do pizza restaurants. Books cost \$10. Order from *GVA*, PO Box 7674, Fredericksburg, VA 22404-7674. Contact *Kay Collie* at sydnakay@yahoo.com

CLASSIC CINEMAS THEATERS

Runs January 1, 2012 through December 31, 2014. Celebration Golden Cinemas. Any sanctioned AVA event in the U.S. that passes a building that currently or historically served as a classic movie theater, defined as being built more than 50 years ago, qualifies. Use an event stamp once per calendar year. Not retroactive. Book costs \$10. Direct questions to kitsapwalks@hotmail.com POC *Stephanie Pollard*, PO Box 981, Suquamish, WA 98392. Make checks payable to *Kitsap Volkssporters*.

DINERS

Begins January 2012. Classic American Diners. 20 walks fill the book. The book is \$10, and will be available in December of 2011. Historically, a small restaurant owner had a prefab dining car type diner shipped to a site, set up, and went into business. Generally, if it calls itself a "diner" it qualifies. Restaurants without the word "diner" qualify if they are in a traditional diner building, OR serve diner style. Closed diners qualify. Old dining car style diners now used for something else also qualify. What doesn't qualify? Fast food chains, coffee shops, and donut shops are not diners. We will maintain a website with more information, and a Facebook page. The name and location of the diner is the only identification required. Award is a beautiful color patch. Send your check payable to "Twin State Volkssport" to Carolyn Adams, P. O. Box 757, Wells River VT, 05081. Information available at carri@vtlink.net

MAIN STREET

Runs January 1, 2012 through December 31, 2014. Struttin' Down Main Street. Complete 20 different sanctioned events where the route goes for at least one block on the main street of any town in the world. An event counts if, in any language, the word for "main" is in the name of the street, avenue, boulevard, lane, court, circle, row, etc. Participants will be awarded a "Strike up the Band" parade patch and whistle certificate. Books can be ordered now but they will be sent starting on December 10, 2011. Cost is \$10. POC: *Lois Head*, Central Minnesota Volkssports, PO

2011/2012 Atlantic Region Calendar

This calendar is a compilation of the data taken from the Atlantic Region Calendar which was cross referenced with the AVA Calendar as of 10/31/2011. Since new walks are always being added we would suggested referencing the AVA calendar for a definitive up to the minute list of current walking events in the region.

December 2011

Date	Type	Sponsoring Club	Event Location	Contact Phone
3	W	Penn Dutch Pacers	Lititz PA (Freeze & Frizz)	717-625-3533
3	W	Washington DC Area VM Club	Alexandria VA (Barrett Branch Library in Old Town)	703-765-3128
9-10	NW	Peninsula Pathfinders of Virginia	Williamsburg VA (Clarion Hotel)	757-766-3065
9-11	S	Peninsula Pathfinders of Virginia	Williamsburg VA (Clarion Hotel)	757-766-3065
10	W	Annapolis Amblers	Eastport- Annaoplis Lights Boat Parade	410-867-7511
10-11	W	Peninsula Pathfinders of Virginia	Williamsburg VA (Clarion Hotel)	757-766-3065
12	NW	Columbia Volksmarch Club	CVC Holiday Party/Walk, 6887 Garland Lane, Columbia MD	410-290-6510
17	NW	Germanna Volkssport Association	Fredericksburg VA	540-455-0772
18	W	Northern Virginia Volksmarchers	Springfield VA	703-455-1878
30	W	Baltimore Walking Club	Baltimore – Hampden Lights	410-252-3165
31	W	Gater Volksmarch Club	Smithfield VA (Smithfield Station Restaurant)	757-490-9324
31	2W	Freestate Happy Wanderers	Columbia MD	410-437-2164

January 2012

Date	Type	Sponsoring Club	Event Location	Contact Phone
01	W	Gator Volksmarch Club	Smithfield Station Restaurant	757-4909324
01	2W	Freestate Happy Wanderers	Owen Brown Community, Columbia MD	410-437-2164
07	W	Virginia Vagabonds	Newport News VA	757-766-3065
14	W	Senca Valley Sugar Loaders	Cabin John, MD	301-926-8580
14	W	Virginia Vagabonds	Newport News VA	757-766-3065
19	M	Penn Dutch Pacers	Annual Meeting • Isaac's Restaurant, Manheim Pike, Lancaster • 7:00 PM	

