

the pacer pulse

December 2015; January, February 2016

C Emlen Urban Downtown Lancaster Walk – December 5th

The Penn Dutch Pacers have held many a walk in downtown Lancaster but this walk on Saturday, December 5th is unique in that we will for the most part be touring the work of Cassius Emlen Urban better known as C Emlen Urban who was a Lancaster, Pennsylvania-based architect. He was the leading architect in Lancaster from the 1890s to the 1920s. Throughout Downtown Lancaster numerous iconic buildings make up the city's landscape giving it its unique and ornate character.



C Emlen Urban

Landmark buildings such as the Greist Building, the Watt and Shand Department Store, Hager Building, Southern Market, along with many more churches, residential units

including the facade of the Fulton Opera House were the design of C Emlen Urban. Urban was Lancaster's first architect and had one of the most significant influences on the city. Urban modernized the city's landscape as he designed buildings in a new era where technologies never before available to architects made it possible for himself to leave such a grand impression.



Greist Building Penn Square

Urban was born on February 20, 1863 in Conestoga Township to a Civil War veteran Amos Urban, a distinguished citizen known for his modesty and community service. He graduated from Lancaster's Boys High School in 1880 and would get his architectural training through an apprenticeship with Scanton, PA architect E.L. Walter.

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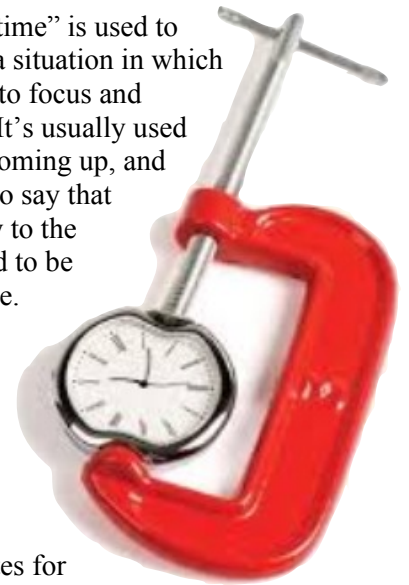
IT'S CRUNCH TIME AGAIN!

The phrase "crunch time" is used to describe a time or a situation in which people really need to focus and work as hard as possible. It's usually used when there is a deadline coming up, and saying it's crunch time is to say that there is a sense of urgency to the situation – and things need to be done as quickly as possible.

What needs to be done as quickly as possible in regards to the Penn Dutch Pacers is to find someone to continue to lead your club into the future. A committee has been appointed to find candidates for president and 1st vice president which are elected positions. That nomination committee consists of George Resh, Carmie Keiser and John Roose. So if you and we mean YOU personally find this is the time YOU are willing to step forward, please contact someone on the nomination committee today.

Or if you're just sitting on the sidelines and are thinking that finding someone to fill these positions will just take care itself... it's not likely. All the qualified people have already served two or more terms as president and are not interested nor should be expected to step forward again.

As we discussed last year at about this time. The core people that have committed their time to keeping the Penn Dutch Pacers working for the past two plus decades are burning out or are burnt out. And sadly over the past few years four people who were part of this core of individuals committed to the Penn Dutch Pacers are no longer with us. Not only did PDP lose their unique talents but also those of their spouses or partners who are no longer active either. There is no obvious candidate for president who has the experience that would be expected of a candidate for president. That is someone who has held a variety of posts and contributed to PDP in a variety of ways, in other words someone with some hands on experience and who understands what Volksmarching and the Penn Dutch Pacers specifically are all about.

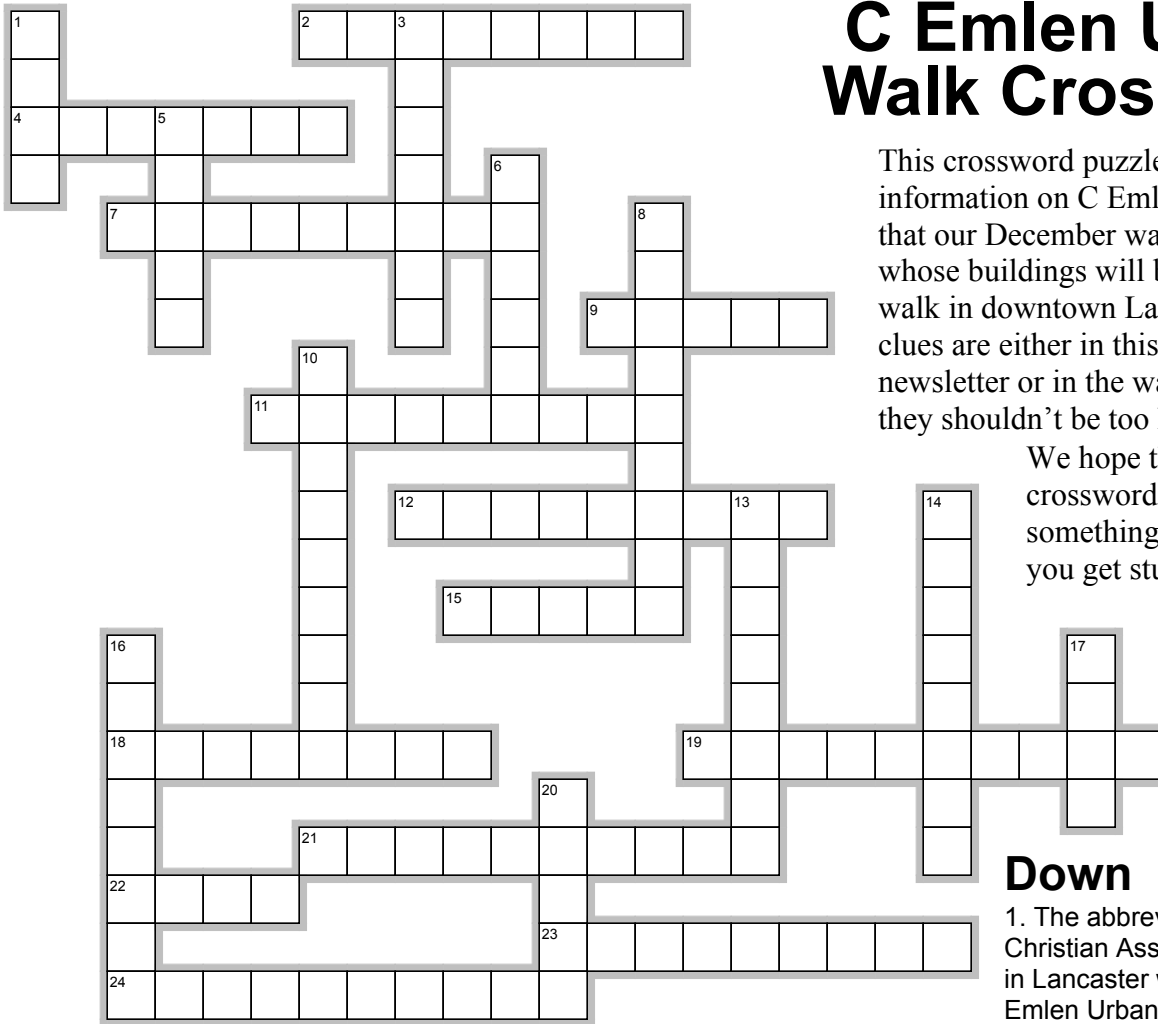
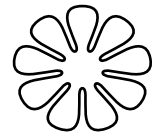


