



The Rover Reporter



The Newsletter of the Susquehanna Rovers Volksmarch Club

July-August-September 2025

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www.avaclubs.org/SRVC

President's Message

Hi Rovers and friends,

Happy 40th Anniversary to the Susquehanna Rovers!
I just received a certificate from AVA. I have been a member for 36 years, but 40 is awesome. Congrats. Now we have to keep it up and running for at least another 10.



Some time ago, Rover had been to the hospital to have his neck fixed. But at the Duncannon event, we discovered that his ear also needed mended. Sis Clugston volunteered to take care of him. She sent me this picture of him making himself comfortable. He has had a complete recovery. Many thanks to Sis.

Our group walks are listed on page 2. and our next traditional event is September 20th at the Masonic Villages in Elizabethtown, information on page 6.

Our group walk and picnic are on Aug 30 at my house. Walk Camp Hill first and then eat or just come to chat and eat. Either way I would love to see. We will have the food ready by 10:30. My house is 19 N 27th St, Camp Hill. If you would like to bring something to share, that would be perfect. If you can't bring anything, eat with us anyway.

Hope to see and talk with you soon. - Pat



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Group Walk Schedule

Definition of Group Walk - Several walkers get together to walk a Traditional, Seasonal or Year Round event. They start off together and then walk at their own pace. Maybe they get together to eat along the way or at the end. This type of walk will not be on ava.org list of events. GP is used on our listing for these events.

York White Rose Wanderers (YWRW) are hosting their group walks 2025. They make these walks feel like a traditional event by giving walkers a range of time to start usually 9 am to noon. The complete list for the year is on their website, ywrw.org Call Gloria Reedy at 717-495-0518 to check if they will be walking if weather is iffy.
August 2 - Rail Trail #6, 117 N Front St, New Freedom. **October 4** - Thurmont MD Walk, Mountainview Convenience Store, 140 Frederick Rd, Thurmont MD. **November 1** - York Rail Trail #5, Glen Rock Trail Access, Water St, Glen Rock, **December 6** - York Rail Trail Downtown Parking Lot at US30 & Loucks Mill Rd, York.

The **Susquehanna Rovers** meet at a certain time to sign up and go at our separate paces and maybe meet for lunch. If you can't meet us, these are year-round events and can be walked anytime during daylight hours. The time to meet is with the event. Call Pat if you want a ride. 717-379-8945.

August 9 - State College - Arboretum Trail, Super 8 Motel, 1663 S Atherton St, State College. Rated 1A. Meet at 9.

August 30 - Camp Hill. 19 N 27th St, Camp Hill. Rated 1A. 6k or 10k. See page 1 for info about picnic. Start at whenever. Box is on porch with stamp. We will start eating about 10:30. We will hold picnic regardless of the weather.

September 20 - Elizabethtown - Masonic Villages traditional event. See page 6.

October 11 - Columbia - Columbia Crossing River Trails Center, 41 Walnut St, Columbia. Rated 1A. Center opens at 10.

November 28 - Memorial walk in Hummelstown Meet at 9 at Karns Grocery Store, 731 Cherry St, Hershey. Rated 1B Drive to start point.

December 13 - Mechanicsburg. Meet at 9 at Rutters #29, 714 W Main St, Mechanicsburg. Rated 1A.

Contact Pat 717-379-8945 for information or if weather is bad to see if we are walking.

Please join us. We miss seeing you.

Meeting Location

The next club meetings will be held at the Harrisburg East Shore Library.

They start at 6 pm on the last Tuesday of the month.

July 29th, August 26, September 30

Contact Pat with any questions at 717-379-8945 or patriciaeby@verizon.net

All are invited and encouraged to attend.

AVA and CVF Multiday Events

US FreedomWalk Festival - Oct 17-19 2025

The 24th US FreedomWalk Festival® is a three-day, non-competitive, social walking challenge bringing participants of all ages and abilities together for fun, fitness, and international friendship. It is being held on October 17-19, 2025.

The event is co-hosted by American Volkssports Association, IML Walking Association, Arlington County, Virginia, BikeArlington & WalkArlington. Events will start at American Legion Post 139, 3445 Washington Blvd, Arlington VA.

