



The Rover Reporter



The Newsletter of the Susquehanna Rovers Volksmarch Club

April-May-June 2026

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President's Message

Hi Folks,

Sorry, I just had to include this picture of cats from our Lititz walk. Although they are statues, they are so cute.



We have had some deaths that affected our walking community: Bill Krow, Joyce's husband and Tim's father, Fred Welch from State College, his wife is Pat, and for those of you who remember Alice Eckardt, her son Ron passed away. We are sorry for these losses.

We have not had much participation either at our group walks or our year rounds. Now three of our seasonals have opened until the end of September. Fort Hunter, Selinsgrove and Milton. We have scheduled Fort Hunter and Selinsgrove for group walks. I hope you will attend. If not, just do them any old day. Our Hummelstown seasonal doesn't open until October.

We are always looking for new places to walk, but need some help from you to lay out a trail or find a place to start them. Any ideas are welcome.

We try to find interesting places to walk. If you have any ideas about rerouting any of our current walks, we would love to hear those ideas too.

Hope to see and talk with you soon. - Pat



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Group Walk Schedule

Definition of Group Walk - Several walkers get together to walk a Traditional, Seasonal or Year Round event. They start off together and then walk at their own pace. Maybe they get together to eat along the way or at the end. This type of walk will not be on ava.org list of events. GP is used on our listing for these events.

York White Rose Wanderers (YWRW) are hosting their group walks 2026. They make these walks feel like a traditional event by giving walkers a range of time to start usually 9 am to noon. The complete list for the year is on their website, ywrw.org Call Jane Snurr 717-525-0216 to check if they will be walking if weather is iffy. **May 2** - Gettysburg Walk #1. Gettysburg YWCA, 909 Fairfield Rd, Gettysburg. **June 6** - Manchester Walk, Goodyear Brooks/Huff Tire, 95 Sunset Dr, Manchester. **July 11** - York Rail Trail #3, #4, Hanover Junction Station, 2433 Seven Valleys Rd, Seven Valleys.

The **Susquehanna Rovers** meet at a certain time to sign up and go at our separate paces and maybe meet for lunch. If you can't meet us, these year-round events can be walked anytime during daylight hours. The time to meet is with the event. Call Pat if you want a ride. 717-379-8945.

April 25 - Marietta. Columbia Crossing River Trail Center, 41 Walnut St, Columbia. **Meet at 10** to celebrate National Trails Day, part of it is on a rail trail. 5/10K - Lancaster County

May 16 - Mifflintown. Juniata County Library, 498 Jefferson St, Mifflintown. **Meet at 10** inside library. 5/10K rated 2B - Juniata County

May 20 - Selinsgrove - Let me know if you want to get Snyder County. We will make arrangements.

June 13 - Ephrata. Hampton Inn & Suites, 380 E Main St, Ephrata. Meet at 9 in the hotel. 5/10K rated 1B - Lancaster County.

Contact Pat 717-379-8945 for information or if weather is bad to see if we are walking. Please join us. We miss seeing you.



Meeting Location

The next three club meetings will be held at the Dauphin County East Shore Area Library, 4501 Ethel St, Harrisburg 17109. Meeting Room is on the lower level. They start at **6 pm** on the last Tuesday of the month.

April 28, May 26, June 30.

Contact Pat with any questions at 717-379-8945 or pateby35@gmail.com

All are invited and encouraged to attend.

CVF and Atlantic Region Conf. Multiday Events

Canada National Walking Festival in Yellowknife 2026

Northern Lights Walking Club is hosting the Canada's Walking Club Festival in Yellowknife **June 12-14, 2026.** Registration for the festival and for the bus trips are open. <https://walks.ca/cvf-fcv-2026-festival/> Four bus tours are being organized by the Volkssport Association of Alberta - All four tours will enjoy the same experience including four nights in Yellowknife.

Dover Delaware - Saturday, May 9, 2026

In support of Delaware's 250 and America's 250 anniversary of independence, please come join the First State Webfooters celebrative walk to explore the historic sites in Downtown Dover, The Green, and Old State House is only a stone throw from the Golden Fleece Tavern where delegates ratified the US Constitution, making Delaware the First State.