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C Emlen Urban Walk Crossword

This crossword puzzle reviews a lot of information on C Emlen Urban the architect that our December walk is themed after and whose buildings will be a highlight of this walk in downtown Lancaster. Most of the clues are either in this edition of the newsletter or in the walk brochure itself so they shouldn't be too hard to figure out.

We hope that you enjoy the crossword puzzle and learn something while you're at it. If you get stuck you can find the answers on page 10 in the lower right hand corner.



Down

1. The abbreviation for Young Men's Christian Association whose building in Lancaster was designed by C Emlen Urban.

3. This awesome performance venue in Hershey was designed by C Emlen Urban. It of course is the Hershey _____.

5. When they built the Marriott Hotel they kept the facade of this iconic Lancaster department store that was originally designed by C Emlen Urban. The department store name was Watt & _____.

6. Lancaster's first skyscraper and the tallest building in Lancaster before the Marriott Hotel across the square was the _____ Building.

8. This is a liberal denomination church designed by C Emlen Urban on West Chestnut St whose main belief is that god is one "unit" or being.

10. The first successful five and dime store opened by Frank W _____ opened in Lancaster in a building designed by C Emlen Urban.

13. A high school on the corner of W. Chestnut St and Charlotte Ave was designed by C Emlen Urban and named after congressman _____ Stevens.

14. The men's only club (at that time) in Lancaster where Urban met Milton Hershey is known as the _____ Club.

16. Many, if not most of C Emlen Urban's buildings are on the National Register of _____ Places.

17. The Lancaster Trust Building was originally a _____, but is now The Trust Performing Arts Center.

20. Most all the menu options at Isaac's Restaurant are named after _____.

Across

2. St James _____ Church is another example of the work of C Emlen Urban.

4. In C Emlen Urban the C stands for _____.

7. Isaac's was founded in what city in Pennsylvania.

9. Urban was Lancaster's _____ architect.

11. Also the name of a Lancaster County River, C Emlen Urban was born in this township in Lancaster County.

12. C Emlen Urban was most influential in Lancaster the last decade of the 19th century and the first two decades of the _____ century.

15. If something is not rural you say it's _____.

18. C Emlen Urban didn't design Central Market but he did design the _____ Market building at the corner of Queen and Vine streets.

19. The Hager Brothers _____ Store is another C Emlen Urban creation.

21. Isaac's Famous Grilled _____.

22. The Reilly Brothers and _____ Building originally a hardware store at 45 N Market St also faces on N Queen St now contains the Central Market Mall.

23. Before C Emlen Urban was an architect he was a _____.

24. Urban designed the Hershey _____ original company offices because of his acquaintance with Milton Hershey.

PRESIDENT'S COMMENTS



By
Pete Byrne

Giving Thanks

As Thanksgiving approaches, I've been giving some thought to all the things that I am thankful for. Among them are all of the people who made and continue to make this a unique and meaningful club.

I'm thankful for Lew Corlew and those who worked with him to establish our club and put on those first walks. I'm thankful for all of the Presidents and other officers who served the club in the ensuing years. I'm especially thankful for George, Phil, Carmie, Inge, and Kitty, who have served as the officers for the past decade or so.

I'm thankful for the Trailmasters, Barry and Don and Dave, who worked so hard to give us interesting and well-identified trails. I'm thankful for those who made and served us food – Barb, Kitty, Carmie, Roy, and Don. I'm thankful for the Sales Coordinators, Marv and John, who helped us raise a little money.

I'm thankful for those who store our equipment between walks and then bring it and take it back home – George, Chris, Barb, Barry. I'm thankful for those who take care of our Year-Round start boxes, making sure they are well stocked – Barry, Donna, Kitty, Maria, Nelson, and Phil.

I'm thankful for our former Publicity Chairs, Mary and Rose.

The club is still in need of a Publicity Chair. The job is not difficult, consisting of selecting information from our walk brochures and web site and sending it to various newspapers, web sites, and radio and TV stations. You only work just before a walk, so it won't take a lot of your time. If you've been thinking about helping your club, this is a way to do so. Give me a call or send me a note.