Come walk with us for a world class walking adventure alongside walkers from around the world! It is held Friday, Saturday and Sunday of the third week in October. It includes:

- 3 Days of Fun, Fitness, and International Friendships.
- Walk for the FreedomWalk Medal
- IML Trails from 6 to 14 miles (10 to 22 kilometers)
- AVA/IVV Welcome Walk 3 or 6 Miles (5, 10 Kilometers)
- 5/6km walks for Saturday & Sunday (*NO IML CREDIT*)
- One Bike Event and One Swim Event

Canada National Walking Festival in Yellowknife 2026

Northern Lights Walking Club is hosting the Canada's Walking Club Festival in Yellowknife June 12-14, 2026. Registration for the festival and for the bus trips are open. <https://walks.ca/cvf-fcv-2026-festival/> Four bus tours are being organized by the Volkssport Association of Alberta - All four tours will enjoy the same experience including four nights in Yellowknife.

AVA has moved again!

Be sure to use this address when mailing your books.

AVA Headquarters

1032 S. Alamo St, San Antonio TX 78210
210-659-2112



Group Walks

April 12 - Fort Hunter Park in Harrisburg. It was a cold and dizzily day and only five came to walk. Marcy Lucas, Sis and Roy Clugston, Bill Rhoat and I. They had a nice time, but only did the 5K as the park grass was super soggy. There is something pleasant about walking in drizzle.



May 10 - Mifflin/Mifflintown. It was a pleasant day for a walk. This time four came to walk. Sheri Brendlinger, Marcy Lucas, Joyce Krow as the point of contact and me. As shown below soaking up the sun.



June 14 - Selinsgrove. As the weather service was calling for flash flooding in Selinsgrove, we canceled the group walk.

Directions to Days Inn Gettysburg: North or South - Take US30 to the York St (US30) Exit. Follow US30 West/York St towards Gettysburg for one mile to Days Inn, behind Perkins. **From East:** US30 to Gettysburg. Cross US15 and continue one mile. Days Inn is on left, behind Perkins. **From West:** Take US30 East to Gettysburg. Travel through Lincoln Square, continuing on US30 about a mile. Days Inn is on right side behind Perkins.

Haunted Gettysburg Weekend

Adams County
November 14, 15, and 16th 2025
Four Walks and a Swim

Start Point: Days Inn Gettysburg, 865 York Rd, Gettysburg, PA 17325. Registration is on the fourth floor, Pickett's Charge Room.

Registration: Friday and Saturday between 9 am and 5 pm. Sunday between 9 am and 1 pm. Participants must finish by 4 pm on Sunday. You can register for all walks at the same time.

To register for the Swim: you must contact Tom Jackson by Wednesday, Nov 12th for a pass.

Walks: You must drive to the start point for all walks.

Remembrance Day Parade Trail - Walk will follow the parade route which consists of Civil War Reenactors wearing uniforms from different periods during the Civil War. It would be an interesting thing to see. They start lining up at 11 and parade starts at 1. Rated 1A 5 & 10K

Hauntings and Rebel Trail - Avoid doing this trail during the parade. Learn why Gettysburg is the Most Haunted Town in America. Rated 1B 2 5k loops.

Secrets of Gettysburg Trail - Avoid doing this trail during the parade on Saturday. Points of interest, that most don't know about the town of Gettysburg. 5 & 10K Rated 1A

Ghost Tour Trail: Saturday evening only - Walkers should bring a flashlight. The cost of this event is \$20 which includes the tour and AVA fee. Special start time for this 5K loop. The other 5K is a **Dinner Trail** with passes restaurants where you can eat dinner. Both loops rated 1A

Join the group for dinner on Friday night at 6:15 pm at Hoss's Steak & Sea House at 1140 York Rd, Gettysburg. It is about .75 miles from the Days Inn. Cost is \$23 which includes buffet meal, drink, tax and tip. Make a reservation by sending a check payable to YWRW, by Oct 7th, to Bill Lore, 425 Quaker Dr, York, PA 17402. There is only room for 70 people.

