



AVA 776

2008 Five Borough Walk (June 1 – Oct 31, 2008)



**Walking All Over
New York City's Boroughs**



**SANCTIONED
EVENT**



*Eligible for credit toward
IVV Achievement Awards*

TABLE OF CONTENTS

General Information	3
Five Borough Walks – All Walks	5
Bronx - 10km	6
Brooklyn - 11km	9
Queens - 11km	10
Staten Island - 11km	12
New York City – All Walks - Start Point & Directions	14
New York City – Central Park - 10km	15
New York City – Greenwich Trail - 10km	16
New York City – Lower Manhattan - 11km	17
New York City – Midtown - 11km	18
Guest Walker Coupons	19
Sponsors & Partners	20



General Information

VOLKSSPORTS is a German word which when literally translated means "People's Sports", or perhaps better "Sports for all People".

Volkssporting is an adventure in health, recreation, fellowship and fun. The program consists of organized events designed to appeal to people of all ages. These are non-competitive events such as walking, biking, or swimming that are done at your pace.

Eligibility: These recreational events are open to the public. Everyone is welcome to participate. Children under 12 must be accompanied by an adult during the event.

IVV/AVA Sanction: All events are sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV).

Registration: There is no pre-registration for these events. Each start point has a registration box. Each participant must sign an amateur athletic waiver and release of liability. Please be considerate; allow start locations to serve patrons first. Employees of the start points are not familiar with volkssporting or the registration procedure.

Fees: There is no charge to participate in any of the events. However, for non-IVV members we are requesting a \$3.00 donation in order to assist in covering our expenses. However, those paying the appropriate registration fee (\$3) and completing the course will receive IVV credit(s) and/or an award if one is offered for the event. There is no additional charge to walk the trail a second time, on the same day, using the same start card. **PAYMENT BY CHECK ONLY IS PREFERRED.** Completed start cards with answers to checkpoint questions are turned in upon completion of an event.

Awards: Events with awards have no limit on number available. A choice of 2 different Souvenir items are available for purchase: Princeton YRE Pin with Tiger & Pawprint; and/or Princeton YRE Keychain featuring engraved picture of Albert Einstein. A NYC patch souvenir is available for each of the four walks.

Conditions: The events are open regardless of weather conditions, but keep in mind that severe weather may make the routes impassable. No littering along the trails. Pets are welcome if leashed and cleaned up after. **PARTICIPATION IS LIMITED TO DAYLIGHT HOURS ONLY.**

IVV Credit: For each year round event you may earn IVV credit once per half year. There is no limit on the IVV distance credit that may be earned.

IVV Record Books: Remember your record books if you walk for credit. Books or insert cards are available at all events.

Disclaimer: The Princeton Area Walkers and cooperating start points make every reasonable effort to conduct safe, enjoyable, and memorable events. They are not liable for accidents, theft, or material damage. ALL PARTICIPANTS MUST SIGN A DISCLAIMER FORM. A RESPONSIBLE ADULT MUST SIGN FOR A MINOR TO INCLUDE INFANTS.

How long do you walk? Most people take 2 hours to stroll our 10K trails. Some like to run or jog, others enjoy taking a leisurely pace and stopping to sightsee, picnic, or even shop! You go at YOUR own pace, and you are always a winner at the end.

What do the trail ratings mean? Trails are rated for difficulty so you can more easily select one that suits your walking style.

1. An easy walk on pavement or well-maintained trail with no significant hills. Probably suitable for wheelchairs & strollers.
2. A moderately easy walk. May be on pavement or on trails. No significant difficulty with hills. May not be suitable for wheelchairs and strollers.
3. A moderate walk in any setting with some difficult terrain, one or two substantial hills and/or steps. Strollers and wheelchairs questionable.
4. A more difficult walk. Most likely in a natural setting with poorly maintained paths and steeper or hilly inclines. Not likely to be wheelchair or stroller accessible. Participants with certain health problems should take caution.
5. A very difficult walk. All in rough fields or woods. Many steep hills or high altitude trails, or very rough uneven terrain, steep or unstable inclines. Not suitable for any person who is not in good health

FOR MORE INFORMATION: on year round events, or club membership visit our web site at www.princetonareawalkers.com

Five Borough Walks – All Walks

Point of Contact: Maureen Penta , (732) 229-8169.
Email: maurpenta@comcast.net

Awards and Fees: There is no special award for this event. Fee for IVV credit is \$3. For non-IVV members we are requesting a \$3 donation to assist in covering expenses.

