



The Rover Reporter



The Newsletter of the Susquehanna Rovers Volksmarch Club

Jan-Feb-March 2026

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President's Message

Hi Rovers and friends,

Another year has flown past. I do hope you were able to go out and Volksmarch at least once. If not, you are missing out on fun, adventures and food. After having some health setbacks, I was finally able to do most of a 5K walk at Harrisburg. Cobwebs flew out of my brain and at last I felt alive.

We did not walk on Jan 1st because of the icy conditions, but did go out on Jan 3rd to walk. Lorraine said the hospital was close in case Tom needed it.



Marcy Lucas, Tom Jackson, Bill Rhoat, Ginny Hunsberger, Bill Lore, and Lorraine Jackson are shown above. Tom, Marcy, Bill L and I did the 5K with Bill R, Ginny and Lorraine walked the 10K. Lorraine, of course, found an interesting Broad Shouldered Hawk (so says Tom) getting ready to eat his lunch. He didn't mind her getting close to take the picture. All but Ginny, went to Dockside Willies to warm up by having lunch and enjoying each others company with lots of stories of our walking adventures. Such a great way to start 2026.

I hope you will try to get together either with us at one of our group walks which are listed on pages 2 and 7 or with a friend anytime. If you can't walk a complete volksmarch, you can do part of one. My goal is to do a 5K, but if I can't I can still have fun.

Hopefully you will renew your membership. The Amy Barrick's address is on the left.

Hope to see and talk with you soon. - Pat



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Group Walk Schedule

Definition of Group Walk - Several walkers get together to walk a Traditional, Seasonal or Year Round event. They start off together and then walk at their own pace. Maybe they get together to eat along the way or at the end. This type of walk will not be on ava.org list of events. GP is used on our listing for these events.

York White Rose Wanderers (YWRW) are hosting their group walks 2026. They make these walks feel like a traditional event by giving walkers a range of time to start usually 9 am to noon. The complete list for the year is on their website, ywrw.org Call Jane Snurr 717-525-0216 to check if they will be walking if weather is iffy.
February 7 - John McCoy Memorial Walk in Dillsburg. Tucker & Co Bakery Café, 148 S Baltimore St. **March 7** - York Rail Trail #1-North - Brillhart Station, 2400 Brillhart Station Rd, York PA. **April 4** - Hanover Walk, Yesteryear Antique Center, 441 Pine St, Hanover.

The **Susquehanna Rovers** meet at a certain time to sign up and go at our separate paces and maybe meet for lunch. If you can't meet us, these year-round events can be walked anytime during daylight hours. The time to meet is with the event. Call Pat if you want a ride. 717-379-8945.

January 31 - Chambersburg Ice Fest. Meet at 9 at Trinity Episcopal Church for breakfast, 58 S 2nd St, Chambersburg. \$8 for adults. I will have the directions.

February 6 - Carlisle Ice Fest. Meet at 10 at Comfort Suites, 10 S Hanover PA.

February 14 - Lititz Ice Fest. Meet at 9 at Lititz Community Recreation Center, 301 W Maple St, Lititz PA. If there is bad weather, we will meet on February 21.

March 14 - Mechanicsburg. Meet at 9 at Rutters #29, 714 W Main St, Mechanicsburg. Rated 1A.

April 11 - Harrisburg at Fort Hunter. 5500 N Front St, Harrisburg PA. Meet at 9 in the parking lot close to the river and the pavilion. I will have the stamp and directions.

Contact Pat 717-379-8945 for information or if weather is bad to see if we are walking.

Please join us. We miss seeing you.

Meeting Location

The next club meetings will be zoom meetings. Contact Bill Rhoat or Pat for the link. They start at 6 pm on the last Tuesday of the month.

January 27th, February 24, March 31.

Contact Pat with any questions at 717-379-8945 or patriciaeby@verizon.net

All are invited and encouraged to attend.

CVF and Atlantic Region Conf. Multiday Events

Canada National Walking Festival in Yellowknife 2026

Northern Lights Walking Club is hosting the Canada's Walking Club Festival in Yellowknife June 12-14, 2026. Registration for the festival and for the bus trips are open. <https://walks.ca/cvf-fcv-2026-festival/> Four bus tours are being organized by the Volkssport Association of Alberta - All four tours will enjoy the same experience including four nights in Yellowknife.

Atlantic Regional Conference

Thursday March 19 to Sunday March 22nd

Celebrate the AVA's 50th and America's 250th Anniversary

The walk on the 20th goes through areas of Colonial Williamsburg, on the 21st see the redoubts used to keep the Union army from advancing to the Confederate capital, on the 22nd walk through the new planned community. You can also walk trails connected to the most historic moments at Williamsburg, Yorktown and Jamestown with close by year-rounds.