February 2012

Date	Type	Sponsoring Club	Event Location	Contact Phone
04	2W	York White Rose Wanderers	York Central Market	717-292-3777
16	M	Penn Dutch Pacers Meeting • Patient & Family Education Conference Room •Lancaster Health Campus at 7:00 PM		
25	2W	Baltimore Walking Club	Du Burns Arena, Baltimore, MD	410-592-3171

March 2012

Date	Type	Sponsoring Club	Event Location	Contact Phone
15	M	Penn Dutch Pacers Meeting • Patient & Family Education Conference Room •Lancaster Health Campus at 7:00 PM		
16-18	4W	Germanna Volkssport Association	Fredericksburg VA	540-455-0772
17	W	Baltimore Walking Club	Baltimore Convention Center	410-592-3171

April 2012

Date	Type	Sponsoring Club	Event Location	Contact Phone
14	W	Lee Lepus Volkverband	Farmville VA	804-768-0055
19	M	Penn Dutch Pacers Meeting • Patient & Family Education Conference Room •Lancaster Health Campus at 7:00 PM		
21	W	Peninsula Pathfinders of Virginia	Hampton VA	757-851-9252
21	W	Great Greenbelt Volksmarchers Inc.	Shrom Hills Community Park, Greenbelt MD	301-937-3549
28	W	Columbia Volksmarch Club	Meadowbrook Park	410-290-6510

May 2012

Date	Type	Sponsoring Club	Event Location	Contact Phone
12	W	Peninsula Pathfinders of Virginia	Surry VA	757-357-5355
17	M	Penn Dutch Pacers Meeting • Patient & Family Education Conference Room •Lancaster Health Campus at 7:00 PM		
26	W	Freestate Happy Wanderers	Solomon, MD	301-717-3604

June 2012

Date	Type	Sponsoring Club	Event Location	Contact Phone
2	W	Seneca Valley Sugarloafers	Silver Spring MD	301-946-5496
2	W	Loudon Walking & Volkssport Club	Sterling VA	703-737-2175
9	2W	Peninsula Pathfinders of Virginia	Norfolk VA	757-890-9220
9	W	Great Greenbelt Volksmarchers	Greenbelt MD	301-937-3549
16	W	Columbia Volksmarch Club	Cedar Lane Park	410-290-6510
21	M	Penn Dutch Pacers Meeting • Patient & Family Education Conference Room •Lancaster Health Campus at 7:00 PM		

Legend: W=Walk, GW=Guided Walk, GNW=Guided Night Walk, NW=Night Walk, B=Bike, S=Swim
Sk=Ski, XSk= Cross Country Ski, IS=Ice Skate, RS=Roller Skate, SS=Snowshoe M=Meeting

2011/2012 Atlantic Region Calendar, continued

July 2012

Date	Type	Sponsoring Club	Event Location	Contact Phone
19	M	Penn Dutch Pacers Meeting • Patient & Family Education Conference Room • Lancaster Health Campus	at 7:00 PM	
28	W	Columbia Volksmarch Club	Nightmare Graphics	410-290-6510

August 2012

Date	Type	Sponsoring Club	Event Location	Contact Phone
25	W	Piedmont Pacers	Hagerstown MD	301-829-3685

September 2012

Date	Type	Sponsoring Club	Event Location	Contact Phone
8	W	Freestate Happy Wanderers	Laurel MD	301-725-6979
20	M	Penn Dutch Pacers Meeting • Patient & Family Education Conference Room • Lancaster Health Campus	at 7:00 PM	
16	W	York White Rose Wanderers	Coudersport PA	717-432-2195
29	W	Piedmont Pacers	Frederick Octoberfest	301-829-3685
29	W	Loudon Walking & Volkssport Club	Lovettsville VA	703-737-2175

October 2012

Date	Type	Sponsoring Club	Event Location	Contact Phone
06-07	W	Ft. Belvoir Outdoor Rec	Ft. Belvoir, Alexandria VA	703-805-1143
13	W	Lee Lepus Volksverband	Hopewell VA	804-768-0055
18	M	Penn Dutch Pacers Meeting • Patient & Family Education Conference Room • Lancaster Health Campus	at 7:00 PM	
19-21	W	US Freedom Walk Festival Club	Arlington VA	703-209-0174
27	W	Seneca Valley Sugarloafers	Rockville MD	301-385-0054