Special Events: Walk the USA, A-Z

Comments: The 5 Borough walk must be completed by October 31 2008. Manhattan may be done at any time since it is a YRE. Bronx will be available June 1 to October 31 as a Seasonal. Brooklyn will be available October 12 and 13. Queens will be scheduled the afternoon of October 13 (yes that means you can do two boroughs in the same day). Staten Island is October 14. Brooklyn is a one way walk beginning at the World Trade Center, over the Brooklyn Bridge and ending in Brooklyn Heights. Staten Island is a loop and Queens is a loop. Hope this doesn't sound too confusing. We recommend public transportation for all our NYC walks. Subways really do work out. If you plan to attend the Queens walk please call Maureen Penta (cell: 908-309-8398) We will have a group of about 55 leaving about 2:30. There will be a souvenir award patch depicting all 5 boroughs. It is our suggestion that if you are doing the Brooklyn 10KM walk on the morning of October 13 that you might want to limit yourself to the Queens 5 KM walk.

Bronx - 10km

New York Botanical Gardens, New York City, Bronx
80269 6/1/2008 to 10/31/2008

Distance: 10km

Trail Rating: 1

Strollers: Medium **Wheelchair:** Medium **Pets:** No **Restrooms:** Yes

Start/Finish: Information Booth (opposite the ticket booth), The New York Botanical Garden, 200th Street and Kazimiroff Blvd, Bronx, NY 10458-5126 ph (718) 817-8700

Start Times: The Garden is open year-round, Tuesday to Sunday, 10 a.m.-6 p.m. except on the following dates: January 14-February 21, 2008: 10 a.m.-5 p.m. May 21, 2008: 10 a.m.-3 p.m. June 5, 2008: 10 a.m.-3 p.m. The Garden is closed Thanksgiving, Christmas, and Mondays, except for the following dates: January 21, Martin Luther King, Jr. Day: 10 a.m.-5 p.m. February 18, President's Day: 10 a.m.-5 p.m. May 26, Memorial Day: 10 a.m.-6 p.m. September 1, Labor Day: 10 a.m.-6 p.m. October 13, Columbus Day: 10 a.m.-6 p.m. The following areas of the Garden are closed to the public on the dates and times noted: Enid A. Haupt Conservatory: February 22, 2008, all day Rock Garden and Native Plant Garden: November 2007-March 2008, reopens April 1, 2008 Peggy Rockefeller Rose Garden: September 16, 2008, closes at 1 p.m. Special exhibitions and events, such as Members-only Previews, may cause early closing of Garden areas. Please confirm hours on the day of your visit by calling 718.817.8700

Trail: This walk is mostly on paved surfaces and some natural surface paths, completely within the Botanical Gardens. This is a "treasure within an urban area". Founded in 1891, it is a National Historic Landmark. You will see a magnificent museum of plants, flowers and trees located within 250 acres of beautiful land. Special exhibits are offered in the Conservatory at selected dates. Free "Visitor Maps" are located at the entrance to the Garden. Sorry, no pets are allowed in the Garden. This walk is part of a "5 Borough Walk" sponsored by Princeton Area Walkers. 1) Manhattan already has 4 YRE's Make your choice : Midtown, Central Park, Lower Manhattan and Greenwich Village. (2) Bronx will be a seasonal from June 1 to October 31. (3, 4, 5) Staten Island, Queens and Brooklyn will be one day events on Columbus Day weekend. Brooklyn and Queens will be guided walks offered on the same day. We may be able to extend Brooklyn to 2 days. The Garden is easy to reach! Just 20 minutes from Grand Central Station on Metro-North Railroad Hours.

Directions:

TO THE GARDEN BY PUBLIC TRANSPORTATION By Metro-North Railroad: Take the Metro-North Harlem local line to Botanical Garden Station. Walk across Kazimiroff Boulevard to the Garden's Mosholu Gate entrance. Just 20 minutes from Grand Central Terminal in Manhattan Also convenient from other locations By Subway: Take the B, D, or 4 train to Bedford Park Blvd Station. From the station exit: • Take the Bx 26 bus east to the Garden's Mosholu Gate entrance. • OR walk eight blocks down the hill on Bedford Park Blvd to the end (approximately 20 minutes). Turn left onto Kazimiroff Blvd and walk one block to Mosholu Gate entrance. For schedules and maps, visit the MTA Web site.