Finally, I'm thankful for all of the club members who give us some of their time at each walk, volunteering to staff the start and finish tables, the checkpoints, and the food service. Without your help we could not put on a walk.

Our club by-laws say that my term as President is coming to an end. At our January dinner meeting you will elect a new President for a two-year term. Our nominating committee is hard at work identifying candidates. If they ask you, say yes.

I look forward to seeing all of you at our Lancaster walk on December 5th. It should be very interesting. Go back to page 1 and read about it again. - *Pete*

This is just a heads up about the PDP Lititz Fire & Ice walk that will take place on Saturday, February 13th from the St. James



Catholic Church in Lititz. The brochure will be available at the Dec. 5th C Emlen Urban Walk in Lancaster. And of course all the info on the walk is on the PDP website at www.penn dutchpacers.org. There is very little specific information at this time on the 11th annual Fire & Ice Festival, please check their website at www.lititzfireandicefestival.com as we get closer to the event. We hope to see all of you in Lititz in the new year.

MEMBERS & MILESTONES

RENEWED FOOTPRINTS ON THE TRAILS

Barbara & Ronald Mable

Joan Simmers

Mike and Carol Quinlan

EVENTS

30 Events

Maria Roshon

125 Events

Maura Barber

650 Events

Carolyn Quinlan

950 Events

Barry Hitchcock

1700 Events

Michael Quinlan

DISTANCES

1000 Km

Tiernan Barber

7500 Km

Carolyn Quinlan

Annual Meeting – January 20th

Just as a reminder the Penn Dutch Pacers hold monthly meetings 10 months of the year, skipping only August and December. That's a subtle way of reminding you that there is no meeting in December although we have what could be arguably one of most important meetings ever coming up in January.

As the Penn Dutch Pacers have been doing for the past few years, we will again meet for our annual dinner meeting in the meeting room of Isaac's Restaurant on Manheim Pike on our regular third Wednesday meeting night in January, Wednesday, January 20th.

As has been the practice in the past please arrive at Isaac's and asked to be seated in the meeting room for the Penn Dutch Pacer meeting. Arrive early enough to order, enjoy and pay for your own dinner so that you can be done eating by our meeting time of 7:00 PM. And don't forget a generous tip for the usually excellent service and use of the room.

So that we know how many to have Isaac's to set up for and also so that we would know who to contact if we need to



cancel for bad weather, please do one of the following. Either go to the website and choose the bottom most menu selection Sign up for January Meeting and input the requested information or call Phil Allamong at 717-786-7118 and indicate if you are coming and how many. Besides being a time where we get together to enjoy a meal we are also, in even numbered years, required by our by-laws to hold elections for officers. Since 2016 qualifies as an even numbered year this first Penn Dutch Pacer meeting of 2016 will not only be an enjoyable evening together but will also be critical to the future of the Penn Dutch Pacers. The reason of course will be the election of officers.

It goes without saying without people stepping forward to fill our elected positions, specifically President, 1st & 2nd Vice President, the Penn Dutch Pacers will cease to exist. We often tend to underestimate the commitment and the dedication that these folks have for volksmarching and the Penn Dutch Pacers in

Continued on Page 7, Column 1

3rd Quarter YRE Update

2015	AT15/	1st Quarter			2nd Quarter			3rd Quarter			4th Quarter			TOTAL
		Paid	Free	Subtotal	Paid	Free	Subtotal	Paid	Free	Subtotal	Paid	Free	Subtotal	
EPHRATA	Y0174	11	1	12	24	0	24	16	3	19			0	55
LANCASTER Downtown	Y0178	3	1	4	9	1	10	8	0	8			0	22
LANCASTER West	Y1117	1	0	1	25	1	26	6	0	6			0	33
LITITZ History	Y1283	10	0	10	25	4	29	20	0	20			0	59
LITITZ North	Y0123	4	0	4	8	0	8	8	0	8			0	20
MANHEIM	Y1929	10	0	10	13	0	13	13	0	13			0	36
MILLERSVILLE	Y1882	9	0	9	13	0	13	5	0	5			0	27
NEW HOLLAND	Y1372	8	0	8	8	0	8	9	0	9			0	25
SUSQUEHANNOCK	Y1284	0	0	0	30	4	34	15	2	17			0	51
2015 stats		56	2	58	155	10	165	100	5	105	0	0	0	328
2014 stats		128	3	131	117	4	121	118	9	127	86	13	99	478
2013 stats		111	7	118	179	9	188	141	5	146	111	10	121	573
2012 stats		197	17	214	124	13	137	176	6	182	123	7	130	663

Thanks again to Ginny Hunsberger for supplying the latest figures on PDP's YRE and seasonal walking events (above) through the 3rd quarter. The 2015 figures do not bode well as you can see. Although there was a bump in the second quarter, participation dropped by 60 walkers in the third quarter. Last year we were at 379

participants after the third quarter. The 2015 figure of 328 is down 13.46% from what we experienced in 2014, down 27.43% from 2013 and down 38.46% from 2012. And as you can see the yearly totals are on a downward trend from the 2012 figures which are the earliest shown on the chart. To not have another year where

overall participation figures for our YREs and Seasonal walks are down we need at least 150 walkers in the fourth quarter. And as shown in the chart attaining that figure is not very likely considering that in the best of the last 4 years, 2012 there were only 130 walkers and last year there were only 99 walkers in the fourth quarter.

Cont'd from Page 1 – C Emlen Urban...

Later in 1884 Urban would move to Philadelphia where he served as a draftsman to Willis G. Hale. Upon returning to Lancaster roughly a year later Urban would open his own practice in Lancaster.