November 2012

Date	Type	Sponsoring Club	Event Location	Contact Phone
15	M	Penn Dutch Pacers Meeting • Patient & Family Education Conference Room • Lancaster Health Campus	at 7:00 PM	
17	W	Seneca Valley Sugarloafers	Boys MD	301-385-0054

Legend: W=Walk, GW=Guided Walk, GNW=Guided Night Walk, NW=Night Walk, B=Bike, S=Swim
Sk=Ski, XSki = Cross Country Ski, IS=Ice Skate, RS=Roller Skate, SS=Snowshoe M=Meeting

Cont'd from Page 1 • Holiday Walk . . .

operated the R. & C., was merged with the Reading Company in 1923. The Reading Company assumed the operation of the Reading & Columbia Rail Road, but the R. & C. still retained its corporate existence. It was not until December 31, 1945 that the Reading & Columbia Rail Road Company was merged with the Reading Company after which the R. & C. as a corporate identity ceased to exist.

Upon the demise of passenger service, the Reading Company no longer required the passenger depot erected on the land leased from the Lititz Moravian Congregation. On August 24, 1953, the 999 year Agreement of Lease was terminated. The last complete passenger train to pass through Lititz was on October 28, 1952, at 11:11 a.m.; a special train carrying presidential candidate Adlai E. Stevenson.

The 1863 depot was demolished for the building of the Ideal Cocoa & Chocolate Company factory (now Wilbur Chocolate Company); and the 1884 passenger depot and freight station was demolished in May of 1957 to make way for construction of a modern entrance to Lititz Springs Park through the generosity of Elmer H. Bobst, who provided \$100,000. for improvements to the Park.

On April 1, 1976, the bankrupt Reading Company ceased being an operating railroad ending 143 years of railroading. The "Golden Era" of the Reading & Columbia Rail Road is gone, but a certain spirit feeling of the "good old days" will continue to linger on in the years to come, especially with the construction and dedication on May 8, 1999 for the replica of the 1884 Lititz Passenger Depot and Express Station on the same northwest

corner within Lititz Springs Park.

So there you have the scoop on the history of the passenger rail system in Lititz and of course another glimpse into the unique history of Lititz itself. Our trails will be part new and part old. We have walked in Lititz an untold amount of times but our trailmasters still have given us a some areas that we haven't seen along with some traditional favorites like Main Street open in all it glory.

So come join us for this Saturday only walk in Historic Lititz. *Historical information on the Lititz Railroad station is from R. Ronald Reedy, Lititz Springs Park Historian*

Cont'd from Page 4 • October Meeting . . .

look at a map of the walk it looks like a 'P' since we walked out the rail trail and exited onto Bushong Rd. Then walked to Dry Wells Rd. to Pumping Station Rd and re-entered the rail trail back to the starpoint. It was a perfect day for anything outside and almost exactly at noon everyone saw what a great selection of food we had. The selection was diverse and couldn't have been better if people had been assigned what to bring. As always the club supplied drinks and hot dogs and everyone enjoyed gathering outside to share a meal together.

Following the meal the Penn Dutch Pacer business meeting was held. Our upcoming walk in Lititz was discussed as well as all our planned walks for next year which you can read about elsewhere in this newsletter. You can also check out the meeting minutes that are available on the website for complete details of the meeting.

If you didn't join us for this event you missed one of the most enjoyable PDP events that we've had in quite sometime. Everything worked—the weather, the location, the walk, the food and of course the people.

2011YRE Results	1st Quarter			2nd Quarter			3rd Quarter			Totals So Far	# of Walkers needed to = 2010	Individual Event Totals All of 2010
	Paid	Free	Sub Total	Paid	Free	Sub Total	Paid	Free	Sub Total			
Ephrata	8	0	8	8	1	9	14	1	14	31	50	81
Lancaster Downtown	18	0	18	12	0	12	9	0	9	39	52	91
Lancaster West	5	0	5	17	2	19	11	1	12	36	37	73
Lititz History	18	0	18	21	1	22	20	2	22	62	54	116
Lititz North	12	0	12	7	1	8	8	0	8	28	29	57
Manheim (new 2011)	25	2	27	25	1	26	12	2	14	67	0	0
Middle Creek Lake	34	1	35	5	0	5	13	1	14	54	10	64
Millersville	19	0	19	3	0	3	14	0	14	36	34	70
New Holland East	5	2	7	6	0	6	6	0	6	19	32	51
New Holland West	7	0	7	8	0	8	8	1	9	24	20	44
	151	5		112	6		115	7				
Quarterly Sub-Totals			156			118			122	329*	318	647

*so that we can show a direct comparison to 2010 this total does not include Manheim Participation for 2011. Total actual participation for the first three quarters of 2011 including Manheim is 396.