Start is from 8 am to 12 pm at Delaware Public Archives, 121 Martin Luther King Jr Blvd N, Dover, DE. 5/10K. There is free Admission to Biggs Museum of American Art. Registered walkers receive America 250th gift and water bottle. Event \$5, discount with military ID.

For more information: POC is Kathy Kresko 302-339-0097.

Email: into@firststatewebfooters.org



AVA correct address!

Be sure to use this address when mailing your books.

AVA Headquarters

1032 S. Alamo St, San Antonio TX 78210

210-659-2112



Group Walks

Carlisle 2-6-2026

The weather was so cold, in the 20's, but there was no wind. The forecast for the weekend weather was even worse - 20's plus high winds. So I picked a Friday to walk. Mistake.

The ice sculptures were not uncovered until 3:30 pm and we were there at 10. There were only two of us crazy enough to try to walk. Neither of us can walk far, but my friend Sandy was brave enough to try. I hope you know that if you can't do a whole 5 or 10K, you can still get event credit. So we only managed 2K.



Cumberland County is also celebrating 250 years so they have a painted bell on the Court House plaza at High and Hanover Streets. It was beautiful.



They also painted a new mural that is on High St. It is very colorful.



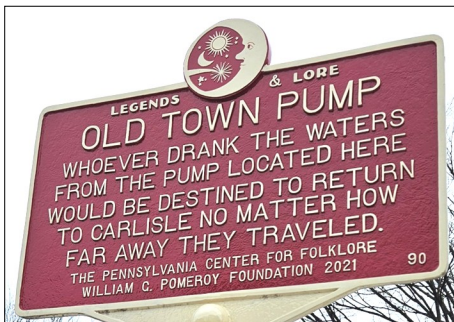
When we couldn't walk any further, we did what any good volksmarcher does, we stopped to eat. We had great food at Faye's on Hanover St. It was yummy!

We passed this sign which says, "Whoever drank the water from the pump located here

would be destined to return to Carlisle no matter how far away they traveled."

PA Center for Folklore, 2021.

I never drank from the pump but have been back to Carlisle more than I can count.



Ben Franklin must have had some of its water because he was there twice. I think George Washington didn't have the water because he was only there once.

Lititz 2-14-2026



Our walkers included Bill Rhoat, Luther and Kim Zarfoss and Ginny Hunsberger shown above and Roy and Sis Clugston, Jennifer Frontz and Bob Cooney shown below and me.



We met an adorable dog along the way. The weather was chilly, but the sun was bright and warm.

Once again the Clugstons walked with me. I am still struggling to walk a decent 5K. They are sweethearts to slow down for my pace.

We had an excellent time enjoying the ice sculptures and the folks with their pets and children. Since I included a picture of a dog, I had to include the statues of dog under my message.



Lititz continued:

It is always a treat to be in Lititz. It is a great small town with lots of nice shops and places to eat. This walk is a year-round, so go down and walk it. It would make a great day trip. You can sign up on line or at the registration desk at the Lititz Community Center.



Mechanicsburg 3-14-2026



If you read the newsletter, you probably know who these people are. Marcy Lucas our VP, Bill Rhoat our Treasurer, and Sherry Brendlinger. Julie Geyer took off before I took the picture. As you can see it was very chilly but sunny. We had a lovely walk around Mechanicsburg and stopped to eat at Dalicia Ristorante and Bakery on Market St. They had beautiful pastries and good food. It is in an old converted church.

Fort Hunter 4-11-2026

It was a lovely day, but a bit breezy. There were 13 that showed up, one was a bit late.

Lorraine Jackson suggested that we get our picture taken on the playground equipment. She has an endless amount of fun to share that she brings to events. The picture follows. It made for a great start. We had a new walker attend. It is Mary Watts, grandson's wife, Ginger. Ginger, Mary and I didn't do a whole 5K, in fact Mary and Ginger walked further than I did. I hope we see her back again.



The top row from left: Lorraine Jackson, Ginny Hunsberger, Marcy Lucas. Next row is Bill Rhoat in his new squirrel shirt. Next row is Roy Clugston, Tom Jackson, Mary Watts, Ginger Brittain. Seated are Grant Bollen and Sis Clugston. Regina Zapotosky came to sign the annual report for AVA.