Only a few years after Urban opened his practice through a family connection he would receive a commission to design Lancaster's Southern Market. Urban's career would take off leading him to design many more iconic buildings in Lancaster and Hershey



Lancaster's Southern Market

as well. Urban, through his membership at the Hamilton Club made acquaintance with Milton Hershey who hired him to design such buildings as

Hershey Chocolates original company offices and even his own mansion.

He designed many of Lancaster's notable buildings including the Farmer's Southern Market on Queen Street in 1888, the Watt & Shand Department Store in 1898 (now the face of the Marriott Hotel and Convention Center), and the Y.M.C.A., Hager's Building, Unitarian Church, and St. James Lutheran Church parish House on Duke Street in 1903.

C. Emlen Urban also worked in Hershey, Pennsylvania during its developing period. As Hershey developed, Urban designed all of the main buildings

constructed between 1903 and 1926, including the Original Hershey Chocolate Company Offices and factory (1903), Cocoa House (1 Chocolate Avenue) (1905), Hershey Trust Company (1 W. Chocolate Avenue) (1914), Community Building and Hershey Theatre (14 E. Chocolate Avenue) (1915, 1928-1932), and Convention Hall (former Hershey Museum building) (1915). Urban spent the majority of his life in Lancaster with the

exception of his time studying as a young man. Urban is remembered for his buildings designed in Queen Anne and Beaux style architecture. Shenk in his A History of Lancaster County wrote of Urban, "Few men of Lancaster county can point to a finer array of useful and beautiful work than can Cassius Emlen Urban."

He died on May 21, 1939, in Lancaster, but his art continues to live on in the bold three dimensional structures that you will explore as you walk throughout downtown Lancaster taking in all the sites but especially the awesome architecture of a Lancaster original, C. Emlen Urban.

Come out and join us for what is always a fun time in downtown Lancaster on a Saturday before Christmas. Everything is open including the always fun Lancaster Central Market. Enjoy the walk, the Christmas decor and learn things you didn't know on the way.

Cont'd from Page 1 – It's Crunch Time...

Last year we were in dire straights for a trail master. David Barber thankfully came forward and gave PDP another year of life. This year the need is equally serious, if not more so, for the future of PDP. The club can not run or continue without competent, qualified leadership from someone who has experience in volksmarching. So is crunch time 2016 more dire than it was in 2015. The answer is most certainly YES. Is there a person with the experience and qualifications to step into the position of president of the Penn Dutch Pacers? The answer to that question can only be answered by someone reading this right now. Are you that qualified person? Are you the one with that experience and desire to lead the Penn Dutch Pacers into the future? Are you willing to step forward to serve your fellow Penn Dutch Pacers? Or are you just willing to sit on the sidelines and see the Penn Dutch Pacers fade into just a memory?

Make your move now before it's too late and contact one of the folks on the nomination committee and thanks in advance for your help.



This patch will be available for you to commemorate your participation in downtown Lancaster. Only 50 patches are available. To make sure you get yours either pre-register or get their early.

THANKS John Roose

Thanks go out to John Roose who stepped up when we needed someone to take over sales after Marv Albert. John took the reigns and organized, inventoried and cleared out unnecessary and old stock that had been hanging around for years.

PDP has survived all these years because of people like John who sees something that needs done and simply does it to the best of their ability. You can't ask anything more of anyone than that.

THANKS again John for stepping up when needed and for all you do for PDP.



John Roose

2015 - 2016 Atlantic Region Calendar

This calendar is a compilation of the data taken from the AVA Walking Events list on the AVA website. Since new walks are always being added we would suggest referencing the AVA calendar for a definitive up to the minute list of current walking events in the region. Here is the link to AVA Calendar - http://www.ava.org/ava_search.asp

December 2015

Date	Type	Sponsoring Club	Event Location	Contact Phone
05	W	Penn Dutch Pacers	Lancaster PA	610-858-4287
05	W	Washington DC Area Volksmarch Club	Alexandria VA	571-405-4808
11-12	NW	Peninsula Pathfinders of Virginia	Williamsburg VA	757-814-1417
11-13	S	Peninsula Pathfinders of Virginia	Williamsburg VA	757-814-1417
12-13	W	Peninsula Pathfinders of Virginia	Williamsburg VA	757-814-1417
12	W	Annapolis Amblers	Annapolis MD	301-509-6748
14	NW	Columbia Volksmarch Club	Columbia MD	410-2906510
19	W	Germanna Volkssport Association	Fredericksburg PA	540-455-0772
19	W	Baltimore Walking Club	Baltimore MD	410-349-7546
31	2W	Freestate Happy Wanderers	Columbia MD	410-437-2164
31	W	Gator Volksmarch Club	Smithfield VA	757-421-0070

January 2016

Date	Type	Sponsoring Club	Event Location	Contact Phone
01	2W	Freestate Happy Wanderers	Columbia MD	410-437-2164
01	W	Gator Volksmarch Club	Smithfield VA	757-421-0070
16	W	Seneca Valley Sugarloafers	Cabin John MD	301-385-0054
20	M	PDP Monthly Meeting :: Annual Dinner Meeting :: Isaac's Restaurant dinner prior to the meeting at 7:00 PM		

February 2016

Date	Type	Sponsoring Club	Event Location	Contact Phone
06-07	W	York White Rose Wanderers	York PA	717-266-5400
13	W	Penn Dutch Pacers	Lancaster PA	610-858-4287
17	M	PDP Monthly Meeting :: Wellness Library, Conf. Rm. #1 :: Lancaster Health Campus, Harrisburg Pk, Lanc.		
29	W	Gator Volksmarch Club	Virginia Beach VA	757-576-0966

March 2016

Date	Type	Sponsoring Club	Event Location	Contact Phone
16	M	PDP Monthly Meeting :: Wellness Library, Conf. Rm. #1 :: Lancaster Health Campus, Harrisburg Pk, Lanc.		
18-20	S	Maryland Volkssport Association	Hagerstown MD	410-960-6226