Thanks to Bob Gast we again have an update on the Penn Dutch Pacer sponsored Year Round and Seasonal events through the first three quarters of the year. Unfortunately things are not looking any better than when we looked at the figures at the half way point.

In order to give some perspective to the numbers you will notice the third column (in the chart above) from the right is titled Total So Far. That column shows the total number of walkers that walked each event through the end of the third quarter. We took all those numbers and added them up for a total of 329 walkers (see the note at the bottom of the chart). You'll notice the far right column shows participation for each of the events for 2010 and shows a total of 647 walkers for all of 2010.

Walkers that have participated in our YRE and Seasonal events for the first three quarters of the year equals 50.8% of the total walkers that we had for all of 2010. Another way of looking at this is that by the end of the third quarter if we are going to approach last years figure we should have had approximately 485 walkers (remember we only had 329).

This means that to get even close to our total number for 2010 you can see from the chart that we would need 318 walkers in just the last three months to equal the 2010 total. Reality suggests that having 318 walkers show up to do our YRE and Seasonal events in just three months probably isn't going to happen and that probably the total participation for the year is going to take a big hit. We'll know how bad it is once the yearly totals are in and will report those figures in the next newsletter.

What all this means is that next year before we sanction any YRE and Seasonal events we are going to have to take a hard look at each walk to see if they are paying for themselves and either decide to not sanction them again or to continue to subsidize their cost with funds from other sources.

Nominating Committee

Due to the fact that we have officer elections coming up at our Annual Dinner Meeting in January a nominating committee has been formed to contact people and/or for people expressing interest concerning a possible candidacy. The following people are on the committee at this writing – Phil Allamong and Barry Weatherholtz

We don't mean to sound like we are beating a dead horse here, but it goes without saying (yes we are saying it) that without people who step forward to fill the elected positions within the Penn Dutch Pacers, your club will cease to exist and the walks that you apparently enjoy will also cease to exist. The take home message here is there have to be people to do the work so that there will be great events that people will show up for.

The current president is in his second two year term and cannot run again according to the club's bylaws and at this writing we know that the current 2nd Vice President (Volunteer Coordinator) wishes to contribute to PDP in some other ways thus the 2nd Vice President (Volunteer Coordinator) position is also available. And of course the position of 1st Vice President is also up for election.

Many people have been asked so far and refused to serve. We understand that everyone is busy and most people have a lot on their plates but if we don't find a couple of willing individuals to fill the vacant positions the Penn Dutch Pacers, your club, is going to be in trouble. There of course will be nominations from the floor, but it is ideal if we have candidates prior to the January meeting. Thanks in advance to anyone who makes the choice to serve the Penn Dutch Pacers in one of the open positions.

We were reading the Columbia Volksmarch Club newsletter and we saw the following advertisement for a volunteer coordinator and we figured we couldn't say it any better than what Karen Dye did when she wrote –

"In need of a volunteer coordinator. We are looking for someone interested in performing work at no pay with extremely little recognition. The Angel who volunteers to do this would be asked to pleasantly coerce the membership to *volunteer* their time to man the start/finish and checkpoints at club events, usually [four] a year. COME ON MEMBERS - surely there is one of you out there to do this!" HOW ABOUT YOU! Nuf said!!

The Germanna Volkssport Association, Fredericksburg, Virginia, is hosting the Sixth Biennial Atlantic Region Conference March 16 -18, 2012.



2012 Atlantic Region Conference

The theme of this conference is the Civil War - Walk Through

History. During the Civil War, Fredericksburg changed hands at least seven times, and there were four major Civil War battles fought in our region.

We're offering four terrific Civil War battlefield walks: Fredericksburg, Chancellorsville, Spotsylvania Courthouse and Wilderness. The Chancellorsville and Fredericksburg walks will be offered all three days. The Wilderness Battlefield walk will be offered on Saturday only. Note that we will provide van transportation for the Wilderness walk as there is very limited parking available and we want to maintain this for wheelchairs and scooters. The Spotsylvania Courthouse walk is scheduled for Sunday, and we will provide transportation for this walk also since there is very limited parking.