TO THE GARDEN BY CAR

From Manhattan (West Side): West Side Hwy North to Henry Hudson Pkwy North to Mosholu Pkwy (Exit 24). Continue to the end. Turn right onto Kazimiroff Blvd. At the third traffic light, turn left into the Garden.

From Manhattan (East Side): FDR Drive North to Triborough Bridge to Bruckner Expwy East (I-278) to Bronx River Pkwy North to Fordham Rd (Exit 7W). Merge onto Fordham Rd and stay in right lane. Turn right onto Kazimiroff Blvd, and continue to the Garden entrance on the right. From Westchester County: Saw Mill River Pkwy South to Cross County Pkwy East (OR Hutchinson River Pkwy South to Cross County Pkwy West) to Bronx River Pkwy South to Fordham Rd (Exit 7W). Merge onto Fordham Rd and stay in right lane. Turn right onto Kazimiroff Blvd, and continue to the Garden entrance on the right. From Connecticut: New England Thruway South (I-95) to Pelham Parkway West (Exit 8C). Pelham Pkwy turns into Fordham Rd after 2 miles. Turn right onto Kazimiroff Blvd, and continue to the Garden entrance on the right. OR Merritt Pkwy South to Hutchinson River Pkwy South to Cross County Pkwy West to Bronx River Pkwy South to Fordham Rd (Exit 7W) Merge onto Fordham Rd and stay in right lane. Turn right onto Kazimiroff Blvd, and continue to Garden entrance on the right.

From Long Island: Throgs Neck Bridge to New England Thruway (I-95) North to Pelham Pkwy West (Exit 8C). Pelham Pkwy turns into Fordham Rd after 2 miles. Turn right onto Kazimiroff Blvd, and continue to the Garden entrance on the right.

From Upstate NY: NYS Thruway South (I-87) to Saw Mill River Pkwy South (Exit 7A, just south of I-287) to Mosholu Pkwy (Exit 24).

Continue to the end. Turn right onto Kazimiroff Blvd. At the third traffic light, turn left into the Garden.

From New Jersey: George Washington Bridge to Henry Hudson Pkwy North to Mosholu Pkwy (Exit 24). Continue to the end. Turn right onto Kazimiroff Blvd. At the third traffic light, turn left into the Garden. From Brooklyn and Queens: Bronx-Whitestone Bridge to Hutchinson River Pkwy North to Bruckner Expwy West (I-278) to Bronx River Pkwy North to Fordham Rd (Exit 7W). Merge onto Fordham Rd and stay in right lane. Turn right onto Kazimiroff Blvd, and continue to the Garden entrance on the right.

Directions from Manhattan or Long Island may be preferable, depending on your starting point.

PARKING

On-site Parking \$12 per vehicle Valet Parking, when available (usually during high-volume) \$20 per car.

INDEPENDENT PARKING GARAGES The following private parking garages are in the area:

- 2 J's Parking Lot 2776 Webster Avenue Bronx, NY 10458
- G & R Parking Services 1 Fordham Plaza Bronx, NY 10458
- J & A Parking 374 East 184th Street Bronx, NY 10458 M.P.
- Tiebout Parking 2468 Tiebout Avenue Bronx, NY 10458
- Manhattan Parking Garage 260 East 188th Street Bronx, NY 10458.

Brooklyn - 11km

Winter Garden – Lower Manhattan, New York City
80926 10/12/2008 to 10/13/2008

Distance: 10km

Trail Rating: 2+

Strollers: Medium **Wheelchair:** Medium **Pets:** No **Restrooms:** Yes

Start/Finish: World Financial Center and Winter Garden (212) 945-0505 220 Vesey St., New York, NY 10281

Start Times: Oct 12: 10:30 a.m.-12:00 noon. Oct 13: 9:00-10:00 a.m.

Trail: This is a one way walk beginning at the Winter Garden at the World Financial Center in Lower Manhattan. Please proceed to the second floor where you will see a full view of Ground Zero. After leaving the Winter Garden you will proceed on the esplanade along the Hudson with views of the Statue of Liberty and Ellis Island. Passing by City Hall you will proceed to cross the Brooklyn Bridge into Brooklyn Heights (a neighborhood you will enjoy with many interesting homes and lots of ethnic places to dine) Rest rooms are available at the start point and along the route.