For more information, go to WalkVirginia.org, then to Atlantic Region Conference. The link to register will be up soon.

The event hotel is Best Western Historic Williamsburg, 351 York St, Williamsburg Va. Group reservation site: https://www.bestwestern.com/en_US/book/hotel-rooms.47149.html?1groupid=3P2SAN4J5. If calling the hotel (757-229-4100), please mention the Atlantic Regional Conference to get the hotel rates. 100 rooms are reserved.

AVA correct address!

Be sure to use this address when mailing your books.

AVA Headquarters
1032 S. Alamo St, San Antonio TX 78210
210-659-2112



Group Walks

Camp Hill - It was a beautiful day. Those that walked seemed to have a good time. The folks that stayed for the picnic enjoyed some good food and great conversation. Below are Cindy, Jen, Jan and Allison ready to walk. Photo bombed by Rover.



Above are Bill Rhoat and Julie Geyer enjoying some food. Below are the desserts that Lorraine brought.



We also had hot dogs, bratwursts, potato, and macaroni salads, fruit salad, chips and dip, coleslaw, and apple slaw to go along with the apple and plum creations shown above. YUM!

Some other folks that walked were Cookie and her daughter, Dawn, Seth Werner and wife Suzanne along with their cat, Bertha in a backpack, shown to the left.

Columbia - I forget how many showed up, but they seemed like a happy bunch.



Dave Derheim, Bill Rhoat, Judy Chioli, and Ginny Hunsberger are shown above and shown below are John and Jen Betar, Kent Kenton and Jan and Ben Lardizabal.



I still couldn't walk yet so I drove across the tracks to the Coffee shop on the corner and bought a sweet treat and a hot tea. I sat and enjoyed them both. I definitely recommend them.

Masonic Village in Elizabethtown September 20, 2025

It was a beautiful, but warm day. Luther and Kim Zarfoss developed the trail and arranged for us to hold our walk on this beautiful campus. They live at the village, so they knew the great places to see.



Sam, Betty Jo and Brit McCoy always come early, so they helped unload my car and set up the banner.

Mike Green and Dave Brown enjoyed a rest with Rover. Kim Zarfoss brought cookies for the start point and in the picture, Dave has one in his mouth. He didn't offer one to Rover.



Lorraine Jackson took a picture of the Pumpkin people at the Farmers Market along the trail.



Eleanor Lanning, Julie Geyer, Jim Myers, Jane Snurr, Sue and Jack Peck were a great group. There were 42 walkers. Mary Watts, Rover and I didn't walk, but worked the start/finish table. Bill Rhoat tested out the trail to make sure that the directions were correct.



She and Tom encouraged two new walkers from Maryland. They are on the far right and far left.

The view from the ridge was beautiful. It was a colorful, fall trail. All that came seemed happy to have made the trip.

Jim Keepports traveled all the way from Delaware, along with 5 coming from Maryland.



Shown to the left are Amanda Kelly, Wendy Irminger, our Rover, Lorraine and Tom Jackson, and Doug Irminger.

A big thanks to all that came. You certainly made my day. I just love seeing all of you.

2026 Seasonal and Year Round Events

Events listed are year rounds unless stated as seasonal.

Susquehanna Rovers

These walks will have a start box unless stated OSB.

Altoona - Blair County

Wingate by Wyndham Hotel, 909 Chestnut Ave. Altoona. Walk Dawn to Dusk. 5/10K Rating 1A Ask at reservation desk for walk box.
Judy Yost jpost820@gmail.com 814-932-3334

Camp Hill - Cumberland County

Pat Eby's house - front porch, 19 N 27th St, Camp Hill. Dawn to dusk. 6/10K Rated 1A.
OSB or Physical Start Box is on porch.
Pat Eby, patriciaeby@verizon.net 717-379-8945

Carlisle - Cumberland County

Comfort Suites, 10 South Hanover St. Carlisle Dawn to Dusk. 6/10K Rating 1A
Ask at reservation desk for walk box.
Pat Eby 717-379-8945 patriciaeby@verizon.net

Columbia and Marietta - Lancaster County

Northwest Lancaster County River Trail - **Bike** 35k Rated 2A

Columbia Walk - 5/10K Rated 1A

Marietta Walk - 5/10K Rating 1A

Columbia Crossing River Trail Center, 41 Walnut St. Columbia Open 10 am to 4 pm Tuesday - Sunday
Ask at desk for the walk box. They open at 10.
Bill Rhoat 717-847-3567 rhtpr@aol.com

Ephrata - Lancaster County

Hampton Inn & Suites, 380 E Main St, Ephrata. 5/10K Rated 1B Ask at reservation desk for walk box.
Bill Rhoat 717-847-3567 rhtpr@aol.com