In addition to these scheduled walks, our club offers six Year Round Events for 2012: Fredericksburg Historic Walk, Fredericksburg River Walk, Fredericksburg Pathways, Ashland Historic Walk, Culpeper Walk, and Warrenton Walk.

The conference will be held at the Fredericksburg Hospitality House and Conference Center located just off I-95. Plans are to have a Meet and Greet Friday evening with light refreshments and a cash bar. Two workshops are planned for Saturday afternoon, one on Fitness Tips for Walkers and the other designed for Club Officers to learn more about their roles in their home clubs. A banquet is planned for Saturday evening, and we're pleased to have as our guest speaker John Hennessy, Chief Historian for the Fredericksburg and Spotsylvania National Military Park.

If you register by March 1st, the cost for the conference package is \$100.00. This includes the cost of all conference events: walk and credit fees for all four walks, the award, Meet and Greet, workshops, and the banquet.

The Fredericksburg Hospitality House has set aside rooms for the conference with a rate of \$89 per night. See

<http://www.fredericksburghospitalityhouse.com> for reservations.

https://reservations.ihotelier.com/crs/g_reservation.cfm?groupID=600327&hotelID=15003

Contact information: Gary Cleland at 540-842-8094 or

garysc2502@verizon.com

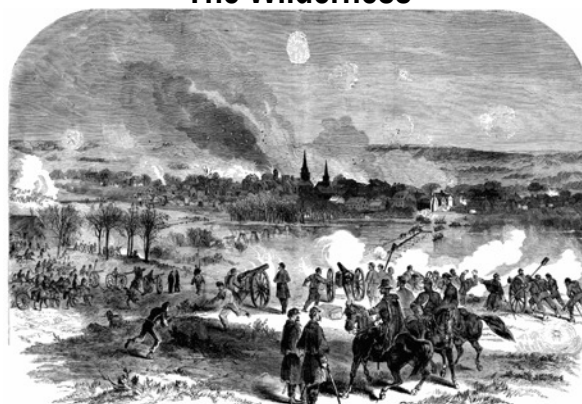
Club email and web site: gvasurveyors@gmail.com

<http://walkfredericksburg.webs.com>

We're looking forward to welcoming you to Fredericksburg, "America's Most Historic City." We hope you will join us for this unique walking and learning experience.



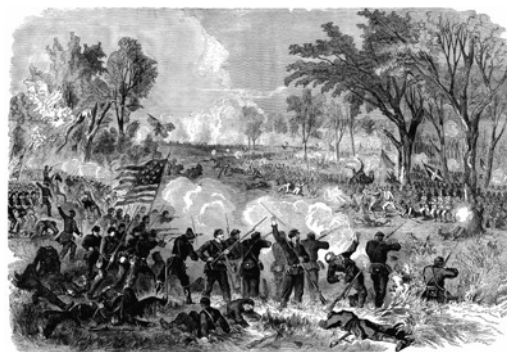
The Wilderness



Fredericksburg



Spotsylvania Courthouse



Chancellorsville

Preview of PDP Walks for 2012

It's hard to believe that we are almost at the end of 2011 and that in not too many days from when you read this we will be holding our last walk of 2011 in Lititz. From there we look to 2012 and some exciting new venues.

For the first time in a long time the Penn Dutch Pacers will be entering the new year, 2012 with all our walks for the year ready to go. That means that the locations have been reviewed and decided upon and that at least the initial trails have been laid out so we know that both a 10K and a shorter walk is feasible in the locations that we have decided on. Although initial trails have been laid out trails continue to be tweaked and measured until they are pre-walked by the group close to the walk at which point they still may be slightly tweaked to make them the best that they can be.

Lots of folks have been working hard so that we would have four walks ready to go for 2012 before the end of 2011 and we are excited to share at least preliminary information on what you can expect to see in 2012. And although the locations have been confirmed dates have not been confirmed. In the case of walks that we intend to start in municipal parks the earliest that we can book pavilions is the first business day of the calendar year in which we are holding the walk. So here's your preview of walks you can expect to enjoy in 2012 in no particular order at this point expect for one which you will see we have already nailed down.

Cornwall (Lebanon County) – Dates to be determined

As far as we know this will be the first Volksmarch in this Lebanon County borough. This walk takes place in the quaint, historic borough of Cornwall, situated in southern Lebanon County. Cornwall is known as the location of a restored 1800's iron furnace and deep pit iron mine.

