

The Pacer Pulse

The Official Publication of the Penn Dutch Pacers Volksmarching Club

Spring 2017

Member Milestones

150 Events:
Tiernan Barber

350 Events:
Monica Daniel-Barber

375 Events:
David Barber

450 Events:
Jeanne Schopf

475 Events:
Flo Bechtold
Robert Cooney

750 Events:
Rose Grumbling

800 Events:
Carolyn Quinlan

1,900 Events:
Michael Quinlan

500 KM:
Maria Roshon

1,000 KM:
Maura Barber

4,000 KM:
David Barber

7,500 KM:
Rose Grumbling

9,000 KM:
Carolyn Quinlan

Membership Statistics

Renewals:
Michael Quinlan
Carolyn Quinlan

New Member:
Glenn Witmer

A Word from the President

Hello Pacers!

Well, spring is finally here and the temperature is getting warmer so we can get out and start walking!

I'd like to thank everyone who volunteered and participated in our Fire & Ice walk in Lititz on February 18. The temperature was in the mid-50s, which is a far cry from the six-degree wind chill we had last year. Unfortunately, I was out of town for the walk, but I heard the sculptures were beautiful! Thank you all for making the walk a great success!

I would also like to invite all of you to participate in our Susquehanna Rivertowns Weekend, April 28-30. We are partnering with the Susquehanna Rovers and York White Rose Wanderers. There will be three walks and a bike. The walks are in Columbia, Marietta, and Wrightsville and the bike will be on the new Northwest Lancaster County Rail Trail. On the walks, you'll learn about the history of the towns and the roles that they played during the Civil War and with the Underground Railroad. You will also explore old cemeteries, downtown farmers markets and many local restaurants and shops. We are excited to be working with Susquehanna Heritage to help promote all that Columbia, Marietta, and Wrightsville have to offer.

Please contact Carmie Keiser at 717-898-1959 or tk.ck@verizon.net to volunteer. This is a three-day event, so we will need all of the volunteers we can get!

Don't forget to check out some of our new walks for 2017! We have new walks in Strasburg, Downtown Lancaster (Thaddeus Stevens walk), Lancaster County Park, Mount Joy (two walks and a bike) and Lititz (new route).

I hope all of you are enjoying spring so far and I'll see you on the trail!

Maria Roshon

To the Penn Dutch Pacers,
Thanks for offering the Ephrata Location. We had a great time exploring this town. Found our way to Shady Maple Market – hit it just right for blueberries in bulk! Then on to Kitchen Kettle Village and lunch at Kling House. What a wonderful day! Thanks! Celebrate life!

Carolyn

Lititz Fire & Ice Report

Total Participants: 159

- ◆ 138 IVV Credit Walkers
- ◆ 21 free walkers



Trail Breakout:

- ◆ 113 walked the 10K
- ◆ 44 walked the 5K
- ◆ 2 didn't mark distance in the card

YRE Annual Report

| 2016 | 1st Quarter | | | 2nd Quarter | | | 3rd Quarter | | | 4th Quarter | | | 2016 GRAND TOTAL |
|--------------------|-------------|------|-------|-------------|------|-------|-------------|------|-------|-------------|------|-------|------------------|
| | Paid | Free | Total | Paid | Free | Total | Paid | Free | Total | Paid | Free | Total | |
| EPHRATA | 9 | 0 | 9 | 4 | 0 | 4 | 22 | 0 | 22 | 6 | 0 | 6 | 41 |
| LANCASTER Downtown | 6 | 0 | 6 | 3 | 0 | 3 | 7 | 0 | 7 | 10 | 2 | 12 | 28 |
| LANCASTER West | 4 | 0 | 4 | 4 | 1 | 5 | 9 | 0 | 9 | 7 | 0 | 7 | 25 |
| LITITZ History | 7 | 0 | 7 | 10 | 0 | 10 | 9 | 0 | 9 | 30 | 2 | 32 | 58 |
| LITITZ North | 7 | 0 | 7 | 4 | 0 | 4 | 3 | 0 | 3 | 21 | 0 | 21 | 35 |
| MANHEIM | 15 | 0 | 15 | 6 | 0 | 6 | 20 | 0 | 20 | 7 | 2 | 9 | 50 |
| MILLERSVILLE | 11 | 0 | 11 | 9 | 0 | 9 | 5 | 0 | 5 | 15 | 0 | 15 | 40 |
| NEW HOLLAND | 3 | 0 | 3 | 14 | 0 | 14 | 3 | 0 | 3 | 23 | 1 | 24 | 44 |
| SUSQUEHANNOCK | 0 | 0 | 0 | 10 | 0 | 10 | 5 | 0 | 5 | 9 | 0 | 9 | 24 |
| 2016 stats | 62 | 0 | 62 | 64 | 1 | 65 | 83 | 0 | 83 | 128 | 7 | 135 | 345 |

Comparative Statistics Report

| | 1st Quarter | | | 2nd Quarter | | | 3rd Quarter | | | 4th Quarter | | | TOTAL |
|------------|-------------|------|----------|-------------|------|----------|-------------|------|----------|-------------|------|----------|-------|
| | Paid | Free | Subtotal | Paid | Free | Subtotal | Paid | Free | Subtotal | Paid | Free | Subtotal | |
| 2015 stats | 56 | 2 | 58 | 155 | 10 | 165 | 100 | 5 | 105 | 80 | 7 | 87 | 415 |
| 2014 stats | 128 | 3 | 131 | 117 | 4 | 121 | 118 | 9 | 127 | 86 | 13 | 99 | 478 |
| 2013 stats | 111 | 7 | 118 | 179 | 9 | 188 | 141 | 5 | 146 | 111 | 10 | 121 | 573 |
| 2012 stats | 197 | 17 | 214 | 124 | 13 | 137 | 176 | 6 | 182 | 123 | 7 | 130 | 663 |

Annual Membership Meeting—Saying “Thank You”

This was an “off” year for elections at the At the Annual Membership Meeting; but it was a festive gathering as appreciation was given to officers who, by their efforts and commitment, have assured the Penn Dutch Pacers not only survive, by thrive! Special commendation was given to past president Phil Allamong (who was unable to attend); he not only held the leadership post, but for many years handled both the newsletter and website.