April 2016

Date	Type	Sponsoring Club	Event Location	Contact Phone
09	W	Lee Lepus Volksverband	Palmyra VA	804-731-2863
16	W	Peninsula Pathfinders of Virginia	Hampton VA	757-357-5355
20	M	PDP Monthly Meeting :: Wellness Library, Conf. Rm. #1 :: Lancaster Health Campus, Harrisburg Pk, Lanc.		
23	W	Cavalier Volkssporting Club	Charlottesville VA	434-924-3791
30	W	Gator Volksmarch Club	Cheasapeake VA	757-576-0966
30	W	Freestate Happy Wanderers	Laurel MD	301-490-7338

May 2016

Date	Type	Sponsoring Club	Event Location	Contact Phone
18	M	PDP Monthly Meeting :: Wellness Library, Conf. Rm. #1 :: Lancaster Health Campus, Harrisburg Pk, Lanc.		
21	W	Peninsula Pathfinders of Virginia	Newport News VA	757-357-5355

June 2016

Date	Type	Sponsoring Club	Event Location	Contact Phone
04	W	Penn Mary Walkers	Rockwood PA	915-471-1134
11	W	Freestate Happy Wanderers	Laurel MD	301-717-3604
15	M	PDP Monthly Meeting :: Wellness Library, Conf. Rm. #1 :: Lancaster Health Campus, Harrisburg Pk, Lanc.		

September 2016

Date	Type	Sponsoring Club	Event Location	Contact Phone
17	W	Northern Virginia Volksmarchers	Burke VA	703-644-0189
21	M	PDP Monthly Meeting :: Wellness Library, Conf. Rm. #1 :: Lancaster Health Campus, Harrisburg Pk, Lanc.		
23-25	W	Nittany Nomads	State College PA	814-238-1741

Legend: W=Walk, GW=Guided Walk, GNW=Guided Night Walk, NW=Night Walk, B=Bike, NB=Night Bike, GB=Guided Bike, S=Swim, Sk=Ski, XSki = Cross Country Ski, IS=Ice Skate, RS=Roller Skate, SS=Snowshoe
M=Meeting
} = Penn Dutch Pacer Event

2015- 2016 Atlantic Region Calendar

October 2016

Date	Type	Sponsoring Club	Event Location	Contact Phone
01	W	Seneca Suygarloafers	Frederick MD	301-385-0054
01	W	Ft. Belvoir - DFMWR	Alexandria VA	703-805-2394
08	W	Lee Lepus Volksverband	Victoria VA	804-731-2863
14	W	US Freedom Walk Freedom Club	Arlington VA	703-209-0174
14-16	S	US Freedom Walk Freedom Club	Arlington VA	703-209-0174
15	W	US Freedom Walk Freedom Club	Arlington VA	703-209-0174
16	W	US Freedom Walk Freedom Club	Arlington VA	703-209-0174
19	M	PDP Monthly Meeting :: Wellness Library, Conf. Rm. #1 :: Lancaster Health Campus, Harrisburg Pk, Lanc.		

Legend: W=Walk, GW=Guided Walk, GNW=Guided Night Walk, NW=Night Walk, B=Bike, NB=Night Bike, GB=Guided Bike, S=Swim, Sk=Ski, XSKI = Cross Country Ski, IS=Ice Skate, RS=Roller Skate, SS=Snowshoe
M=Meeting
} = Penn Dutch Pacer Event

Cont'd from Page 4 – Annual Meeting...

particular.

With that in mind we ask each and everyone reading this article to look deep inside themselves and consider taking your turn as an officer of the Penn Dutch Pacers. The Penn Dutch Pacers can not continue to operate by expecting the same people who have already given more than their fair share to shuffle from one elected office to another election after election. It is a lot to expect of anyone but this is exactly what has happened over the last decade, maybe longer. This very thing leads to burnout and to people saying I've had enough and just I can't do it any more. As time passes people's lives change along with their interests and their obligations to friends and family. It is not right to expect someone who has said yes in the past to continue to say yes again and again and again when asked to hold a PDP office so that PDP can continue to operate. We need NEW people we need YOU to come forward to hold an elected office. When we say come forward, read on YOUR OWN without someone asking you. There is no bigger waste of someone's volunteer time than having to poll people to find someone to fill a PDP position. Please come forward on your own. Elected offices are for two year terms and it will go really really fast. You might even enjoy it and want to stay for another term or not, who knows. Don't worry you won't be on your own. There are plenty of experienced people to lean on that are more than willing to help.

Keep in mind, as was delineated in the previous issue of this newsletter, that our current President, Pete Byrne, will be stepping down since he has completed the two consecutive terms allowed by the club's by-laws. [PDP needs a president to continue.](#) At press time there are no prospects and no one has come forward.

In addition to the election of officers, assuming that there are candidates, we will also be talking about the possible walks for 2016 among which is a walk during the Lititz Fire & Ice Festival.

So we look forward to good participation at the meeting from as many members, potential members and interested individuals as possible. Hope to see you all at our January meeting. Don't forget to sign up. Thanks!!

Veteran Volksmarcher Admits to Getting Lost in Lititz by Kitty Glass

Two weeks ago [mid-August] some of my library friends suggested meeting for lunch at the General Sutter in Lititz. 12:30 PM was the suggested time. Since I had done more than several Volksmarches in Lititz I was not worried at all as to where to go and where to park.