Our walk leaves the start point and ventures on rural roads to an access point to the scenic Lebanon Valley Rail Trail. After a one kilometer trek on the rail trail, we arrive at a small park/trailhead which will be our first checkpoint. We continue on rural roads, passing housing where iron workers and miners once lived. The second checkpoint along the trail is located at the iron furnace. The last leg of our journey takes us through a section of the Cornwall Retirement Community. We return to the start/finish by way of paved and natural surface paths. Our Cornwall event promises to be a pleasurable walk through history.

Martin Greider Park (Manor Township) – Dates to be determined

We happened upon Martin Greider Park quite by accident first seeing it as a big green area on a map when we weren't looking for a park or another place to hold a Volksmarch at all. Manor Township sits adjacent to Lancaster City just to the west and Martin Greider Park is the perfect starting place for a walking tour of this lovely and mature residential area that's bordered by Columbia avenue on the North, Millersville Pike on the West, Stone Mill Road (sort of – you'll understand once you do the walk) on the South and East. This will be a very enjoyable

and easy walk and we can tweak the trail to qualify for the new Lincoln Highway Special Walking Program that starts in 2012.

Enola Low Grade Trail Walk #1 (Quarryville) – Dates to be determined

A few folks got a taste of this walk back in October during our October Walk/Picnic/Meeting when we actually did our pre-walk for our anticipated scheduled walk in 2012. It's not often an area gets a new rail trail and the Enola Low Grade Rail Trail has been a long time coming. We're not sure who had the first inkling of making this former Conrail rail right of way into a trail. The trail offers a wide flat stone walking surface on which to walk. The long trail also offers the opportunity to take on a long hill. Everyone who did the pre-walk seemed to enjoy it and we can't wait until we offer it as a scheduled weekend walk.

Downtown Lancaster Holiday Walk – Saturday Only, December 1, 2012

For the past few years we have walked Downtown Lancaster immediately following the New Year as our first walk of the year. Next year we are shuffling things up a bit. First we are not having a walk in January and also we are giving Lititz a rest for the holiday season. In 2012 we will be walking in a Lancaster decked out for the holidays from our tried and true startpoint at Isaac's, smack in the middle of downtown. Remember that we will be walking on Saturday when Downtown Lancaster will be a bustle of activity for the season. The 2012 holiday season will be the first holiday season that the comprehensive renovations will be complete inside and out Central Market so everyone will want to take some time to enjoy the oldest farmer's market in the nation during the holidays.

So there you have it, the lineup for 2012. Stay tuned for the three dates that we don't currently have. We'll let you know as we firm things up or if you really want the inside scoop come to one of the monthly meetings where you get all the scoops first hand.

Answers to the Crossword Puzzle on Page 2	
1. CHOCOLATE	1. COMMUNITY
2. QUARRYVILLE	3. ELECTION
4. MORAVIAN	5. RAIL
8. MANHEIM	6. IDEAL
10. TRAIN	7. GOTHIC
12. COLOR	9. EVENING
14. ISAACS	10. THEATERS
18. FREEZE	11. READING
19. SINKINGS	13. LANCASTER
21. BAKERIES	15. FURNACE
22. WILBUR	16. PENNSYLVANIA
24. LITITZ	17. CORNWALL
25. MAIN	20. SATURDAY
26. JANUARY	23. MANOR
27. DINERS	28. PASSENGER

Down **Across**

Cont'd from Page 1 • Lancaster Forms . . .

Box 2162, St. Cloud, MN 56302-2162. Info: 320-252-7348 or LMHead@StCloudState.edu

MURALS

Runs January 1, 2012 through December 31, 2014. Walking America's Murals. Walk 20 qualifying events. A qualifying event is any sanctioned walk that passes a mural of at least 8' x 8' depicting any historical, cultural or local happening on a painted stationary wall or building. Award is a 3' x 4' patch. Books are \$10 each: make checks payable to Illinois Trekkers. Send to *Walking America's Murals, c/o Debbie Kruep, 220 Clearwater Drive, Belleville, Illinois 62220*. For those ordering books before January 2012, the books will be sent out in December. Contact debmarkkruep@yahoo.com

RAINBOWS

Runs January 1, 2012 through December 31, 2014. Strolling Somewhere Over the Rainbow. Complete 20 different sanctioned events where the route is located in or in sight of a color-named place anywhere in the world: any city, county, country, area (like