Hotel Reservations: Days Inn Gettysburg at the rate of \$79 plus tax. Reservations must be made by Oct 13th. Call 717-334-0030, be sure to get the Front Desk. Request the "York White Rose Wanders" rate. There is only a block of 40 rooms. Make sure you are getting the YWRW \$79 rate, regular rate is \$255.

A Award: A 1" hat pin and sticker, featuring a Halloween Cat is available for \$5.

2025 Seasonal and Year Round Events

Events listed are year rounds unless stated as seasonal.

Susquehanna Rovers

These walks will have a start box unless stated OSB.

Altoona - Blair County

Wingate by Wyndham Hotel, 909 Chestnut Ave. Altoona. Walk Dawn to Dusk. 5 or 10K Rating 1A Ask at reservation desk for walk box.

Judy Yost jpost820@gmail.com 814-932-3334

Camp Hill - Cumberland County

Pat Eby's house - front porch, 19 N 27th St, Camp Hill. Dawn to dusk. 6 or 10K Rated 1A.

OSB or Physical Start Box is on porch.

Pat Eby, patriciaeby@verizon.net 717-379-8945

Carlisle - Cumberland County

Comfort Suites, 10 South Hanover St. Carlisle Dawn to Dusk. 6 or 10K Rating 1A Ask at reservation desk for walk box.

Pat Eby 717-379-8945 patriciaeby@verizon.net

Columbia and Marietta - Lancaster County

Northwest Lancaster County River Trail - **Bike** 35k Rated 2A

Columbia Walk - 5 or 10K Rated 1A

Marietta Walk - 5 or 10K Rating 1A

Columbia Crossing River Trail Center, 41 Walnut St.

Columbia Open 10 am to 4 pm Tuesday - Sunday

Ask at desk for the walk box. They open at 10.

Bill Rhoat 717-847-3567 rhtpr@aol.com

Ephrata - Lancaster County

Hampton Inn & Suites, 380 E Main St, Ephrata. 5 or 10K Rated 1B Ask at reservation desk for walk box.

Bill Rhoat 717-847-3567 rhtpr@aol.com

Harrisburg - Dauphin County

Capital and Wildwood Park

Quality Inn -Riverfront, 525 S Front St. Harrisburg Dawn to dusk. 5 or 10K **Capital Trail** Rating 1A

Wildwood Trail Rating 3C; 5K trail is easier and can be a 1B. Ask at reservation desk for the walk box.

Pat Eby 717-379-8945 patriciaeby@verizon.net

Fort Hunter, Harrisburg- Seasonal 4-1 to 9-30. 5 or 10K Rated 1A. OSB or contact Regina Zapotosky at 717-545-4982 rmzapoto@gmail.com

Hershey - Dauphin County

Bullfrog Valley Trail (5 or 10K) and

Town (5 or 10K) Both are rated 1A

Hummelstown Seasonal - Oct 1 to Dec 31, 2025

Karns Food, 731 Cherry Dr. Hershey

Ask at the Service Counter for the walk box.

Dawn to dusk.

Bill Rhoat 717-847-3567 rhtpr@aol.com

Lebanon - Lebanon County

Lebanon Valley Family YMCA, 201 N 7th St. Lebanon

Hours vary - call 717-273-2691

5 or 10K Rating 1A

Ask at the service counter on the right for the walk box.

Bill Rhoat 717-847-3567 rhtpr@aol.com

Mechanicsburg - Cumberland County

Rutter's #29, 714 W Main St. Mechanicsburg Dawn to Dusk 5 or 10K Rating 1A

Walk box is on window sill in café area.

Pat Eby 717-379-8945 patriciaeby@verizon.net

Milton - Most in Northumberland and rest in Union County.

Seasonal - 4-1 to 9-30. 5 or 10K rated 1B. OSB or contact Bill Rhoat 717-847-3567 rhtpr@aol.com

Mifflintown - Juniata County

Juniata County Library, 498 Jefferson St, Mifflintown, PA 17059 Closed Wed and Sun. Open Mon, Tue, Thurs 9 am to 5 pm, Fri 2 pm to 7 pm and Sat 9 am to 3 pm.

5 or 10K Rated 2B

Walk box is in the library under a table.