Arriving at the square around 12:30 PM. I was taken aback at the number of tourists milling around and the amount of traffic backed up at the traffic light. There were no parking spaces anywhere near the General Sutter. So I proceeded north on route 501 thinking I would turn right at one of the side streets. Being a walker I thought a few blocks from the square should not be a problem. I finally found a space at the Mennonite Church parking lot on Front Street. Somehow or other I started walking in the wrong direction and after walking several blocks I realized I was not getting anywhere near the main street. I was surprised to see ahead of me the John Bonfield School. I knew then I was nowhere near the General Sutter. Instead of turning around and retracing my steps I thought I might as well keep going and eventually I would get to route 501. Making the situation worse was the sweat that was forming on my body as it was a sunny and hot day. I kept walking and got to the retirement village and finally to S. Cedar Street which is a street on one of the Lititz walks. By this time it was well after 1:00 p.m. Now it dawned on me that I had to find my way back to Front Street to where I had parked. So I proceeded to head in the direction that I thought would lead me to Front Street. After several more blocks of walking I finally saw Front Street and my car still parked in the parking lot. Of course I missed the lunch with my friends. I did not have any of their phone numbers so I was not able to contact them to explain my absence. Not only that but how could I explain to them that as an experienced volkswalker - I was lost in Lititz! A word of advice to all walkers – carry a hat with you at all times and install a GPS on your phone!



Enola Rail Trail #3 Followup

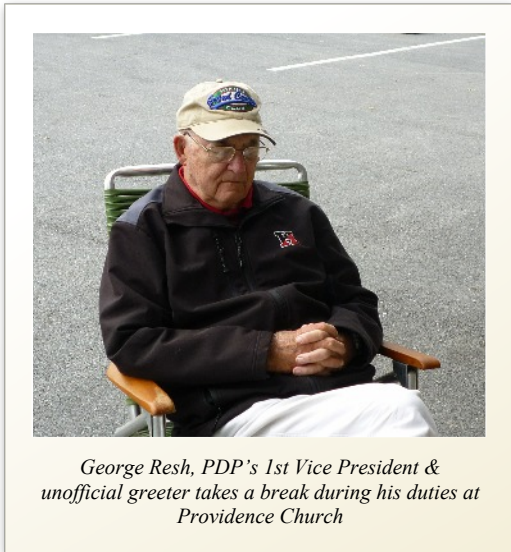
The Enola Low Grade Rail Trail #3 walk was a great experience for all that attended. And it was the third continuous section of the one time rail road right-of-way that now is only used for recreation that the Penn Dutch Pacers have included in a weekend sanctioned walk that is now in the record books.

The day was perfect for walking and started out at 55 degrees rising though out the day to a high of 68 under scattered clouds most of the day.

There were a lot of positive aspects to this walk. First and

Enola #3 Results	5K	10K	Totals
Award & Credit	4	7	11
Credit Only	9	38	47
Non IVV	0	6	6
Total	13	51	64

foremost was the trail itself. This is the first time that we were able to experience the awesomely upgraded trail surface that has been applied to the trail in Providence Township and



George Resh, PDP's 1st Vice President & unofficial greeter takes a break during his duties at Providence Church

Quarryville borough. Secondly there have been few outside startpoints as nice as the pavilion at Providence Church with its spotless white vinyl picnic tables and a shiny stainless steel grill provided with the pavilion which allowed us to provide food on a trail that had no other food or drink options. And of course those food sales do allow the club to offset some of the costs that are accrued with any walk and in the case of the Enola Rail Trail #3 we were fortunate to come out in the black partly because of the food sales.

Thirdly the trail held special excitement this go round due to the efforts of trailmaster, David Barber and the quiz questions that were posted along the trail every half kilometer. How did you do on the quiz?

Thanks go out to all those who contributed to the success of this third in the series of Enola Low Grade Rail Trail walks. Whether you manned the start or finish or a checkpoint, helped at the food



A long view of the awesome pavilion at Providence Church with the food concession and president Pete Byrne in the foreground next to the gas grille out of the picture to the right with Sherry Allamong (left) talking to Barbara Weatherholtz (middle)

concession or contributed in any other way please know that your contributions were important and appreciated. And it shouldn't go unsaid that thanks also go out to the folks at Providence Church who willingly allowed the use of their pavilion for the second time. (BTW PDP did make a donation of \$50 for use of the pavilion.)

The fourth edition of this series is in the works, look for more information potentially in 2016.

And we'd like to remind you that all PDP walks start with someone who has an idea for a walk in a location that they are familiar with. Maybe you know of a location that would be great for a future walk? If so let one of the officers know or come to a meeting and share your ideas. This is exactly how our series of walks on the Enola Low Grade Rail Trail came to be. If you enjoy walking in a particular locale other people probably will too! How cool would it be for PDP to do a walk on a trail that you suggested!



Long time treasurer Kitty Glass at the food table while things are winding down in the PM at the Enola Low Grade Rail Trail #3 Walk.

AVA Special Programs '2016' Qualifiers

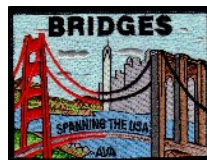
From Bonnie Johnson, Special Programs Chair

Here we introduce you to all the new approved Special Programs which begin on 1/1/2016 and includes the qualifiers needed on each individual Special Program. This list is a great resource for trail-masters and anyone designing a trail to determine what will qualify on their walks as they get ready for sanctioning the year-rounds, seasonal and traditional events in 2016 and beyond. Reference this list as you are setting up new trails or revising old ones and get the benefit of more walkers who are walking for these Special Programs. And of course if you are into Special Program walks, dive in. More info is available on the AVA website. Click this link for quick access to more information of these future Special Programs – <http://ava.org/futureprog.php>

The Special Programs are in alphabetical order with a list of what the qualifiers and definers are for each program.

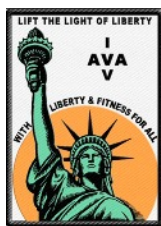
Bridges-Spanning the USA:

Any bridge counts where the route goes over or under a bridge. Bridges can be across any waterway, ravine, marsh, road or railroad to afford passage of motor vehicles, pedestrians and/or rail cars.