Along the trail on Front St, we saw this sign about Minnie. We didn't understand until we saw her across the street with an 8 foot wire fence. She apparently is an escape artist. She is a very small dog.

Jim Myers came late, but did do the walk. His picture is on page 7. Lorraine photo-bombed it.



We had a great time then six of us went to the Glass Lounge for lunch. Always great to socialize after a walk.

2026 Seasonal and Year Round Events

Events listed are year rounds unless stated as seasonal.

Susquehanna Rovers

These walks will have a start box unless stated OSB.

Altoona - Blair County

Wingate by Wyndham Hotel, 909 Chestnut Ave. Altoona. Walk Dawn to Dusk. 5/10K Rating 1A Ask at reservation desk for Walk Box. Judy Yost jpost820@gmail.com 814-932-3334

Camp Hill - Cumberland County

Pat Eby's house - front porch, 19 N 27th St, Camp Hill. Dawn to dusk. 6/10K Rated 1A. OSB or Physical Start Box is on porch. Pat Eby, patriciaeby@verizon.net 717-379-8945

Carlisle - Cumberland County

Comfort Suites, 10 South Hanover St. Carlisle Dawn to Dusk. 6/10K Rating 1A Ask at reservation desk for Walk Box. Pat Eby 717-379-8945 patriciaeby@verizon.net

Columbia and Marietta - Lancaster County

Northwest Lancaster County River Trail - **Bike** 35k Rated 2A

Columbia Walk - 5/10K Rated 1A

Marietta Walk - 5/10K Rating 1A

Columbia Crossing River Trail Center, 41 Walnut St. Columbia Open 10 am to 4 pm Tuesday - Sunday Ask at desk for the walk box. They open at 10. Bill Rhoat 717-847-3567 rhtpr@aol.com

Ephrata - Lancaster County

Hampton Inn & Suites, 380 E Main St, Ephrata. 5/10K Rated 1B Ask at reservation desk for Walk Box. Bill Rhoat 717-847-3567 rhtpr@aol.com

Harrisburg - Dauphin County

Capital and Wildwood Park
Hotel Hanna, 525 S Front St. Harrisburg Dawn to dusk. **Capital Trail** Rating 1A 5/0K

Wildwood Trail Rating 10K 3C; 5K trail is easier and can be a 1B. Ask at reservation desk for the Walk Box. Pat Eby 717-379-8945 patriciaeby@verizon.net

Fort Hunter, Harrisburg- Seasonal 4-1 to 9-30. 5/10K

Rated 1A. OSB or Walk Box is at the Hotel Hanna with the Harrisburg walks or contact Pat Eby at 717-379-8945 patriciaeby@verizon.net

Hershey - Dauphin County

Bullfrog Valley Trail 5/10K and Hershey Town 5/10K Both are rated 1A

Hummelstown - Seasonal - 10-1 to 12-31 5/10k rated 1B.

Karns Food, 731 Cherry Dr. Hershey Ask at the Service Counter for the Walk box. Dawn to dusk. Regina Zapotosky, 717-545-4982

Lebanon - Lebanon County

Lebanon Valley Family YMCA, 201 N 7th St. Lebanon Hours vary - call 717-273-2691 5/10K Rating 1A

Ask at the service counter on the right for the Walk Box. Bill Rhoat 717-847-3567 rhtpr@aol.com

Mechanicsburg - Cumberland County

Rutter's #29, 714 W Main St. Mechanicsburg Dawn to Dusk 5/10K Rating 1A

Walk Box is on window sill in café area. Pat Eby 717-379-8945 patriciaeby@verizon.net

Mifflintown - Juniata County

Juniata County Library, 498 Jefferson St, Mifflintown, PA 17059 Closed Wed and Sun. Open Mon, Tue, Thurs 9 am to 5 pm, Fri 2 pm to 7 pm and Sat 9 am to 3 pm. 5/10K Rated 2B

Walk Box is in the library under a table.

Joyce Krow 717-527-4798 jakrow@centurylink.net

Milton - Most in Northumberland and rest in Union County.