Joyce Krow 717-527-4798 jakrow@centurylink.net

Selinsgrove - Snyder County Seasonal 4-1 to 9-30.

Rated 1B 5K or 10K. OSB or contact Pat Eby

State College - Centre County

Arboretum and Boalsburg

Super 8 Motel, 1663 S Atherton St. State College Dawn to dusk Arboretum Trail Rated 1A, Boalsburg Trail Rated 2B, Both have 5 or 10K trails.

Ask at reservation desk for walk box.

Pat Eby 717-379-8945 patriciaeby@verizon.net

KSVA Events

Appalachian Trail - Walking across PA - Many options are available. **OSB only.** Marcy Lucas 717-979-3960 Lucas_mj@hotmail.com

Contact person for other events is Tom Jackson 717-677-6511 thomasjackson@embarqmail.com

Fayetteville - Pine Grove Furnace State Park - walk Rutter's, 6837 Lincoln Way East, Fayetteville PA 17222, 5K, 10K or 14K Rated 3C

Harper's Ferry WV - Online or physical start point ATC Visitor Center, 799 Washington St.

5K, 10K, 15K or 20K Rated 3C

Waterville - Bike Pine Creek Rail Trail - 10K to 240K. OSB

Group walks on the AT: Saturday, April 26th. It is an out and back walk. We will walk for 1.5 hours and turn around for a total of 3 hours. As always wear sturdy shoes, bring poles and water. A porta pot is at the start. Carpool as parking is limited. Meet at 8:45am, Scott's Farm Trailhead, 301 Bernheisel Bridge Rd, Carlisle. Timed walk north from 9 to 11 am. Lunch after at Middlesex Diner, 1803 Harrisburg Pike, Carlisle. Bluebells should be blooming along this easy level portion of AT. **RSVP Marcy via text 717-979-3960.**

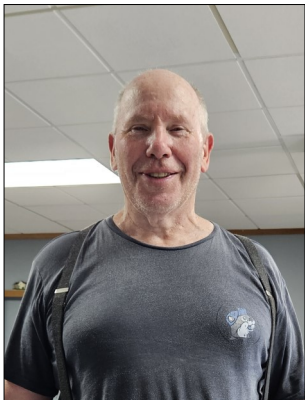
Our traditional Walk at Duncannon will also qualify for AT credit. If you are interested in keeping track of your AT walks in PA, we do have books for sale at our walks.

Duncannon - June 21, 2025

A volksmarch during the Appalachian Trail Festival in Perry County



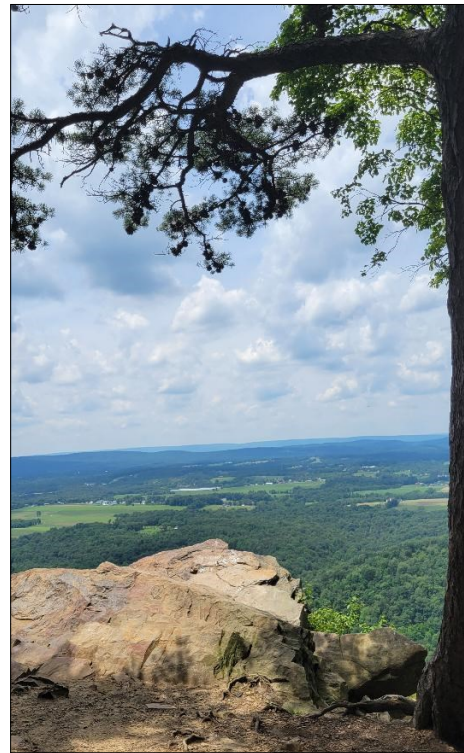
It was a very hot day. We had 36 walkers show up. At least a dozen of them walked up to Hawk Rock which included many steep rock steps and a steep incline to the summit. Sis and Roy Clugston did everything. Many thanks to them. Although most were exhausted by the time they returned, no one needed assistance to get to the finish table which was air conditioned. Bill Krow sat with us and chatted while Joyce walked. Below are two of the finishers: Steve on left Mike on the right. Steve said that it was a little tougher than he remembered. Mike was just wanted to rest. Steve



was off to walk in Carlisle before he returned home to Greensburg. He had walked Mechanicsburg and Camp Hill the day before. The festival is shown below.