The World Financial Center is located in Lower Manhattan's Battery Park City, and is bordered by West Street, the Hudson River, Vesey and Liberty Streets. The Center is home to the financial powerhouses American Express and Merrill Lynch, as well as a few small boutique Investment Banks. Overlooking New York Harbor, the soaring glass-enclosed World Financial Center Winter Garden is home to the Arts & Events Program, an innovative, year-round series of free performances, exhibitions and festivals created to showcase emerging as well as established artists. While most of the performances take place in the Winter Garden, special summer events take place on the outdoor Plaza, and exhibitions and installations are housed in the Courtyard Gallery.

Directions:

SUBWAY - Train E to World Trade Center

BY CAR From the West Side of Manhattan: Driving south on West Street; turn right onto Vesey or Liberty Streets. Driving north on West Street; turn left onto Liberty Street.

PARKING: Off Liberty Street Gateway Parking 345 South End Avenue 212.321.2316
Cove Club Garage 2 South End Avenue 212.766.1929

Queens - 11km

Socrates Sculpture Park, New York City, Queens
80928 10/13/2008

Distance: 5 & 10 km

Trail Rating: 1

Strollers: Medium **Wheelchair:** Medium **Pets:** No **Restrooms:** Yes

Start/Finish: The Socrates Sculpture Park is located at 32-01 Vernon Blvd at Broadway, Long Island City, NY 11106

Start Times: Oct 13: 2:00 – 3:00 p.m.

Trail: This walk is in Astoria Queens starting at the quirky Socrates Sculpture Park. It travels through the residential streets of Astoria, pasts many Greek restaurants and then over to Roosevelt Island for spectacular views of Mid-Town Manhattan and the famed 59th St. Bridge. The walk is on sidewalks except for a small part at the start which is on natural trails. There are no restrooms at the start point but there are some along the route.

History and Goals of Socrates Sculpture Park Socrates Sculpture Park is a former illegal dumpsite leased from New York City's Department of Ports and Trade for \$1 per year. The site required almost a year of work to clear and landscape before the first installation of sculpture was possible. Socrates Sculpture Park is the masterwork of the Athena Foundation, which was created in 1977 by the sculptor Mark di Suvero to encourage the arts, to expand the culture and to create a space for the harmonious interaction of people and art. After a year of clearing what was once an illegal garbage dump, the Park opened its first exhibition of contemporary, outdoor sculpture in 1986. Since that time, Socrates continues to revitalize the economic, social, educational, and cultural life of this community via activities that encourage creative interaction between artists, their art, and the community through visual arts and outreach programs. The Park's existence is based on the belief that reclamation, revitalization and creative expression are essential to the survival, humanity and improvement of our urban environment.

Socrates Sculpture Park is a 4.5 acre, waterfront sculpture park located on the East River in Long Island City, Queens. Socrates Sculpture Park is one of the few places in New York City where large-scale, outdoor sculpture can be enjoyed by the public. Since its opening in the fall of 1986 the Park has presented a constantly changing selection of work by the most exciting artists working today. Sculptors from all regions of the United States, Europe and Central America have been joined by

musicians, dancers, painters and filmmakers to create a multi-media modern art showcase. Socrates Sculpture Park is situated In Long Island City, Queens, where private homes, factories and warehouses co-exist in an unpretentious neighborhood with breathtaking views of the Manhattan skyline. Appropriately, the park is located on the border of the largest population of Greeks outside Athens. Located at Vernon Boulevard and Broadway in Long Island City (718) 956-1819 Fax: (718) 545-8548

Directions:

From the Midtown Tunnel:

After tolls, take immediate right, a second right and, after 1 block, a third right onto Vernon Blvd, Head North to Broadway (5 min.)

From the Queensboro (59th St) Bridge:

Upper Roadway: Exit 21st Street North onto Broadway. Continue to Vernon Blvd.

Lower Roadway: First right, continue for 2 blocks, then right. Continue 9 blocks to Vernon Blvd.