Seasonal - 4-1 to 9-30. 5/10K rated 1B. OSB or contact Bill Rhoat 717-847-3567 rhtpr@aol.com. He has directions and stamp.

Selinsgrove - Snyder County Seasonal 4-1 to 9-30.

Rated 1B 5/10K. OSB or contact Pat Eby 717-379-8945 patriciaeby@verizon.net. She has directions and stamp.

State College - Centre County

Arboretum, Boalsburg, and Campus Super 8 Motel, 1663 S Atherton St. State College Dawn to dusk Arboretum Trail Rated 1A, Boalsburg Trail Rated 2B, Campus Trail Rated 2A All have 5/ 10K trails.

Ask at reservation desk for Walk Box.

Marcy Lucas 717-979-3960 lucas_my@hotmail.com

KSVA Events

Appalachian Trail - Walking across PA - Many options are available. **OSB only.** Marcy Lucas 717-979-3960 Lucas_mj@hotmail.com

Contact person for other events is Tom Jackson 717-677-6511 thomasjackson@embarqmail.com

Biglerville - Michaux State Forest - Piney Ridge Rd -

Snowshoe 1287 Shippensburg Rd, Biglerville PA 17307 5/10K rated 1C. Open Jan 1 to March 31

Fayetteville - Smoke Zimmerman XC Ski Area -

Snowshoe, Rutter's 6837 Lincoln Way East, Fayetteville, PA 17222 5/10K Rated 1C. Open Jan 1 to March 31

Fayetteville - Pine Grove Furnace State Park - Walk 10K or 14K Rated 3C OSB Only

Harper's Ferry WV - Walk Online or physical start point ATC Visitor Center, 799 Washington St.

5K 2B), 10K, 15K or 20K Rated 3C

Waterville - Bike Pine Creek Rail Trail - 10K to 240K. Rated 1B, OSB only

National Rail Trail Day

We thought we would honor this day with a group walk or a bike on the Northwest Lancaster Rail Trail on April 25, meeting at 10 at the Columbia Crossing River Trail Center, 41 Walnut St, Columbia. Our Marietta year round has a couple of K,s on this trail, continues on paved Front Street through the historic area of Marietta.



The Bike trail starts in Columbia and uses the rail trail to Marietta, through Bainbridge for a rest



stop, then continues on to the turn around point at Falmouth for a 35K.

We would love for you to join us to celebrate National Rail Trail Day.

Thought for the Year

We shall never know all the good that a simple smile can do.
- Mother Teresa



Events

1450
Julie Geyer
2500
Pat Eby

AVA's 50th Anniversary Events

The AVA has planned many special walks to celebrate this anniversary. You have already missed: Helen GA, Bolder City NV, San Antonio TX, and Williamsburg VA.

You can still plan to go to any of those listed below:
April 17-19 Memories on the Mighty Missouri.

May 16-20 Walk the story that changed the world - Events in Revolutionary War Battle Sites.

June 6-7 40th Annual Crazy Horse Monument walk on Saturday and the Black Hills walk on Sunday.

June 19-21 Walks in Terre Haute IN and Charleston IL.

July 24-25 San Francisco CA - 50 works of art for 50 years of walking.

July 28-August 1 Colorado Springs CO at Rocky Mountain Rendezvous.

August 28-29 Boston MA

September 7 Annual Mackinac Bridge walk from Mackinaw City to St Ignace MI. They are looking for volunteers.

September 24-27 Astoria OR Walking in the footsteps of Lewis and Clark.

October 16-18 Arlington VA 25th annual FreedomWalk Festival.

October 28-November 1 Halloween Kicks on Route 66. (100th Anniversary of Route 66)

November 6-8 Bradenton FL 35th Anniversary of Walk Around Florida.

November 14 Dayton OH Honoring our Veterans

December 5 Helen GA Weihnachten Lights Spectacular

2026 ATLANTIC REGION CALENDAR of EVENTS

From ava.org as of April 8, 2026

Be sure to check with the [ava](http://ava.org) website or point of contact before traveling a great distance to an event.