Lady Liberty:

Pass by or have the ability to view from the trail, the Statue of Liberty or a replica – must be stationary and non- moving. Murals of the Statue of Liberty may also be used.



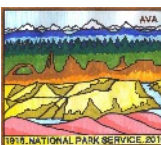
Make a Wish – Water Fountains:

Decorative water fountains, splash pads; natural or manmade and the water does not need to be running. Fountain can be musical, illuminated, large, small, ornate, simple, free standing or wall mounted. No drinking fountain, aerating fountain or waterfall counts.



National Parks Centennial:

National Parks, monuments, battlefields, military parks, historic sites, lakeshores, recreation areas, scenic rivers and trails and the White House.



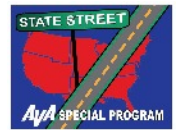
Points of Reference:

Directions (West Sacramento), Dimensions (Longview, TX), Times (Old German Town, OR) and Temperatures (Cold Spring, NY); Points of interest + club names count. No street names count.



State Street Sashay:

Any street named “State Street” counts.



Take a Walk In a City Park:

Walk by or through a city park. The city park must have a name. No county, state or national parks will be accepted.



Treasure Hunt:

Places –magical or real-named in honor of distinctive minerals, precious metals: ice, rock, stone; etc... Cities, counties, bodies of water, parks with mineral names count. No street names



Vice Presidential Walks :

Honor the VP’s of the U.S. Birthplaces, burial sites, towns of residence or college towns, schools, roads, towns or other geographical places named for the V P or a connection that is significant and verified.



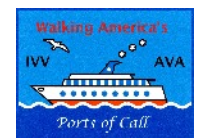
United States Post Offices:

Pass a United States Post Office. The zip code should be displayed on the building. No rural or residential mailboxes or mail drop boxes will count (only the PO buildings).



Walking America’s Ports of Call:

Any city named for a “Port” or that passes locations that are currently or have been historically a port.. An ocean, river or lake port qualifies.



Walking the Path of Inventors:

Well known inventors/researchers: homes, gravesites, labs, workplaces or museums. Named streets, parks, statues, buildings, universities and colleges count if published research and notable work on inventions have taken or presently are taking place.



Walk the USA-Street by Street:

Use street names named after cities or states in the US with a maximum of three (3) states per event. City or state named street must be at least one block long. Can include city named streets and match it up with the state it is in.



We'll Always Miss You Roy!



This smile right here is the one we'll miss!

than not a quip of his own. Although admittedly short in stature Roy, if you knew him at all, you knew he was big and tall in lots of other ways.

Over the many years that Roy and Joan were active with PDP Roy helped where he was needed. Although never officially listed, for quite a while he was what in effect was an assistant trailmaster. Roy would help mark trails that needed marked all the while being kidded about not getting the trail markings high enough or not being able to reach the trail markings put up by taller folks to get them down after the walk. Whatever assistant trailmaster duties needed to get done Roy was there to help. Roy also often would lend a hand at the grille preparing brats or dogs or whatever was on the menu for that particular event. Don Young shares his remembrances of Roy:

"I still recall the first club membership meeting attended by Roy and Joan. I was impressed with their willingness to support and participate in club activities. It was obvious that they both had talents that would make us an even better organization. All of you are aware of the signs (yellow with black printing and arrows) that direct walkers to our event locations.



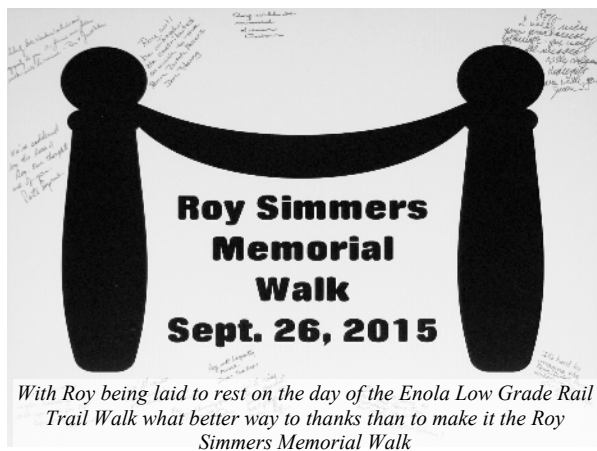
This was a very familiar scene over and over again with Roy manning the grille at a PDP Walk.

It brings a smile to our faces when we think about how we'd kid Roy about being height challenged and how he'd take it all in stride with a return smile and more often

Roy not only obtained the materials for these signs, but he also supervised their construction. He was really a "handy man", always ready to come to the clubs aid when needed. During the few years that I served as the club trailmaster, Roy became my assistant. He was a valuable asset to me, offering helpful advice on laying out and measuring the trails. I could always rely on Roy to help mark the trails prior to each event. On event days he helped maintain the checkpoints and would assist in tearing down the trail markers.

Another of Roy's talents was his ability to cook. In his later years with the club, he could often be found tending the hot dogs and brats at our events. (they were always nicely done) I recall, at a club picnic some

years ago, that he brought mushrooms and cooked them on a charcoal grill. They were delicious! I recall that Roy had an unusual appetite for breakfast. I would often ask him how many tomato sandwiches he had eaten for breakfast. He would usually answer "at least two!". When it was in season his breakfast choice would be creamed asparagus on toast. Roy always had a very productive garden at their Nottingham home, growing his own tomatoes, asparagus and other delightful vegetables. Roy will be missed by his family, club members and friends. We will remember him for his many contributions to the Penn Dutch Pacers, for his athletic accomplishments, his humor and his delightful smile."