Staten Island - 11km

Snug Harbor, New York City, Staten Island
80927 10/14/2008

Distance: 5 & 10km

Trail Rating: 2

Strollers: Medium **Wheelchair:** No **Pets:** No **Restrooms:** Yes

Start/Finish: Snug Harbor Cultural Center Building "C". Snug Harbor Cultural Center HOURS OF OPERATION: 1000 Richmond Terrace - The grounds are open from dawn to dusk. Staten Island, NY 10301 -The Eleasnor Proske Visitors' Center, Bldg. C phone (+1) 718 448 2500 & The Newhouse Gallery, Bldg. G are open: fax (+1) 718 815 0198 Tues.-Sun. 10am-5pm. Grounds open from dusk e-mail: [info@snug-harbor.org] to dawn.

Start Times: Oct 14: 2:00-3:00 p.m.

Trail: Walk starts in Visitors Center, building "C" which was a former dormitory. Trail rating is 2 for some natural surface trails in the park and some hills in the residential area outside of the park. Restrooms are available in the park. No refreshments available on this trail. For 5 k option, just do the trail within the park. Website info available at www.snug-harbor.org

The Cultural Center is the product of 28 years of restoration and development to convert a 19th century home for retired seamen to a regional arts center housing myriad museum and arts programs as well as an active Artist-in-Residence program. It is the largest ongoing adaptive reuse project in America and is considered one of New York City's unique architectural complexes and historic landscapes. It was used until 1976 for retired seamen. The 83-acre property is home to New York City's first designated landmarks, which are considered the finest example of Greek revival architecture in America. Principal among the historical structures is the Greek Revival Music Hall. The second oldest music hall in New York City, this structure is one of the architectural gems of New York City and is the centerpiece for the performing arts at Snug Harbor. Surrounded by a tall iron fence, shaded by century-old Norwegian maples and Austrian pines, Snug Harbor Cultural Center is not only one of the most architecturally and historically significant sites in the country, it is a place where history, architecture, the visual and performing arts, environmental science included in performing arts all come together to provide a rich and powerful learning experience for audiences young and old.

Directions:**By Car from New Jersey:**

From the Goethals Bridge: Take 278 East or take the Outerbridge Crossing to 440 North, following signs to the Verrazano Bridge/278 East. Get off 278 East at the exit marked Richmond Road/Clove Road. (Do not take the Richmond Avenue exit). Take the service road to the first light, make a left, and follow Clove Road to Richmond Terrace. Make a right on Richmond Terrace and follow it until you come to Snug Harbor, which is on the right and marked by a black cast iron fence and magnificent pillared buildings at Snug Harbor Road. Turn right and you will see the entrance gate on your left-hand side. Follow signs for parking.

From the Bayonne Bridge: Take the first exit (Richmond Terrace). Make a right at the top of the exit ramp onto Richmond Terrace. The Terrace snakes around a bit, following the Kill. Go about 3 - 4 miles, you will see Snug Harbor on the Right. It is just past a little restaurant on the left called RH Tuggs.

By Car from Brooklyn, Queens and Long Island: Take the lower level of Verrazano Narrows Bridge; stay on the right, and exit at Bay Street. Take the Bay Street exit service road to Bay Street. Make a left and follow Bay Street past the Staten Island Ferry Terminal, where Bay Street becomes Richmond Terrace. Follow Richmond Terrace about one mile to Tysen Street. Make a left on Tysen Street, and then the next right on Fillmore Street, and enter the parking lot immediately to the left of the gated entrance. Parking will be right after the gate on the left-hand side.

By Car from Manhattan: Brooklyn Battery Tunnel to BQE West. Verrazano-Narrows Bridge to SI Expwy (I-278). Get off at Clove/Richmond Road exit (#13). At third intersection, bear right onto Clove Road. Continue to Bement Ave. (will see a cemetery), turn right onto Bement. Continue to Richmond Terrace. Make a right onto Richmond Terrace to Snug Harbor. Make a quick right at the Snug Harbor sign, then a quick left through brick gatehouse.

By Public Transportation:

From Manhattan: (by SI Ferry/bus) Travel to the SI Ferry located near Battery Park. You can take the 1/9 subway to South Ferry (make sure you are in the first 5 subway cars), or the 4/5/6 subway to Bowling Green. After a 25-minute ride across the Hudson, take the S40 bus from the ferry along Richmond Terrace to Snug Harbor (about 10-minute ride). Let the bus driver know that you want to get off at Snug Harbor.

New York City – All Walks - Start Point & Directions

Start/Finish: New York City - Manhattan - New Balance shoe store: 51 West 42nd St. between 5th and 6th Ave.