Shown to the right is the wonderful view from Hawk Rock and the rock itself and a much appreciated bench along the trail.



Fall Walk at Masonic Villages in Elizabethtown

Saturday September 20, 2025



Trail - 5k or 10k with a rating of 2B
Lancaster County

Start Point: Freemason Cultural Center, 77
Freemason Dr, Elizabethtown PA 17022

Start/ Finish/Time: Start Between 9 am and 1 pm
and finish by 4 pm.

Special Programs: Walking With American's
Veterans, State of Pennsylvania.

Trails: Both trails go past the Masonic Grand Lodge,
the war memorial, ponds and gardens, through the
lovely neighborhoods in the Masonic Village, a
farmer's market and apple orchard.

Fees: IVV Credit is \$4.00. Children under 12 can walk
for credit without charge. Guest walkers can also walk
for free. The Rovers pay the fees for them. Donations
are appreciated.

Conditions There is a restroom at the start and
several along the trail. Wheelchairs and strollers will
be fine on most of the trail. Water and hard candy will
be available at the start.

Point of Contact: Pat Eby, patriciaeby@verizon.net
or 717-379-8945.

Website: avaclubs.org/SRVC

Disclaimer: The American Volkssport Association or
its subsidiary clubs are not responsible for theft or
loss of personal belongs or property. All participants
must sign a waiver.



Directions: From Harrisburg: Follow PA283 to
Elizabethtown/Hershy/PA-743 Exit. Right on PA-
743/Hershy Rd 1.5 miles to traffic light at PA230/N
Market. Left 0.1 mile to traffic light at High St. Right
0.6 miles to Masonic Dr. Left 0.1 mile to
Freemason Cultural Center on right (just after the
Grand Lodge). At statue of Ben Franklin's Printing
Press, turn right to parking lot.

From Lancaster: Follow PA283 to Elizabethtown/
Rheem's Exit. Left on Cloverleaf Rd, go 1 mile to
traffic light at PA230/S. Market St. Right 2.4 miles
to traffic light at Bainbridge St/College Ave. Left 0.4
mile to Masonic Dr. Right 0.2 mile to entrance of
Masonic Village on the left. Left 0.8 mile to
Freemason Cultural Center on the right (just after
the Grand Lodge) At statue of Ben Franklin's
Printing Press, turn right to parking lot.

Excellence is Always a Choice!

Great advice for life. A sign below is in the
Duncannon Boro Building. Apparently a road sign
painter painted right over a dead skunk in town.
This sign with a stuffed skunk is a reminder to do
an excellent job, whatever the job may be.



2025 ATLANTIC REGION CALENDAR of EVENTS

From ava.org as of July 17, 2025

Be sure to check with the [ava](http://ava.org) website or point of contact before traveling a great distance to an event.