April

4	GP	<i>Hanover PA</i>	<i>York White Rose Wanderers</i>	717-525-0216
11	GP	<i>Harrisburg PA Fort Hunter</i>	<i>SRVC patriciaeby@verizon.net</i>	717-379-8945
11	W	Upper Marlboro MD	Freestate Happy Wanderers	443-742-5272
18	W	Gaithersburg MD	Seneca Valley Sugerloafers	301-980-8932
25	GP	<i>Marietta PA</i>	<i>SRVC patriciaeby@verizon.net</i>	717-379-8945
28	M	<i>Harrisburg 6 pm</i>	<i>SRVC patriciaeby@verizon.net</i>	717-379-8945

May

2	W	Germantown MD	Seneca Valley Sugerloafers	301-540-0466
2	GP	<i>Gettysburg PA #1</i>	<i>York White Rose Wanderers</i>	717-525-0216
2	TGW	<i>Swarthmore PA</i>	<i>Liberty Bell Wanderers</i>	215-767-5079
9	W	Dover DE	First State Webfooters	302-339-0097
16	GP	<i>Mifflintown PA</i>	<i>SRVC patriciaeby@verizon.net</i>	717-379-8945
16	TGW	<i>Huntingdon Valley PA</i>	<i>Liberty Bell Wanderers</i>	215-901-0767
26	M	<i>Harrisburg 6 pm</i>	<i>SRVC patriciaeby@verizon.net</i>	717-379-8945

June

6	GP	<i>Manchester PA</i>	<i>York White Rose Wanderers</i>	717-525-0216
6	W	Crazy Horse SD	Black Hill Volkssport Assn	605-209-8927
6	W	Kensington MD	Seneca Valley Sugerloafers	301-651-1875
13	GP	<i>Mifflintown PA</i>	<i>SRVC patriciaeby@verizon.net</i>	717-379-8945
13	W	Millersville MD	Freestate Happy Wanderers	410-437-2164
13	TGW	<i>Ambler PA</i>	<i>Liberty Bell Wanderers</i>	215-767-5079
30	M	<i>Harrisburg 6 pm</i>	<i>SRVC patriciaeby@verizon.net</i>	717-379-8945

July

11	GP	<i>Seven Valleys PA</i>	<i>York White Rose Wanderers</i>	717-525-0216
28	M	<i>Harrisburg 6 pm</i>	<i>SRVC patriciaeby@verizon.net</i>	717-379-8945

M is Meeting; G is a Guided Walk; NW is a Night Walk; GP is a Group Walk; TGW is a Traveling Guided Walk.
(W is a Walk, S is a Swim, B is a Bike)

*PA events are in italicized; **Susquehanna Rovers are bold and italicized.***



More Pictures

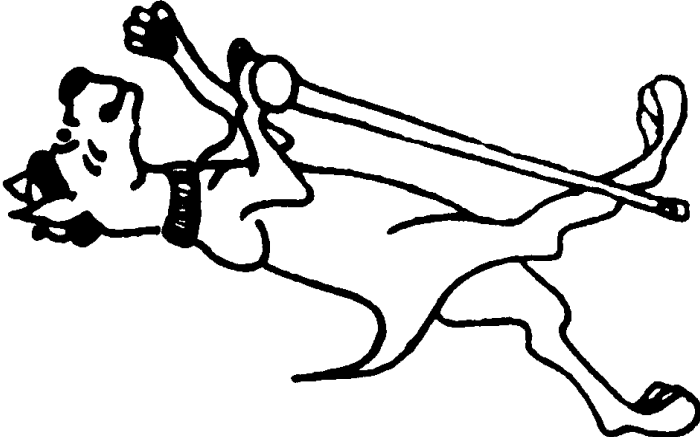
Shown below are Lorraine and Jim Myers at the Fort Hunter walk. She is finished, he is just starting. On April 12th, Tom and Lorraine Jackson went to our Columbia River Trail Bike and met Maggie Bird. She is quite the show off. Needless to say, you never know what you might see on the trail. Once Alice and Louise saw a parade of elephants. Get out on any trail and let me know what you find.



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19 N 27th Street
Camp Hill PA 17011

Dated Materials

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Reporter**



April, May, June 2026