Year-Round Events Slate for 2017

By Virginia Hunsberger

Lititz—This trail takes you on a tour of historic downtown Lititz, past the Moravian Church and the cemetery where General Sutter is buried. Past Linden Hall, Sturgis Pretzel factory and Wilbur Chocolate store. You travel through residential communities and Lititz Springs Park on paved paths, sidewalks and roads. The 15K walk will go through a portion of the north side of Lititz and the Lititz rail trail.

Ephrata—Nestled amid the rolling hills of agriculturally-rich northern Lancaster County, downtown Ephrata is a quaint blend of old and new. Cars, busses, and buggies share a wide Main Street that has been 20th Century "streetscaped" with brick sidewalks, old fashioned lamp posts, and benches. Buildings dating back a hundred years and more are filled with rustic shops and cafes.

Drumore - Susquehannock State Park (seasonal walk, available 4/1/2017 to 10/31/2017)—The trail is rated 3C and is NOT suitable for strollers and wheelchairs or anyone that has trouble walking on uneven, hilly, and rocky terrain with abrupt elevation changes. Walking alone or without someone knowing where you are is NOT advisable. Because of the terrain this walk will take you considerably longer than you would expect. Please plan accordingly. Hiking boots and a walking stick are highly recommended. It is NOT advisable to walk when there is snow or ice on the ground and it may not be safe in the rain especially in the Fall. Cell service along the river is inconsistent and should not be counted on should you need assistance. Two separate 5 km trails are available. Walk either one or walk both for 10 km.

Lancaster/Thaddeus Stevens—Thaddeus Stevens was a prominent attorney, politician and abolitionist who lived in Lancaster from 1842-1859. This walk passes Stevens' home & law office, Thaddeus Stevens College of Technology, Stevens' grave and a bridge named after him. You'll also walk through Old Town Lancaster neighborhood, historic districts, near Central Market and past many boutiques and restaurants.

Lancaster County Park—Cross a covered bridge and walk alongside the Mill Creek and ball fields in the park. The 10k will also walk on the wildflower trail and will walk along the Conestoga River around the picnic area and will pass the Garden of the Five Senses. There are a few steep descents and one section of the 10k is narrow.

Strasburg—Take a stroll down Main St. in Historic Strasburg and pass many historic homes, beautiful gardens and the Strasburg Creamery...make sure you stop for ice cream. You'll also pass through mature neighborhoods with beautiful farmland views and will end the walk with a trip thru the Strasburg Railroad complex.

Mount Joy/Two Covered Bridges—The core of this route is a 6K loop that goes past farms and B&Bs, through a small residential neighborhood, and crosses Little Chiques Creek twice via historic covered bridges. You will be walking on rural country roads that aren't heavily trafficked, but there will be car traffic. There's some very pretty farmland scenery. There are sections with tree cover and sections besides fields that are open and exposed, so if you walk in the heat please wear sun protection. The 12K route adds on another section of country roads past more scenic farms.

Mount Joy/Six Parks and a Cemetery—The 10K walk goes through six named city parks in Mount Joy including Rotary Park, Cove Outlook Park, Borough Park, Little Chiques Park, Memorial Park, and Mount Joy Grandview Park. You will also walk down Main Street with its quaint shops, B&Bs, post office, restaurants, and coffee shop. The 10K trail also includes the Mount Joy Cemetery with wonderful views of the surrounding countryside.

Bird-in-Hand Amish Farmland (seasonal walk, available 4/1/2017 to 12/31/2017)—This walk is in the heart of Lancaster County Amish farmland. After registering at the start, you will drive a couple of miles to do the walk. The walk is on country roads passing many Amish farms, crop fields, one-room schoolhouses, and a few Mennonite churches. You'll see lots of farm animals of all types on this route and probably lots of horses and buggies too. There is one hill but it's mostly flat.

Ricketts Glen State Park (seasonal walk, available 4/1/2017 to 11/15/2017)—The 6k walk (rating 3C) is a loop along the waterfalls. Shoes with good tread are needed as the trail is usually wet. Cannot be walked in winter. The 7k walk (rating 2B) is a lollipop route that goes to the highest point in the park and goes through three counties (Columbia, Sullivan, and Luzerne). It follows trails through the woods and passes a fire tower. The 13k walk combines the two routes.

New Bike Event—Mount Joy

This bike route is mostly on country roads with a few short sections of neighborhood streets. This is a lovely "town & country" route which features two covered bridges (you'll ride through them), lovely farms, scenic old historic buildings, and lots of rural scenery. The terrain is mostly gently rolling though there are a couple of short hills you may want to walk up!

New Bike Event—Bird-in-Hand Amish Farmland (seasonal bike, available 4/1/2017 to 12/31/2017)

This bike route is in the heart of Lancaster County Amish farmland. After registering at the start, you will drive a couple of miles to do the bike. The bike is on country roads passing many Amish farms, crop fields, one-room schoolhouses, stone bridges, small villages, and an old mill.



Scenes from the Trail