July			
29	<i>M</i>	<i>Harrisburg PA 6:00pm</i>	<i>SRVC patriciaeby@verizon.net</i> 717-379-8945
August			
2	<i>GP</i>	<i>New Freedom PA (RT#6)</i>	<i>YWRW ywrw.org</i> 717-495-0518
9	<i>GP</i>	<i>State College PA Arboretum</i>	<i>SRVC patriciaeby@verizon.net</i> 717-379-8945
16	<i>W</i>	Hagerstown MD Octoberfest	Antietam Pathfinders 240-675-1028
26	<i>M</i>	<i>Harrisburg PA 6:00pm</i>	<i>SRVC patriciaeby@verizon.net</i> 717-379-8945
30	<i>W</i>	<i>Camp Hill PA and Picnic</i>	<i>SRVC patriciaeby@verizon.net</i> 717-379-8945
September			
2	<i>GP</i>	<i>York Rail Trail North Ext</i>	<i>YWRW ywrw.org</i> 717-495-0518
13	<i>W</i>	Gaithersburg MD	SVSC sugarloafers.org 301-974-1936
20	<i>W</i>	<i>Elizabethtown PA Masonic V.</i>	<i>SRVC patriciaeby@verizon.net</i> 717-379-8945
20	<i>W</i>	Greenbelt MD	Great Greenbelt Volksmarch 201-431-6668
27	<i>W</i>	Frederick MD Octoberfest	SVS sugarloafers.org 301-828-5257
27	<i>W</i>	Fort Belvoir VA	NVV NorthernVirginiaVolksmarers.club 703-303-5543
28	<i>W</i>	Annapolis MD Octoberfest	AA annapolisamblers.org 301-509-6748
30	<i>M</i>	<i>Harrisburg PA 6:00pm</i>	<i>SRVC patriciaeby@verizon.net</i> 717-379-8945
October			
4	<i>GP</i>	<i>Thurmont MD</i>	<i>YRWR ywrw.org</i> 717-495-0518
11	<i>GP</i>	<i>Columbia PA</i>	<i>SRVC</i> 717-379-8945
11	<i>TRAV</i>	Allentown NJ	Princeton Area Walkers 609-658-7724
11	<i>W</i>	Powhatan State Park VA	Central VA Walkers 443-803-3456
17	<i>B3W</i>	Arlington VA Freedom Walk	USfreedomwalk.org 703-209-0174
25	<i>W</i>	Fredericksburg VA	walkfredericksburg.blog 210-216-2350
28	<i>M</i>	<i>Harrisburg PA 6:00pm</i>	<i>SRVC patriciaeby@verizon.net</i> 717-379-8945
November			
1	<i>W</i>	Patuxent Research Refuge MD	Great Greenbelt Volksmarch 571-217-9851
2	<i>GP</i>	<i>Glen Rock PA RT#5</i>	<i>YWRW ywrw.org</i> 717-495-0518
8	<i>W</i>	Rockville MD	SVS Sugarloafers.org 301-785-6277
25	<i>M</i>	<i>Harrisburg PA 6:00pm</i>	<i>SRVC patriciaeby@verizon.net</i> 717-379-8945
28	<i>GP</i>	<i>Hummelstown PA memorial</i>	<i>SRVC patriciaeby@verizon.net</i> 717-379-8945
December			
6	<i>GP</i>	<i>Rail Trail Downtown York PA</i>	<i>YRWR ywrw.org</i> 717-495-0518
12-13	<i>3W</i>	Williamsburg VA	walkvirginia.org 757-869-6116
13	<i>GP</i>	<i>Mechanicsburg PA</i>	<i>SRVC patriciaeby@verizon.net</i> 717-379-8945
13	<i>W</i>	Annapolis MD Boat Parade	AA annapolisamblers.org 301-509-6748
31	<i>2W</i>	Savage MD	FHW svsvc.org/fhw 401-533-5805

M is Meeting; G is a Guided Walk; NW is a Night Walk; GP is a Group Walk; TGW is a Traveling Guided Walk, W is a Walk, S is a Swim, B is a Bike)

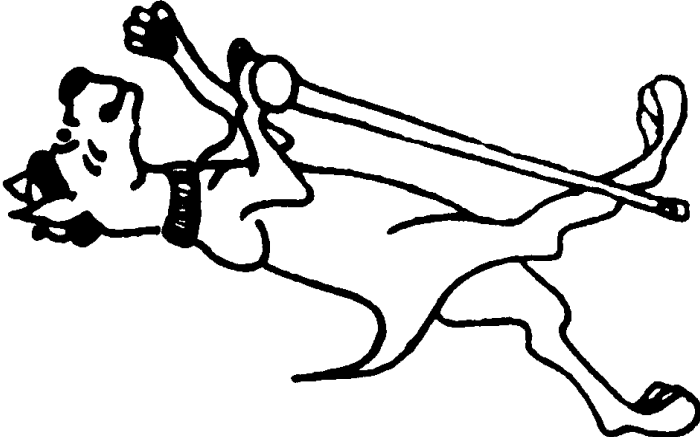
PA events are in italicized; **Susquehanna Rovers are bold and italicized.**



Susquehanna Rovers Volksmarch Club
19 N 27th Street
Camp Hill PA 17011

Dated Materials

**The Rover
Reporter**



July, August, September 2025