Store Hours: M-F 10 -7, Sat. 10-6, Sun 11-5. Closed Jan 1, July 4, Thanksgiving and Christmas. Call to verify other holidays. Walk in daylight hours and with a friend. The Midtown walk begins at the New Balance Store. The Greenwich Village and the Lower Manhattan walks require a short subway ride to the actual walk start points. The Central Park walk requires a short subway ride to the start point as well - or you can walk from 42nd St to 57th if you prefer. Directions for taking the subway are clear on the walk directions - do not worry

Directions: By SUBWAY: Exit Times Square Station at 42nd St. and Broadway. Walk east on 42nd St. past 6th Ave. to start point. You may also exit at Grand Central Station to 42nd St. and walk west past 5th Ave. to start point. By BUS: Take NJ Transit bus via Lincoln Tunnel to New York Port Authority Terminal. Exit terminal to 42nd St. Walk east on 42nd past Broadway to start point. By TRAIN: From Grand Central Terminal, exit to 42nd St. past 5th Ave. to start point From Penn Station either take subway to Times Square Station and follow above subway directions OR (if you are a true walker) walk from Penn Station 34th St. to 42nd St. on 7th Ave. Right on 42nd to start point. By CAR: look for parking garages along the route. For suggestions from Lincoln Tunnel contact POC.

New York City – Central Park - 10km

New Balance Shoe Store, New York City, Manhattan
79024 2008/Y0308

1/1/2008 to 12/31/2008

Distance: 10km

Trail Rating: 1+

Strollers: Medium **Wheelchair:** Medium **Pets:** Yes **Restrooms:** Yes

Trail: This walk requires a short subway ride to the actual start point - or you can walk from 42nd St to 57th if you prefer. Directions for taking the subway are clear on the walk directions - do not worry. Central Park walk follows city streets to and from its course and is almost entirely through Central Park. The trail passes many significant Central Park sites, the popular walker/jogger route around the Reservoir, and passes by the Metropolitan Museum of Art as well as other world renowned museums.

Point of Contact: Charles Kaiser , (732) 840 - 1130
Email: maurpenta@comcast.net

Awards and Fees: There is no special award for this event. Fee for IVV credit is \$3. For non-IVV members we are requesting a \$3 donation to assist in covering expenses. Souvenir patch is available for purchase.

Special Events: Authors and Literary Landmarks, Walk the USA, A-Z

Comments: Please thank New Balance for allowing us to start there. The store is tight on space. There are 2 AVA boxes containing materials near the stair case. NOTE: BUS TRIPS MUST PRE-REGISTER. Tour leaders will be provided with start cards, registration log, and walk directions prior to arriving at the start point. Please make copies of directions for the walkers. Enjoy.

New York City – Greenwich Trail - 10km

New Balance Shoe Store, New York City, Manhattan
79025 2008/Y0324 1/1/2008 to 12/31/2008

Distance: 10km

Trail Rating: 1+

Strollers: Medium **Wheelchair:** Medium **Pets:** Yes **Restrooms:** Yes

Trail: This walk requires a short subway ride to the actual start point. Directions for taking the subway are clear on the walk directions - do not worry. Greenwich trail has 2 versions: The first half of the year includes the West and East Village, Chinatown, Little Italy, Washington Square, and the East Village. The trail adds Chelsea and takes out the East Village during the second half of the year. Quite possibly the "coolest" NYC walk to do.

Point of Contact: Charles Kaiser , (732) 840 - 1130
Email: maurpenta@comcast.net

Awards and Fees: There is no special award for this event. Fee for IVV credit is \$3. For non-IVV members we are requesting a \$3 donation to assist in covering expenses. Souvenir patch is available for purchase.

Special Events: Authors and Literary Landmarks, Railroad Heritage, Riverwalk America, Winery & Brewery (PAW's Program), Walk the USA, A-Z

Comments: Please thank New Balance for allowing us to start there. The store is tight on space. There are 2 AVA boxes containing materials near the stair case. NOTE: BUS TRIPS MUST PRE-REGISTER. Tour leaders will be provided with start cards, registration log, and walk directions prior to arriving at the start point. Please make copies of directions for the walkers. Enjoy.