Harrisburg - Dauphin County

Capital and Wildwood Park
Quality Inn -Riverfront, 525 S Front St. Harrisburg Dawn to dusk. **Capital Trail** Rating 1A 5/0K
Wildwood Trail Rating 10K 3C; 5K trail is easier and can be a 1B. Ask at reservation desk for the walk box.
Pat Eby 717-379-8945 patriciaeby@verizon.net

Fort Hunter, Harrisburg- Seasonal 4-1 to 9-30. 5/10K Rated 1A. OSB or contact Pat Eby at 717-379-8945 patriciaeby@verizon.net

Hershey - Dauphin County

Bullfrog Valley Trail 5/10K and Hershey Town 5/10K Both are rated 1A
Hummelstown - Seasonal - 10-1 to 12-31 5/10k rated 1B.
Karns Food, 731 Cherry Dr. Hershey
Ask at the Service Counter for the walk box.
Dawn to dusk.
Regina Zapotosky, 717-545-4982

Lebanon - Lebanon County

Lebanon Valley Family YMCA, 201 N 7th St. Lebanon Hours vary - call 717-273-2691
5/10K Rating 1A
Ask at the service counter on the right for the walk box.
Bill Rhoat 717-847-3567 rhtpr@aol.com

Mechanicsburg - Cumberland County

Rutter's #29, 714 W Main St. Mechanicsburg Dawn to Dusk 5/10K Rating 1A
Walk box is on window sill in café area.
Pat Eby 717-379-8945 patriciaeby@verizon.net

Mifflintown - Juniata County

Juniata County Library, 498 Jefferson St, Mifflintown, PA 17059 Closed Wed and Sun. Open Mon, Tue, Thurs 9 am to 5 pm, Fri 2 pm to 7 pm and Sat 9 am to 3 pm.
5/10K Rated 2B
Walk box is in the library under a table.
Joyce Krow 717-527-4798 jakrow@centurylink.net

Milton - Most in Northumberland and rest in Union County.

Seasonal - 4-1 to 9-30. 5/10K rated 1B. OSB or contact Bill Rhoat 717-847-3567 rhtpr@aol.com

Selinsgrove - Snyder County Seasonal 4-1 to 9-30.

Rated 1B 5/10K. OSB or contact Pat Eby 717-379-8945 patriciaeby@verizon.net

State College - Centre County

Arboretum, Boalsburg, and Campus
Super 8 Motel, 1663 S Atherton St. State College Dawn to dusk Arboretum Trail Rated 1A, Boalsburg Trail Rated 2B, Campus Trail Rated 2A All have 5/ 10K trails.
Ask at reservation desk for walk box.
Marcy Lucas 717-979-3960 lucas_my@hotmail.com

KSVA Events

Appalachian Trail - Walking across PA - Many options are available. **OSB only.** Marcy Lucas 717-979-3960 Lucas_mj@hotmail.com

Contact person for other events is Tom Jackson 717-677-6511 thomasjackson@embarqmail.com

Biglerville - Michaux State Forest - Piney Ridge Rd - Snowshoe 1287 Shippensburg Rf, Biglerville PA 17307 5/10K rated 1C. Open Jan 1 to March 31

Fayetteville - Smoke Zimmerman XC Ski Area - Snowshoe, Rutter's 6837 Lincoln Way East, Fayetteville, PA 17222 5/10K Rated 1C. Open Jan 1 to March 31

Fayetteville - Pine Grove Furnace State Park - Walk 10K or 14K Rated 3C OSB Only

Harper's Ferry WV - Walk Online or physical start point ATC Visitor Center, 799 Washington St. 5K 2B), 10K, 15K or 20K Rated 3C

Waterville - Bike Pine Creek Rail Trail - 10K to 240K. Rated 1B, OSB only

Group Memorial Walk in Hummelstown

It was a chilly but sunny day. Bill Rhoat, Sis and Roy Clugston, and Ginny Hunsberger are shown below.



Luther and Kim Zarfoss, Julie Geyer and Gloria Reedy are shown below.



We thought about those club members that passed away in 2025: Jim Reedy, Gloria Rudacille and Dave Berry.

After they walked, we met at the Soda Jerk in Hummelstown and had a great lunch. So sorry that you couldn't join us.

Group walk in Mechanicsburg - the weather was bad, so no one showed up.

Thought for the Year

We shall never know all the good that a simple smile can do.
- Mother Teresa



Events	Distance
75 Suzanne Delle	1000K Seth Werner
100 Seth Werner	2500K John Betar
275 Ben Lardizabal	13000K Betty Green
325 Grant Bollen	14000K Mike Green
525 Luther Zarfoss	
575 Jen Betar	
1600 Betty Green	
1700 Mike Green	
4700 Tom Jackson	

Solos

Small group walking trips for solos travelers
50+

1-888-259-4027

Soloholidays.com/solo-walking
This company is listed on the last Checkpoint.