Black Hills), place (like Yellowstone Park), state (like Nevada - known as "The Silver State"), rivers or any body of water, or mountains with the name of a color in it. Names for any and all shades of colors also qualify. Award is a patch and certificate. Cost is \$10. POC: *Lois Head, Central Minnesota Volkssports, PO Box 2162, St. Cloud, MN 56302-2162*. Info: 320-252-7348 or LMHead@StCloudState.edu

WPA WORKS PROJECT ADMINISTRATION

Runs January 1, 2012 through December 31, 2014. USA 1935-1943 WPA. Award is a 3" x 4" embroidered patch. Walk 20 YREs or scheduled events that pass anything to do with the WPA: art in a post office, dams, bridges, buildings, park entrances, swimming pools and even sidewalks. The program costs \$10. Contact *Sharon Snyder* at walkingfan@aol.com or *Suzi Bentley* at schocksinews@aol.com Visit www.ava.org/clubs/holyfamilywalkers/wpa_special_program.htm POC: *Sharon Snyder, Holy Family Walkers Volksmarch Club, 1714 NW 49th St., Lawton, OK 73505*.

The folks listed below are the people that have stepped forward & give their time & talents to make PDP work for you. An encouraging word & a Thank You occasionally is a small price to pay for what they do.

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*Trailmaster

(Makes one 9 x 13-inch pan or 8 large servings)

Applesauce Cake

- 1 cup all purpose flour
- 1 cup whole wheat flour
- 1 cup sugar (use your favorite variety)
- 1 Tablespoon cornstarch
- 2 teaspoons baking soda
- 1/2 teaspoon salt
- 1/2 teaspoon cinamon
- 1/4 teaspoon ginger
- 1/8 teaspoon cloves
- 1/4 teaspoon mace
- 2 1/3 cups unsweetened applesauce
- 1/2 cup raisins
- vegetable oil spray



Preheat oven to 325 degrees.

In a bowl, mix dry ingredients together. Then, add the applesauce and raisins and stir until well-combined. Spray a 9 x 13-inch baking pan with oil. Add batter to the pan and bake for 45-60 minutes. Insert a toothpick into the cake's center; the cake is done when the toothpick comes out clean.

Note: Use you favorite frosting

Total calories per serving: 291, Fat: < 1 gram
Carbohydrates: 71 grams, Protein: 4 grams
Sodium: 463 milligrams, Fiber: 3 grams

The Pacer Pulse

The Pacer Pulse is published for the membership and friends of PDP and is produced 4 times a year with the intention of keeping everyone up-to-date with what is happening within the club and also within the world of Volksmarching. We encourage contributions from members and non-members alike. Our deadlines are November 1 for Dec/Jan/Feb edition, February 1 for the Mar/Apr/May edition, May 1 for the Jun/Jul/Aug edition and August 1 for the Sep/Oct/Nov edition. We prefer that articles for inclusion be submitted via e-mail either as a Word attachment or as native e-mail. We also accept articles typed or in long hand. All submissions will be included on a first-come first-included space available basis. Thanks in advance for your submissions. The Individual views expressed in articles published in The Pacer Pulse do not necessarily reflect the policy or position of the Penn Dutch Pacers.

Editor.....Phil Allamong
Contributors..... Pete Byrne, Bob Gast, Kitty Glass, George Resh, Sherry & Phil Allamong

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Return Service Requested!



Check us out at www.penn Dutchpacers.org

MEMBERSHIP APPLICATION

FAMILY NAME _____ FIRST NAME _____ SPOUSE _____
 ADDRESS _____ CITY _____ ST _____ ZIP _____
 TELEPHONE () _____ - _____ CHILDREN'S NAMES _____
 E-MAIL ADDRESS (Please) _____

I hereby make application for membership in, and agree to conform to the bylaws or any amendment thereof in the PENN DUTCH PACERS VOLKSMARCH CLUB, INC., and with the rules and regulations of the AVA in the IVV and in application I certify the above.

DATE _____ SIGNATURE _____
 NEW RENEWAL *All membership fees are renewable in June.*
 \$10.00 • 1 year \$18.00 • 2 years \$25.00 • 3 years

CHECKS TO: PENN DUTCH PACERS VOLKSMARCH CLUB, INC. ATTN.: MEMBERSHIP
P. O. BOX 7445, LANCASTER, PA. 17604-7445

Check where you would like to help: AWARDS TABLE REGISTRATION TRAIL REFRESHMENTS
 PUBLICITY CHECKPOINTS NEWSLETTER WHERE NEEDED