New York City – Lower Manhattan - 11km

New Balance Shoe Store, New York City, Manhattan
79026 2008/Y0315

1/1/2008 to 12/31/2008

Distance: 11km

Trail Rating: 2

Strollers: Medium **Wheelchair:** Medium **Pets:** Yes **Restrooms:** Yes

Trail: This walk requires a short subway ride to the actual start point. Directions for taking the subway are clear on the walk directions - do not worry. Lower Manhattan walk visits the Hudson River Esplanade with views of Ellis Island and the Statue of Liberty, South Street Seaport, the Financial District with Wall Street, the New York Stock Exchange and Ground Zero. Walk the Brooklyn Bridge and back! Strollers and wheelchairs may have difficulty with stairs.

Point of Contact: Charles Kaiser , (732) 840 - 1130
Email: maurpenta@comcast.net

Awards and Fees: There is no special award for this event. Fee for IVV credit is \$3. For non-IVV members we are requesting a \$3 donation to assist in covering expenses. Souvenir patch is available for purchase.

Special Events: American Revolution Walks, Cemetery Stroll, Courthouses in the USA, Lighthouse (Statue of Liberty), National Heritage, Riverwalk America, US Presidents, Winery & Brewery (PAW's program), Walk the USA, A-Z

Comments: Please thank New Balance for allowing us to start there. The store is tight on space. There are 2 AVA boxes containing materials near the stair case. NOTE: BUS TRIPS MUST PRE-REGISTER. Tour leaders will be provided with start cards, registration log, and walk directions prior to arriving at start point. Please make copies of directions for the walkers. Enjoy.

New York City – Midtown - 11km

New Balance Shoe Store, New York City, Manhattan
79023 2008/Y0307 1/1/2008 to 12/31/2008

Distance: 11km

Trail Rating: 1+

Start/Finish: New York City - Manhattan - New Balance shoe store: 51 West 42nd St. between 5th and 6th Ave.

Strollers: Medium **Wheelchair:** Medium **Pets:** Yes **Restrooms:** Yes

Trail: This walk begins and ends at the New Balance Store. Midtown walk is 11Km and visits Lincoln Center, Times Square, the Broadway theater district., Rockefeller Center, Madison Square Garden, the UN complex, and several other New York landmarks.

Point of Contact: Charles Kaiser , (732) 840 - 1130
Email: maurpenta@comcast.net

Awards and Fees: There is no special award for this event. Fee for IVV credit is \$3. For non-IVV members we are requesting a \$3 donation to assist in covering expenses. Souvenir patch is available for purchase.

Special Events: Author and Literary Landmarks, Railroad Heritage, Riverwalk America, Winery & Brewery (PAW's program), Walk the USA, A-Z

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Guest Walker Coupons

<p style="text-align: center;">Princeton Area Walkers Guest Coupon</p> <p>Thank you for participating in a PAWs event. We are glad you could join us and hope you enjoy the walk. This coupon is free to any first time participant. We welcome you to join us in the future, but would ask for a donation of \$3 to cover the expense of organizing the event unless you walk for credit or award. Thank You.</p>	<p style="text-align: center;">Princeton Area Walkers Guest Coupon</p> <p>Thank you for participating in a PAWs event. We are glad you could join us and hope you enjoy the walk. This coupon is free to any first time participant. We welcome you to join us in the future, but would ask for a donation of \$3 to cover the expense of organizing the event unless you walk for credit or award. Thank You.</p>
<p>Name: _____</p> <p>E-Mail: _____ (if you would like notice of future events)</p>	<p>Name: _____</p> <p>E-Mail: _____ (if you would like notice of future events)</p>
<p style="text-align: center;">Princeton Area Walkers Guest Coupon</p> <p>Thank you for participating in a PAWs event. We are glad you could join us and hope you enjoy the walk. This coupon is free to any first time participant. We welcome you to join us in the future, but would ask for a donation of \$3 to cover the expense of organizing the event unless you walk for credit or award. Thank You.</p>	<p style="text-align: center;">Princeton Area Walkers Guest Coupon</p> <p>Thank you for participating in a PAWs event. We are glad you could join us and hope you enjoy the walk. This coupon is free to any first time participant. We welcome you to join us in the future, but would ask for a donation of \$3 to cover the expense of organizing the event unless you walk for credit or award. Thank You.</p>
<p>Name: _____</p> <p>E-Mail: _____ (if you would like notice of future events)</p>	<p>Name: _____</p> <p>E-Mail: _____ (if you would like notice of future events)</p>

Sponsors & Partners

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