They don't list volksmarches. But you can check them out if you are interested.

2026 ATLANTIC REGION CALENDAR of EVENTS

From ava.org as of January 13, 2026

Be sure to check with the [ava](http://ava.org) website or point of contact before traveling a great distance to an event.

January

3	GP	<i>Rail-Trail #5, Glen Rock PA</i>	York White Rose Wanderers	717-525-0216
27	M	Camp Hill PA Zoom 6 pm	Susquehanna Rovers	717-379-8945
31	GP	Chambersburg PA Ice Fest	SRVC patriciaeby@verizon.net	717-379-8945

February

6	GP	Carlisle PA Ice Fest	SRVC patriciaeby@verizon.net	717-379-8945
7	GP	<i>Dillsburg PA</i>	York White Rose Wanderers	717-525-0216
14	GP	Lititz PA Ice Fest	SRVC patriciaeby@verizon.net	717-379-8945
21	W	Easton MD Ice Fest	Annapolis Amblers	410-829-3045
24	M	Camp Hill PA Zoom 6:00	SRVC patriciaeby@verizon.net	717-379-8945

March

7	GP	York Rail-Trail #1 North	York White Rose Wanderers	717-525-0216
14	GP	Mechanicsburg PA	SRVC patriciaeby@verizon.net	717-379-8945
14	W	Greenbelt MD Pi Day Stroll	Great Greenbelt Volksmarchers	571-217-9851
20	W	Williamsburg VA Historic	Peninsula Pathfinders of VA	757-532-3468
21	W	Williamsburg VA Redoubts	Peninsula Pathfinders of VA	757-532-3468
22	W	Williamsburg VA New Town	Peninsula Pathfinders of VA	757-532-3468
31	M	Camp Hill PA Zoom 6 pm	SRVC patriciaeby@verizon.net	717-379-8945

April

4	GP	<i>Hanover PA</i>	York White Rose Wanderers	717-525-0216
11	GP	Harrisburg PA Fort Hunter	SRVC patriciaeby@verizon.net	717-379-8945
11	W	Upper Marlboro MD	Freestate Happy Wanderers	443-742-5272
18	W	Gaithersburg MD	Seneca Valley Sugarloafers	301-980-8932
28	M	Camp Hill PA Zoom 6 pm	SRVC patriciaeby@verizon.net	717-379-8945

M is Meeting; G is a Guided Walk; NW is a Night Walk; GP is a Group Walk; TGW is a Traveling Guided Walk,
W is a Walk, S is a Swim, B is a Bike)

PA events are in italicized; **Susquehanna Rovers are bold and italicized.**



NEW! The AVA STORE

The AVA Store is open and ready for shopping. There are various styles of shirts, ballcaps and sweatshirts to choose from, customized by you.

You choose: Preferred color 50 Anniversary logo or just the AVA logo, Short sleeve or long sleeve shirt of cotton/poly blend – unisex or female cut, Dri-fit short or long sleeve in both men's and women's cuts, Crew neck sweatshirts, Vintage and trucker ball caps This is your chance to get the AVA merchandise you want. Your order can be one item or several. Clubs can order in bulk if they want. When you order, you will receive an emailed receipt, and shipping information. The price listed does not include tax or shipping/handling costs. Orders will take 7-10 days to be shipped.

Go to: https://bigfrognewbraunfels.com/americas_walking_club/shop/home.

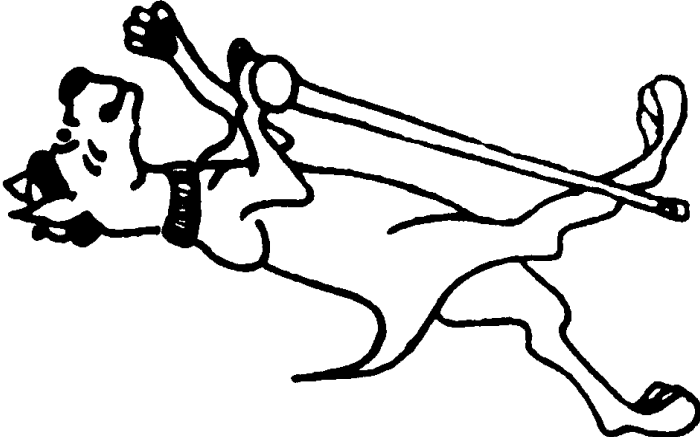
Be the first on the trail with the new merchandise.



Susquehanna Rovers Volksmarch Club
19 N 27th Street
Camp Hill PA 17011

Dated Materials

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January, February, March 2026