With Roy being laid to rest on the day of the Enola Low Grade Rail Trail Walk what better way to thanks than to make it the Roy Simmers Memorial Walk

Crossword Puzzle Answer from Page 2

- Across**
- 1. YMCA
 - 3. THEATRE
 - 5. SHAND
 - 6. GRIEST
 - 8. UNITARIAN
 - 10. WOOLWORTH
 - 11. CONESTOGA
 - 12. TWENTIETH
 - 14. HAMILTON
 - 16. HISTORIC
 - 17. BANK
 - 20. BIRDS
 - 21. SANDWICHES
 - 22. RAUB
 - 23. DRAFTSMAN
 - 24. CHOCOLATES

R & R BAKERY'S MAGICAL COOKIES

The folks listed below are the people that have stepped forward & give their time & talents to make PDP work for you.

Club Office Holders

Pete Byrne, President
393-6700

plhbyrne@verizon.net

George Resh, 1st VP
397-1906

col_resh@hotmail.com

**Carmie Keiser, 2nd VP
Volunteer Coordinator**
898-1959

tk_ck@verizon.net

Inge Koenig, Sec
664-7650

lekohen@aol.com

Kitty Glass, Treas.
872-7743

kittyglass@yahoo.com

**Trailmaster
David Barber**
626-6103

dmtmbarber@comcast.net

**Assitant Trailmaster
Job is OPEN**

**Membership & Registrar
Monica Daniel-Barber**
626-6103

dmtmbarber@comcast.net

**Special Programs
Bob Cooney**
682-2559

rdcwalk@ptd.net

**Sales
Position is OPEN
How about You?**

**Publicity
Position is OPEN
How about You?**

**Historian
Chris Resh**
397-1906

col_resh@hotmail.com

**Webmeister
Phil Allamong**
786-7118

phil@solanco.com

**YRE Coordinator
Virginia Hunsberger**
361-7464

vmhuns@embarqmail.com

**KSVA President
Joan Lampart**
(215) 529-5686

jmlampart@verizon.net

**Atlantic Region Director
Tom Jackson**
1827 Shippensburg Rd
Biglerville PA 17307
(717) 677-6511

thomasjackson@embarqmail.com

These cookies are some of the best cookies you will ever make even though that have no flour, no baking soda or baking powder, no added salt or added sugar and no added fat. But of course there is fat in the peanut butter.



Ingredients:

6 cups oats

1 -24 oz. jar of unsweetened applesauce

1 - 16 oz. jar peanut butter, unsweetened and unsalted

1.5 cups unsweetened dried cherries (or raisins, currants or similar dried fruit of your choice)

1 -10 oz. bag Sunspire grain sweetened chocolate chips or equivalent

1.5 teaspoons cinnamon

1 Tablespoon alcohol-free vanilla

Preparation:

Preheat oven to 350 degrees F. Mix all ingredients together in a large bowl. If batter feels too wet, add another cup of oats. Using a large cookies scoop, place batter on a cookie sheet fitted with a Silpat or nonstick silicone baking mat. Flatten cookies with your fingers since they will not flatten and spread out as they bake. They will stay the shape they start out as. It helps to make your fingers wet so that the batter doesn't stick. Bake for 15 minutes, flip over and bake for an additional 15 minutes.



The Pacer Pulse

The Pacer Pulse is published for the membership and friends of PDP and is produced 4 times a year with the intention of keeping everyone up-to-date with what is happening within the club and also within the world of Volksmarching. We encourage contributions from members and non-members alike. Our deadlines are November 1 for Dec/Jan/Feb edition, February 1 for the Mar/Apr/May edition, May 1 for the Jun/Jul/Aug edition and August 1 for the Sep/Oct/Nov edition. We prefer that articles for inclusion be submitted via e-mail either as a Word attachment or as native e-mail. We also accept articles typed or in long hand. All submissions will be included on a first-come first-included space available basis. Thanks in advance for your submissions. The Individual views expressed in articles published in The Pacer Pulse do not necessarily reflect the policy or position of the Penn Dutch Pacers.

Editor.....Phil Allamong

Contributors..... Pete Byrne,

Inge Koenig, Monica & David Barber, Ginny Hunsberger, Don Young, Kitty Glass, Sherry & Phil Allamong

Penn Dutch Pacers Volksmarch Club, Inc.
PO Box 7445
Lancaster PA 17604-7445
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**Penn Dutch Pacer Meeting
Night is the
3rd *Wednesday* of the Month**



A WHOLE DIFFERENT KIND OF WALK

Check us out at www.penndutchpacers.org

MEMBERSHIP APPLICATION/RENEWAL

FAMILY NAME _____ FIRST NAME _____ SPOUSE _____

ADDRESS _____ CITY _____ ST _____ ZIP _____

TELEPHONE (____) _____ - _____ CHILDREN'S NAMES _____

E-MAIL ADDRESS (Please) _____

I hereby make application for membership in, and agree to conform to the bylaws or any amendment thereof in the PENN DUTCH PACERS VOLKSMARCH CLUB, INC., and with the rules and regulations of the AVA in the IVV and in application I certify the above.

DATE _____ SIGNATURE _____

NEW RENEWAL I AM CURRENTLY A LIFETIME MEMBER *All membership fees are renewable in June.*

Membership with virtual delivery of the newsletter - \$10.00 • 1 year \$18.00 • 2 years \$25.00 • 3 years

Premium Membership with USPS delivery of the newsletter - \$18.00 • 1 year \$34.00 • 2 years \$49.00 • 3 years

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CHECKS TO: PENN DUTCH PACERS VOLKSMARCH CLUB, INC. ATTN.: MEMBERSHIP
P. O. BOX 7445, LANCASTER, PA. 17604-7445

Check where you would like to help: AWARDS TABLE REGISTRATION TRAIL REFRESHMENTS

PUBLICITY CHECKPOINTS NEWSLETTER WHERE NEEDED